5-WEEK CYCLE MENU		
Product Group	Item Name	Allergen Traits
Beverages	Coffee Decaf Ground	
Beverages	Coffee Regular Ground	
Beverages	Drink Mix Fruit Punch	
Beverages	Drink Mix Fruit Punch Sugar Free	
Beverages	Juice Apple PC	
Beverages	Juice Cranberry PC	
Beverages	Juice Lemon	
Beverages	Juice Lime	
Beverages	Juice Orange Bulk	
Beverages	Juice Orange PC	
Beverages	Juice Vegetable Bulk	
Dry Grocery	Tea Bag PC	
Dry Grocery	Nectar thickener packets	
Dry Grocery	Honey thickener packets	
Product Group	Item Name	Allergen Traits
Dairy	Milk Buttermilk	Milk
Dairy	Milk Dry Nonfat	Milk
Dairy	Milk Lowfat 1% Carton	Milk
Dairy	Milk Reduced Fat 2% Carton	Milk
Dairy	Milk Reduced Fat 2% Gallon	Milk
Dairy	Milk Skim/Nonfat Carton	Milk
Dairy	Milk Skim/Nonfat Gallon	Milk
Dairy	Milk Whole Carton	Milk
Dairy	Milk Whole Gallon	Milk
Product Group	Item Name	Allergen Traits
Milk	Almond Milk	Almond
Milk	Soy Milk	Soy
Product Group	Item Name	Allergen Traits
Dairy	Sour Cream	Milk
Dairy	Whipped Topping SF	Milk
Dairy	Whipped Topping Nondairy Fzn	Milk
Dairy	Yogurt Vanilla PC	Milk
Dairy	Yogurt Assorted PC	Milk
Product Group	Item Name	Allergen Traits
Cheese	Cheese American Pre Sliced	Milk
Cheese	Cheese Cheddar Pre Shredded	Milk
Cheese	Cheese Cream	Milk
Cheese	Cheese Mozzarella Pre Shredded Part Skim	Milk
Cheese	Cheese Parmesan Grated	Milk
Cheese	Cottage Cheese Low Fat	Milk
Cheese	Sauce Cheese Cnd	Milk
Product Group	Item Name	Allergen Traits
Egg	Egg Liquid Whole	Eggs
Egg	Egg Fresh	Eggs

Egg	Egg Hard Cooked	Eggs
Egg	Egg Salad	Eggs, Soy
egg	Egg Omelet	Eggs, Milk, Soy, Wheat
Egg	Egg and Sausage Bake	Eggs, Milk, Soy, Wheat
Product Group	Item Name	Allergen Traits
Ref & Fzn Grocery	Biscuit	Milk, Soy, Wheat
Dry Grocery	Bread Wheat	Soy, Wheat
Dry Grocery	Bread White	Soy, Wheat
Dry Grocery	Breadcrumbs Plain	Soy, Wheat
Ref & Fzn Grocery	Bun Hamburger	Wheat, Sesame
Dry Grocery	Bun Hot Dog	Wheat, Sesame
Ref & Fzn Grocery	Bread Garlic	Milk, Soy, Wheat
Ref & Fzn Grocery	Cheese Pizza	Milk, Soy, Wheat
Dry Grocery	Cornbread	Eggs, Milk, Soy, Wheat
Dry Grocery	Cornbread Dressing	Wheat, Soy, Tree nuts
Dry Grocery	Cracker Assorted	Wheat
Dry Grocery	Croissant	Eggs, Milk, Soy, Wheat
Ref & Fzn Grocery	Hushpuppies	Eggs, Milk, Soy, Wheat
Dry Grocery	Muffin Blueberry	Almonds, Eggs, Milk, Peanuts, Pecans, Walnuts, Wheat, Soy, Tree nuts
Ref & Fzn Grocery	Pancake Regular	Eggs, Milk, Soy, Wheat
Ref & Fzn Grocery	Roll White	Eggs, Milk, Soy, Wheat
Product Group	Item Name	Allergen Traits
Dry Grocery	Cereal Cheerios	Wheat
Dry Grocery	Cereal Corn Flakes	
Dry Grocery	Cereal Cream of Rice	
Dry Grocery	Cereal Cream of Wheat	Wheat
Dry Grocery	Cereal Grits	
Dry Grocery	Cereal Rice Krispies	
Dry Grocery	Cereal Raisin Bran	Wheat
