

The Language of Leadership

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Workshop Outcomes

Format: In person or online
Duration: 2 hours
Workbook provided

1. Participants will develop confidence in their unique leadership style:

By recognising and celebrating the instinctual ways in which they lead, women will gain confidence in their natural abilities and begin to use them more intentionally in their personal and professional lives.

2. Participants will learn strategies to trust their voice and speak up with conviction:

Through exercises that encourage self-reflection, participants will practice making deliberate choices to trust the value of their contributions, regardless of past experiences of being silenced or dismissed.

3. Participants will identify and challenge long-held beliefs and expectations:

By exploring the narratives they grew up with and examining whether these stories still serve them, participants will gain the tools to create new, empowering personal stories.

Workshop Outcomes

4. Participants will cultivate healthy self-talk and replace critical inner dialogue with positive affirmations:

By acknowledging their inner critic and reframing negative thoughts, participants will develop healthier internal dialogues that support their growth and leadership.

5. Participants will develop the skill of processing thoughts out loud for clarity and insight:

Through guided discussion and reflection, participants will discover the power of verbalising their thoughts to gain clarity, uncover emotions, and refine their ideas before sharing them in less supportive environments.

Bron Williams

Bron is a passionate and powerful advocate for women's leadership, deeply committed to empowering women in all facets of life.

A seasoned speaker with a strong focus on topics like leadership and unconscious bias, she uses her personal experiences and insights to inspire and guide others.

"Superheroes in Disguise" reflects her mission to help women recognise and embrace their innate power, challenging social norms and encouraging self-reflection.

Her work is aimed at creating meaningful change in the corporate world, particularly in Asia, by helping women in leadership roles to write their own stories and lead with confidence.

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