

# DISCERNMENT OF SPIRITS

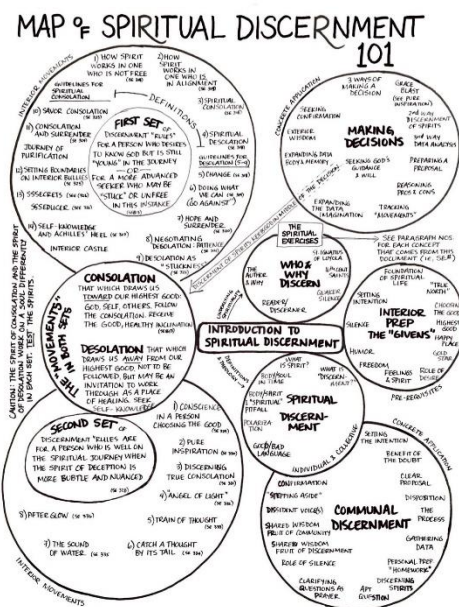
## The Ignatian Method of Making God-Centered Decisions

**When:** July 28th & August 4th | 7:00 PM – 8:30 PM




**Where:** Community Rooms

Do you ever feel overwhelmed by the constant "noise" and distractions of our busy, modern lives? Are you longing for clarity and peace when making important choices?

We invite all adult parishioners to join us for a transformative two-part summer program focused on the Ignatian Method of discernment. Whether you are facing a major life crossroad or simply want to align your daily choices more closely with God's will, this program is for you!



**In this engaging series, you will discover:**

-  **A Practical Framework:** Learn how to recognize and navigate the dimensions of spiritual *consolation* (times of profound connection with God) and *desolation* (times of spiritual dryness or heaviness) in your everyday life.
-  **A Process for Prayerful Listening:** We will provide you with specific structures and tools to help you quiet the distractions of the world so you can truly hear our Lord's voice.
-  **Clarity and Confidence:** Leave equipped with the spiritual tools to help you make confident, God-centered decisions.

Take a step away from the busyness of life and invest in your spiritual growth. Come find the tools to listen to God's guiding voice!

 **To RSVP or for more information:** Please contact Dr. Andy Kereky at 440-570-8028 or email [akereky@saintraphaelparish.com](mailto:akereky@saintraphaelparish.com).