Dry Grocery	Cereal Oatmeal Rolled	
Product Group	Item Name	Allergen Traits
Cnd Fruits & Vegetables	Apple Sliced Cnd	
Cnd Fruits & Vegetables	Apples, Hot	
Cnd Fruits & Vegetables	Apples, Fried	Soy
Cnd Fruits & Vegetables	Applesauce Unsweetened	
Cnd Fruits & Vegetables	Cherries Maraschino	
Dry Grocery	Sauce Cranberry Whole Jellied Cnd	
Cnd Fruits & Vegetables	Fruit Cocktail Juice Pack Cnd	
Cnd Fruits & Vegetables	Fruit Mix Cnd	
Cnd Fruits & Vegetables	Oranges Mandarin Juice Pack Cnd	
Cnd Fruits & Vegetables	Peaches Diced Juice Pack Cnd	
Cnd Fruits & Vegetables	Peaches Halves Juice Pack Cnd	
Cnd Fruits & Vegetables	Peaches Sliced Juice Pack Cnd	
Cnd Fruits & Vegetables	Pears Halves Juice Pack Cnd	
Cnd Fruits & Vegetables	Pineapple Crushed Juice Pack Cnd	
Cnd Fruits & Vegetables	Pineapple Tidbits Juice Pack Cnd	

Fzn Fruits & Vegetables	Strawberries Whole Fzn	
Product Group	Item Name	Allergen Traits
Fzn Fruits & Vegetables	Asparagus	Soy
Cnd Fruits & Vegetables	Baked Beans	
Cnd Fruits & Vegetables	Beets, Diced	Soy
Fzn Fruits & Vegetables	Broccoli	Soy
Fzn Fruits & Vegetables	Brussel Sprouts	Soy
Fresh Produce	Braised Cabbage	Soy
Fresh Produce	Cooked Cabbage	Soy
Cnd Fruits & Vegetables	Carrots	Soy
Fzn Fruits & Vegetables	Cauliflower	Soy
Fresh Produce	Coleslaw	Eggs
Fzn Fruits & Vegetables	Collard Greens Fzn	Soy
Fzn Fruits & Vegetables	Corn on Cob Fzn	Soy
Cnd Fruits & Vegetables	Corn Cream Style Cnd	Soy
Cnd Fruits & Vegetables	Corn Pudding	Egg, Milk, Soy
Fzn Fruits & Vegetables	Corn Whole Kernel Fzn	Soy
Cnd Fruits & Vegetables	Green Beans	Soy
Fzn Fruits & Vegetables	French Green Beans	Soy
Fzn Fruits & Vegetables	Lima Beans	Soy
Fzn Fruits & Vegetables	Okra Breaded	Wheat, Soy
Fzn Fruits & Vegetables	Okra Cut Fzn	Soy
Fzn Fruits & Vegetables	Peas & Carrots Fzn	Soy
Fzn Fruits & Vegetables	Peas Green Fzn	Soy
Cnd Fruits & Vegetables	Pinto Beans	Soy
Fzn Fruits & Vegetables	Spinach	Soy
Cnd Fruits & Vegetables	Stewed Tomatoes	
Fzn Fruits & Vegetables	Turnip Greens	Soy
Fzn Fruits & Vegetables	Vegetables Mixed 4 Way Fzn	Soy
Fzn Fruits & Vegetables	Vegetables Mixed Capri Fzn	Soy
Fzn Fruits & Vegetables	Vegetables Mixed Country Fzn	Soy
Fzn Fruits & Vegetables	Yellow Squash	Soy
Fzn Fruits & Vegetables	Zucchini	Soy
Product Group	Item Name	Allergen Traits
Fresh Produce	Apple Fresh	
Fresh Produce	Banana Fresh	
Fresh Produce	Cucumber Fresh	
Fresh Produce	Lettuce Iceberg Fresh	
Fresh Produce	Onion White Jumbo Fresh	
Fresh Produce	Onion Yellow Fresh	
Fresh Produce	Tomatoes Fresh	
Product Group	Item Name	Allergen Traits
Pasta	Creamy Pasta Salad	Eggs, Soy, Wheat
Dry Grocery	Noodles Egg	Eggs; Wheat
Pasta	Italian Pasta Salad	Eggs, Soy, Wheat
Fzn Entrees	Lasagna	Milk, Soy, Wheat

