

**State of Louisiana**  
**AREA AGENCY ON AGING**  
**AREA PLAN**

A Comprehensive Coordinated Service System for Older Persons in Louisiana

**CENLA Area Agency on Aging**

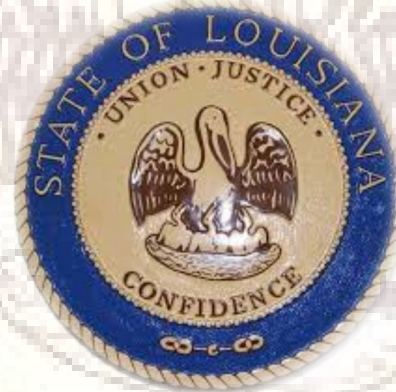
**Fiscal Year 2024 through Fiscal Year 2027**

**July 1, 2023 – June 30, 2024**

**July 1, 2024 – June 30, 2025**

**July 1, 2025 – June 30, 2026**

**July 1, 2026 – June 30, 2027**



**Submitted to:**

**State Unit on Aging**  
**Office of the Governor**  
**Office of Elderly Affairs**  
**602 N. 5<sup>th</sup> Street, 4<sup>th</sup> Floor**  
**Baton Rouge, LA 70802**  
**(225) 342-7100**

[adrcla.org](http://adrcla.org)

# SUBMITTAL PAGE

4-Year Plan for July 1, 2023 – June 30, 2027

Area Plan Update for July 1, 20\_\_ – June 30, 20\_\_

Area Plan Amendment (Date): \_\_\_\_\_

This Area Plan for programs on aging is hereby submitted for the Multi parish planning and service area by CENLA Area Agency on Aging. CENLA Area Agency on Aging assumes full responsibility for implementation of this plan in accordance with requirements and regulations of the Older Americans Act (OAA); laws and rules of the State of Louisiana; and policies and procedures of the Governor's Office of Elderly Affairs.

This plan includes all information, goals, objectives, and assurances required by the Governor's Office of Elderly Affairs' Area Plan on Aging format, and it is, to the best of my knowledge, complete and correct.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Director, Area Agency on Aging

The Advisory Council of \_\_\_\_\_ Area Agency on Aging has participated in the development and final review of this Area Plan.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Chairperson, Advisory Council, Area Agency on Aging

The Board of Directors of the CENLA Area Agency on Aging has reviewed this plan and Submittal Page. It is understood that approval covers all sections of this Plan and indicates satisfaction of the full board that the plan is complete, correct, and appropriately developed for the planning and service area.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Chairperson, Board of Directors

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Secretary, Board of Directors

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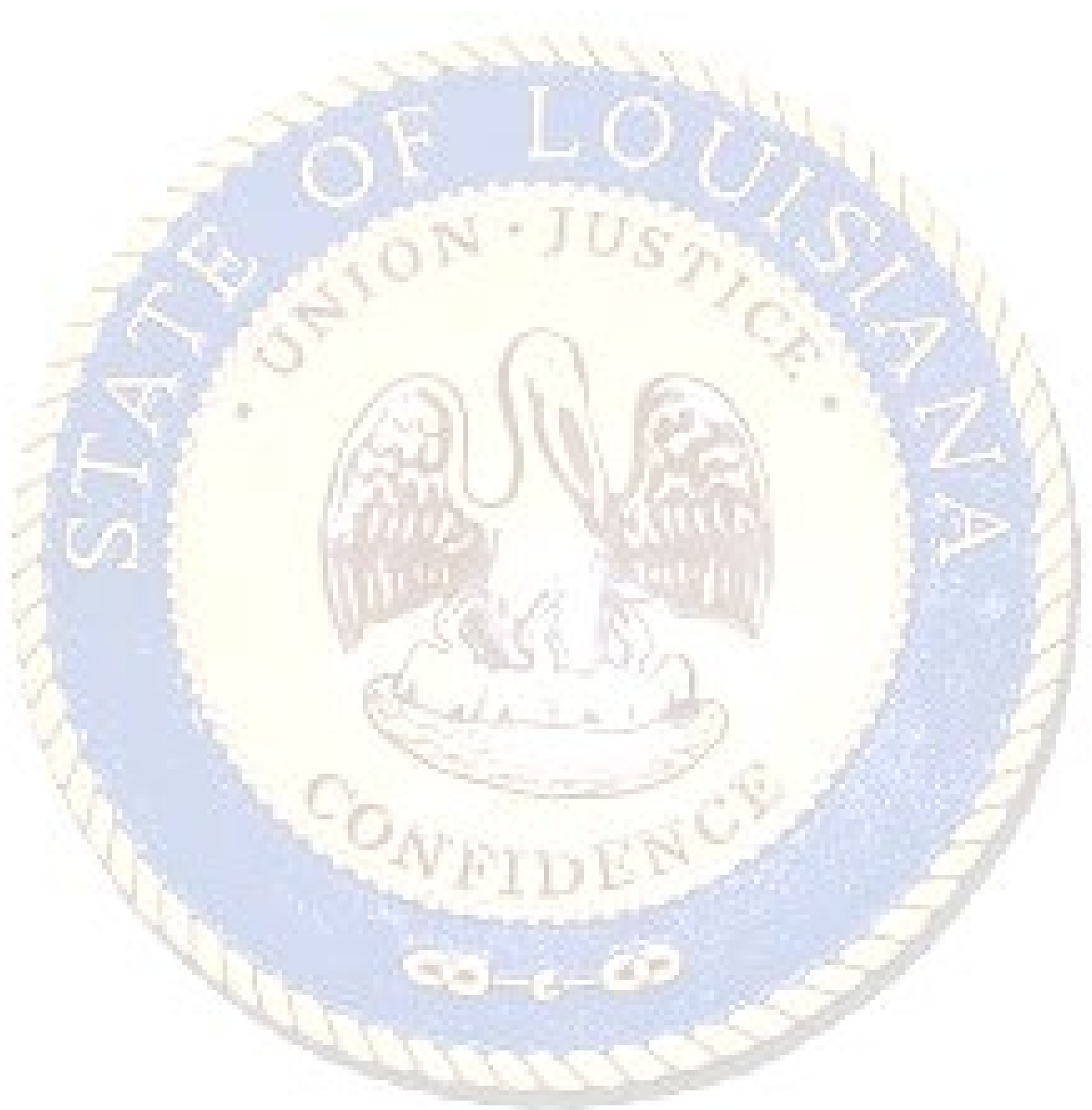
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## Section 1: Mission Statement

The Governor's Office of Elderly Affairs' mission statement:

“To serve as the focal point for the development, implementation, and administration of the public policy for the state of Louisiana, and address the needs of the state’s elderly citizens.”

### **CENLA Area Agency on Aging’s mission statement:**

To develop and oversee a network of community-based services for older adults and their caregivers to enable them to continue to live independently in their chosen communities for as long as possible.



## Section 2: Description of the Planning and Service Area (PSA)



### I: PSA Overview

A total of fifteen parishes now comprise the core planning and service area (PSA) of CENLA Area Agency on Aging, Inc. for Title III service contracts. The original seven parishes were Avoyelles, Catahoula, Concordia, Grant, LaSalle, Rapides and Winn. Allen Parish relinquished its single parish AAA status and officially joined CENLA's area January 1, 2019. On October 15, 2019, East Carroll, Franklin, Jackson, Madison, Richland, Tensas, and Union Parishes left the North Delta Planning and Development District and became a part of CENLA's PSA.

The Title III Ombudsman Program for the Alexandria Region serves Natchitoches and Sabine Parishes in addition to the core parishes located in central LA except for Allen Parish. The Monroe Region of the Ombudsman Program serves Caldwell, Lincoln, Morehouse, Ouachita, and West Carroll parishes in addition to the core parishes located in the northeast LA section of CENLA's PSA. Our staff provides Aging and Disability Resource Center and SenioRx services to Caldwell, Lincoln, Morehouse, Ouachita, and West Carroll parishes in addition to our 15 core parishes.

The demographic and geographic information focuses on our core parishes— Allen, Avoyelles, Catahoula, Concordia, East Carroll, Franklin, Grant, Jackson, LaSalle, Madison, Rapides, Richland, Tensas, Union, and Winn Parishes. The CENLA PSA comprises a total land mass of 11,183 square miles of which 10,813 square miles (96.7%) is land and 371 square miles (3.3%) is water.

According to the 2020 Census, the total population of the fifteen (15) core PSA parishes is 368,352, an overall decrease of 18,430 (4.76%) from the 2010 Census. The only PSA Parish to experience an increase in total population is Grant Parish (9.16% increase). Tensas Parish experienced the greatest percentage decrease (21.04% decrease). Older adults age 65+ total 65,157 or 17.69% of the total PSA population. Tensas Parish boasts the highest percentage—26.5%. Allen, Grant, and Madison parishes report the lowest percentages of 65+ population—15.0%, 15.6%, and 15.5% respectively. The Census reports 12,819 persons or nearly 22% of the total PSA population lives in poverty.

The racial percentages of the total PSA population are reported in the 2020 Census as 65.1% White alone, 31.4% Black/African American alone, and 3.48% other (American Indian and Alaska Native alone, Asian alone, Native Hawaiian and Other Pacific Islander alone, and Two or More Races). Grant (5.5%) and Union (5.3%) parishes have the highest percentages of the PSA population reporting Hispanic or Latino origins. The total PSA population reporting Hispanic or Latino origins according to the 2020 Census is 11,541 or 3.13%.

Unique resources in the CENLA AAA PSA include the growing number of community-based health clinics and the expanding coverage of home health agencies partnering with the AAA and each individual parish council on aging. These agencies play a vital role in keeping those older adults living in rural areas at home in their communities for as long as possible. Many of them visit the centers regularly providing blood pressure and other health checks for seniors. They often provide education and recreational activities such as bingo to augment the council or senior center regular services.

The PSA and contractor COAs' relationship with the area Food Banks has been a vital resource for many seniors. COAs help to distribute food boxes to local seniors providing an additional nutritional resource to help seniors remain healthy and maintain their independence.

Health fairs and other events such as activities at local libraries have created an avenue to inform and provide seniors and their caregivers with the information they need to lead a happy, healthy, and productive lifestyle.

A constraint in many of the PSA's smaller, rural parishes is travel to and from the larger, more urban areas. It is often difficult and frightening for older adults. Many of them do not have family or friends available to transport them. Other means of transportation are often non-existent or very expensive for those on limited-fixed incomes.

Another constraint for many PSA parishes is the lack of local financial resources. Over one-third of the COAs in CENLA's PSA do not have parish taxes or enough local businesses to provide additional financial support for the area seniors. Some of those having the support are not using it. Brainstorming and innovative thinking is a must in these situations.

The local services delivery system in the PSA is diverse due to the central state location of 8 parishes and northeast Louisiana location of the other 7 parishes. Many local services such as food stamp and Medicaid application assistance are offered by more than one organization in the parish—including the AAA ADRC. Sometimes the seniors could be better served at the AAA or local COA due to their unique situations—fixed income, health issues, and the like. Utility assistance is limited but is also a duplicated service. Some of the assistance once available to seniors at the local Councils on Aging has been redirected to another organization such as United Way or the Salvation Army. Many of our contractor COAs have chosen to use some of the Supportive Service ARP funding to supplement the shortfall in local utility assistance for seniors—especially during these challenging economic times. Much of the local service delivery is hindered by an online application process. Many of the seniors in our PSA parishes do not have access to adequate Internet service or the technical knowledge required to complete the forms. The forthcoming improvements to Internet services should help with these issues and the AAA and COA staffs should develop staff and client training to prepare for those innovations. Federal and state encouragement for local government, health organizations, and AAA/COA agencies has provided a successful avenue to improve service delivery to aging adults, their families, and their caregivers.

## 2.II: Area Plan Profile

The information in this section focuses on the rural and urban areas in the PSA. The 2020 Census brought change to the methodology for determining which areas are rural and which are urban. The changes included: 1) the minimum population threshold to qualify as urban changed from 2500 to 5000, 2) housing unit density was used instead of population density to determine if an area is rural or urban, and 3) the jump distance was reduced from 2.5 miles to 1.5 miles resulting in noncontiguous urban areas or urban areas not connected or sharing a common border. According to the “2020 Census Urban-Rural Classification Fact Sheet” the definition of an urban area is “densely developed land, to include residential, commercial, and other nonresidential urban land uses. The definition of a rural area is an area that “encompasses all population, housing, and territory not included within an urban area.”

The change in criteria to determine rural or urban resulted in a classification change for several of CENLA’s PSA communities. Bunkie and Cottonport (Avoyelles Parish), Rayville and Delhi (Richland Parish), Farmerville (Union Parish), Jena (LaSalle Parish), and Lake Providence (East Carroll Parish) were all considered urban cities and/or towns according to the 2010 Census but are considered rural according to the 2020 Census. The table on the following pages lists the total population, rural and urban population and identified cities, towns, villages, and CDPs (census designated places) in each PSA parish according to the 2020 Census.

		Population	City	Town	Village	Urban
<b>Allen Parish</b>		<b>22,687</b>				
Rural		15,987				
Urban		6,700				
	Elizabeth	400			X	
	Kinder	2,080		X		
	Oakdale	6,985	X			X
	Oberlin	1,351		X		
	Reeves	211			X	
<b>Avoyelles Parish</b>		<b>39,236</b>				
Rural		32,551				
Urban		6,682				
	Bunkie	3,274	X			
	Cottonport	1,977		X		

		Population	City	Town	Village	Urban
<b>Avoyelles Cont'd.</b>	Evergreen	209		X		
	Hessmer	754			X	
	Mansura	1,314		X		
	Marksville	4,946	X			X
	Moreauville	957			X	
	Plaucheville	216			X	
	Simmesport	1,441		X		
<b>Catahoula Parish</b>	<b>8,805</b>					
Rural	8,805					
Urban	0					
	Harrisonburg	280			X	
	Jonesville	1,650		X		
	Sicily Island	350			X	
<b>Concordia Parish</b>	<b>18,376</b>					
Rural	13,207					
Urban	5,169					
	Clayton	556		X		
	Ferriday	3,085		X		X
	Ridgecrest	551		X		
	Vidalia	3,828		X		
<b>East Carroll Parish</b>	<b>7,459</b>					
Rural	7,459					
Urban	0					
	Lake Providence	3,759		X		
<b>Franklin Parish</b>	<b>19,668</b>					
Rural	14,526					
Urban	5,142					
	Winnsboro	4,824	X			X
	Wisner	842		X		
<b>Grant Parish</b>	<b>22,236</b>					
Rural	22,236					
Urban	0					
	Colfax	1,419		X		
	Creola	246			X	
	Dry Prong	456			X	
	Georgetown	276			X	
	Montgomery	633		X		
	Pollock	398		X		
		<b>Population</b>	<b>City</b>	<b>Town</b>	<b>Village</b>	<b>Urban</b>

<b>Jackson Parish</b>	<b>15,031</b>					
Rural	9,786					
Urban	5,245					
	Chatham	479		X		
	Jonesboro	4,181	X			X
<b>LaSalle Parish</b>	<b>14,834</b>					
Rural	14,834					
Urban	0					
	Jena	3,757		X		
	Olla	1,389		X		
	Tullos (part)	326		X		
	Urania	700		X		
<b>Madison Parish</b>	<b>9,799</b>					
Rural	2,811					
Urban	6,988					
	Tallulah	6,068				X
<b>Rapides Parish</b>	<b>128,654</b>					
Rural	50,349					
Urban	78,305					
	Alexandria	44,787	X			X
	Ball	3,885		X		
	Boyce	877		X		
	Cheneyville	458		X		
	Forest Hill	599			X	
	Glenmora	1,062		X		
	LeCompte	825		X		
	McNary	194			X	
	Pineville	14,501	X			
	Woodworth	1,717		X		
<b>Richland Parish</b>	<b>19,805</b>					
Rural	19,805					
Urban	0					
	Delhi	2,584	X			
	Rayville	3,283	X			
<b>Tensas Parish</b>	<b>4,043</b>					
Rural	4,043					
Urban	0					
	St. Joseph	817	X			
	Newellton	857	X			
		<b>Population</b>	<b>City</b>	<b>Town</b>	<b>Village</b>	<b>Urban</b>

<b>Union Parish</b>	<b>21,107</b>					
Rural	21,107					
Urban	0					
	Bernice	1,337	X			
	Farmerville	3,318	X			
	Marion	622	X			
	Spearville	125			X	
<b>Winn Parish</b>	<b>13,488</b>					
Rural	8,817					
Urban	4,671					
	Atlanta	145			X	
	Calvin	236			X	
	Dodson	290			X	
	Sikes	111			X	
	Tullos (part)	0		X		
	Winnfield	3,994	X			X

### Section 3: Focal Points

In cooperation with agencies, organizations, and individuals participating in activities under this plan, the CENLA Area Agency on Aging will serve as the advocate and focal point for older individuals within the community by monitoring, evaluating, and commenting upon all policies, programs, hearings, levies, and community actions which will affect older individuals.

For purposes of assuring access to information and services, the area agency shall work with community agencies and officials in the PSA to ensure that focal points are available in each community within the PSA.

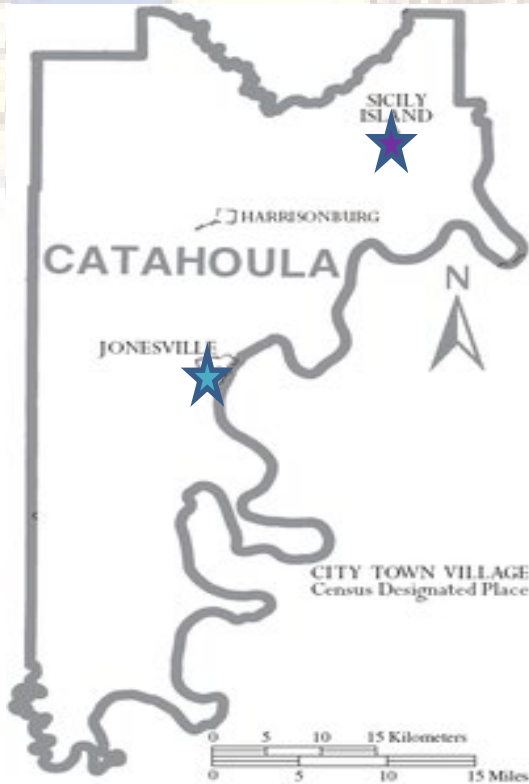
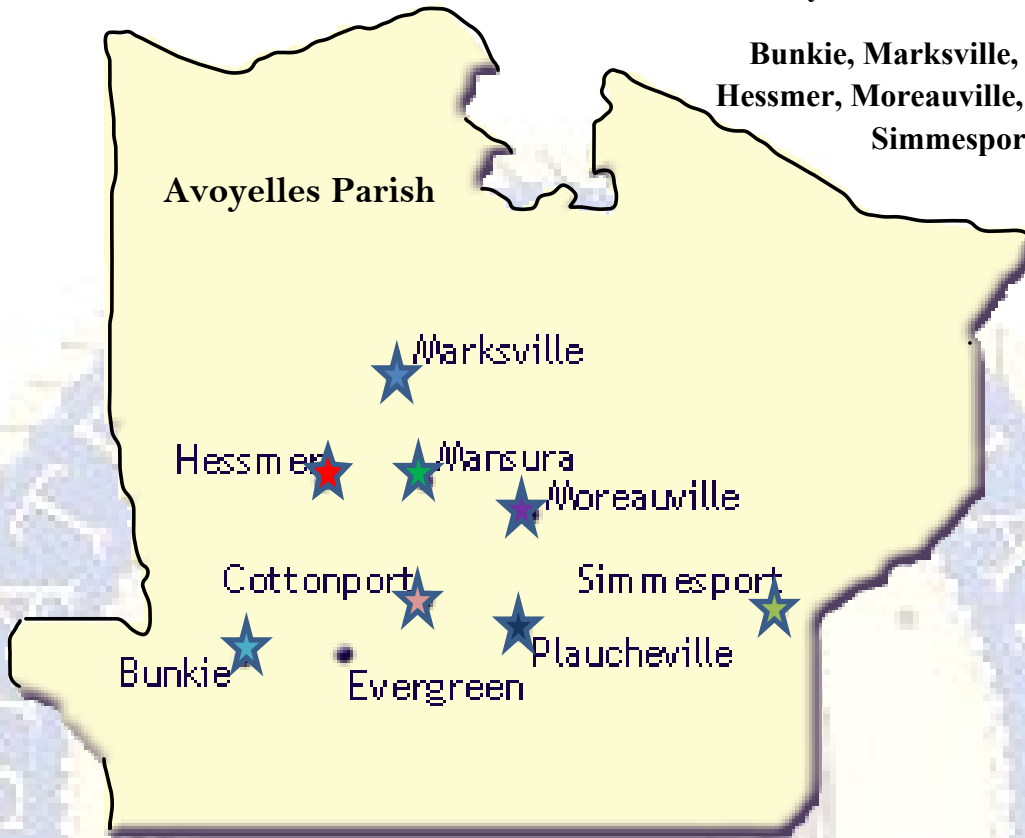
#### **Allen Parish Focal Points**

