



Thrive Series: Tame Your Chaos – Week 1

Theme: Recognizing the Chaos – God's Order vs. Our Chaos

Sermon: <https://www.youtube.com/live/o7QwjUdQkBI?si=LLP7KqlqZeUuhKIT>

Key Truths to Remember:

1. God prepares the environment before the promise (Hebrews 11:3).
2. God can shape chaos into order. He's not afraid of chaos—God starts there, Spirit hovering (Genesis 1:2).
3. Order starts with light (Genesis 1:3), light is a symbol for truth and revelation.
4. Establish clear boundaries/separation to bring order (Genesis 1:4,7,9).
5. Evaluate: "Is it good?" before moving on (Genesis 1:10,12,18, 21, 25, 31).
6. Rest begins the day.
7. God multiplies what we do (Psalm 1:3).

Reflection Questions (Journal privately or discuss in group):

- Identify your chaos: What area feels "formless and void" right now? (Internal: emotions/thoughts; External: schedule/finances/relationships; Spiritual: devotion/consistency.)
- Invite the light: Where do you need God's light to expose misalignment? What truth from His Word (e.g., Ephesians 5:8–14) speaks to this?
- Set boundaries: What one boundary could bring separation/order? (e.g., no phone after 10 PM, budget review weekly, daily 15-min devotion.)
- Evaluate honestly: Looking at the past year/season: "Was it good?" What do I want to replicate? Change? Stop? Be specific.
- One actionable step this week: (Make it SMART: Specific, Measurable, Achievable, Relevant, Time-bound.) Example: "By Friday, declutter my desk as a symbol of inviting order."

Prayer Commitment:

Pray Genesis 1 over your chaos:

"Lord, hover over this area. Let there be light. Bring separation and order. Make it good."
Amen.