

**JANUARY 5-JANUARY 11, 2026**  
**ACTIVITIES WEEKLY SCHEDULE**

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**MONDAY, JANUARY 5**

**North East Wing - One-To-One's/Technology Communications/Unit Activities/In-Room Visits**

**"Annual National Bird Day"**

- 9:30 Morning Moment by Activities Staff
- 10:30 Alphabet Challenge Game in the Activity Center
- 10:30 "Hearts of Gold Dogs" Pet Therapy In-Room Visits in the Rehab Center
- 2:00 A Healthy You Jingo Game in the Activity Center
- 3:30 Connect Four Game in the Activity Center
- 4:00 Afternoon Antic by Activities Staff

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**TUESDAY, JANUARY 6**

**North Terrace - One-To-One's/Technology Communications/Unit Activities/In-Room Visits**

**"Epiphany"**

**COOKIE CRUMBLE COOKING CLASS ON NORTH TERRACE**

- 9:30 Morning Moment by Activities Staff
- 11:00 Stamp Hour with John Dameron in the Activity Center
- 2:30 Bingo for East, North East, Rehab 1 and Rehab 2 in the Activity Center
- 3:30 Concert by John Blaine Wilt in the Dining Room
- 4:00 Afternoon Antic by Activities Staff
- 6:30 Wheel of Fortune Game in the Activity Center

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**WEDNESDAY, JANUARY 7**

**Rehab 1 and Rehab 2 - One-To-One's/Technology Communications/Unit Activities/In-Room Visits**

**Visits on the Units with Chaplain Michael Wiles**

**"International Programmers' Day"**

- 9:30 Morning Moment by Activities Staff
- 10:30 "Happy Voices" Resident Choir Practice in the Activity Center
- 2:00 Resident Council Meeting in the Activity Center
- 3:30 Jenga Game in the Activity Center
- 4:00 Afternoon Antic by Activities Staff

**THURSDAY, JANUARY 8****South Wing and South Terrace - One-To-One's/Technology Communications/Unit Activities/In-Room Visits****"National Take the Stairs Day" "Show-and-tell Day at Work"****"National Write a Letter of Appreciation Week"**

9:30 Morning Moment by Activities Staff

10:00 Resident Show-and-tell Christmas Gifts in the Activity Center

10:30 Twister Game in the Activity Center

2:30 Bingo for South, North Terrace and South Terrace in the Activity Center

4:00 Afternoon Antic by Activities Staff

4:15 Write Letters of Appreciation from 2025 in the Activity Center

6:45 TLC Club Meeting in the Activity Center

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**FRIDAY, JANUARY 9****East Wing - One-To-One's/Technology Communications/Unit Activities/In-Room Visits****Employees Wear Roman Eagle Logo Polo Shirts**

9:30 Morning Moment by Activities Staff

10:30 Friday Food, Fun, Facts and Figures of Fascinating Alabama in the Activity Center

2:00 Timeless Trivia DVD - *"Inventors, Discoveries & Breakthroughs"* in the Activity Center

3:30 Snowflake Catch Game in the Activity Center

4:00 Afternoon Antic by Activities Staff

6:30 Movie and Popcorn Night - *"Happy Feet 1"* in the Activity Center

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**SATURDAY, JANUARY 10****One-To-One's/Technology Communications/Unit Activities/In-Room Visits on All Units****"Volunteer Fireman's Day"**

9:30 Morning Moment by Activities Staff

10:30 Ed and David's Sports Arena for Male Residents with Sports Arcade Football Game in the Activity Center

2:00 Cardio Drumming Class in the Activity Center

3:30 Charades in the Activity Center

4:00 Afternoon Antic by Activities Staff

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**SUNDAY, JANUARY 11****One-To-One's/Technology Communications/Unit Activities/In-Room Visits on All Units****Communion Sunday****"Annual Learn Your Name in Morse Code Day"****"National Clean-off-your-desk Day" "Organize Your Home Day"**