**Oakdale and Oberlin**



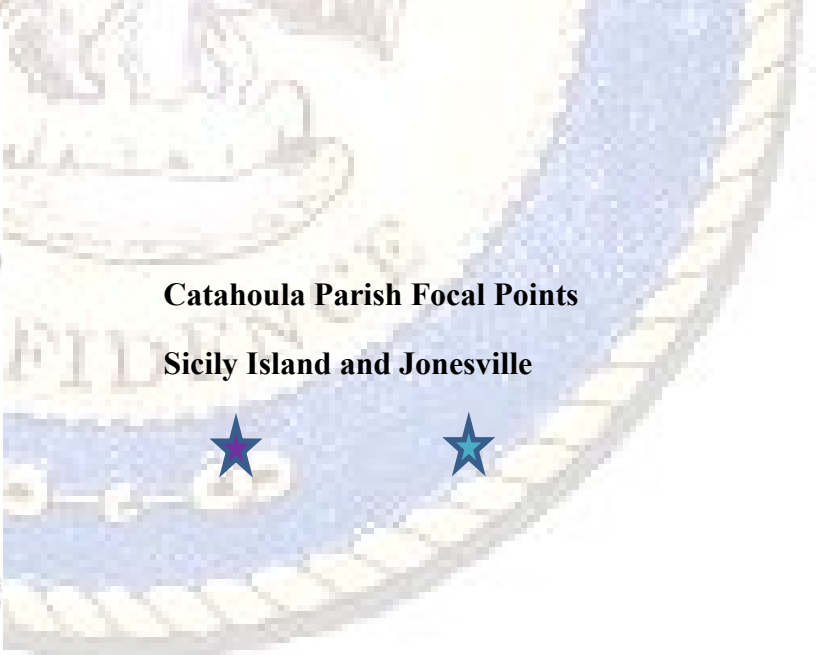
**Avoyelles Parish Focal Points**

**Bunkie, Marksville, Mansura,  
Hessmer, Moreauville, Cottonport,  
Simmesport**



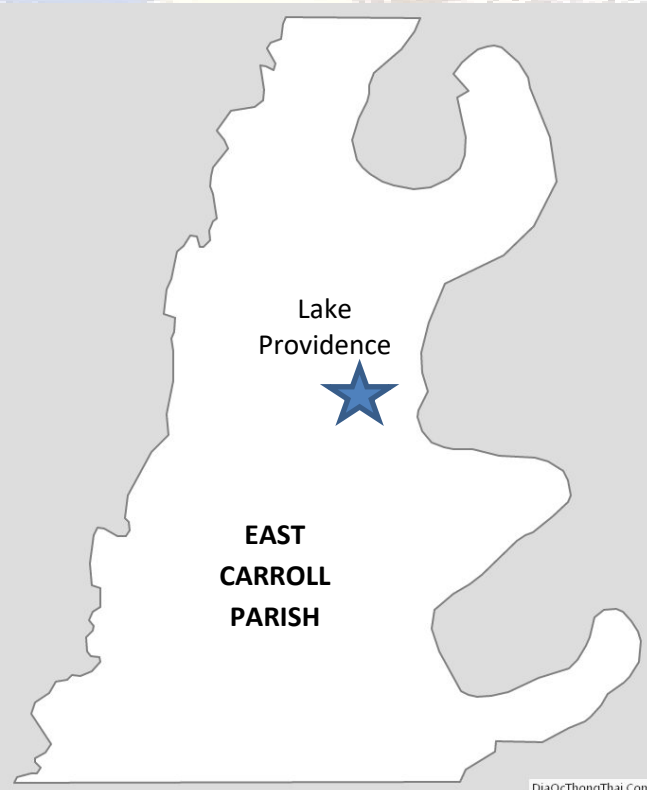
**Catahoula Parish Focal Points**

**Sicily Island and Jonesville**



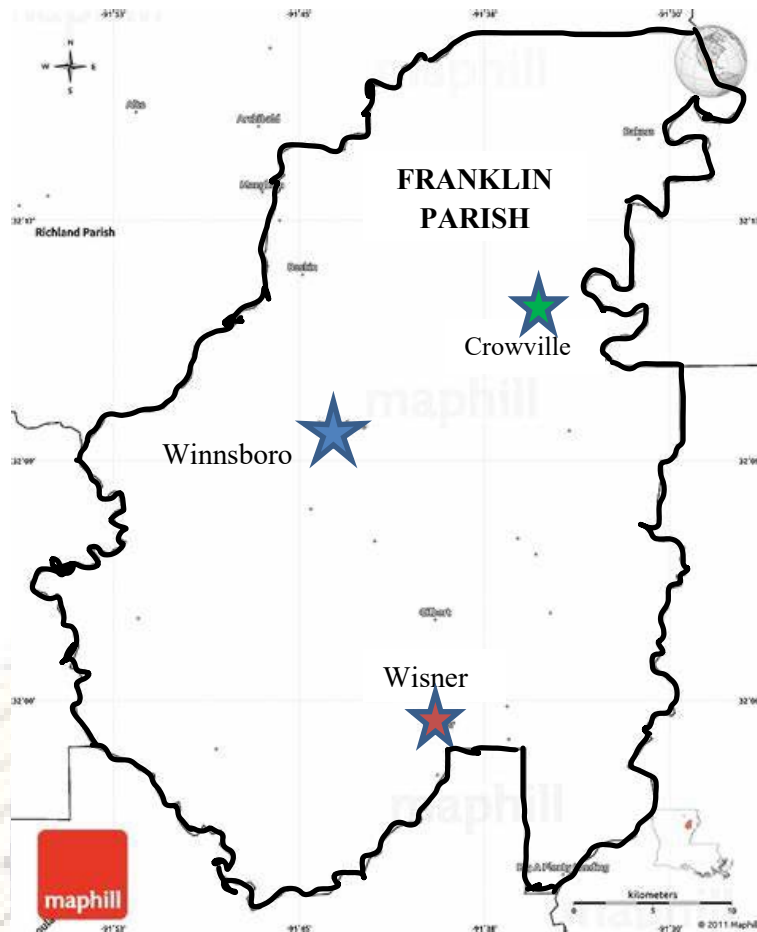
**Concordia Parish Focal Points**

**Ferriday** ★ and **Vidalia** ★



**East Carroll Parish Focal Point**

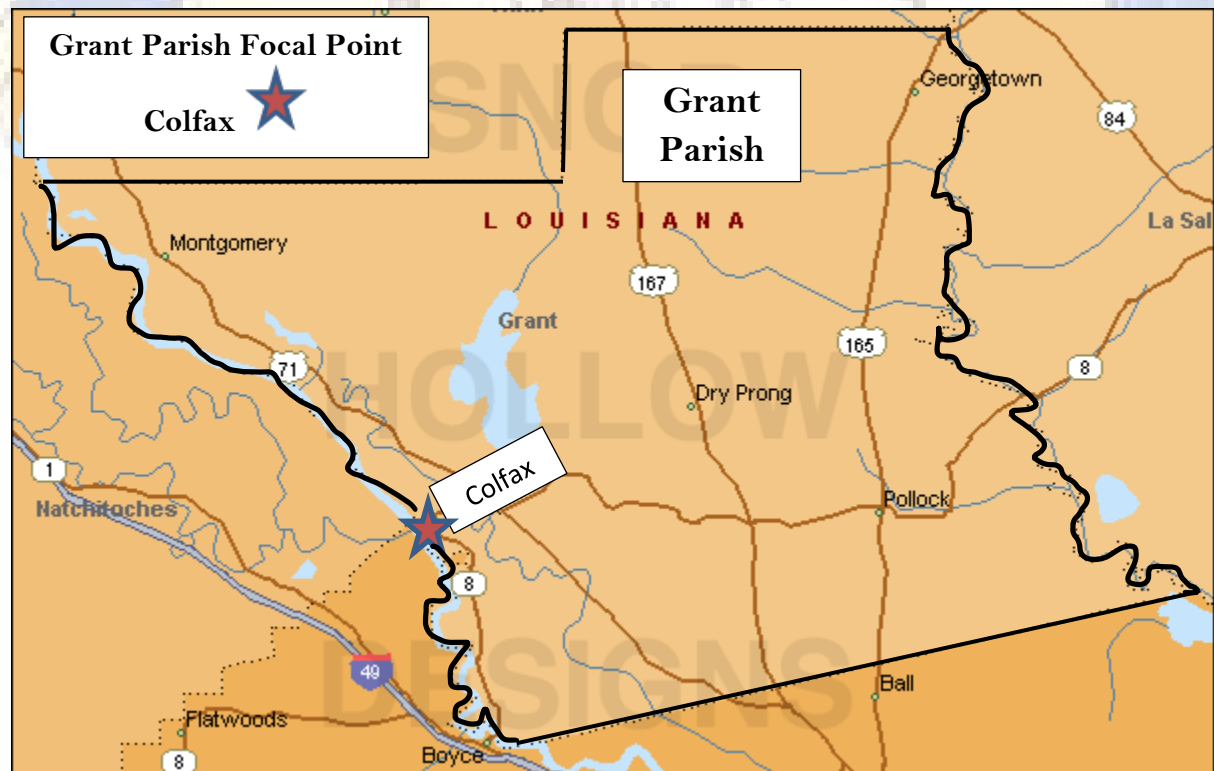
**Lake Providence** ★




**Franklin Parish Focal Points**

Winnsboro 

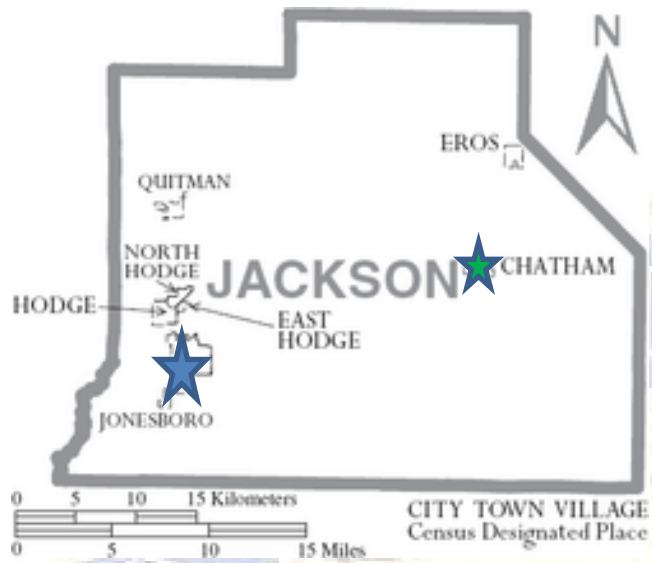
Crowville  Wisner 



**Grant Parish Focal Point**

Colfax 

**Grant Parish**



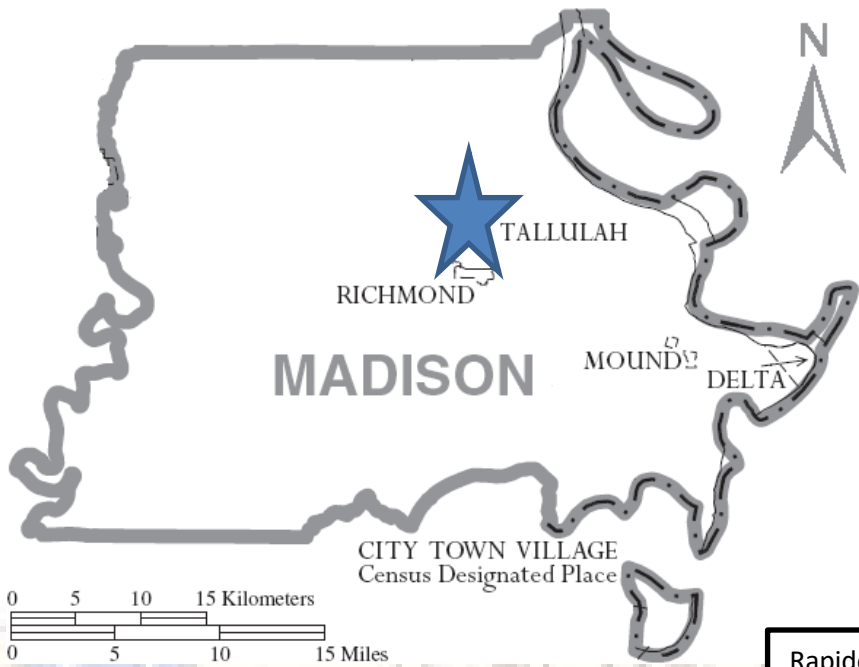
**Jackson Parish Focal Points**

- Chatham
- Jonesboro

**LaSalle Parish Focal Point**

- Jena



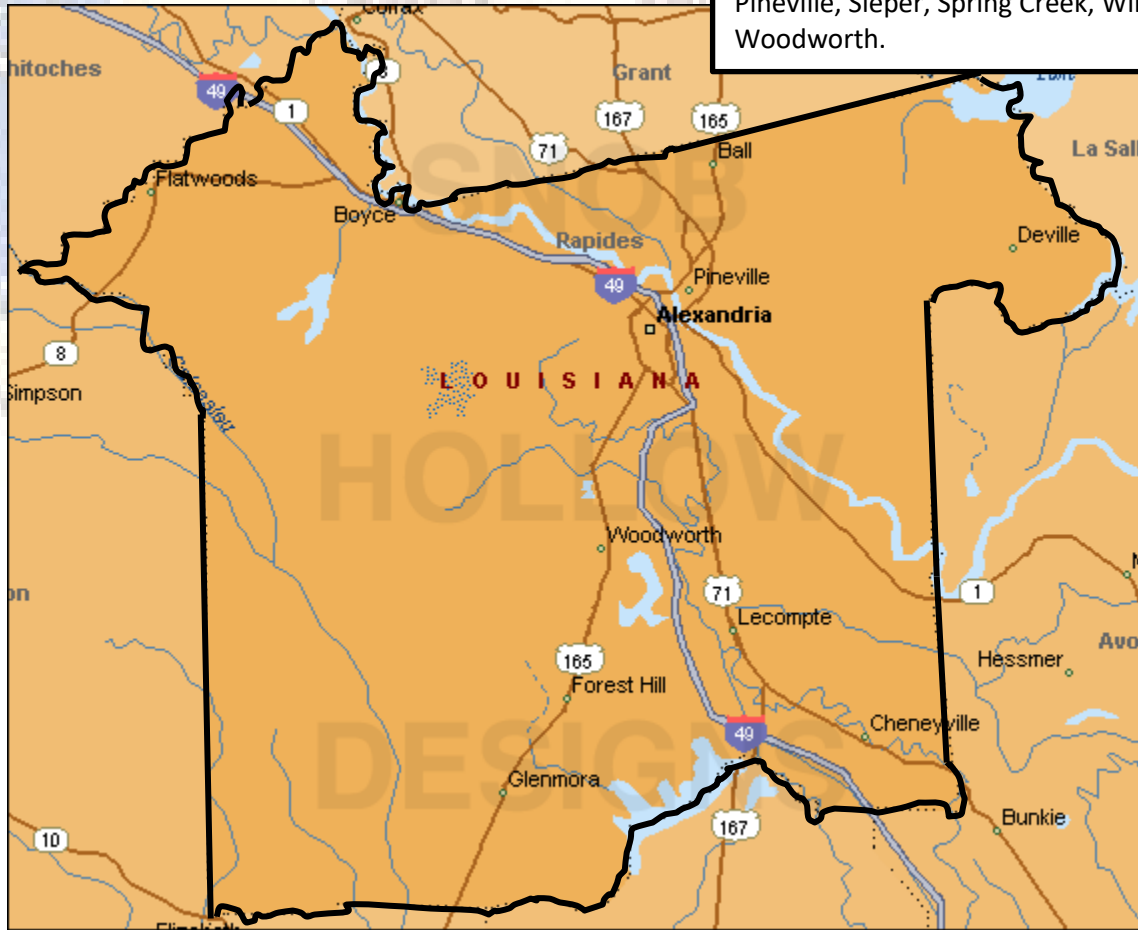


Madison Parish  
Focal Point

★

Madison Voluntary Council  
on Aging Office and Senior  
Center, Tallulah

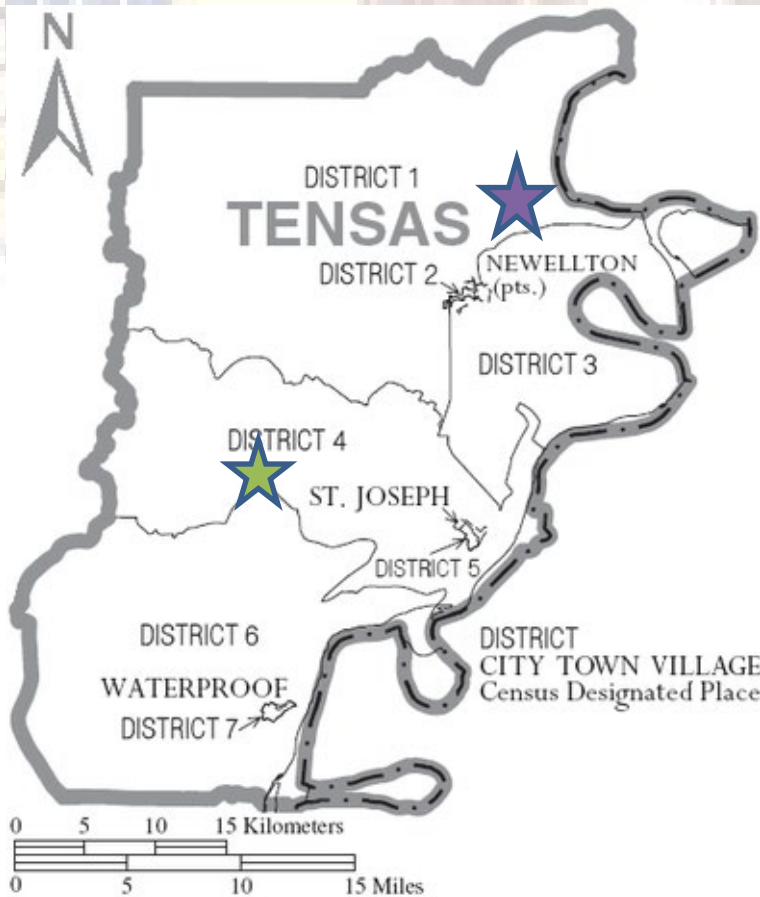
Rapides Parish Focal Points  
Alexandria, Ball, Boyce, Cheneyville,  
Deville, Forest Hill, Glenmora, LeCompte,  
Pineville, Sieper, Spring Creek, Wilda,  
Woodworth.





