



# Mikey Anthony

## Age 4

### 1 December 2017

#### Vision Statement

We envision Mikey living a life of choice. We envision him having relationships he feels are valuable. In his future we see him doing work that he enjoys and that makes him feel productive. We envision our son living a happy and meaningful life surrounded by love and support.

#### STRENGTHS

- ♦ Visual learner
- ♦ Loves books
- ♦ Loves singing
- ♦ Can count to 20
- ♦ Funny
- ♦ Smart
- ♦ Happy
- ♦ Caring
- ♦ Loves his friends
- ♦ Fast Learner

#### What works for me

- ✓ Patience
- ✓ Praise and positive reinforcement
- ✓ Routine and visual timetables
- ✓ Preparing me for changes and transitions
- ✓ Being included
- ✓ Brain breaks
- ✓ Fidget tools (blu tac, stress balls & sand timers)
- ✓ Singing to distract me when I'm upset (Head and Shoulders & She'll be coming round the Mountain)
- ✓ Forest school

#### What doesn't work

- χ People talking too fast
- χ Sudden changes
- χ Loud voices
- χ Negative tone of voice
- χ People underestimating my abilities
- χ Not being given the chance to be independent
- χ Being kept indoors
- χ Sitting still for too long

#### What's Important to me

- \* My mum (Anita), my dad (Tony), my sister (Sarah) and my brother (Christopher)
- \* My Teddy, Freddie.
- \* Singing my favourite songs
- \* The Very Hungry Caterpillar
- \* Riding my trike
- \* Playing with my friends
- \* Doing things for myself, not being babyied