9:30 Morning Moment by Activities Staff

9:30-12:00 Visits on the Units with Chaplain Michael Wiles

10:30 Who Am I Bible Characters? in the Activity Center

2:00 Music by Mike in the Dining Room

3:00 Chapel Communion Service - Rev. Michael Wiles in the Dining Room

3:45 Learning Morse Code in the Activity Center

4:00 Afternoon Antic by Activities Staff

## **JANUARY 12-JANUARY 18, 2026** **ACTIVITIES WEEKLY SCHEDULE**

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### **MONDAY, JANUARY 12**

**North East Wing - One-To-One's/Technology Communications/Unit Activities/In-Room Visits**

#### **“Annual Poetry at Work Day”**

9:30 Morning Moment by Activities Staff

10:30 “Get Moving” with Kimberly Shaver, Wellness Center Director, in the Activity Center

2:00 New Year’s Balloon Tic Tac Toe Game in the Activity Center

3:30 Poetic Resident Poets in the Activity Center

4:00 Afternoon Antic by Activities Staff

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### **TUESDAY, JANUARY 13**

**North Terrace - One-To-One's/Technology Communications/Unit Activities/In-Room Visits**

#### **“Frisbee’s Birthday”**

9:30 Morning Moment by Activities Staff

10:00 Resident Frisbee Contest in the Activity Center

11:00 Stamp Hour with John Dameron in the Activity Center

2:30 Bingo for East, North East, Rehab 1 and Rehab 2 in the Activity Center

4:00 Afternoon Antic by Activities Staff

6:30 Family Feud Game in the Activity Center

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### **WEDNESDAY, JANUARY 14**

**Rehab 1 and Rehab 2 - One-To-One's/Technology Communications/Unit Activities/In-Room Visits**

#### **Visits on the Units with Chaplain Michael Wiles**

#### **“National Dress Up Your Pet Day”**

#### **POPPING POPCORN ON REHAB 2**

9:30 Morning Moment by Activities Staff

10:30 New Generations of Mount Hermon Baptist Church in the Dining Room

2:00 Residents Rights Bingo in the Activity Center

3:30 Floor Speedball Game in the Activity Center

4:00 Afternoon Antic by Activities Staff

**THURSDAY, JANUARY 15****South Wing and South Terrace - One-To-One's/Technology Communications/Unit Activities/In-Room Visits****“National Hat Day”**

9:30 Morning Moment by Activities Staff  
10:30 “Red Hot Mama’s” Resident Red Hat Society Meeting in the Activity Center  
2:30 Bingo for South, North Terrace and South Terrace in the Activity Center  
4:00 Afternoon Antic by Activities Staff  
6:45 TLC Club Meeting in the Activity Center

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**FRIDAY, JANUARY 16****East Wing - One-To-One's/Technology Communications/Unit Activities/In-Room Visits****Employees Wear Roman Eagle Logo Polo Shirts****“National Learn to Ski Day”****“Religious Freedom Day”****“Annual Bald Eagle Appreciation Day”**

9:30 Morning Moment by Activities Staff  
10:30 Friday Food, Fun, Facts and Figures of Fascinating Alaska in the Activity Center  
2:00 Yahtzee Game in the Activity Center  
3:30 Analyzing Antonyms in the Activity Center  
4:00 Afternoon Antic by Activities Staff  
6:30 Movie and Popcorn Night - “*A Dog’s Way Home*” in the Activity Center

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**SATURDAY, JANUARY 17****One-To-One's/Technology Communications/Unit Activities/In-Room Visits on All Units****“World Religion Day”****“National Book Week”**

9:30 Morning Moment by Activities Staff  
10:30 Monthly Resident Birthday Party by Community United Ministries in the Activity Center  
2:00 Karaoke with Theresa Mayo in the Activity Center  
3:30 January Resident Library Story-Time in the Activity Center  
4:00 Afternoon Antic by Activities Staff

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**SUNDAY, JANUARY 18****One-To-One's/Technology Communications/Unit Activities/In-Room Visits on All Units**

9:30 Morning Moment by Activities Staff  
9:30-12:00 Visits on the Units with Chaplain Michael Wiles  
10:30 Whimsical Songs & Melodies Music DVD in the Activity Center  
2:00 Concert by Milton Elliott in the Dining Room  
3:00 Chapel Service - Rev. Michael Wiles in the Dining Room  
3:45 Resident Hymnology Study in the Activity Center  
4:00 Afternoon Antic by Activities Staff