Richland Parish Focal Points

-  Richland Council on Aging Office, Meal Site and Senior Center
-  Delhi Meal Site and Senior Center

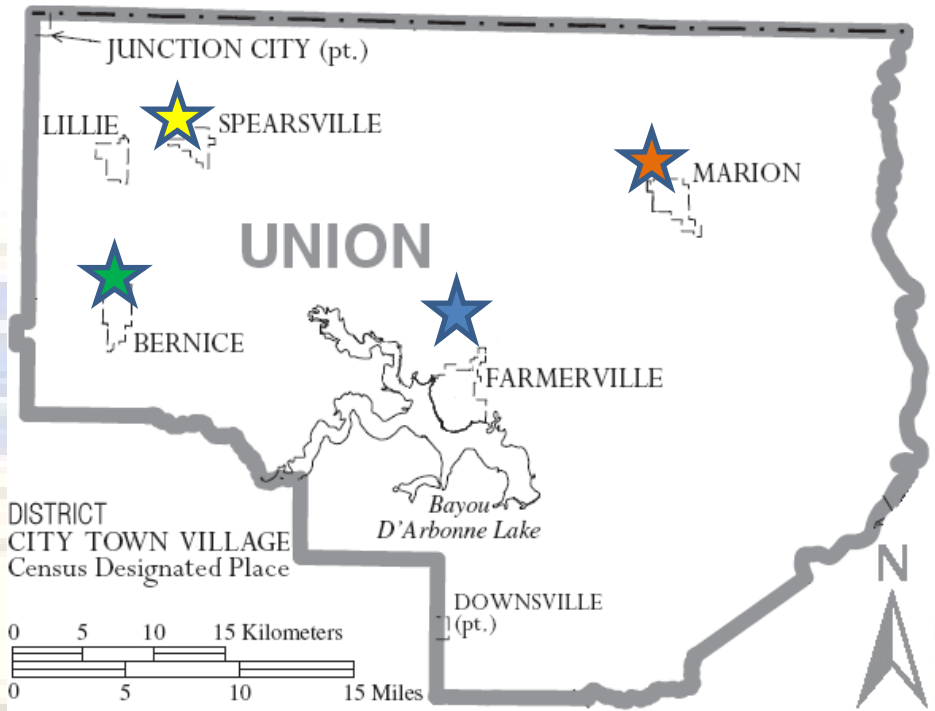


Tensas Parish Focal Points

Tensas Parish Council on Aging Office and Senior Center, St. Joseph.  
Meal Site and Senior Center Newellton.

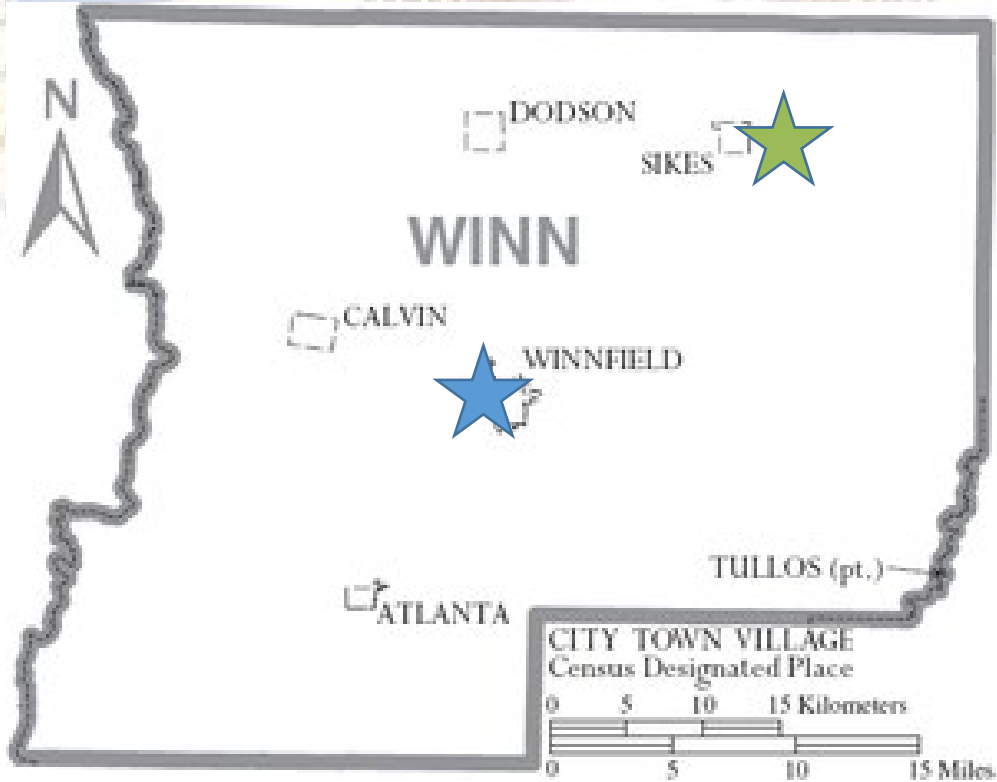
**Union Parish Focal Points**

Union Council on Aging Office and Senior Center, Farmerville. Meal Sites and Senior Centers—Bernice, Spearville, and Marion.



**Winn Parish Focal Points**

-  Winn Parish Senior Center and Council on Aging Office
-  Sikes Meal Site and Senior Center



List all **community focal points** within the PSA utilized or owned by the AAA.

	Designated Community Focal Point	Physical Address of Focal Point (i.e. 123 Main St. City, State, Zip)	Services Provided	Services Coordinated w/ other Agencies?
1.	Allen Parish Allen Council on Aging Main Office	602 East Fifth Avenue Oakdale, LA 71463	C1 Meals, C2 Meals, 3B I&A, Outreach, Homemaker, and Transportation; 3E I/A, Nutrition Education	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
2.	Allen Parish Senior Center	314 S. Sixth Street Oberlin, LA 70655	C1 Meals, Transportation and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
3.	Avoyelles Parish Council on Aging Office and Senior Center	2245 Preston Street, Marksville, LA 71351	C1 Meals, C2 Meals, Homemaker, I&A, 3E Group Respite, 3E I&A, 3E In-home Respite, 3E Sitter Service, Nutrition Education, Outreach, Telephoning, Transportation, Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
4.	Bunkie Meal Site and Senior Center	322 Pershing Avenue, Bunkie, LA 71322	See Marksville all services except 3E Group Respite	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
5.	Cottonport Meal Site and Senior Center	939 Bryan Street, Cottonport, LA 71327	See Marksville all services except 3E Group Respite	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
6.	Hessmer Meal Site and Senior Center	111 Bordelon Street, Hessmer, LA 71341	See Marksville all services except 3E Group Respite	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
7.	Mansura Meal Site and Senior Center	2057 Leglise Street, Mansura, LA 71350	See Marksville all services except 3E Group Respite	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
8.	Moreauville Meal Site and Senior Center	343 Tassin Street, Moreauville, LA 71355	See Marksville all services except 3E Group Respite	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
9.	Simmesport Meal Site and Senior Center	509 Norwood Street, Simmesport, LA 71369	See Marksville all services except 3E Group Respite	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
10.	Catahoula Parish Council on Aging Office, Meal Site and Senior Center	901 First Street, Jonesville, LA 71343	C1 Meals, C2 Meals, Homemaker, I&A, 3E I &A, 3E In-Home Respite, 3E Personal Care, Outreach, Nutrition Education, Transportation,	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

			Senior Center Services	
11.	Sicily Island Meal Site and Senior Center	315 Chisum Street, Sicily Island, LA 71368	Same services as Jonesville location	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
12.	Concordia Parish Council on Aging Office, Meal Site and Senior Center	Office-1106 Second Street, Ferriday, LA 71334 Meal Site and Senior Center-111 Texas Avenue, Ferriday, LA 71334	C1 Meals, C2 Meals, 3B Homemaker, I/A, Outreach, Telephoning, Transportation, Utility Assistance, 3E I/A, In-home Respite, and Sitter; Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
13.	Vidalia Meal Site and Senior Center	411 Texas Street, Vidalia, LA 71373	Meal Site and Senior Center Activities, Access to Concordia Parish COA services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
14.	East Carroll Parish Council on Aging Office, Meal Site, and Senior Center	600 First Street, Lake Providence, LA 71254	C-1 Meals, C-2 Meals, Homemaker, 3B and 3E I/A, Material Aid, Nutrition Education, Outreach, Senior Center Recreation, Telephoning, Transportation, Visiting, III B Wellness	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
15.	Franklin Parish Council on Aging Office, Meal Site and Senior Center	714 Adams Street, Winnsboro, LA 71295	C1 Meals, C2 Meals, Homemaker, 3B and 3E I/A, Material Aid, Nutrition Education, Outreach, Telephoning, and Transportation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
16.	Crowville Meal Site and Senior Center	157 Football Field Road, Crowville, LA 71295	Meals, Senior Center Activities, and Access to Franklin Parish COA services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
17.	Wisner Community Center Meal Site and Senior Center	298 Hope Street, Wisner, LA 71378	Meals, Senior Center Activities, and Access to Franklin Parish COA services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
18.	Grant Parish Grant Council on Aging Office, Meal Site, and Senior Center	706 Maple Street, Colfax, LA 71417	C1 Meals, C2 Meals, Homemaker, I & A, Material Aid, 3E I&A, 3E In-home Respite, 3E Sitter Service, Nutrition Education, Outreach, Telephoning,	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

			Transportation, Senior Center Services, Utility Assistance	
19.	Jackson Parish Council on Aging Office, Meal Site and Senior Center	120 Polk Avenue, Jonesboro, LA 71251	C1 Meals, C2 Meals, Homemaker, 3B I/A, 3E I/A, Nutrition Education, Outreach, Telephoning, Transportation, Utility Assistance and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
20.	Chatman Meal Site and Senior Center	6524 Highway 34, Chatham, LA 71226	C1 Meals, C2 Meals, Homemaker, 3B I/A, 3E I/A, Nutrition Education, Outreach, Telephoning, Transportation, Utility Assistance and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
21.	LaSalle Parish LaSalle Council on Aging Office, Meal Site and Senior Center	530 E. Bradford, Jena, LA 71342	C1 Meals, C2 Meals, 3B Chore, Homemaker, I/A, Nutrition Education, Outreach, Telephoning, Transportation, and Utility Assistance; 3E I/A, In-home Respite, Group Respite, and Sitter, Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
22.	Madison Parish Madison Voluntary Council on Aging Meal Site, Office, and Senior Center	203 South Elm Street, Tallulah, LA 71282	C1 Meals, C2 Meals, 3B Homemaker, I/A, Nutrition Education, Telephoning, Transportation, Wellness, ARP Utility Assistance; 3E I/A; Senior Center Activities	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
23.	Rapides Parish Rapides Council on Aging	204 Chester Street, Alexandria, LA 71301	C2 Meals, 3B Chore, I/A, Outreach, and Nutrition Education, Transportation; 3E I/A, Group Respite, In-home Respite, and Sitter; and ARP Utility Assistance	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
24.	Rapides Parish Rapides Senior Citizens Centers Office and Service Coordination Center	209 E. Shamrock, Pineville, LA 71360	Senior Center Services Coordinating Center for Rapides Parish C1 Meals, Rural Transportation, Nutrition Education and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
25.	Ball Senior Center	110 Municipal Lane, Ball, LA 71405	C1 Meals, Information and Assistance, ARP Weekend Material Aid	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

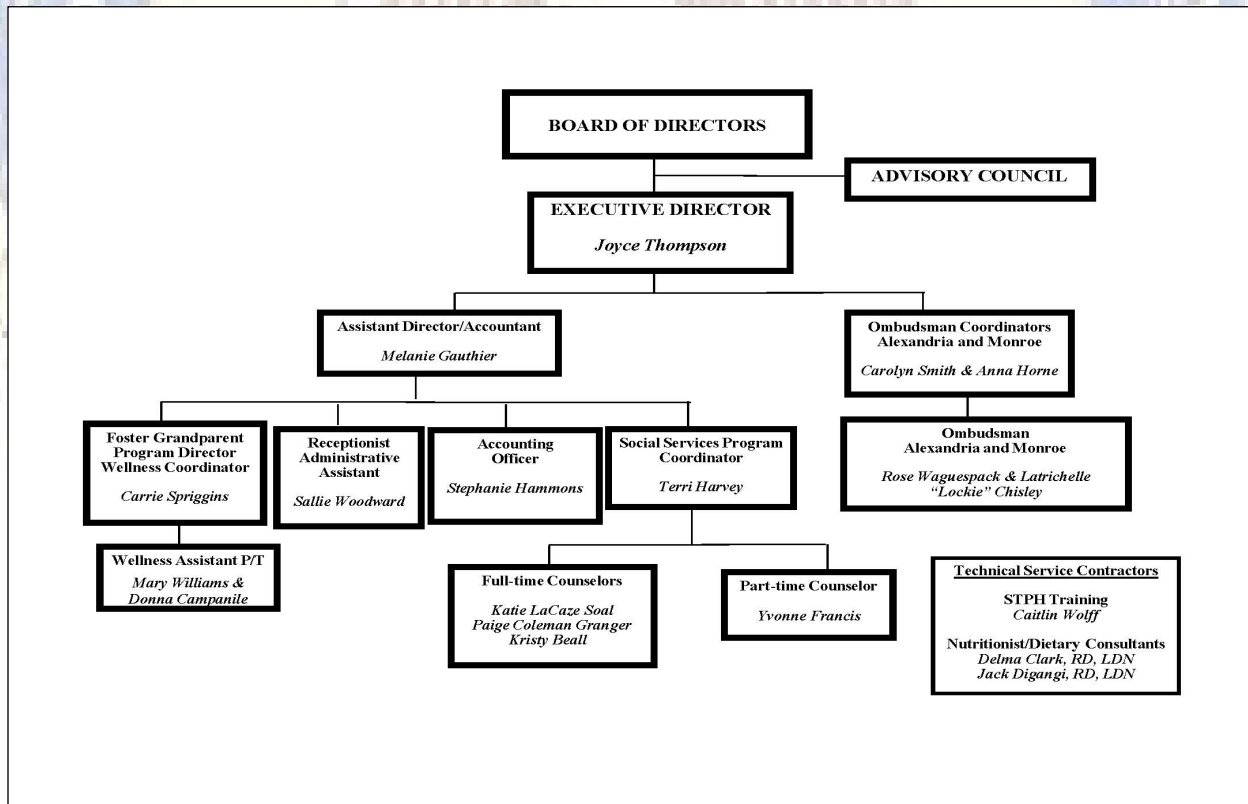
			Frozen Meals, and Senior Center Services	
26.	Bolton Avenue Senior Center	315 Bolton Avenue, Alexandria, LA 71301	C1 Meals, Information and Assistance and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
27.	Boyce Senior Center	720 Mayo Street, Alexandria, LA 71409	C1 Meals, Information and Assistance, ARP Weekend Material Aid Frozen Meals, and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
28.	Cheneyville Senior Center	601 Main Street, Cheneyville, LA 71325	C1 Meals, Information and Assistance, ARP Weekend Material Aid Frozen Meals, and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
29.	Christian Love Baptist Church Senior Center	3515 Hudson Blvd., Alexandria, LA 71302	C1 Meals, Information and Assistance, ARP Weekend Material Aid Frozen Meals, and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
30.	Deville Senior Center	1244 Hwy. 115, Deville, LA 71328	C1 Meals, Information and Assistance and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
31.	Forest Hill Senior Center	138 Blue Lake Road, Forest Hill, LA 71430	C1 Meals, Information and Assistance, ARP Weekend Material Aid Frozen Meals, and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
32.	Glenmora Senior Center	1122 Turkey Creek Road, Glenmora, LA 71433	C1 Meals, Information and Assistance, ARP Weekend Material Aid Frozen Meals, and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
33.	LeCompte Senior Center	1610 Charter Street, LeCompte, LA 71346	C1 Meals, Information and Assistance, ARP Weekend Material Aid Frozen Meals, and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
34.	Martin Luther King Senior Center	3807 Smash Avenue, Alexandria, LA 71301	C1 Meals, Information and Assistance, ARP Weekend Material Aid Frozen Meals, ARP Transportation and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
35.	Pineville Senior Center	801 Main Street, Pineville, LA 71360	C1 Meals, Information and Assistance and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
36.	Sieper Senior Center	924 Hwy. 465, Sieper Community Church, Sieper, LA 71472	C1 Meals, Information and Assistance, ARP Weekend Material Aid Frozen Meals, and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
37.	Hineston Senior Center	Hineston Tabernacle, 7431 Hwy 112, Elmer, LA 71424	C1 Meals, Information and Assistance and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

38.	Wilda Senior Center	75 St. Clair Rd., Boyce, LA 71409	C1 Meals, Information and Assistance, ARP Weekend Material Aid Frozen Meals, and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
39.	Woodworth Senior Center	877 Robinson Bridge Rd., Woodworth, LA 71485	C1 Meals, Information and Assistance and Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
40.	Richland Parish Richland Council on Aging Office, Meal Site, and Senior Center	414 Harrison Street, Rayville, LA 71269	C1 Meals, C2 Meals, 3B Homemaker, I/A, Material Aid, Outreach, Telephoning, Transportation, Utility Assistance, Visiting, and 3B Wellness; 3E I/A; ARP Utility Assistance, Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
41.	Delhi Meal Site and Senior Center	730 Louisiana Street, Delhi, LA 71232	Same services as Rayville Location	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
42.	Tensas Parish Tensas Council on Aging Office, Meal Site, and Senior Center	114 Plank Road, St. Joseph, LA 71366	C1 Meals, C2 Meals, 3B Homemaker, I/A, Outreach, Telephoning, Transportation; Nutrition Education, ARP Utility Assistance, Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
43.	Newellton Senior Center	111 N. Main Street, Newellton, LA 71357	C-1 Meals, C2 Meals, I/A, Senior Center Services and Access to all other COA Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
44.	Union Parish Union Council on Aging Office, Meal Site, and Senior Center	606 E. Boundary Street, Farmerville, LA 71241	C1 Meals, C2 Meals, 3B Homemaker, I/A, Outreach, Telephoning, Transportation, Wellness; Nutrition Education, ARP Wellness & Material Aid, Senior Center Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
45.	Bernice Meal Site and Senior Center	407 Louisiana Ave., Bernice, LA 71222	C1 Meals, C2 Meals, Senior Center Services, Access to Other COA Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
46.	Marion Meal Site and Senior Center	155 Stewart Street, Marion, LA 71260	C1 Meals, C2 Meals, Senior Center Services, Access to Other COA Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
47.	Spearsville Meal Site and Senior Center	2454 Highway 3121, Spearsville, LA 71277	C1 Meals, C2 Meals, Senior Center Services, 3B Wellness, and Access to Other COA Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
48.	Winn Parish Winn Council on Aging Office, Meal Site, and Senior Center	211 Main Street, Winnfield, LA 71483	C1 Meals, C2 Meals, Homemaker, I & A, Material Aid, 3E	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

			I&A, 3E In-home Respite, 3E Group Respite, 3E Sitter Service, Nutrition Education, Outreach, Telephoning, Transportation, Senior Center Services, ARP Utility Assistance	
49.	Sikes Meal Site and Senior Center	212 2 <sup>nd</sup> Street, Sikes, LA 71473	C1 Meals, Senior Center Services, Nutrition Education, Access to Other COA Services	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

## Section 4: Description of the Area Agency on Aging

### I. AAA Organizational Chart



Section 4: Description of the AAA  
Cont'd

II. AAA Structure

CENLA's staff totals fifteen dedicated individuals who work together as a team to serve the older adults in the PSA focusing on those most vulnerable—the frail, poor, isolated, and minority. We have three technical contractor/consultants. Two licensed dieticians, one for the central LA parishes and one for the northeast LA parishes, provide dietary and nutritional guidance and approval for quarterly menus submitted by the PSA's meal caterer. We recently contracted with a health professional consultant to work with the Department of Health, other health professionals, and the participants to create strong relationships to further develop and strengthen aging individuals' knowledge and ability to cope with the current and future health issues facing our state and nation.

The ***Board of Directors*** consists of five (5) representatives from each of the three (3) districts in the planning and service area. District One (1) includes Allen, Avoyelles, Catahoula, Concordia, and East Carroll Parishes. District Two (2) includes Franklin, Grant, Jackson, LaSalle, and Madison Parishes. District Three (3) includes Rapides, Richland, Tensas, Union and Winn Parishes. The Board of Directors is the ultimate authority and has the fiduciary responsibility of the agency. The Board of Directors meets quarterly. An annual meeting is held once a year to elect new board members to replace those whose terms have expired or are vacant for another reason.