Fzn Entrees	Macaroni and Cheese	Egg, Milk, Soy, Wheat
Dry Grocery	Buttered Noodles	Eggs, Soy, Wheat
Dry Grocery	Pasta Rotini	Wheat
Dry Grocery	Pasta Spaghetti Dry	Wheat
Dry Grocery	Pasta Spiral Tricolor	Wheat
Dry Grocery	Pasta Ziti	Wheat
Dry Grocery	Seasoned Rice	Milk, Soy
Dry Grocery	Rice Pilaf	Wheat
Product Group	Item Name	Allergen Traits
Potatoes	Baked White or Sweet Potatoes	Soy
Dry Grocery	Chip Potato Plain	Soy
Potatoes	Hashbrown Casserole	Milk, Soy
Potatoes	Potatoes Tater Wedge	Soy
Potatoes	Potatoes Diced Skin On	Soy
Potatoes	Potatoes Baking Fresh	Soy
Potatoes	Potatoes Red Fresh	Soy
Potatoes	Potatoes Hash Browns Patty	Soy
Potatoes	Potatoes Hash Browns Shred	Soy
Potatoes	Mashed Potatoes	Milk, Soy
Potatoes	Potatoes Mashed Casserole	Milk, Soy
Potatoes	Scalloped Potatoes	Milk, Soy, Wheat
Fzn Fruits & Vegetables	Potatoes Sliced Skin On	Soy
Potatoes	Potatoes Tater Tots	Soy
Potatoes	Orange Sweet Potatoes	Soy
Potatoes	Sweet Potato Cuts Cnd	Soy
Product Group	Item Name	Allergen Traits
Dry Grocery	Soup Base Beef	Soy
Dry Grocery	Soup Base Chicken	Milk
Ref & Fzn Grocery	Soup Chicken Noodle Fzn	Eggs, Milk, Soy, Wheat
Ref & Fzn Grocery	Soup Cream of Broccoli Cond Fzn	Milk, Soy, Wheat
Dry Grocery	Soup Cream of Chicken Cond Cnd	Milk, Soy, Wheat
Ref & Fzn Grocery	Soup Chicken Dumpling Fzn	Eggs, Milk, Soy, Wheat
Ref & Fzn Grocery	Soup Cream of Potato Fzn	Milk, Soy, Wheat
Ref & Fzn Grocery	Soup Garden Vegetable Cond Fzn	Soy, Wheat
Ref & Fzn Grocery	Soup Broccoli Cheese	Milk, Soy, Wheat
Dry Grocery	Soup Tomato Cond Cnd	Milk, Wheat
Ref & Fzn Grocery	Soup Chicken w/Wild Rice Fzn	Milk, Soy, Wheat
Product Group	Item Name	Allergen Traits
Dry Grocery	Brown Gravy	Milk, Soy
Dry Grocery	Chicken Gravy	Milk
Dry Grocery	Gravy Mix Cream/Country	Egg, Milk, Soy, Wheat
Dry Grocery	Turkey Gravy	Milk, Soy
Product Group	Item Name	Allergen Traits
Beef	Beef Chili	Soy, Wheat
Beef	Hamburger	Soy
Beef	Meatballs	Egg, Milk, Soy, Wheat

Beef	Beef Pot Roast	Soy
Beef	Beef Pot Pie	Milk, Soy, Wheat
Beef	Meatloaf	Eggs, Milk, Soy, Wheat
Beef	Salisbury Steak w/Brown Gravy	Eggs, Milk, Soy, Wheat
Dry Grocery	Seasoning Sloppy Joe	Soy
Beef	Smothered Steak	Eggs, Milk, Soy, Wheat
Beef	Philly Cheese Steak Sandwich	Milk, Soy, Wheat
Product Group	Item Name	Allergen Traits
Processed Meat	Bacon	
Processed Meat	Bologna	
Processed Meat	Hot Dog	
Pork	Pork Chop Baked Bone in	Soy
Pork	Pork Ham Bnls Pit	
Pork	Pork Ham Deli	
Pork	Pork Loin or Pork Roast	Soy
Pork	Pork Spare ribs BBQ	Soy
Processed Meat	Sausage Patty Pork Ckd	Soy
Processed Meat	Sausage Pork Bulk Raw	Soy
Processed Meat	Sausage, Pureed	Egg, Soy, Wheat
Product Group	Item Name	Allergen Traits
Poultry	Baked Bone in Chicken	Soy
Poultry	Boneless Chicken Breast	Soy
