

MONTHLY ROUNDUP

Welcome to our April Newsletter!



Excellent Easter Playscheme



The children had a lovely time getting involved in a range of activities during the Easter Playscheme. Check out some of the highlights below.

mencap
St Albans & District

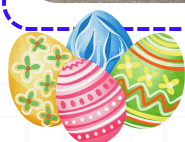
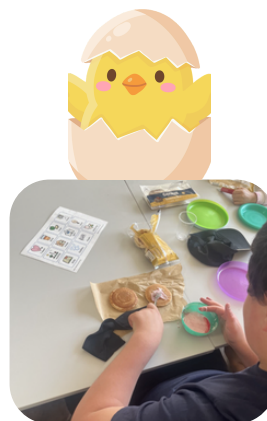
Congrats Brett!

MANCHESTER MARATHON FINISHER



THANK YOU SO MUCH FOR RAISING FUNDS FOR ST ALBANS MENCAP

Huge congratulations to Brett for absolutely smashing the Manchester Marathon! Not only did you take on such an incredible challenge, but you also raised nearly £3,000. What an achievement!



Culinary Creators

Our members have been cooking up a storm in the kitchen!

Last week, they whipped up a delicious lasagna, and it was a huge success. Take a look at them in action as they honed their chef skills. A big thank you to our new cooking instructor Nicky, who has already been a fantastic hit with the team!




Adults' Services

Roxie's Resin

Roxie has been creating some amazing resin pieces to raise money for St Albans Mencap. If you like the look of any of the items below, please message Dean to put in a request for the piece you'd like.

A huge thank you to Roxie for her beautiful work, we really appreciate her creativity and support!



PRICE LIST	
RESIN ITEMS	
KEY CHAINS	£3.00
PENS	£3.00
RINGS	£1.00
EARRINGS	£2.00
SETS	£10.00
BOXES	£8.00
NECKLACE	£4.00

Dance, exercise and create!

We have some clubs we think you'll love!

We run clubs every afternoon from Monday to Thursday at Trinity. Ask Dean for more information and details on how to join, we'd love to see you there!



Our Ticked Pink Show has been rescheduled to Wednesday 3rd June.

The event is open to everyone in the community, not just our members, we'd love to see you there!

Contact Details

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Key Dates

May Half Term playscheme (SNAP) – Tuesday 26th, Wednesday 27th, Thursday 28th and Friday 29th

Saturday clubs (SNAP) – 11 Saturdays between April – July

Tickled Pink Event (Trinity) – Wednesday 3rd June 10.30am

Trinity closed for Bank Holidays– Monday 4th May and Monday 25th May