The ***Advisory Council*** is in the process of reformation. COVID 19, adding 7 northeast LA parishes to our PSA, and health issues of several advisory council members resulted in the need to reconstruct the way members are recruited. The Board and management are considering requesting at least one volunteer from each COA contractor board or general membership and a volunteer from at least three partner organizations to form a new council. In the meantime, the remaining members and other unofficial interested parties will temporarily function as the Advisory Council. The Advisory Council assures a link between both the Board of Directors and staff with persons who are potential participants in services, and makes recommendations to the board on all service aspects of the program. The Advisory Council plays a major oversight role in the SenioRx and the Aging and Disability Resource Center as well as the CNCS Foster Grandparent Program.

Although, the Board of Directors is the adopting authority of the four-year area plan for services, the Advisory Council plays a vital role in the locations of and attendance of public hearings along

with the assembly and recommendation of any expansion services within the planning and service area.

The *Executive Director* has the overall responsibility for the operation of the agency and implementation of plans and directives. The Executive Director meets with the Advisory Council and the Board of Directors to communicate the status of programs and services which support the elderly community, as well as, learning of emerging needs as viewed by the Council and Board. The Executive Director is also responsible for assuring that the agency operations comply with all regulations and laws.

The *Assistant Director/Accountant* is responsible for agency operations in the director's absence. Major responsibilities of the position are the preparation, reporting and analysis of the agency's financial performance, assistance with contractor/provider monitoring, and staff liaison to the Finance Committee. The *Accounting Officer, Foster Grandparent Program Director/Wellness Coordinator, Receptionist/Administrative Assistant, Social Services Program Coordinator, and AYUDA* personnel report directly to the assistant director.

The *Ombudsman Coordinators* supervise the *Ombudsman* in the Alexandria and Monroe regions. The coordinators are ultimately responsible for investigating and resolving complaints received from or on behalf of older individuals who reside in nursing homes and other long term care facilities as required by GOEA.

The *Foster Grandparent Program Director* oversees the operations of the CNCS Foster Grandparent Program. She is responsible for the oversight of all operation aspects of the program including supervision of the part-time staff assigned to assist with the program and program volunteers. The position reports directly to the assistant director and is responsible for assuring compliance with all regulations governing the funding grant.

The *Wellness Coordinator* supervises the part-time wellness assistant(s). The position requires the staff be certified to lead "evidence-based" wellness programs at the levels approved by ACL for Title III D Health Promotion and Disease Prevention funding.

The *Social Services Coordinator* supervises the operation of the Aging and Disability Resource Center and the SenioRx, MIPPA, and LA Department of Insurance (LDI) SHIIP Programs. The Social Services Coordinator supervises the *counselor(s)* and assures accurate reporting to GOEA and LDI. The position is responsible for adhering to contract stipulations, including but not limited to, meeting required unit of service delivery and taxonomy specifications.

*Team CENLA* is a well-oiled, cross-trained group of individuals who claim the mission to help ALL eligible clients. Community acceptance of the reliability of the Team's knowledge of services has increased contacts, assistance, and referrals. All clients are assessed for eligibility for all services CENLA performs directly and those performed by our contractor parish councils on aging.

For example, applicants for the Foster Grandparent Program, funded by the Corporation for National Community Service, are assessed for services offered through SHIP, SenioRx, and ADRC. Clients applying for assistance with Medicare, Medicaid, Food Stamps, and Title III services are advised of the FGP program. The limitation on planning for future expansion of services or staff is hampered by funding, not by the lack of persons searching for and in need of assistance.

### **III. AAA Operational Plan**

CENLA Area Agency on Aging, Inc. is a non-profit organization responsible for planning and coordinating services for persons sixty and older in central and northeast Louisiana. Fifteen parishes are covered by this plan: Allen, Avoyelles, Catahoula, Concordia, East Carroll, Franklin, Jackson, Grant, LaSalle, Madison, Rapides, Richland, Tensas, Union, and Winn. CENLA AAA is mandated by the Louisiana Governor's Office of Elderly Affairs to develop a local area plan every four years. By definition it must address the goals set forth in the Older Americans Act which are basically to provide a comprehensive and coordinated service system to serve persons sixty years and older. The plan should also help to identify new or emerging needs in the senior community.

The elements of the comprehensive and coordinated system are (1) educating and informing the public, service providers and local officials, (2) visible focal points, (3) guiding local initiatives, (4) commitment to resources, (5) collaborative decision-making—input from older persons and community organizations, (6) targeting services and resources to the most vulnerable, and (7) effective referral from agency to agency. CENLA AAA will use the GOEA Area Plan guide to prepare these elements.

CENLA Area Agency on Aging has grown in the last four years. Since the last time the area plan was written, CENLA AAA has expanded its vision and services available to a broader range of clientele. In October 2019 an additional 7 parishes were added to the PSA. Successfully integrating them with the existing 8 parishes was hindered by client reporting system delays, COVID 19

restrictions, and distance from central LA to northeast LA. An important advantage was CENLA's ADRC designation for a 20-parish area which included those 7 parishes.

To expand the AAA role in the community, the staff maintains memberships or cooperative partnerships with the City of Alexandria Citizens Advisory Council, the Food Bank of Central LA, the American Red Cross, the Central LA Homeless Coalition, the Senior Network, Elderly Protective Services, CENLA Community Action Agency, the Central Louisiana Healthy Living Coalitions, the Avoyelles, Catahoula, Concordia, and Rapides school boards, Department of Children and Family Services, Food Pantry of LaSalle, LaSalle Community Action Agency, and the United Way of Miss-Lou which has allowed the AAA to expand its working relationship with regional state offices as well.

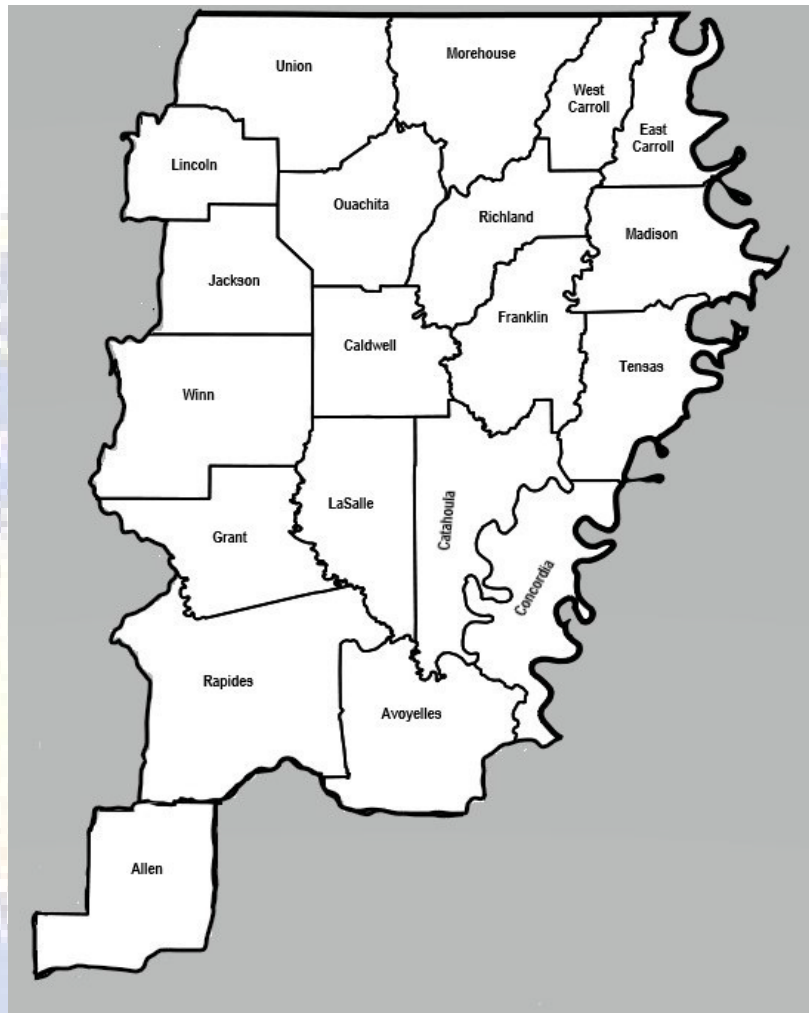
Many new partnerships forged have been with local hospice, home health agencies, and wound care facilities for the distribution and sharing of service information to reach a broader range of potential clients. These partnerships allow for in-service trainings which build the information and referral systems for both partners. Our referral file has become a referral filing drawer full of contacts with information.

Our advertising campaigns on television and radio emphasizing the meal program in one ad, the ADRC program in one ad, and foster grandparent program, wellness program, and senior center activity participation in another have enhanced our reach in both central and northeast LA. The relationship between the NBC (central) and CBS (northeast) stations has been beneficial because we are able to film our ads at our main office in Alexandria and broadcast the same message in both areas.

We are fast becoming the go to agency for information and services needed. If we can't do it we know someone who potentially can. All the partnerships and cooperative agreements have dispelled the competitive aspect of service provision previously felt among agencies.

The coverage area for CENLA Area Agency on Aging as the SenioRx and Aging and Disability Resource Center was expanded to include the North Delta Region in January 2016. Those family members and seniors living in any of the parishes shown on the map below are automatically transferred to our office when they call the Louisiana Answers Hotline for assistance. Medicare Improvement Patient Provider Act (MIPPA) and LA Department of Insurance (SHIIP) services are also provided to older adults and the adult-onset disabled in these parishes. Needs range from finding a home-delivered meal, congregate meal, medical transportation, sitter, or respite service,

and/or homemaker service to completing a Medicaid, SNAP (Food Stamp) or low-cost prescription drug application.



## Section 5: Planning Process-Establishing Priorities

The methods used to determine service needs of the older adults and adults with disabilities residing in the planning and service area were the results of the distributed LA Senior Needs Assessment Form and the Community Agency Needs Assessment Form, comments and results of the Service Ranking Questionnaires from the parish Public Hearings, comments at provider board meetings, health fairs, and community events, and needs expressed by clients visiting and/or contacting the AAA Aging and Disability Resource Center.

The Advisory Council and Board of Directors distributed the LA Senior Needs assessments in each of their respective parishes to members of churches, community organizations, and other interested members of their communities. Copies of the assessment were given to each of the

council on aging directors for distribution at the centers and to other interested parties. Some of the councils had staff enter the information on the website. CENLA AAA staff entered completed surveys from several area councils and volunteers.

The CENLA AAA director attended contractor quarterly board meetings and solicited assessment completion and the contractor board members' help in obtaining as much information as possible from their respective communities. The AAA staff distributed assessments to attendees at enrollment events, health fairs, coalition meetings, and foster grandparent monthly sessions they attended. Those clients who visited our office were also given the opportunity to participate. The process was started in September and continued until the latter part of October. About 18% of the distributed assessments were returned and tallied. The Community Agency Needs Assessment was emailed to 41 community agencies using a mailing list compiled from visits to health fairs, other events, and established partnerships with service agencies. Our counseling staff attend community meetings, health fairs, healthy living coalition meetings, and area senior centers and frequently receive comments and concerns involving the needs of the elderly on a regular basis.

## Section 6: Needs Assessment

The survey instrument used to determine the service needs in the PSA's vast geographic service area was the Louisiana Statewide Needs Assessment. Time constraints required us to use written, electronic, and telephone interviews as survey instruments. Our goal was to obtain the most beneficial information from the diverse community of seniors and their caregivers in our service area.

The surveys were printed and distributed to home-bound clients and their caregivers by the council on aging staff in all 15 parishes when delivering meals, providing homemaker, transportation, and respite services. CENLA's ADRC, Ombudsman, and Foster Grandparent Program (FGP) staff members brought surveys with them when visiting senior centers, nursing homes, and FGP monthly meetings. Completed services were returned to our office and the receptionist and other staff entered them as time permitted. Some participants elected to visit the website and enter answers.

CENLA's ADRC staff emailed the on-line link to council on aging and other service providers in the PSA. The email instructed the directors to encourage seniors and assist them if necessary to enter their answers on-line. Printed surveys were delivered or mailed to councils when possible.

Staff at some of the councils entered results of their parish assessments, others assisted clients to visit the website and take the survey online, and others either mailed or brought the completed surveys to CENLA’s Alexandria office and our staff entered them.

The adult residents in all 15 parishes in CENLA’s PSA were encouraged to complete the survey. Outreach efforts included, but were not limited to, members of the LGBTQIA+ communities and adults living with HIV/AIDS as vulnerable populations, and all races and ethnicities of aging adults and their caregivers.

The results of all surveys were entered on the ADRCLA website for the state. The entire table was downloaded, sorted, and those parishes in CENLA’s PSA were calculated. The total number of surveys completed for CENLA’s PSA was 499.

Reporting parishes and the number of surveys tabulated in CENLA’s PSA are Avoyelles—56, Catahoula—34, Concordia—30, Franklin—2, Grant—62, Jackson—90, LaSalle—2, Rapides—114, Union—49 and Winn 60. Those parishes without survey results are Allen, East Carroll, Madison, Richland, and Tensas.

*Number of Survey  
Respondents by  
Age Range/Percentage*

Under 59	18	3.61%
60-64	40	8.02%
65-69	82	16.43%
70-74	101	20.24%
75-79	92	18.44%
80-84	77	15.43%
85+	89	17.84%
<b>Total Responses</b>	<b>499</b>	<b>100.00%</b>

The **Gender** section revealed more than twice as many women completed the survey as men—330 women (66.13%)—148 men (29.66%)—21 preferred not to answer (4.21%). Nearly 41% or 204 respondents, reported Widowed as their **Relationship Status**—Married 28.7% or 143, Single 16.2% or 81, Divorced 9.6% or 48, Separated 2.2% or 11, Partnered .40% or 2, and not wishing to answer 2.0% or 10 respondents.

A table of the detailed results of the survey follow the analysis presented here. The top five needs deemed “very important” in the **Services and Assistance** section of the survey and the percentage of total responses are: 1) knowing what services are available for seniors and how to access the services (63%), 2) keeping warm or cool as the weather changes (60%), 3) preventing falls and other accidents (60%), 4) having a senior center that is close to my home, and 5) having someone to talk to when I feel lonely.

The four needs with the highest percentage of “not important” responses are: 1) help with personal care (bathing, dressing, eating meals, taking medicine, etc.) (49%), 2) access to respite care facilities (licensed adult Residential Care Homes for assisted independent living) (43%), 3) respite care service (short-term relief service provided in your own home to give caregivers a break) (42%), and 4) learning computer basics, how to use the Internet or other skills (42%).

Based on the information in the Services and Assistance section of the survey results, CENLA will continue the push to inform the seniors, their families and caregivers what services the parish councils on aging, ADRC, Foster Grandparent and Ombudsman programs offer in each PSA parish.

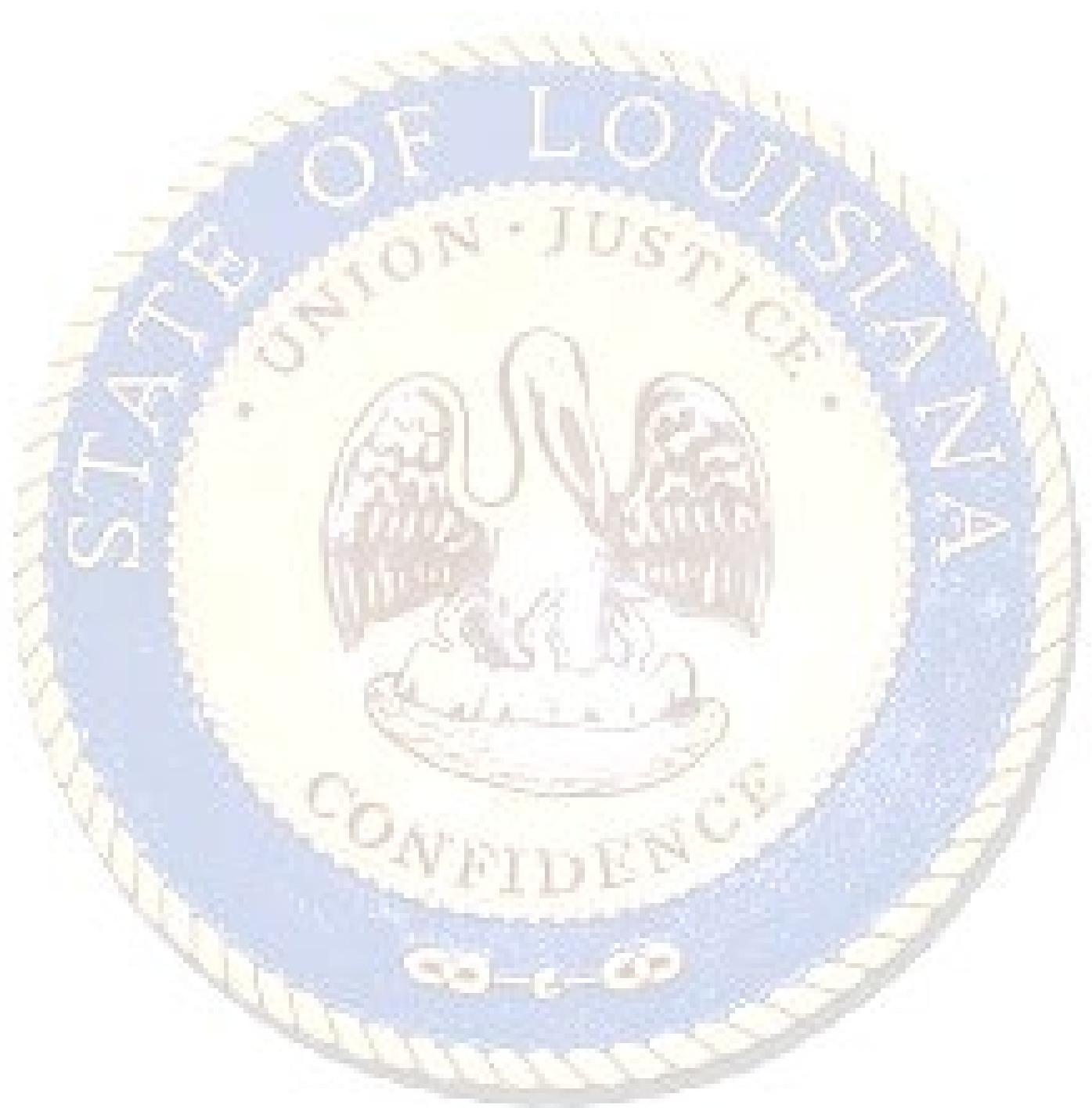
Keeping seniors warm or cool as the weather changes is addressed by many councils with the assistance of local utility company and community support. Each season drives are held for fans, blankets, heaters and weatherization efforts to help combat the ever-changing weather conditions in our state. ARP and local funding have been used to add Utility Assistance as an additional service to the Title III services in some parishes.

Adding the locations of local senior centers to our advertising and promotion efforts at health fairs and other events should encourage an increase in senior center attendance. Working with the local utility and/or other community organizations to publish the locations is another idea to “spread the word”. The additional senior center dollars allotted to all councils on aging offices may allow other senior centers to be opened once the need is established. Working with local officials and other organizations may provide a vehicle for establishing a part-time neighborhood center then advancing to full-time once established.

Preventing falls and other accidents will be addressed by recruiting volunteers at each council on aging to continue the Matter of Balance exercises and supply educational materials to reinforce class information. The ARP dollars have been utilized to hire and train a part-time assistant for the Title III D Health Promotion and Disease Prevention program. We are in the process of hiring an additional staff member to assist with the program.

Encouraging participation at the senior centers, providing funding for the Title III Visiting service, and determining the participants who feel lonely then adding them to the telephoning service are some of the ways we could provide a vehicle for assisting those who feel it is “very important” to have someone to talk to when they feel lonely. Also, publishing hotline numbers at the centers and providing those numbers to home-bound service participants through the employees who provide

their services are the two other possibilities for providing the necessary senior support. The tables on the following pages provide the results of the Financial, Caregiver, and Disability sections of the Needs Assessment as well as other demographic information.