## **JANUARY 19-JANUARY 25, 2026** **ACTIVITIES WEEKLY SCHEDULE**

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### **MONDAY, JANUARY 19**

**North East Wing - One-To-One's/Technology Communications/Unit Activities/In-Room Visits**

**“Martin Luther King, Jr. Day”**

**“Civil Rights Day”**

**“Tin Can Day”**

9:30 Morning Moment by Activities Staff

10:30 “Get Moving” with Kimberly Shaver, Wellness Center Director, in the Activity Center

10:30 “Hearts of Gold Dogs” Pet Therapy In-Room Visits in the Rehab Center

2:30 The Good Times Gospel Hour in the Dining Room

3:45 Color Brain Game in the Activity Center

4:00 Afternoon Antic by Activities Staff

6:30 Movie and Popcorn Night - *“Thoroughly Modern Millie”* in the Activity Center

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### **TUESDAY, JANUARY 20**

**North Terrace - One-To-One's/Technology Communications/Unit Activities/In-Room Visits**

**“Maintenance Day”**

**“Penguin Awareness Day”**

9:30 Morning Moment by Activities Staff

10:30 Shiloh Baptist Church in the Activity Center

2:00 Piano Concert by Ray Robinson in the Dining Room

3:30 Spill and Spell Game in the Activity Center

4:00 Afternoon Antic by Activities Staff

7:00 DRW Band in the Dining Room

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### **WEDNESDAY, JANUARY 21**

**Rehab 1 and Rehab 2 - One-To-One's/Technology Communications/Unit Activities/In-Room Visits**

**Visits on the Units with Chaplain Michael Wiles**

**“Annual National Hug Your Puppy Day”**

**“Get to Know Your Customer Day”**

**“National Hugging Day”**

**“Squirrel Appreciation Day”**

9:30 Morning Moment by Activities Staff

10:30 “Happy Voices” Resident Choir Practice in the Activity Center

2:00 “Do You Want To Build A Snowman?” in the Activity Center

4:00 Afternoon Antic by Activities Staff

**THURSDAY, JANUARY 22**

## South Wing and South Terrace - One-To-One's/Technology Communications/Unit Activities/In-Room Visits

## PIZZA PIZZAZZ ON SOUTH TERRACE

9:30 Morning Moment by Activities Staff  
10:30 "Get Moving" with Kimberly Shaver, Wellness Center Director, in the Activity Center  
2:30 Bingo for South, North Terrace and South Terrace in the Activity Center  
4:00 Afternoon Antic by Activities Staff  
6:45 TLC Club Meeting in the Activity Center

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**FRIDAY, JANUARY 23**

National Handwriting Day

9:30 Morning Moment by A

10:30 Friday Food Fun Fair

10:30 Friday Food, Fun, Facts and Figures of Fascinating Arizona in the Activity Center  
2:00 "Hearts of Gold Therapy Dogs" Show in the Activity Center  
2:00 Quarterly Volunteer "We Care" Committee Meeting in the Activity Center Gazebo  
2:45 Resident Great Fruitcake Toss Contest in the Activity Center  
3:30 Resident Handwriting Contest in the Activity Center  
4:00 Afternoon Antic by Activities Staff  
6:30 Drum Concert by Charles Coe in the Dining Room

**SATURDAY, JANUARY 24**

## **One-To-One's/Technology Communications/Unit Activities/In-Room Visits on All Units**

## **“Global Belly Laugh Day”**

## “National Compliment Day”

9:30 Morning Moment by Activities Staff  
10:30 Human Body Jingo Game in the Activity Center  
2:00 Gazebo Party with Snowball Fight in the Activity Center Gazebo  
3:00 Resident Belly Laugh Contest in the Activity Center  
4:00 Afternoon Antic by Activities Staff

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**SUNDAY, JANUARY 25**

## One-To-One's/Technology Communications/Unit Activities/In-Room Visits on All Units "Bubble Wrap Appreciation Day"

**Bubble Wrap**  
“Better Business Communication Day”

9:30 Morning Moment by Activities Staff  
9:30-12:00 Visits on the Units with Chaplain Michael Wiles  
10:30 Stretch and Shake with Activities Staff in the Activity Center  
2:00 Music by Mike in the Dining Room  
3:00 Chapel Service - Rev. Michael Wiles in the Dining Room  
3:45 Bubble Wrap Hand Exercises in the Activity Center  
4:00 Afternoon Antic by Activities Staff

