

# MONTHLY ROUNDUP

Welcome to the February newsletter!



## February Art/Cooking Gallery

This month, our children have amazed us with their incredible talents. From baking tasty treats to crafting beautiful pieces of art, our mini chefs and fantastic young artists have truly shined.



## Recipe of the month: Chocolate nests

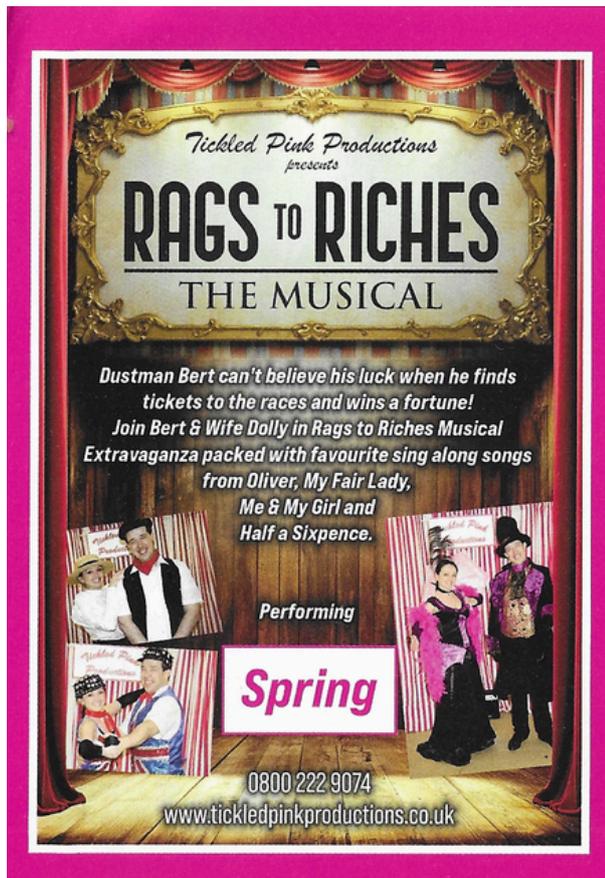
Recipe

- Break chocolate into pieces and line baking tray
- Put the chocolate and margarine into the bowl
- Add some water to the saucepan
- Put the saucepan on a medium heat hob
- Place the bowl on the saucepan
- Slowly melt the chocolate and margarine
- Carefully remove bowl from the saucepan
- Crush the shredded wheat and add to the bowl
- Stir the shredded wheat and melted chocolate
- Put mounds of mixture onto the baking tray
- Make into nests and add mini chocolate eggs
- Leave to cool



## Tickled Pink Show

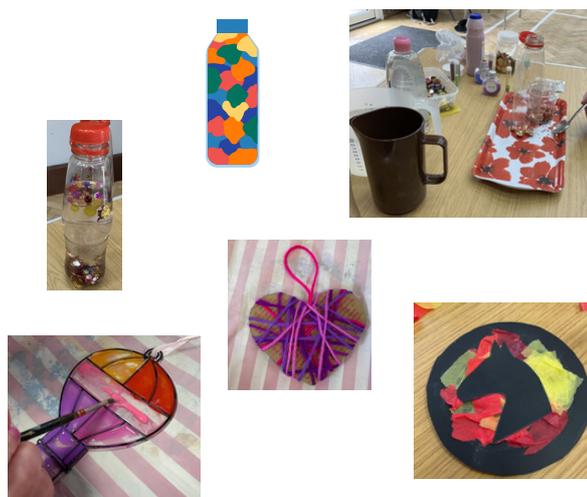
We're excited to welcome Tickled Pink to Trinity as they perform their wonderful show Rags to Riches. Trinity Members join us on 12th May from 10:30 to 11:30am for an hour of inspiring storytelling and great entertainment.



## Adults' Services

### Activities at Trinity

Take a moment to explore some of the wonderful activities our members have taken part in this month. We are delighted to share their creations



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## The Giving Lottery

✨ Fancy supporting a fantastic cause and having the chance to win some amazing prizes? Join The Giving Lottery and support St Albans Mencap—you could win up to £25,000, plus bonus prizes like a holiday! Taking part is simple— Just search for “The Giving Lottery – St Albans Mencap” and get your tickets. Every ticket makes a difference and helps us continue our work supporting people in our community. Thank you for your support—and good luck! 🍀❤️🎉

### Contact Details

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### Important Dates

Easter Playscheme (SNAP): Wednesday 1<sup>st</sup>, Thursday 2<sup>nd</sup>, Tuesday 7<sup>th</sup>, Wednesday 8<sup>th</sup>, Thursday 9<sup>th</sup> – April

Tickled Pink Event: Tuesday 12<sup>th</sup> May, 10:30am till 11.30am

Trinity Closed for Bank holidays: Good Friday (3 Apr), Easter Monday (6 Apr), Early May (4 May),

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