### Services and Assistance Section

Question	Not Important	% of Total Responses	Important	% of Total Responses	Very Important	% of Total Responses	Total Responses
Having access to the Internet?	133	27%	132	26%	234	47%	499
Knowing what services are available for seniors and how to access the services?	73	15%	112	22%	314	63%	499
Information or help applying for health insurance or prescription coverage?	148	30%	147	29%	204	41%	499
Transportation to Senior Center, store, doctor's office, pharmacy, or other location?	145	29%	118	24%	236	47%	499
Having a meal with a friend or others my age?	103	21%	166	33%	230	46%	499
Learning computer basics, how to use the Internet or other skills?	211	42%	138	28%	150	30%	499
Participating in fun group activities (e.g. day trips, exercising, dancing, walking, crafts, music, Bingo, etc.) with others my age?	145	29%	120	24%	234	47%	499
Having someone to talk to when I feel lonely?	107	21%	151	30%	241	48%	499
Having someone deliver a meal to my home everyday?	142	28%	127	25%	230	46%	499
Information on healthy eating to maintain physical health and overall well-being?	115	23%	171	34%	213	43%	499
Help keeping my home clean?	143	29%	161	32%	195	39%	499
Help with personal care (bathing, dressing, eating meals, taking medicine, etc.)?	246	49%	119	24%	134	27%	499
Information, service and support for mental health issues (Alzheimer's, Dementia, Depression and other Disorders of the brain)?	177	35%	154	31%	168	34%	499
Keeping warm or cool as weather changes?	107	21%	95	19%	297	60%	499
Preventing falls and other accidents?	75	15%	125	25%	299	60%	499
Having a senior center that is close to my home?	102	20%	122	24%	275	55%	499
Respite Care Service (short-term relief service provided in your own home to give caregivers a break)?	208	42%	149	30%	142	28%	499
Access to Respite Care Facilities (Licensed Adult Residential Care Homes for assisted Independent living)?	215	43%	134	27%	150	30%	499

## Financial Needs and Assistance Section

Service You Experience Hardship Affording and Would Obtain Financial Assistance if Available	I Do Not Need	% Of Total Responses	Need to Obtain	% Of Total Responses		Total Responses
Dental Care and/or Dentures	171	34%	328	66%		499
Hearing Exam and/or Hearing Aids	206	41%	293	59%		499
Eye Exam/Glasses	178	36%	321	64%		499
Health Insurance	250	50%	249	50%		499
Healthy Food	244	49%	255	51%		499
Medicare	265	53%	234	47%		499
Prescriptions or Prescription Drug Coverage	221	44%	278	56%		499
Other Assistive Medical Devices	300	60%	199	40%		499

## CAREGIVERS-If you care for an Older Adult aged 60 or older-which statements apply to you?

Statement	Disagree	% Of Total Responses	Neutral	% Of Total Responses	Agree	% Of Total Responses	N/A	% Of Total Responses	Total Responses
I need help paying for services needed by the person I care for	28	6%	35	7%	67	13%	369	74%	499
I need help locating services for the person I care for	37	7%	40	8%	64	13%	358	72%	499
I would like training on caring for someone at home	57	11%	33	7%	47	9%	362	73%	499
I need a place for the person I care for to go during the day	55	11%	36	7%	76	15%	332	67%	499
I sometimes need temporary relief from my caregiver duties (respite)	48	10%	25	5%	60	12%	366	73%	499

**CAREGIVERS-Of the persons you care for, how many of those are:**

Condition	1 Person	% of Total Responses	2 People	% of Total Responses	More than 2 People	% of Total Responses	N/A: Not a Caregiver	% of Total Responses	Total Responses
Over 60 Years Old	87	17%	17	3%	1	0%	394	79%	499
Disabled	69	14%	15	3%	2	0%	413	83%	499
Both over 60 years old and disabled	57	11%	18	4%	2	0%	422	85%	499
Child/Children under 18	11	2%	1	0%	3	1%	484	97%	499

**Disability Status**

Question	Yes	% Of Total Responses	No	% Of Total Responses	I do not wish to answer	% Of Total Responses	Total Responses
Do you have a long-lasting or chronic condition (such as physical, visual, auditory, cognitive, emotional or other) that requires ongoing accommodations for you to conduct daily life activities (such as your ability to see, hear or speak; to learn, remember or concentrate)?	154	31%	264	53%	81	16%	499

Describe your <u>Disability</u> whether you typically request for/or use accommodations.	Number	% of Total Responses
A sensory impairment	48	9.58%
A long-term medical illness (e.g., epilepsy, cystic fibrosis)	55	10.98%
A long-term mental health condition (e.g. depression, anxiety)	32	6.39%
A mobility impairment	90	17.96%
An intellectual/developmental disability (e.g., ADHD, Autism, Cerebral Palsy, PKU)	7	1.40%
A temporary impairment resulting from illness or injury (e.g., broken ankle, surgery)	1	0.20%
A disability or impairment not listed above	14	2.79%
I do not wish to answer	95	18.96%
I do not have a disability	159	31.74%
<b>Total</b>	<b>501</b>	<b>100.00%</b>

Race and Ethnicity	Number	% of Total Responses
American Indian or Alaska Native	8	1.60%
Asian or Asian American	3	0.60%
Native Hawaiian or Pacific Islander	2	0.40%
White/Caucasian (non-Hispanic)	265	53.11%
Black/African American	167	33.47%
Hispanic, Latino or Spanish Origin	5	1.00%
Not Listed Here	9	1.80%
I do not wish to answer.	40	8.02%
<b>Total Responses</b>	<b>499</b>	<b>100.00%</b>

Highest grade or college level completed?	Number	% Of Total Responses
Grade School	43	8.62%
High School	327	65.53%
College - Associates	47	9.42%
College - Bachelor	29	5.81%
College - Masters	20	4.01%
College - PHD	2	0.40%
Other	31	6.21%
<b>Total Responses</b>	<b>499</b>	<b>100.00%</b>

In general, how do you rate your health?	Number	% Of Total Responses
Excellent	23	4.61%
Good	198	39.68%
Fair	199	39.88%
Poor	68	13.63%
Don't Know	11	2.20%
<b>Total Responses</b>	<b>499</b>	<b>100.00%</b>

Language you speak at home. Select all that Apply	Number	% of Total Responses
English	494	99.00%
French	1	0.20%
Spanish	2	0.40%
Vietnamese	0	0.00%
Other	2	0.40%
<b>Total Responses</b>	<b>499</b>	<b>100.00%</b>

How many people live in your household?	Number	% of Total Responses
One	297	59.52%
Two	170	34.07%
Three	20	4.01%
Four	6	1.20%
Five	2	0.40%
Six	3	0.60%
Seven	1	0.20%
<b>Total Responses</b>	<b>499</b>	<b>100.00%</b>

## Section 7: Targeting

### I. Targeting Priorities

CENLA's PSA adheres to the targeting priorities set forth by the Older Americans Act and the State of Louisiana Governor's Office of Elderly Affairs. Reauthorizations of the Older Americans Act have expanded targeting requirements over the years to coincide with the social and economic changes across the country.

The goal is to "address unmet needs of identified target groups of older individuals deemed to be in 'greatest need' of support to perform normal daily activities or live independently". Greatest need includes both "greatest social need and greatest economic need".

According to the Act, targeting those in the 60+ population experiencing social, cultural and/or geographic isolation would reach those older individuals experiencing *greatest social need*.

Identifying and serving those individuals experiencing communication barriers, race and/or ethnic status issues, and exclusion due to minority religious affiliation, sexual orientation and/or gender identity will provide an avenue for serving those 60+ individuals experiencing greatest social need.

Identifying and serving those individuals experiencing economic isolation due to income level and lack of education, employment, community safety, and social supports (i.e. institutionalized persons or individuals at risk for institutionalization) will assist serving those 60+ individuals experiencing greatest economic need.

Lastly, identifying those individuals for which English is not their first language will assist in serving those 60+ individuals with greatest social and greatest economic need.

The groups identified in the 2020 OAA reauthorization the AAA must include in its targeting efforts because they have been deemed groups/subgroups in "greatest need" are: Black, Latino, Indigenous/Native American, Asian Americans, Pacific Islanders, Other Persons of Color, Members of religious minorities, Persons with disabilities, Persons who live in rural areas, Persons of the LGBTQ+community, Persons with limited English proficiency, Persons caring for another person, Institutionalized persons, Persons at risk for institutionalization, Persons living with HIV/AIDS, and Individuals with income at/below the poverty line.

## II. Description of Priority Groups

The Louisiana State Plan on Aging prioritizes service to the neediest, defined as “economically challenged, low-income, and isolated with little or no other support system”. CENLA AAA used the 2020 Census information to determine the number of “Below Poverty Level” older adults living in the PSA by parish. The information will be used to determine the focused areas for services to the “economically and socially challenged, low income” age 60 and older individuals. Focus areas for services to those “isolated with little or no other support system” will be determined with the aid of information with regard to those older adults living alone and those in the more rural PSA parishes.

According to the 2020 Census—the overall percentage of black/African American persons in the PSA is 31.4%. The greatest concentration of black persons is in East Carroll (68.4%), Madison (62.9%), and Tensas (53.7%) parishes. Concordia Parish has 40.2%. Parishes with percentages ranging from 30% to 39% are Avoyelles, Catahoula, Franklin, Rapides, Richland, and Winn. Those with percentages ranging from 20% to 29% are Allen, Jackson, and Union; 15.8 % of Grant Parish’s population is black and 12.3% of LaSalle’s population is black.

The overall percentage of Latino persons in the PSA is 2.83%. Less than 3% of the total population in all parishes except Grant (5.5%), Union (5.3%), Rapides (3.6%) and LaSalle (3.1%) identifies as Latino. Those parishes with at least 1% Indigenous/Native Americans are Allen (2.6%), LaSalle (1.3%), Avoyelles (1.3%), Grant (1.3%) and Rapides (1.0%).

Less than 1% of the total population of the PSA identify as Asian Americans, Pacific Islanders, or other persons of color.

Nearly 22% of the total PSA population lives in poverty. East Carroll (37.6%), Madison (33.6%), and Tensas (30.8%) rank highest in poverty percentage overall. Grant (18.2), LaSalle (17.3%) and Rapides (18.7%) rank lowest with the other parishes ranking somewhere in between.

Needs of the targeted populations expressed by those completing the Statewide Needs Assessment were knowledge of what services are available and how to access them, keeping warm or cool as the weather changes, preventing falls and other accidents, having a senior center close to home, and having someone to talk to when lonely. For the more vulnerable home-delivered meals, transportation, and keeping their home clean were among the most requested services.

The Louisiana Independent Living Assessment (LILA) ranking system will be used by all contractors to determine the neediest of those requiring services in the parish they serve. If there

are not enough resources to serve all in need of a particular service, those with the lowest score will be placed on a waiting list until additional resources become available or someone receiving the service no longer needs and/or qualifies for the particular service. Assessments are updated at least once a year. It is noted some of the information requested in this plan's years made require the need for an update on the intake form.

### III. Area Plan: Then and Now

According to the information in Section 9 of the previous plan the needs expressed have not changed noticeably.

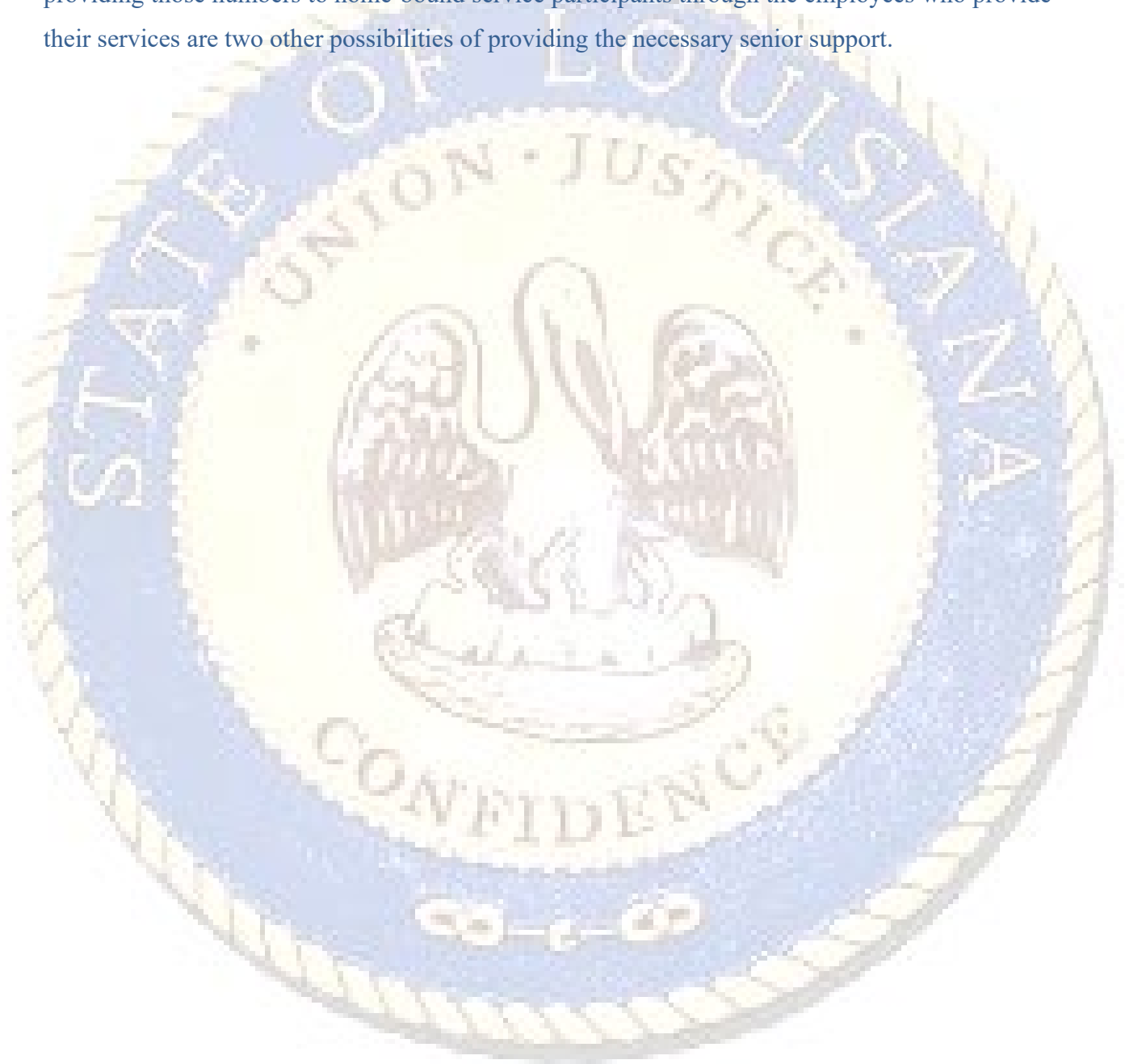
Based on the information in the Services and Assistance section of the survey results, CENLA will continue the push to inform the seniors, their families and caregivers what services the parish councils on aging, ADRC, Foster Grandparent and Ombudsman programs offer in each PSA parish.

Keeping seniors warm or cool as the weather changes is addressed by many councils with the assistance of local utility company and community support. Each season drives are held for fans, blankets, heaters and weatherization efforts to help combat the ever-changing weather conditions in our state. ARP and local funding have been used to add Utility Assistance as an additional service to the Title III services in some parishes.

Adding the locations of local senior centers to our advertising and promotion efforts at health fairs and other events should encourage an increase in senior center attendance. Working with the local utility and/or other community organizations to publish the locations is another idea to "spread the word". The additional senior center dollars allotted to all councils on aging offices may allow other senior centers to be opened once the need is established. Working with local officials and other organizations may provide a vehicle for establishing a part-time neighborhood center then advancing to full-time once established.

Preventing falls and other accidents will be addressed by recruiting volunteers at each council on aging to continue the Matter of Balance exercises and supply educational materials to reinforce class information. The ARP dollars have been utilized to hire and train a part-time assistant for the Title III D Health Promotion and Disease Prevention program. We are in the process of hiring an additional staff member to assist with the program.

Encouraging participation at the senior centers, providing funding for the Title III Visiting service, and determining the participants who feel lonely then adding them to the telephoning service are some of the ways we could provide a vehicle for assisting those who feel it is important to have someone to talk to when they feel lonely. Also, publishing hotline numbers at the centers and providing those numbers to home-bound service participants through the employees who provide their services are two other possibilities of providing the necessary senior support.



# Section 8: Community Meetings (See Section 9)

## CENLA Area Agency on Aging

### Needs Assessment Community Meeting Record Area Plan Cycle 2024 – 2027

Date of Meeting \_\_\_\_\_ Location of Meeting \_\_\_\_\_

1. Describe the format of the meeting. Attach a copy of the meeting agenda.

2. Briefly summarize comments of those in attendance at the meeting. Attach additional pages as needed.

3. Indicate revisions made due to comments, if applicable.

.....  
Insert/Attach a copy of the attendance list indicating attendee's name and whether the individual is a/an:

- affiliate of an organization or group representing minority elderly persons;
- rural elderly person;
- caregiver;
- Grandparent raising grandchild

\*\*\* Note: A separate Community Meeting Form is required for **each** meeting held. \*\*\*

# Section 8 & 9: COMMUNITY MEETINGS & PUBLIC HEARINGS (combined)

## RESULTS OF COMMUNITY MEETINGS & PUBLIC HEARING

### CENLA AREA AGENCY ON AGING

1. Complete the following record for all Public Hearings conducted.

LOCATION	DATE	# 60 +	# SERVICE PROVIDER	# ELECTED OFFICIAL	# PUBLIC OFFICIAL	# OTHERS	TOTAL # ATTEND
Allen COA/Sr. Center 314 S. 6 <sup>th</sup> Street, Oberlin, LA	2/27/23	3	1	0	0	1	5
Avoyelles COA, Moreauville Sr. Ctr., 343 Tassin Street, Moreauville, LA	2/23/23	28	2	3	0	0	33
Concordia COA/Sr. Center 111 Texas Ave, Ferriday, LA	3/16/23	17	1	1	0	0	19
East Carroll COA/Sr. Center 600 First Street, Lake Providence, LA	2/28/23	9	0	0	0	0	9
Grant COA/Sr. Center 706 Maple Street, Colfax, LA	3/13/23	5	0	0	0	0	5
Jackson COA/Sr. Center 120 Polk Avenue, Jonesboro, LA	3/15/23	47	0	0	0	0	47
LaSalle COA/Sr. Center 530 E. Bradford, Jena, LA	3/9/23	9	5	0	0	2	16
LaSalle COA/Sr. Center 530 E. Bradford, Jena, LA	1/18/23	9	2	6	0	1	9
Madison COA/Sr. Center 203 S. Elm Street, Tallulah, LA	3/9/23	31	3	2	2	3	41
Rapides Sr. Centers, Ball Center 110 Municipal Lane, Ball, LA	2/27/23	20	2	1	0	10	20
Winn COA/Sr. Center 211 Main Street, Winnfield, LA	2/24/23	11	5	0	0	0	16
Richland COA/Sr. Center 414 Harrison Str., Rayville, LA	3/20/23	20	0	0	0	0	20
Catahoula COA/Sr. Center 901 1 <sup>st</sup> Street, Jonesville, LA	3/20/23	13	2	5	0	0	15

LOCATION	DATE	# 60 +	# SERVICE PROVIDER	# ELECTED OFFICIAL	# PUBLIC OFFICIAL	# OTHERS	TOTAL # ATTEND
Tensas COA/Senior Center 111 N. Main Street, Newellton, LA 71357	3/21/23	8	2			6	8

Each of the Community Meeting/Public Hearing was advertised on the Cenla Area Agency on Aging Website ([www.cenlaaging.org](http://www.cenlaaging.org)) at least 7 days prior to the meeting. The notice included the date, time, and location of the event. Flyers unique to each meeting were created and posted at the meeting locations and the Parish Council on Aging and/or Senior Center's main office. The meeting notices were also posted on Cenla Area Agency on Aging's Facebook page.

Attendees at each meeting received the handout included below. After the moderator reviewed the plan, process, and survey results, each attendee was given the opportunity to comment on other needed services in the parish. Additional comments by parish followed by a summary table with the results of the "Picking Services for Seniors" form and is included below.

Note: Some of the attendees did not indicate the top 3 needed services and classify those services using the 1, 2, 3 with 1 being the most needed. Instead, some just used a check mark indicating their choices. Others put a check mark by nearly all the services and others checked all the services. Some indicated just 4 services. The table displays results of the number of participants choosing a particular service and rating it 1, 2, 3, or 4 and those just checking (column X) the service with no rating. Those forms with all or nearly all services checked are not included in the result table.