## **JANUARY 26-FEBRUARY 1, 2026** **ACTIVITIES WEEKLY SCHEDULE**

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### **MONDAY, JANUARY 26**

**North East Wing - One-To-One's/Technology Communications/Unit Activities/In-Room Visits**

**"National Plan for Vacation Day"**

**"National Activity Professionals' Week"**

9:30 Morning Moment by Activities Staff

10:30 "Get Moving" with Kimberly Shaver, Wellness Center Director, in the Activity Center

2:00 Food, Fun and Fellowship in the Activity Center

3:30 Operation Game in the Activity Center

4:00 Afternoon Antic by Activities Staff

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### **TUESDAY, JANUARY 27**

**North Terrace - One-To-One's/Technology Communications/Unit Activities/In-Room Visits**

9:30 Morning Moment by Activities Staff

10:30 Refreshment Time for Residents with Administrator with Homemade Pound Cake and Apple Cider and Gingerales in the Activity Center

2:30 Bingo for East, North East, Rehab 1 and Rehab 2 in the Activity Center

4:00 Afternoon Antic by Activities Staff

6:30 Hangman Game in the Activity Center

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### **WEDNESDAY, JANUARY 28**

**Rehab 1 and Rehab 2 - One-To-One's/Technology Communications/Unit Activities/In-Room Visits**

**Visits on the Units with Chaplain Michael Wiles**

**"National Clothes Clashing Day"**

**"Employee Mix and Match Clothes Dress-Up Contest Day"**

9:30 Morning Moment by Activities Staff

10:30 "Happy Voices" Resident Choir Practice in the Activity Center

2:00 Bridge-O Card Game in the Activity Center

3:30 Word-Stacking Game in the Activity Center

4:00 Afternoon Antic by Activities Staff

**THURSDAY, JANUARY 29****South Wing and South Terrace - One-To-One's/Technology Communications/Unit Activities/In-Room Visits****“National Puzzle Day”**

9:30 Morning Moment by Activities Staff  
10:30 Puzzle Mania in the Activity Center  
2:30 Bingo for South, North Terrace and South Terrace in the Activity Center  
4:00 Afternoon Antic by Activities Staff  
6:45 TLC Club Meeting in the Activity Center

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**FRIDAY, JANUARY 30****East Wing - One-to-One's/Technology Communications/Unit Activities/In-Room Visits****Employees Wear Roman Eagle Logo Polo Shirts  
SIPPING SMOOTHIES ON EAST WING**

9:30 Morning Moment by Activities Staff  
10:30 Friday Food, Fun, Facts and Figures of Fascinating Arkansas in the Activity Center  
12:00 January Lunch Bunch Between Employees and Dining Room Residents  
2:00 Sentimental Reflections DVD in the Activity Center  
3:30 Password Game in the Activity Center  
4:00 Afternoon Antic by Activities Staff  
6:30 Movie and Popcorn Night - *The Book of Daniel*” in the Activity Center

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**SATURDAY, JANUARY 31****One-To-One's/Technology Communications/Unit Activities/In-Room Visits on All Units****“Backwards Day”****“Inspire Your Heart with the Arts Day”****“International Zebra Day”**

9:30 Morning Moment by Activities Staff  
10:30 New Year's Arts and Craft Class - New Year's Jewelry Craft in the Activity Center  
2:00 Sunshine Band in the Dining Room  
3:30 Remembering and Reminiscing the 1950's in the Activity Center  
4:00 Afternoon Antic by Activities Staff

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**SUNDAY, FEBRUARY 1****One-To-One's/Technology Communications/Unit Activities/In-Room Visits on All Units****“National Freedom Day”****“Black History Month”**

9:30 Morning Moment by Activities Staff  
9:30-12:00 Visits on the Units with Chaplain Michael Wiles  
10:30 Name Hymn Titles in the Activity Center  
2:00 Music by Mike in the Dining Room  
3:00 Chapel Service - Rev. Michael Wiles in the Dining Room  
3:45 Table Top Coin Hole Game in the Activity Center  
4:00 Afternoon Antic by Activities Staff