Poultry	Chicken Alfredo	Eggs, Milk, Soy, Wheat
Fzn Entrees	Chicken & Dumplings Ckd	Eggs, Milk, Wheat, Soy
Poultry	Chicken Patty Breaded Ckd	Soy, Wheat
Poultry	Chicken Tenderloin Breaded Ckd	Soy, Wheat
Poultry	Diced White Chicken	Soy
Poultry	Farmhouse Chicken and Biscuits	Egg, Milk, Soy, Wheat
Poultry	Fried Chicken	Soy, Wheat
Poultry	Fried Chicken Liver	Soy, Wheat
Poultry	Old Fashioned Chicken Casserole	Wheat, Soy, Tree nuts, Milk
Poultry	Seasoned Chicken Breast	Soy
Product Group	Item Name	Allergen Traits
Poultry	Turkey Breast Deli Slcd	
Poultry	Turkey Breast Bnls Skin On Raw Fzn	Soy
Poultry	Turkey Breast Bnls Ckd	
Poultry	Turkey Breast Raw	Soy
Poultry	Turkey Breast Deli Sknls Ckd Oven Rstd	
Poultry	Turkey Diced Ckd	Soy
Poultry	Turkey Pot Roast Bnls Sknls Ckd Fzn	Soy
Poultry	Turkey & Cheese Sandwich	Milk, Wheat, Soy
Product Group	Item Name	Allergen Traits
Seafood	Fish Pollock Raw	Fish, Soy
Seafood	Fish Pollock Breaded	Fish, Wheat, Soy
Seafood	Salmon Cake	Egg, Fish, Milk, Soy, Wheat
Seafood	Tuna Salad	Fish, Soy, Eggs

Product Group	Item Name	Allergen Traits
Dry Grocery	Jelly Assorted PC	
Dry Grocery	Jelly Grape Bulk	
Dry Grocery	Jelly Assorted Reduced Sugar	
Dry Grocery	Jelly Grape PC	
Dry Grocery	Ketchup Tomato Bulk	
Oils & Shortening	Margarine PC	Soy
Dry Grocery	Mayonnaise	Eggs, Soy
Dry Grocery	Mustard Yellow	
Product Group	Item Name	Allergen Traits
Dry Grocery	Sugar Substitute Splenda Granulated Bulk	
Dry Grocery	Sugar Brown	
Dry Grocery	Sugar Granulated	
Dry Grocery	Syrup Maple Pancake SF PC	
Dry Grocery	Syrup Pancake PC	
Product Group	Item Name	Allergen Traits
Dry Grocery	Peanut Butter Creamy	Peanuts
Dry Grocery	Sauce Barbecue	Soy
Dry Grocery	Sauce Marinara	
Dry Grocery	Sauce Spaghetti Meatless Cnd	
Product Group	Item Name	Allergen Traits
Oils & Shortening	Oil Vegetable	Soy
Oils & Shortening	Oil Cooking Spray	Soy
Salad Dressing	Balsamic Vinaigrette	Soy
Salad Dressing	Blue Cheese	Eggs, Milk, Soy
Salad Dressing	Caesar Dressing	Fish, Milk, Soy
Salad Dressing	Creamy Italian	Milk, Soy
Salad Dressing	French Dressing	Milk, Soy
Dry Grocery	Salad Dressing Italian Bulk	Soy
Salad Dressing	Ranch Dressing	Eggs, Milk, Soy
Salad Dressing	Thousand Island Dressing	Egg, Soy
Salad Dressing	Fat Free Ranch	Milk
Sauce	Tarter Sauce	Egg, Soy
Product Group	Item Name	Allergen Traits
Ice Cream & Fzn Novelties	Ice Cream Chocolate	Milk
Ice Cream & Fzn Novelties	Ice Cream Vanilla	Milk
Ice Cream & Fzn Novelties	Ice Cream Vanilla No Sugar Added	Milk
Ice Cream & Fzn Novelties	Magic Cup	Milk
Ice Cream & Fzn Novelties	Sherbet Lime	Milk
Ice Cream & Fzn Novelties	Sherbet Orange	Milk
Product Group	Item Name	Allergen Traits
Ref & Fzn Grocery	Brownie Chocolate No Nuts	Wheat, Eggs, Milk, Soy, Peanuts, Tree nuts