Additional Comments by Parish:

Allen: None

Avoyelles: Need help installing smoke and carbon monoxide detectors in seniors' homes. Need assistance or a van to get seniors to the doctor, use appt. method. Call in to headquarters, whether Moreauville or Marksville

Catahoula: Most of food is terrible. Better food. TRIO hot meals need to be upgraded. Other need services not ranked—personal care, home repairs, and medical alert. Coordinate meals appropriately. If you serve gravy, serve rice or potatoes. Regular routine of safe exercise for seniors who attend the centers. Increase regular state funding for our seniors. Learning computer basics, how to use the Internet. Congregate meals are not very good.

Concordia: None

East Carroll: None

Franklin: None

Grant: None

Jackson: Transportation outside of Jonesboro to doctor. We all have different needs according to conditions. Seniors need most all of these services. We need to expand our site in order to take care of our growing numbers. Help with home repair would be a great help. Chatham—consideration should be given to expanding the size of the senior center in Chatham—limited participation by order of the fire marshal. HDM is maxed and additional help is needed. A lot of our seniors have mental issues—it might be helpful to have a counselor on hand. Chatham needs to be expanded need more room and services. Something other than milk for lactose intolerant.

LaSalle: Thank you for all the services you are providing and will continue to give us. We need something to do after we eat. We're bored and need games or cards, something to have fun and entertain. At the meeting on January 18<sup>th</sup> the Board discussed the possibility of adding transportation outside the parish for doctor appointments. It was noted that doctors are now coming to the patients at rural clients and the medical center to supply that need.

Madison: Need more recreational activities. Please keep everything just like now. The Madison COA does so much for the seniors in our community. The services provided by our Madison Parish people/staff is excellent. They continue to put our seniors first. It is a blessing to have Mr. Rome and his staff.

Rapides: Food related issues. Food boxes are delivered to Hineston. We would like it in Sieper. Recent widow, many changes, get overwhelmed. Safety is most important to me in my home. All of these are needed, of course, some more than others.

Richland: None

Tensas: Need increase in funds (first part of comment illegible).

Union: None

Winn: None

### **Handout:**

Each parish's individual section indicating the focal points, services at each location, and Parish Map were included in that parish meeting handout.

Community Meetings

Community Meeting/Public Hearing Handouts

General Information Handout



**WELCOME TO THE PUBLIC HEARING  
ON THE  
AREA PLAN FOR SERVICES TO THE ELDERLY**

**JULY 1, 2023- JUNE 30, 2027**

Welcome to the public hearing on the Area Plan for Aging Services. The Area Plan is prepared by Cenla Area Agency on Aging, Inc. (Cenla AAA) and it lists the services to be contracted in this parish for the next four years beginning July 1, 2023.

The specific services we propose to provide are listed in a separate handout. These particular services were selected based on current services being provided, calls to the Cenla AAA for help, calls our contractors have received, and a review of information and referral activities. A Senior Needs Assessment was distributed throughout the planning and service area. The results were tallied by parish and analyzed to aid in service selections. We also analyzed available U.S. Census data.

Services to be provided beginning next summer will be very similar to this year's programs. If additional funding becomes available, we will re-evaluate and consider adding a new service or expanding the parameters of the current offerings.

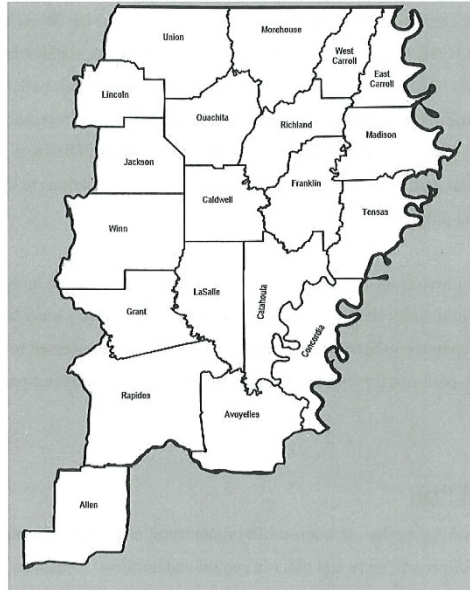
The agenda for today's meeting is below. Thank you for coming.

**AGENDA**

- I. Brief introductions of AAA staff**
- II. AAA Operational Plan & Focal Points**
- III. The planning process 2023- 2027**
- IV. Survey statistics & overview**
- V. Discussion of other needed services**

CENLA Area Agency on Aging's mission statement:

*To develop and oversee a network of community-based services for older adults and their caregivers to enable them to continue to live independently in their chosen communities for as long as possible.*



### AAA Structure

CENLA's staff totals fifteen dedicated individuals who work together as a team to serve the older adults in the PSA focusing on those most vulnerable—the frail, poor, isolated, and minority. We have three technical contractor/consultants. Two licensed dietitians, one for the central LA parishes and one for the northeast LA parishes, provide dietary and nutritional guidance and approval for quarterly menus submitted by the PSA's meal caterer. We recently contracted with a health professional consultant to work with the Department of Health, other

health professionals, and the participants to create strong relationships to further develop and strengthen aging individuals' knowledge and ability to cope with the current and future health issues facing our state and nation.

The **Board of Directors** consists of five (5) representatives from each of the three (3) districts in the planning and service area. District One (1) includes Allen, Avoyelles, Catahoula, Concordia, and East Carroll Parishes. District Two (2) includes Franklin, Grant, Jackson, LaSalle, and Madison Parishes. District Three (3) includes Rapides, Richland, Tensas, Union and Winn Parishes. The **Advisory Council** assures a link between both the Board of Directors and staff with persons who are potential participants in services, and makes recommendations to the board on all service aspects of the program.

*Team CENLA* is a well-oiled, cross-trained group of individuals who claim the mission to help ALL eligible clients. Community acceptance of the reliability of the Team's knowledge of services has increased contacts, assistance, and referrals. All clients are assessed for eligibility for all services CENLA performs directly and those performed by our contractor parish councils on aging.

#### AAA Operational Plan

CENLA Area Agency on Aging, Inc. is a non-profit organization responsible for planning and coordinating services for persons sixty and older in central and northeast Louisiana. Fifteen parishes are covered by this plan: Allen, Avoyelles, Catahoula, Concordia, East Carroll, Franklin, Jackson, Grant, LaSalle, Madison, Rapides, Richland, Tensas, Union, and Winn. CENLA AAA is mandated by the Louisiana Governor's Office of Elderly Affairs to develop a local area plan every four years. By definition it must address the goals set forth in the Older Americans Act which are basically to provide a comprehensive and coordinated service system to serve persons sixty years and older. The plan should also help to identify new or emerging needs in the senior community.

## Focal Points

In cooperation with agencies, organizations, and individuals participating in activities under this plan, the CENLA Area Agency on Aging will serve as the advocate and focal point for older individuals within the community by monitoring, evaluating, and commenting upon all policies, programs, hearings, levies, and community actions which will affect older individuals.

For purposes of assuring access to information and services, the area agency shall work with community agencies and officials in the PSA to ensure that focal points are available in each community within the PSA.

## Planning Process-Establishing Priorities

The methods used to determine service needs of the older adults and adults with disabilities residing in the planning and service area were the results of the distributed LA Senior Needs Assessment Form and the Community Agency Needs Assessment Form, comments and results of the Service Ranking Questionnaires from the parish Public Hearings, comments at provider board meetings, health fairs, and community events, and needs expressed by clients visiting and/or contacting the AAA Aging and Disability Resource Center. The process was started in September and continued until the latter part of October. About 18% of the distributed assessments were returned and tallied. The surveys were printed and distributed to home-bound clients and their caregivers by the council on aging staff in all 15 parishes when delivering meals, providing homemaker, transportation, and respite services. Outreach efforts included, but were not limited to, members of the LGBTQIA+ communities and adults living with HIV/AIDS as vulnerable populations, and all races and ethnicities of aging adults and their caregivers.

The total number of surveys completed for CENLA's PSA was 499.

Reporting parishes and the number of surveys tabulated in CENLA's PSA are Avoyelles—56, Catahoula—34, Concordia—30, Franklin—2, Grant—62, Jackson—90, LaSalle—2, Rapides—114, Union—49 and Winn 60. Those parishes without survey results are Allen, East Carroll, Madison, Richland, and Tensas.

Under 59	18	3.61%
60-64	40	8.02%
65-69	82	16.43%
70-74	101	20.24%
75-79	92	18.44%
80-84	77	15.43%
85+	89	17.84%
<b>Total Responses</b>	<b>499</b>	<b>100.00%</b>

The *Gender* section revealed more than twice as many women completed the survey as men—330 women (66.13%)—148 men (29.66%)—21 preferred not to answer (4.21%). Nearly 41% or 204 respondents reported Widowed as their *Relationship Status*—Married 28.7% or 143, Single 16.2% or 81, Divorced 9.6% or 48, Separated 2.2% or 11, Partnered .40% or 2, and not wishing to answer 2.0% or 10 respondents.

The four needs with the highest percentage of “not important” responses are: 1) help with personal care (bathing, dressing, eating meals, taking medicine, etc.) (49%), 2) access to respite care facilities (licensed adult Residential Care Homes for assisted independent living) (43%), 3) respite care service (short-term relief service provided in your own home to give caregivers a break) (42%), and 4) learning computer basics, how to use the Internet or other skills (42%).

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The tables on the following pages provide the results of the Financial, Caregiver, and Disability. Sections of the Needs Assessment, as well as other Demographic information.

**Services and Assistance Section**

Question	Not Important	% of Total Responses	Important	% of Total Responses	Very Important	% of Total Responses	Total Responses
Having access to the Internet?	133	27%	132	26%	234	47%	499
Knowing what services are available for seniors and how to access the services?	73	15%	112	22%	314	63%	499
Information or help applying for health insurance or prescription coverage?	148	30%	147	29%	204	41%	499
Transportation to Senior Center, store, doctor's office, pharmacy, or other location?	145	29%	118	24%	236	47%	499
Having a meal with a friend or others my age?	103	21%	166	33%	230	46%	499
Learning computer basics, how to use the Internet or other skills?	211	42%	138	28%	150	30%	499
Participating in fun group activities (e.g. day trips, exercising, dancing, walking, crafts, music, Bingo, etc.) with others my age?	145	29%	120	24%	234	47%	499
Having someone to talk to when I feel lonely?	107	21%	151	30%	241	48%	499
Having someone deliver a meal to my home everyday?	142	28%	127	25%	230	46%	499
Information on healthy eating to maintain physical health and overall well-being?	115	23%	171	34%	213	43%	499
Help keeping my home clean?	143	29%	161	32%	195	39%	499
Help with personal care (bathing, dressing, eating meals, taking medicine, etc.)?	246	49%	119	24%	134	27%	499
Information, service and support for mental health issues (Alzheimer's, Dementia, Depression and other Disorders of the brain)?	177	35%	154	31%	168	34%	499
Keeping warm or cool as weather changes?	107	21%	95	19%	297	60%	499
Preventing falls and other accidents?	75	15%	125	25%	299	60%	499
Having a senior center that is close to my home?	102	20%	122	24%	275	55%	499
Respite Care Service (short-term relief service provided in your own home to give caregivers a break)?	208	42%	149	30%	142	28%	499
Access to Respite Care Facilities (Licensed Adult Residential Care Homes for assisted Independent living)?	215	43%	134	27%	150	30%	499

**Financial Needs and Assistance Section**

Service You Experience Hardship Affording and Would Obtain Financial Assistance if Available	I Do Not Need	% Of Total Responses	Need to Obtain	% Of Total Responses	Total Responses
Dental Care and/or Dentures	171	34%	328	66%	499
Hearing Exam and/or Hearing Aids	206	41%	293	59%	499
Eye Exam/Glasses	178	36%	321	64%	499
Health Insurance	250	50%	249	50%	499
Healthy Food	244	49%	255	51%	499
Medicare	265	53%	234	47%	499
Prescriptions or Prescription Drug Coverage	221	44%	278	56%	499
Other Assistive Medical Devices	300	60%	199	40%	499

**CAREGIVERS-If you care for an Older Adult aged 60 or older-which statements apply to you?**

Statement	Disagree	% Of Total Responses	Neutral	% Of Total Responses	Agree	% Of Total Responses	N/A	% Of Total Responses	Total Responses
I need help paying for services needed by the person I care for	28	6%	35	7%	67	13%	369	74%	499
I need help locating services for the person I care for	37	7%	40	8%	64	13%	358	72%	499
I would like training on caring for someone at home	57	11%	33	7%	47	9%	362	73%	499
I need a place for the person I care for to go during the day	55	11%	36	7%	76	15%	332	67%	499
I sometimes need temporary relief from my caregiver duties (respite)	48	10%	25	5%	60	12%	366	73%	499

**CAREGIVERS-Of the persons you care for, how many of those are:**

Condition	1 Person	% of Total Responses	2 People	% of Total Responses	More than 2 People	% of Total Responses	N/A: Not a Caregiver	% of Total Responses	Total Responses
Over 60 Years Old	87	17%	17	3%	1	0%	394	79%	499
Disabled	69	14%	15	3%	2	0%	413	83%	499
Both over 60 years old and disabled	57	11%	18	4%	2	0%	422	85%	499
Child/Children under 18	11	2%	1	0%	3	1%	484	97%	499

**Disability Status**

Question	Yes	% Of Total Responses	No	% Of Total Responses	I do not wish to answer	% Of Total Responses	Total Responses
Do you have a long-lasting or chronic condition (such as physical, visual, auditory, cognitive, emotional or other) that requires ongoing accommodations for you to conduct daily life activities (such as your ability to see, hear or speak; to learn, remember or concentrate)?	154	31%	264	53%	81	16%	499

Describe your Disability whether you typically request for/or use accommodations.	Number	% of Total Responses
A sensory impairment	48	9.58%
A long-term medical illness (e.g., epilepsy, cystic fibrosis)	55	10.98%
A long-term mental health condition (e.g. depression, anxiety)	32	6.39%
A mobility impairment	90	17.96%
An intellectual/developmental disability (e.g., ADHD, Autism, Cerebral Palsy, PKU)	7	1.40%
A temporary impairment resulting from illness or injury (e.g., broken ankle, surgery)	1	0.20%
A disability or impairment not listed above	14	2.79%
I do not wish to answer	95	18.96%
I do not have a disability	159	31.74%
<b>Total</b>	<b>501</b>	<b>100.00%</b>

Race and Ethnicity	Number	% of Total Responses
American Indian or Alaska Native	8	1.60%
Asian or Asian American	3	0.60%
Native Hawaiian or Pacific Islander	2	0.40%
White/Caucasian (non-Hispanic)	265	53.11%
Black/African American	167	33.47%
Hispanic, Latino or Spanish Origin	5	1.00%
Not Listed Here	9	1.80%
I do not wish to answer.	40	8.02%
<b>Total Responses</b>	<b>499</b>	<b>100.00%</b>

Highest grade or college level completed?	Number	% Of Total Responses
Grade School	43	8.62%
High School	327	65.53%
College - Associates	47	9.42%
College - Bachelor	29	5.81%
College - Masters	20	4.01%
College - PHD	2	0.40%
Other	31	6.21%
<b>Total Responses</b>	<b>499</b>	<b>100.00%</b>

In general, how do you rate your health?	Number	% Of Total Responses
Excellent	23	4.61%
Good	198	39.68%
Fair	199	39.88%
Poor	68	13.63%
Don't Know	11	2.20%
<b>Total Responses</b>	<b>499</b>	<b>100.00%</b>

Language you speak at home. Select all that Apply	Number	% of Total Responses
English	494	99.00%
French	1	0.20%
Spanish	2	0.40%
Vietnamese	0	0.00%
Other	2	0.40%
<b>Total Responses</b>	<b>499</b>	<b>100.00%</b>

How many people live in your household?	Number	% of Total Responses
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<b>Total Responses</b>	<b>499</b>	<b>100.00%</b>

Sections 8 & 9 (cont'd)

Community Meetings/Public Hearings Preferred Services  
Results by Parish (ranked 1, 2, 3)

Allen Parish—Chore, Home-delivered Meals, Homemaker

Avoyelles Parish—Home-delivered Meals, Medical Alert, Recreation

Concordia Parish—Home Repairs/Modification, Homemaker, Utility Assistance

East Carroll Parish—Utility Assistance, Crime Prevention Services, Transportation

Grant Parish—Assisted Transportation, Medical Alert, Sitter

Jackson Parish—Home-delivered Meals, Medical Alert, Recreation

LaSalle Parish—Congregate Meals, Home-delivered Meals, Utility Assistance

Madison Parish—Adult Day Care, Assisted Transportation, Home-delivered Meals

Rapides Parish—Medical Alert, Recreation, In-home Respite

Winn Parish—Congregate Meals, Home-delivered Meals, Assisted Transportation

Catahoula Parish—Congregate Meals, Transportation, and Placement Services

Franklin Parish—Hm. Repairs/Modifications, Homemaker, Assisted Transportation

Richland Parish—Home-delivered Meals, Telephoning, Hm. Repairs/Modifications

Tensas Parish—Asst. Transportation, Chore, Transportation

Union Parish— Home-delivered Meals, Recreation, Hm. Repairs/Modifications

## Section 10: Identification of Priorities

The prevalent service needs of older adults and adults with disabilities in the PSA (see page 33), in addition to “knowing what services are available and how to get them” are: a) keeping warm or cool as the weather changes, b) preventing falls and other accidents, c) having a senior center that is close to my home, d) having someone to talk to when I feel lonely, and e) having access to the internet, transportation, having a meal with friends, and participating in fun group activities were rated equally. The results can be associated with the following Title III services—Information and Assistance, Congregate Meals, Health Promotion and Disease Prevention, Transportation, Utility Assistance, and Senior Center activities. ADRC and SenioRx service needs were evident by higher responses to “need to obtain” as opposed to those responding “I do not need” in the Financial Needs and Assistance section of the *Needs Assessment* (see page 36).

Given the results of contractor/provider assessments in the past two years, CENLA AAA plans to make staff training at the AAA and at provider councils a priority. The recent addition of 8 parishes to CENLA’s PSA followed by the COVID Pandemic have increased the need for a regular and formal training program for the AAA and its PSA COAs.

Long term care counseling and the Ombudsman Program may suffer during the first year of the plan due to staff turnover in the Alexandria region. The Monroe region has relocated to a larger and more convenient location in Monroe. Priorities within the program for both regions will be adapting to working with nursing home administrators and the Department of Health to provide the best possible advocacy for the residents. Training the new staff and recruiting volunteers to assist will be time consuming. The staff will make every effort to put seniors first as we prepare to meet these new challenges.

Another priority is promoting healthy living. Enhanced nutrition education and expanding the Matter of Balance and Tai Chi evidence-based wellness activities in each parish will further strengthen the AAA’s efforts to support the state’s goal to provide awareness activities regarding wellness and disease management. CENLA has taken advantage of the ARP Title III-D funding by adding a new program, Bingo-cize, and hiring two new part-time staff members to assist with the program.

# Section 11: Area Plan Goals and Objectives

## Goal # 1:

Increase access to services by developing and expanding connections to information which clearly explains what is available and how to apply for the service especially to the targeted population.

## Rationale:

The top need deemed very important in the Services and Assistance section of the survey was “knowing what services are available for seniors and how to access the services”—63% of respondents rated very important. Our ADRC staff works diligently to assist older adults and their caregivers to discover what their needs are and how available services can make it easier for them to live in their own community for as long as possible.

