

MONTHLY ROUNDUP

**Welcome to our first Mencap
Newsletter!**



October Half Term

This Half Term, we had a fantastic time getting creative! The children made suncatcher pumpkins, ghost cakes, pumpkin rice crispy cakes, glitter spider webs, and so much more. We also enjoyed plenty of games and music in the gym, and many of the children loved exploring the sensory trays.



Up Coming HCC Events

Angels - Evening Parent/Carer Support Group - Online (Thursday, 20 November, 7:30pm):

<https://events.hertfordshire.gov.uk/local-offer/angels-evening-parentcarer-support-group-online>

Anxiety and SEND (SPACE)- (Wednesday, 19 November, 10:00am)

<https://events.hertfordshire.gov.uk/local-offer/anxiety-and-send-space>

Saturday Clubs Saturday Sep- Dec

During these Saturday Clubs, we had lots of fun experimenting with new arts and crafts projects. The sunshine meant plenty of outdoor play, and both our Hemel and St Albans locations enjoyed every moment!



Check out these useful websites

SEND Directory:

<https://directory.hertfordshire.gov.uk/Categories/55>

SEND Local Offer:

<https://www.hertfordshire.gov.uk/microsites/local-offer/the-hertfordshire-local-offer.aspx>

Goodbye Flavia!

Flavia is moving on after a wonderful two years at the Trinity Community Project. She will be sorely missed by everyone at Trinity! We wish her the very best of luck on her next adventure – bon voyage, Flavia! 🌟

“My journey with Trinity Community Project began as a volunteer, an experience that soon became deeply meaningful to me. I was inspired by the project’s mission, its values, and the incredible community that surrounds it. Over time, my involvement grew, and I was honoured to take on the role of Team Leader.

Leading Trinity has been a truly rewarding chapter in my career. It allowed me to bring together two parts of my professional background, the structure and strategy of the corporate world, and the empathy and insight developed through my clinical work. This combination gave me a new perspective on leadership and people development, enriching me both personally and professionally.

Working alongside our members, staff and partners has been an immense privilege. I have learned so much from the dedication and warmth of the team, and from the resilience, humour and individuality of our members.

As I prepare to return to Brazil for personal reasons, I leave with deep gratitude for the values that Trinity/St Albans Mencap embody: inclusion, community, and the commitment to ensuring that everyone can reach their full potential.

With heartfelt thanks”



Adults' Services

Art and Puzzle Gallery



Trinity this Autumn

Here at Trinity, everyone has been keeping busy – creating art, relaxing with puzzles, playing games, and enjoying lots of lovely conversations.

As the weather gets colder and fireworks night approaches, some of our members at the day service have been getting creative with Guy Fawkes-themed artwork! 🌟

Contact Details

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Trinity Team Leader –
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Useful websites for Trinity

Hertfordshire Mind Network
Website: hertsmindnetwork.org

Hertfordshire Partnership University NHS
Foundation Trust (HPFT) – Learning Disability
Services

Website: hpft.nhs.uk → Services → Learning
Disability Services

Key Dates

Christmas Trinity Event: December 15th (Talk to staff at Trinity to find out more)

Saturday Clubs (SNAP) Nov– Dec 26: 8th Nov, 15th Nov, 22nd Nov, 29th Nov, 6th Dec

Christmas Carol Event: Friday 12th December, Evening (More details to follow)