Dry Grocery	Carrot Cake	Milk, Soy, Tree nuts, Wheat
Dry Grocery	Cheesecake Mix Sugar Free	Eggs, Milk, Soy, Wheat
Ref & Fzn Grocery	Cheesecake with Cherry Topping	Eggs, Milk, Soy, Wheat
Dry Grocery	Sugar free Chocolate Cake	Eggs, Milk, Soy, Wheat
Dry Grocery	Chocolate Cake	Eggs, Milk, Soy, Wheat

Dry Grocery	White Cake	Eggs, Milk, Soy, Wheat
Dry Grocery	Sugar free White Cake	Eggs, Milk, Soy, Wheat
Dry Grocery	Yellow Cake	Eggs, Milk, Soy, Wheat
Dry Grocery	Sugar free Yellow Cake	Eggs, Milk, Soy, Wheat
Ref & Fzn Grocery	Angel food cake	Eggs, Milk, Soy, Wheat
Ref & Fzn Grocery	Cake Pound	Eggs, Milk, Wheat
Dry Grocery	Frosting Mix Vanilla	Milk
Dry Grocery	Sprinkles Rainbow	
Dry Grocery	Walnuts Halves & Pieces	Tree Nuts
Product Group	Item Name	Allergen Traits
Ref & Fzn Grocery	Chocolate Chip Cookie	Almonds, Eggs, Milk, Peanuts, Pecans, Soy, Wheat, Walnuts
Ref & Fzn Grocery	Oatmeal Raisin Cookie	Eggs, Milk, Peanuts, Soy, Wheat
Ref & Fzn Grocery	Peanut Butter Cookie	Eggs, Milk, Peanuts, Soy, Wheat
Ref & Fzn Grocery	Sugar Cookie	Almonds, Eggs, Milk, Peanuts, Pecans, Soy, Tree nuts, Wheat, Walnuts
Dry Grocery	Cookie Sandwich Oatmeal	Eggs, Milk, Soy, Wheat
Dry Grocery	Cookie Assorted	Almonds, Eggs, Milk, Peanuts, Pecans, Soy, Tree nuts, Wheat, Walnuts
Dry Grocery	Cookie Chocolate Chip Sugar Free	Eggs, Milk, Wheat, Soy
Dry Grocery	Assorted Sugar Free Cookies	Milk, Soy, Wheat
Product Group	Item Name	Allergen Traits
Dry Grocery	Gelatin Assorted	
Dry Grocery	Gelatin Mix Assorted Citrus	
Dry Grocery	Gelatin Mix Assorted Citrus Sugar Free	
Dry Grocery	Gelatin Mix Assorted Red	
Dry Grocery	Gelatin Mix Assorted Red Sugar Free	
Dry Grocery	Gelatin Mix Cherry	
Dry Grocery	Gelatin Mix Orange	
Product Group	Item Name	Allergen Traits
Dessert	Apple Crisp	Wheat, Soy
Dessert	Fruit Cobbler	Wheat, Soy
Dry Grocery	Meringue Mix	Eggs
Ref & Fzn Grocery	Pie Shell	Wheat, Soy
Groceries & Staples	Pie Shell Graham	Wheat, Soy
Ref & Fzn Grocery	Pie Apple No Sugar Added	Wheat, Soy, Milk
Ref & Fzn Grocery	Pie Boston Cream	Milk, Wheat, Eggs, Soy, Tree nuts, Pecans, Walnuts
Ref & Fzn Grocery	Pie Cherry	Wheat, Soy
Ref & Fzn Grocery	Pie Cherry No Sugar Added	Wheat, Soy
Ref & Fzn Grocery	Pie Chocolate Cream	Milk, Eggs, Soy, Wheat
Ref & Fzn Grocery	Pie Key Lime	Milk, Eggs, Soy, Wheat
Ref & Fzn Grocery	Pie Strawberry Cream	Milk, Eggs, Soy, Wheat
Ref & Fzn Grocery	Sweet Potato Pie	Milk, Eggs, Soy, Wheat
Product Group	Item Name	Allergen Traits
	Pudding Banana	Milk, Egg, Soy, Wheat
	Pudding Butterscotch	Milk
Dry Grocery	Pudding Mix Chocolate Sugar Free	Milk
Dry Grocery	Pudding Mix Vanilla Sugar Free	Milk
Dry Grocery	Pudding Chocolate	Milk
Dry Grocery	Pudding Vanilla	Milk