		Projected Start & End Dates	Update Status
<b>Objective # 1:</b>	AAA staff will seek input from service providers, cooperative partners, state agencies, and all other interested parties to develop easily accessible formats for distribution and updating service information. <b>Completion date:</b> By January 31, 2024 an updated general communication will be developed.	7-1-23 – 6-30-27	<input type="checkbox"/> New <input checked="" type="checkbox"/> Continued from Previous Year
<b>Outcome:</b>	Our existing and new partners will receive and become informed about the services we are able to offer member of the targeted populations. The AAA’s role will be clearly defined in the distributed information.		
<b>Measurement:</b>	Number of existing and new partners receiving the updated information to better serve the targeted population. Note: We currently have 40 Memorandums of Understanding with various organizations in our 15 PSA parishes.		
<b>Projections</b>			
<b>FY 24:</b>	<b>20 new partners</b>		
<b>FY 25:</b>	<b>20 new partners</b>		
<b>FY 26:</b>	<b>20 new partners</b>		
<b>FY 27:</b>	<b>20 new partners</b>		

<p><b>Objective # 2:</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b>  <b>FY 25:</b>  <b>FY 26:</b>  <b>FY 27:</b></p>	<p>Continue working with local news media contacts in Central LA and work to strengthen the Northeast LA media relationship in order to publicly promote the AAA’s mission to provide and/or obtain services to allow them to remain at home in their communities for as long as possible.</p> <p>A strengthened relationship with those in a position to help the AAA grow and be in a more favorable position to help our targeted populations have a meaningful existence in their later years.</p> <p>Audiences reached by existing and additional media partnerships.</p> <p>7% increase in targeted audience  5% increase in targeted audience  Sustained  5% increase in targeted audience</p>	<p>7-1-23 – 6-30-27</p>	<p><input type="checkbox"/> New  <input checked="" type="checkbox"/> Continued from Previous Year</p>
<p><b>Objective # 3:</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b>  <b>FY 25:</b>  <b>FY 26:</b>  <b>FY 27:</b></p>	<p>Continue updating, advertising regularly, and promoting the AAA services on our Website, Facebook page, and local publications regularly.</p> <p>Our name and services will be known and recognized when the target audience needs aging services.</p> <p>Number of new clients seeking services.</p> <p>5% increase in new clients  5% increase in new clients  5% increase in new clients  5% increase in new clients</p>	<p>7-1-23 – 6-30-27</p>	<p><input type="checkbox"/> New  <input checked="" type="checkbox"/> Continued from Previous Year</p>

**Goal #2:**

Increase the access to utility assistance funding and material aid resources to accommodate the seniors need to “keep warm or cool as the weather changes”.

**Rationale:** Sixty percent of those completing the LA Senior Needs Assessment form ranked “keep warm or cool as the weather changes” as “very important”. This need is very important to older adults’ well-being and their ability to remain at home in their communities for as long as possible.

		<b>Projected Start &amp; End Dates</b>	<b>Update Status</b>
<b>Objective # 1:</b>	Establish methods to “fill the gap” left by utility assistance funding allocated to other organizations by the utility companies in our most rural parishes. (as funding permits)	7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<b>Outcome:</b>	Older adults health conditions are more stable because one of the financial needs is strengthened allowing for more funding for healthier nutrition and/or medication needs.		
<b>Measurement:</b>	Number of participants served by the new program funding.		
<b>Projections</b>			
<b>FY 24:</b>	2 new methods		
<b>FY 25:</b>	2 additional methods		
<b>FY 26:</b>	2 additional methods		
<b>FY 27:</b>	2 additional methods		
<b>Objective # 2:</b>	Enlist the assistance of community partners in each PSA parish to collect blankets, fans, and other items to help with weather related assistance.	7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<b>Outcome:</b>	Older adults health conditions are more stable because one of the financial needs is strengthened allowing for more funding for healthier nutrition and/or medication needs.		
<b>Measurement:</b>	Number of participants served by the new program funding.		
<b>Projections:</b>			
<b>FY 24:</b>	3 new partners		
<b>FY 25:</b>	3 new partners		
<b>FY 26:</b>	3 new partners		
<b>FY 27:</b>	3 new partners		
<b>Objective # 3 :</b>	Encourage our COA and Senior Center providers to collect door prizes for games and activities at their centers that satisfy the need for weather-related comfort for our targeted	7-1-23– 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from

<p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b>  <b>FY 25:</b>  <b>FY 26:</b>  <b>FY 27:</b></p>	<p>older adults.</p> <p>Senior center activities have a purpose in addition to socialization. Older adults health conditions are more stable because one of the financial needs is strengthened allowing for more funding for healthier nutrition and/or medication needs.</p> <p>Number of participants served by the new method of providing a weather-related need.</p> <p>25% Providers on board  25% Providers on board  25% Providers on board  25% Providers on board</p>		<p>Previous Year</p>
<p><b>Objective # :</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b>  <b>FY 25:</b>  <b>FY 26:</b>  <b>FY 27:</b></p>		<p>7-1-XX – 6-30-XX</p>	<p><input type="checkbox"/> New  <input type="checkbox"/> Continued from Previous Year</p>

**Goal #3:**

Increase access to older adult and COA/Senior Center staff training to “preventing falls and other accidents”.

**Rationale:**

Survey results of the LA Senior Needs Assessment and public hearings in each of the PSA’s 15 parishes rated wellness, recreation, and preventing falls and other accidents as very important. Providing access to these activities can support other needs such as “having someone to talk to when I feel lonely”, “participating in fun group activities”, “information on healthy eating”—all of which strengthen our mission to develop and oversee a network of community-based services to enable seniors to live independently in their communities for as long as possible.”

		<b>Projected Start &amp; End Dates</b>	<b>Update Status</b>
<p><b>Objective # 1:</b> Keep older adults interested in the “evidence-based” wellness activities approved by ACL and GOEA by researching and training AAA staff in new programs in addition to Matter of Balance and Tai – Chi.</p> <p><b>Outcome:</b> Participants at COAs, senior centers, and neighborhood organizations do not become uninterested in the activities by offering only 1 or 2 wellness programs.</p> <p><b>Measurement:</b> Number of requested for repeated classes at locations.</p> <p><b>Projections</b>  <b>FY 24:</b> 1 new class type  <b>FY 25:</b> 0  <b>FY 26:</b> 1 new class type  <b>FY 27:</b> 0</p>		7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<p><b>Objective # 2 :</b> Recruit and train volunteers to assist as instructors for the evidence-based training classes at the COA senior centers.</p> <p><b>Outcome:</b> Increased availability of ACL/GOEA approved Title III-D wellness programs at less cost to the federal and state funding.</p> <p><b>Measurement:</b> Number of volunteers recruited at centers.</p> <p><b>Projections:</b>  <b>FY 24:</b> 4 centers  <b>FY 25:</b> 4 centers  <b>FY 26:</b> 4 centers  <b>FY 27:</b> 4 centers</p>		7-1-XX – 6-30-XX	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<p><b>Objective # 3:</b> Promote the Title III-D wellness program at events attended by AAA ADRC Staff, PSA media advertisements, and staff visits to partner organizations.</p>		7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued

<p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b>  <b>FY 25:</b>  <b>FY 26:</b>  <b>FY 27:</b></p>	<p>Increased participation, healthier older adults and decreased medical expenses for older adults.</p> <p>Number of centers and other adult organizations requesting classes and older adult attendance at those classes.</p> <p>4 special promotions  4 special promotions  4 special promotions  4 special promotions</p>		<p>from Previous Year</p>
<p><b>Objective # :</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b>  <b>FY 25:</b>  <b>FY 26:</b>  <b>FY 27:</b></p>		<p>7-1-XX – 6-30-XX</p>	<p><input type="checkbox"/> New  <input type="checkbox"/> Continued from Previous Year</p>

**Goal # 4:**

Expand and enhance the meal (home-delivered and congregate) program in the entire PSA.

**Rationale:** Comments at over 50% of the PSA Public Hearings indicated meals were either the #1, #2, or #3 preferred service in the parish. The AAA must make every effort possible to provide this vital nutritional support to our seniors. In order to do that, it is necessary to have open and honest feedback and provider coordination with the meal caterer. Cenla AAA does not serve meals, nor do we interact on a regular basis with seniors enjoying the service. Communication is vital to best serve our targeted population.

		<b>Projected Start &amp; End Dates</b>	<b>Update Status</b>
<b>Objective # 1 :</b>	Enhance the quarterly nutrition/district meetings to include participant comments to improve meals and other services to PSA older adults.	7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<b>Outcome:</b>	Provider and meal caterer increased cooperation and service delivery. Improvement in meal menus within ACL/GOEA guidelines. Happier, healthier older adults.		
<b>Measurement:</b>	Number of positive vs. negative comments from contract providers on daily meal sheets. Increased participation at meetings.		
<b>Projections:</b>			
<b>FY 24:</b>	10% decrease in negative participant comments		
<b>FY 25:</b>	15% Continuing decrease in participant comments		
<b>FY 26:</b>	Continuing		
<b>FY 27:</b>	Continuing		
<b>Objective # 2 :</b>	Encourage participant input at the meal sites by having a confidential “How was your meal today?” questionnaire available at the sign-in sheet area or on the tables where participants have their meals.	7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<b>Outcome:</b>	Increased participant input for Objective 1 and contractor nutrition personnel and management.		
<b>Measurement:</b>	Number of completed questionnaires.		
<b>Projections:</b>			
<b>FY 24:</b>	Ongoing		
<b>FY 25:</b>	Ongoing		
<b>FY 26:</b>	Ongoing		
<b>FY 27:</b>	Ongoing		
<b>Objective # 3:</b>	Promote the Congregate and Home-delivered meal programs at events attended by AAA ADRC Staff, PSA media advertisements, and staff visits to partner	7-1-23 – 6-30-27	<input type="checkbox"/> New <input checked="" type="checkbox"/> Continued from

<p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b>  <b>FY 25:</b>  <b>FY 26:</b>  <b>FY 27:</b></p>	<p>organizations.</p> <p>Increased awareness and participation in the meal programs in each of the PSA parishes. Increased nutrition education for congregate and home-delivered participants. Additional socialization opportunities at the congregate sites. All of these activities help to accomplish our overall mission.</p> <p>Increases in meals served as funding permits.</p> <p>10% increase in meals served  10% increase in meals served  5% increase in meals served  5% increase in meals served</p>		<p>Previous Year</p>
<p><b>Objective # :</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b>  <b>FY 25:</b>  <b>FY 26:</b>  <b>FY 27:</b></p>		<p>7-1-XX – 6-30-XX</p>	<p><input type="checkbox"/> New  <input type="checkbox"/> Continued from Previous Year</p>

**Goal #5:** Investigate the possibilities of providing services never provided in our PSA, but ranked high at Public Hearings by those in attendance. Specifically—Medical Alert (a personal emergency device), Home Repairs/Modification (fixing homes for seniors), and Assisted Transportation (transportation with attendant).

**Rationale:** The services are approved by ACL and GOEA. Nine out of fifteen PSA parishes ranked either one or more of the services as preferred at the Public Hearings. It is prudent to investigate the possibilities and costs involved in offering these additional services in the PSA to enhance accomplishing our mission as the aging population continues to increase.

	<b>Projected Start &amp; End Dates</b>	<b>Update Status</b>
<p><b>Objective # 1 :</b> Determine the costs and options for offering Medical Alerts to qualifying seniors in all or some PSA parishes.</p> <p><b>Outcome:</b> Qualified/verified determination whether the service can be offered or is cost prohibitive.</p> <p><b>Measurement:</b> Cost of service in different scenarios.</p> <p><b>Projections:</b>  <b>FY 24:</b> 1  <b>FY 25:</b> 0  <b>FY 26:</b> 0  <b>FY 27:</b> 0</p>	7-1-23 – 6-30-24	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<p><b>Objective # 2:</b> Determine the costs and options for offering Home Repairs/ Modifications to qualifying seniors in all or some PSA parishes.</p> <p><b>Outcome:</b> Qualified/verified determination whether the service can be offered or is cost prohibitive.</p> <p><b>Measurement:</b> Cost of service in different scenarios.</p> <p><b>Projections:</b>  <b>FY 24:</b> 0  <b>FY 25:</b> 1  <b>FY 26:</b> 0  <b>FY 27:</b> 0</p>	7-1-24 – 6-30-25	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<p><b>Objective # 3 :</b> Determine the costs and options for offering Medical Alerts to qualifying seniors in all or some PSA parishes.</p>	7-1-25 – 6-30-26	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from

<p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b> 0  <b>FY 25:</b> 0  <b>FY 26:</b> 1  <b>FY 27:</b> 0</p>	<p>Qualified/verified determination whether the service can be offered or is cost prohibitive.</p> <p>Cost of service in different scenarios.</p>		<p>Previous Year</p>
<p><b>Objective # 4:</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b> 0  <b>FY 25:</b> 0  <b>FY 26:</b> 0  <b>FY 27:</b> At least 1</p>	<p>Review each of the 3 service costs in different scenarios and determine if the service can be offered.</p> <p>If cost is not prohibited plans will begin for pilot programs at selected locations.</p> <p>Number of the 3 services that can be offered for the next area plan period beginning 7-1-2028.</p>	<p>7-1-26 – 6-30-27</p>	<p><input checked="" type="checkbox"/> New  <input type="checkbox"/> Continued from Previous Year</p>

# Section 12: SUMMARY OF SERVICES UNDER THE AREA PLAN

CENLA AREA AGENCY ON AGING

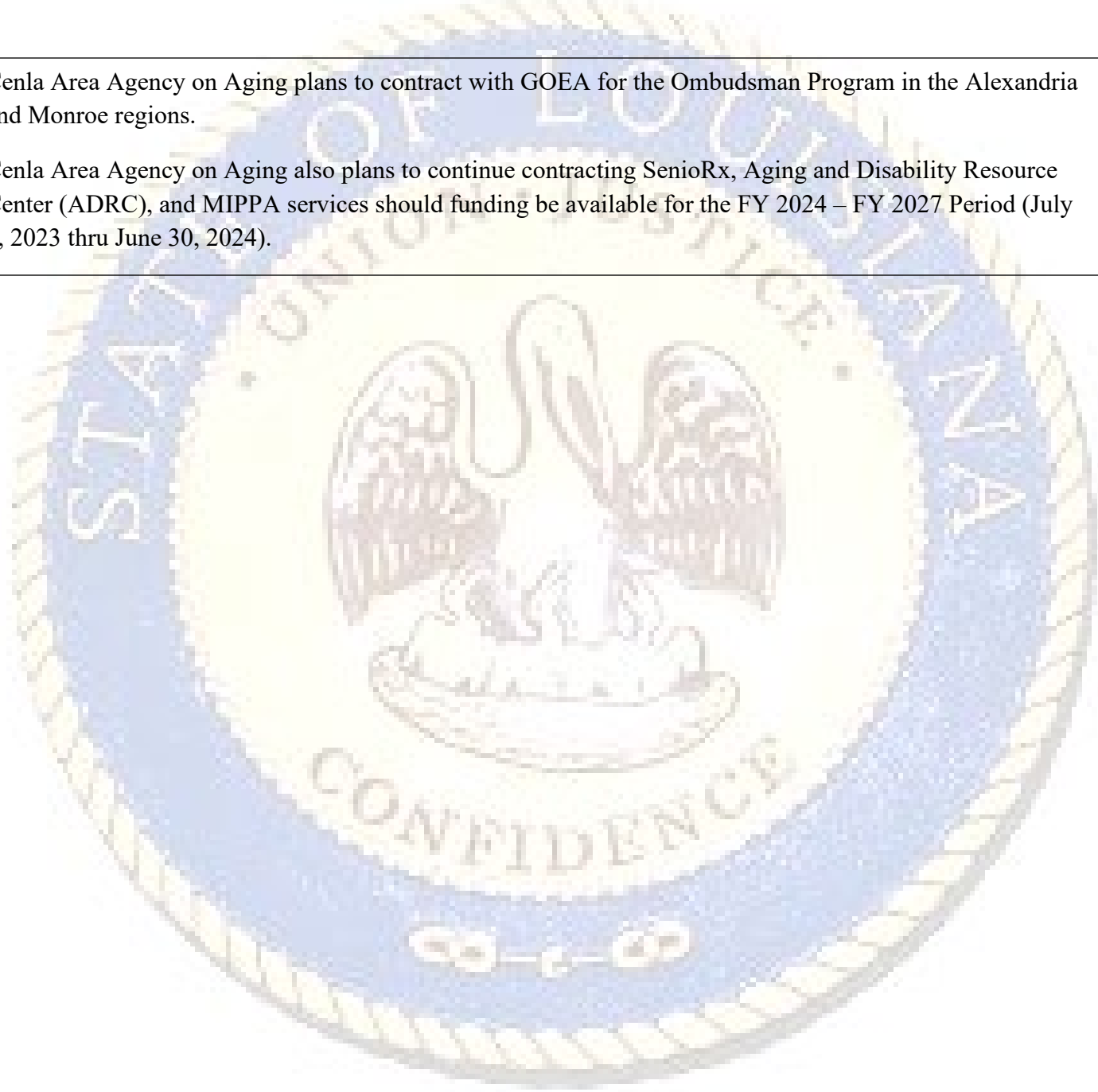
Mark all services to be administered under the Area Plan by funding source

SERVICES TO BE PROVIDED	III B	III C	III D	III E	SENIOR CENTER	LOCAL FUNDS	IN KIND	OTHER FUNDS
Adult Day Care/Health	<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assisted Transport(A)	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Case Management(A)	<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chore (IH)	<input checked="" type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Congregate Meals		<input checked="" type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Home Delivered Meals		<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Homemaker(IH)	<input checked="" type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Information & Assistance(A)	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Legal Assistance(L)	<input checked="" type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nutrition Counseling		<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nutrition Education		<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Outreach	<input checked="" type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Personal Care(IH)	<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Transportation(A)	<input checked="" type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Counseling	<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Crime Prevention Services	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Home Repair/Modification(IH)	<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Material Aid	<input type="checkbox"/>			<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Medical Alert	<input type="checkbox"/>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Public Education	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Companion Services(IH) (formerly Sitter Service)	<input type="checkbox"/>			<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Telephoning(IH)	<input checked="" type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Utility Assistance	<input checked="" type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Visiting(IH)	<input type="checkbox"/>				<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Wellness IIIB	<input type="checkbox"/>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Respite(R)				<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Health Promotion & Disease Prevention (HPDP)		<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Support Groups			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Cenla Area Agency on Aging plans to contract with GOEA for the Ombudsman Program in the Alexandria and Monroe regions.

Cenla Area Agency on Aging also plans to continue contracting SenioRx, Aging and Disability Resource Center (ADRC), and MIPPA services should funding be available for the FY 2024 – FY 2027 Period (July 1, 2023 thru June 30, 2024).



## Section 13: Disaster Preparedness

### I. Disaster Plan

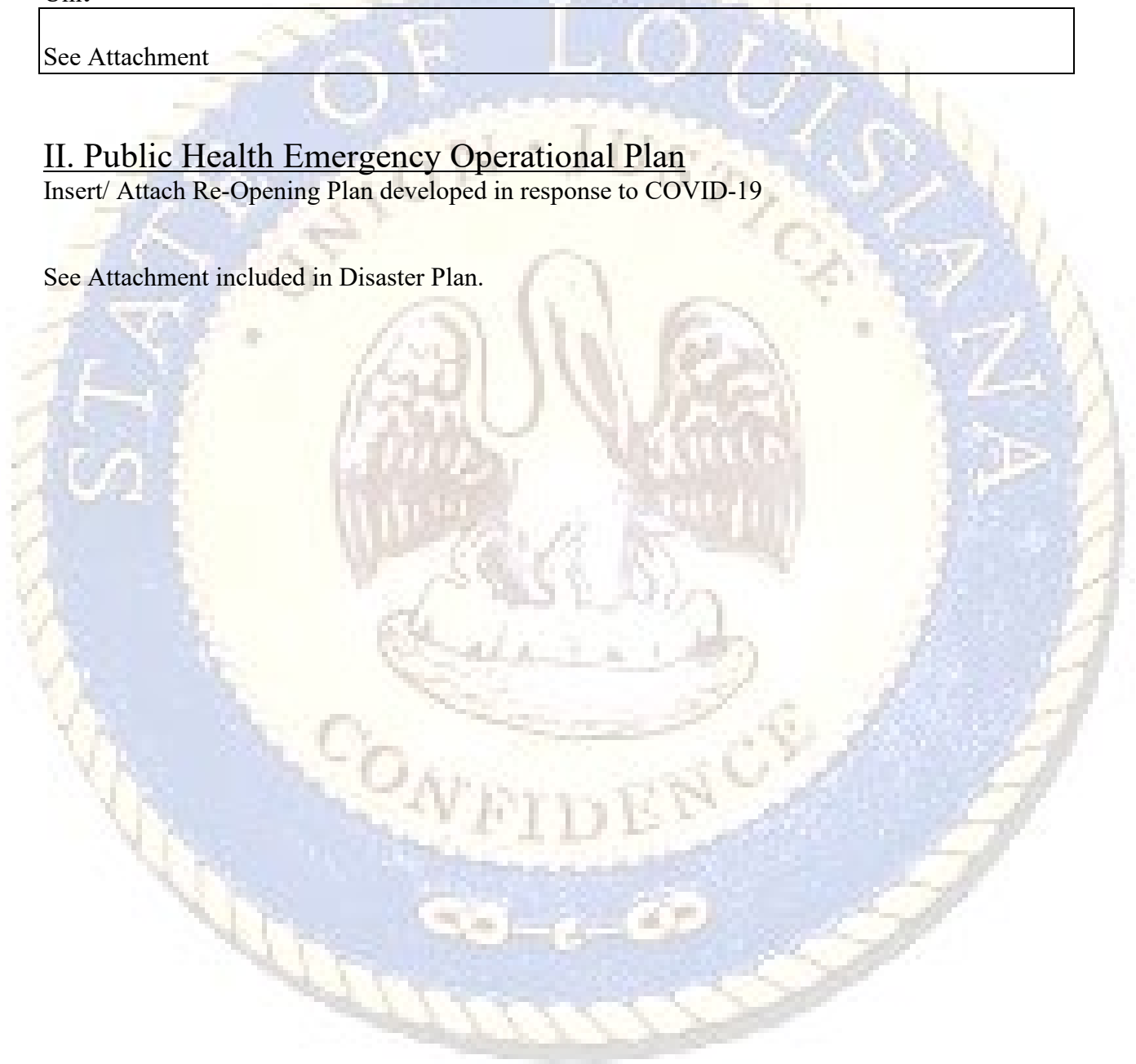
Inert/Attach Disaster Plan in format specified/approved by GOEA's Compliance & Planning Unit

See Attachment

### II. Public Health Emergency Operational Plan

Insert/ Attach Re-Opening Plan developed in response to COVID-19

See Attachment included in Disaster Plan.



## Section 14: Title III Request for Waiver of Priority Services (Optional)

Cenla Area Agency on Aging

Agencies may request a Waiver of Priority Services if it is demonstrated that such service(s) is/are being provided sufficiently to meet the needs in the PSA. Agencies requesting a Waiver must adhere to GOEA Policy [§1141](#).

1. Priority Service(s) for which Waiver is being requested: \_\_\_\_\_  
Title III – E Respite

2. Detailed rationale for Waiver Request.

All of Cenla AAA PSA parishes are 100% rural except for parts of Rapides Parish. The number of hours per client allotted for Respite is not sufficient to be a feasible length of time for the caregiver to accomplish needed personal business. Travel alone to doctor's appointments and grocery shopping can sometimes take in excess of an hour one-way.

3. Public Hearing record regarding Waiver Request. (See format in Section 8)

4. Assurance that supplemental service funds not utilized due to this request are allocated to the remaining priority services categories. Assured.

5. Waivers may be granted for a period of time up to/not to exceed 12 month; and must be requested annually.

# Section 15: Governing Board

## Board of Directors

Insert completed/approved GOEA Board Roster.

### CENLA Area Agency on Aging, Inc.

#### Board of Directors Roster 2022-2023

DATE REVISED/UPDATED: 11/2/2022 REASON:  ANNUAL MEETING

I CERTIFY THAT THIS IS AN OFFICIAL ROSTER OF THE BOARD OF DIRECTORS AND OFFICERS OF THE  
CENLA Area Agency on Aging, Inc. ELECTED IN ACCORDANCE WITH THE AGENCY'S BYLAWS.

Mickey Nicholson  
 Board Secretary (Name)

*Mickey Nicholson*  
 Signature

11/2/2022  
 Date

<p>NAME: <u>Alexander</u> <u>Roy</u>                      (Last) (First) (M.I.)</p> <p>ADDRESS: <u>311 Cedar Drive</u>                      CITY: <u>Winnfield</u>                      ZIP CODE: <u>71483</u></p> <p>PHONE #: <u>(318) 628-3643</u>                      AGE: 60+ (X) <input type="checkbox"/> Yes                      OCCUPATION: <u>Retired</u></p>	<p><b>FIRST TERM &amp; Subsequent TERMS:</b>                      From <u>10/2011</u> To <u>10/2022</u>                      (Month/Year) (Month/Year)</p> <p><b>Subsequent TERM:</b>                      From <u>10/2022</u> To <u>10/2025</u>                      (Month/Year) (Month/Year)</p> <p><b>IF OFFICER, OFFICE HELD:</b>                      _____                      From _____ To _____                      (Month/Year) (Month/Year)</p>
<p>NAME: <u>Breithaupt</u> <u>Rachel</u> <u>M.</u>                      (Last) (First) (M.I.)</p> <p>ADDRESS: <u>1477 Herbert Street</u>                      CITY: <u>Jena</u>                      ZIP CODE: <u>71342</u></p> <p>PHONE #: <u>(318) 229-6102</u>                      AGE: 60+ (X) <input type="checkbox"/> No                      OCCUPATION: <u>Teacher (retired)</u></p>	<p><b>FIRST TERM &amp; Subsequent TERMS:</b>                      From <u>10/2014</u> To <u>10/2020</u>                      (Month/Year) (Month/Year)</p> <p><b>Subsequent TERM:</b>                      From <u>10/2020</u> To <u>10/2023</u>                      (Month/Year) (Month/Year)</p> <p><b>IF OFFICER, OFFICE HELD:</b>  <u>Vice-President</u>                      _____                      From <u>10/2022</u> To <u>10/2023 (2<sup>nd</sup> Term)</u>                      (Month/Year) (Month/Year)</p>
<p>NAME: <u>Chauvin</u> <u>Larry</u>                      (Last) (First) (M.I.)</p> <p>ADDRESS: <u>941 MLK Avenue</u>                      CITY: <u>Vidalia</u>                      ZIP CODE: <u>71373</u></p> <p>PHONE #: <u>(601) 334-1212</u>                      AGE: 60+ (X) <input type="checkbox"/> Yes                      OCCUPATION: <u>Coordinator – City of Vidalia - Retired</u></p>	<p><b>FIRST TERM &amp; Subsequent TERMS:</b>                      From <u>10/2014</u> To <u>10/2020</u>                      (Month/Year) (Month/Year)</p> <p><b>Subsequent TERM:</b>                      From <u>10/2020</u> To <u>10/2023</u>                      (Month/Year) (Month/Year)</p> <p><b>IF OFFICER, OFFICE HELD:</b>                      _____                      From _____ To _____                      (Month/Year) (Month/Year)</p>

<p>NAME: <u>Kramer</u> <u>Blake</u> (Last) (First) (M.I.)</p> <p>ADDRESS: <u>PO Box 1300</u></p> <p>CITY: <u>Winnsboro, LA</u></p> <p>ZIP CODE: <u>71295</u></p> <p>PHONE #: <u>318-412-5265</u></p> <p>AGE: 60+ ( ) <u>no (43)</u></p> <p>OCCUPATION: <u>Franklin Medical Center Administrator</u></p>	<p><b>FIRST TERM &amp; Subsequent TERMS:</b> From <u>10/2021</u> To <u>10/2024</u> (Month/Year) (Month/Year)</p> <p><b>Subsequent TERM:</b> From _____ To _____ (Month/Year) (Month/Year)</p> <p><b>IF OFFICER, OFFICE HELD:</b> _____</p> <p>From _____ To _____ (Month/Year) (Month/Year)</p>
<p>NAME: <u>Ricks</u> <u>Edwina</u> (Last) (First) (M.I.)</p> <p>ADDRESS: <u>1280 Main Street</u></p> <p>CITY: <u>Colfax</u></p> <p>ZIP CODE: <u>71417</u></p> <p>PHONE #: <u>(318) 627-5450</u></p> <p>AGE: 60+ (X) <u>Yes</u></p> <p>OCCUPATION: <u>Retired School Principal</u></p>	<p><b>FIRST TERM &amp; Subsequent TERMS:</b> From <u>10/2014</u> To <u>10/2020</u> (Month/Year) (Month/Year)</p> <p><b>Subsequent TERM:</b> From <u>10/2020</u> To <u>10/2023</u> (Month/Year) (Month/Year)</p> <p><b>Deceased 7/2022</b></p> <p><b>IF OFFICER, OFFICE HELD:</b> _____</p> <p>From _____ To _____ (Month/Year) (Month)</p>
<p>NAME: <u>Goody</u> <u>Oscar</u> (Last) (First) (M.I.)</p> <p>ADDRESS: <u>P. O. Box 271</u></p> <p>CITY: <u>Moreauville</u></p> <p>ZIP CODE: <u>71355</u></p> <p>PHONE #: <u>(318) 985-2179</u></p> <p>AGE: 60+ (X) <u>Yes</u></p> <p>OCCUPATION: <u>Retired Assistant Principal</u></p>	<p><b>FIRST TERM &amp; Subsequent TERMS:</b> From <u>10/2014</u> To <u>10/2020</u> (Month/Year) (Month/Year)</p> <p><b>Subsequent TERM:</b> From <u>10/2020</u> To <u>10/2023</u> (Month/Year) (Month/Year)</p> <p><b>IF OFFICER, OFFICE HELD:</b> _____</p> <p>From _____ To _____ (Month/Year) (Month/Year)</p>
<p>NAME: <u>Lasyone</u> <u>Carl</u> <u>Ray</u> (Last) (First) (M.I.)</p> <p>ADDRESS: <u>803 O'Quinn Spur Road</u></p> <p>CITY: <u>Colfax</u></p> <p>ZIP CODE: <u>71417</u></p> <p>PHONE #: <u>(318) 481-8139</u></p> <p>AGE: 60+ (X) <u>Yes</u></p> <p>OCCUPATION: <u>Retired &amp; School Bus Driver</u></p>	<p><b>FIRST TERM &amp; Subsequent TERMS:</b> From <u>10/2021</u> To <u>10/2024</u> (Month/Year) (Month/Year)</p> <p><b>Subsequent TERM:</b> From _____ To _____ (Month/Year) (Month/Year)</p> <p><b>IF OFFICER, OFFICE HELD:</b> _____</p> <p>From _____ To _____ (Month/Year) (Month)</p>

<p>NAME: <u>McConnell</u> <u>Tom</u> (Last) (First) (M.I.)</p> <p>ADDRESS: <u>P. O. Box 611</u> CITY: <u>Winnfield</u> ZIP CODE: <u>71483</u></p> <p>PHONE #: <u>( 318) 727-8212</u> AGE: 60+ (X) <u>Yes</u> OCCUPATION: <u>Retired – State Health Dept.</u></p>	<p><b>FIRST TERM &amp; Subsequent TERMS:</b> From <u>11/2010</u> To <u>10/2022</u> (Month/Year) (Month/Year)</p> <p><b>Subsequent TERM:</b> From <u>10/2022</u> To <u>10/2025</u> (Month/Year) (Month/Year)</p> <p><b>IF OFFICER, OFFICE HELD:</b> <u>President</u></p> <p>From <u>10/2022</u> To <u>10/2023 (2<sup>nd</sup> Term)</u> (Month/Year) (Month/Year)</p>
<p>NAME: <u>Odom</u> <u>Gary</u> (Last) (First) (M.I.)</p> <p>ADDRESS: <u>146 Poole Road</u> CITY: <u>Jonesville</u> ZIP CODE: <u>71343</u></p> <p>PHONE #: <u>( 318) 403-0771</u> AGE: 60+ (X) <u>Yes</u> OCCUPATION: <u>Retired</u></p>	<p><b>FIRST TERM &amp; Subsequent TERMS:</b> From <u>10/2013</u> To <u>10/2022</u> (Month/Year) (Month/Year)</p> <p><b>Subsequent TERM:</b> From <u>10/2022</u> To <u>10/2025</u> (Month/Year) (Month/Year)</p> <p><b>IF OFFICER, OFFICE HELD:</b> <u>Treasurer</u></p> <p>From <u>10/2022</u> To <u>10/2023 (2<sup>nd</sup> Term)</u> (Month/Year) (Month/Year)</p>
<p>NAME: <u>Nicholson</u> <u>Mickey</u> (Last) (First) (M.I.)</p> <p>ADDRESS: <u>473 Ruff Road</u> CITY: <u>Rayville</u> ZIP CODE: <u>71269</u></p> <p>PHONE #: <u>(318) 334-1564</u> AGE: 60+ (X) <u>yes</u> OCCUPATION: _____</p>	<p><b>FIRST TERM &amp; Subsequent TERMS:</b> From <u>10/2020</u> To <u>10/2023</u> (Month/Year) (Month/Year)</p> <p><b>Subsequent TERM:</b> From _____ To _____ (Month/Year) (Month/Year)</p> <p><b>IF OFFICER, OFFICE HELD:</b> <u>Secretary</u></p> <p>From <u>10/2022</u> To <u>10/2023 (2<sup>nd</sup> Term)</u> (Month/Year) (Month/Year)</p>
<p>NAME: <u>Antoine</u> <u>Romes</u> (Last) (First) (M.I.)</p> <p>ADDRESS: <u>PO Box 503</u> CITY: <u>Simmesport, LA</u> ZIP CODE: <u>71369</u></p> <p>PHONE #: <u>(318) 941-2932 or (318) 359-0097 Cell</u> AGE: 60+ ( X ) <u>Yes</u> OCCUPATION: <u>Retired/Chief of Avoyel -Taensa Indian Trib</u></p>	<p><b>FIRST TERM &amp; Subsequent TERMS:</b> From <u>10/2020</u> To <u>10/2023</u> (Month/Year) (Month/Year)</p> <p><b>Subsequent TERM:</b> From _____ To _____ (Month/Year) (Month/Year)</p> <p><b>IF OFFICER, OFFICE HELD:</b> _____</p> <p>From _____ To _____ (Month/Year) (Month/Year)</p>



## Section 16: Advisory Council

\_\_\_ Cenla Area Agency on Aging

### Advisory Council Membership

NAME	Physical or Mailing ADDRESS	NAME OF AGENCY / GROUP REPRESENTED
Julia Peterman, Chairperson****	5244 Lark Lane, Alexandria, LA 71303	Rapides Parish Seniors and Hospice Industry
John McBride*	657 Booner Miller Rd., Deville, LA 71328	Rapides Parish Seniors and Veterans
Kenneth Marsh	PO Box 438, Simmesport, LA 71369	Avoyelles Parish and Simmesport Municipality
Guylyn Boles*	803 Myrtle Street, Vidalia, LA 71377	Concordia Parish Seniors and Retiree of Concordia Electric
Patsy James*	234 Troy James Rd., Atlanta, LA 71404	LaSalle and Grant Parish Seniors and Hardner Medical
Billy Fletcher, Jr.*	1580 Ratcliff Rd., Sicily Island, LA 71368	Catahoula Parish Seniors
Bobby Sheppard, Jr.	114 Cottonwood Drive, Ridgecrest, LA 71334	Concordia Parish Seniors
Shirley Brewton*	535 Hwy 501, Goldonna, LA 71031	Winn Parish Seniors

Use an asterisk (\*) to indicate persons 60 +. Use two asterisks (\*\*) to indicate Chairperson. Use three asterisks (\*\*\*) to indicate Chairperson 60 +.

Indicate number of members in each of the following categories:

Category	Number	Category	Number
60+ population	6	Elected officials	1
Clients of Title III services	2	General public	
Representatives of older persons	8	Representatives of health care provider organizations (Includes veterans' health care if there is a V.A. facility in your area)	2
Representatives of minority elderly	1	Representatives of supportive services provider organizations	

## Section 17

### ASSURANCES

#### STANDARD ASSURANCES UNDER THE OLDER AMERICANS ACT (PROVISION OF ASSURANCES BY AREA AGENCIES ON AGING)

The Older Americans Act of 1965, as amended (42 U.S.C., Section 3001, et. seq. hereafter referred to as the Act), requires each Area Agency on Aging to provide assurances that it will develop a plan and carry out a program in accordance with the plan. Each Area Agency on Aging must comply with the following provisions of the Act and written policies, procedures or agreements, as appropriate, must be on file in the Area Agency on Aging office and available for review and approval by Office of Elderly Affairs officials.

- Sec. 306(a)(6)(E)(F)(G) Procedures for Coordination with Program Listed in Sec. 203(b) of the OAA
- Sec. 306(a)(7) Policy for the Coordination of Community-Based Long Term Care
- Sec. 306(a)(8) Policy Regarding Coordinating of Case Management Services
- Sec. 306(a)(9) Policy to Carry Out the Long-Term Care Ombudsman as Described in Section 307(a)(9)
- Sec. 306(a)(10) Policy for a Grievance Procedure for Older Individuals That are Dissatisfied or Denied a Service Under This Title.
- Sec. 306(a)(11)(A)(B)(C) Policy to Provide or Coordinate Services for Older Native Americans Under This Title With Services Provided Under Title VI
- Sec. 306(a)(12) Procedure to Coordinate Services with Other Federally Assisted Programs as Described in Section 202(b)
- Sec. 306(a)(13)(A)(B)(C) Provide assurances that area agency will maintain the integrity and public purpose of services, provide identity of contracts, demonstrate that the quantity and quality of the services are enhanced as a result of such contract or relationship.
- Sec. 306(a)(14) Assurance is given that preference in receiving Title III services will not be given to any individual as a result of a contract or commercial relationship that is not to implement Title III.
- Sec. 306(a)(15) Provide assurances regarding use of funds

Sec. 306(a)(16) Self Directed Care

Sec. 306(a)(17)(a)(b) Emergency Preparedness, Waiver Request Due to Adequate Supply, State Agency May

(c)(d)(e)(f) Enter Into Agreements to Administer Programs, Legal Assistance Privacy Requirements, and State Agency Withholding of Funds as a Result of Failure to Comply

Section 17: ASSURANCES  
cont'd

The \_\_\_\_\_ Area Agency on Aging agrees to adhere to the Assurances listed above in accordance with all rules and regulations specified under the Act, as amended, and are hereby submitted to the Governor's Office of Elderly Affairs.

Signature: \_\_\_\_\_  
DIRECTOR, AREA AGENCY ON AGING DATE

The Area Agency on Aging Advisory Council has had the opportunity to review and comment on the Area Plan on Aging.

Signature: \_\_\_\_\_  
CHAIRPERSON, ADVISORY COUNCIL DATE

The governing body of the Area Agency on Aging has reviewed and approved the Area Plan on Aging.

Signature: \_\_\_\_\_  
CHAIRPERSON, BOARD OF DIRECTORS DATE

FORM HHS 690 (Assurance of Compliance)

VERIFICATION OF INTENT

\_\_\_\_\_ Cenla Area Agency on Aging

This Area Plan on Aging for the period July 1, 2023, through June 30, 2027 includes all assurances and provisions required by the Older Americans Act Amendments (the Act).

The Area Agency on Aging identified will assume full authority to develop and administer the Area Plan in accordance with all requirements of the Act and related State policy. In accepting this authority the area agency agrees to be the leader relative to all aging issues on behalf of all older persons in the planning and service area (PSA). This means that the area agency shall proactively carry out, under the leadership of the Governor’s Office of Elderly Affairs, a wide range of functions related to advocacy, planning, coordination, inter-agency linkages, information sharing, brokering, monitoring and evaluation designed to lead to the development and enhancement of a comprehensive and coordinated community based system to serve each community in the PSA. This system shall be designed to assist older persons in leading independent, meaningful lives in their own homes and communities as long as possible.

CERTIFICATION

This Area Plan on Aging has been developed in accordance with all rules and regulations specified under the Act, as amended, and is hereby submitted to the Governor’s Office of Elderly Affairs for approval.

Signature: \_\_\_\_\_  
DIRECTOR, AREA AGENCY ON AGING DATE

The Area Agency on Aging Advisory Council has had the opportunity to review and comment on the Area Plan on Aging.

Signature: \_\_\_\_\_  
CHAIRPERSON, ADVISORY COUNCIL DATE

The governing body of the Area Agency on Aging has reviewed and approved the Area Plan on Aging.

Signature: \_\_\_\_\_  
CHAIRPERSON, BOARD OF DIRECTORS DATE