

Menu

L'essenza
RISTORANTE ITALIANO

English

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L'Essenza Rotterdam

Karel Doormanstraat 298, 3012 GP Rotterdam



Pranzo

Lunch until 4:00 PM

Caprese _____ 10

Mozzarella, tomatoes, arugula, pesto and basil

Prosciutto _____ 12

Parma ham, stracciatella, tomatoes, arugula and pesto

Pollo _____ 12

Chicken thighs, mozzarella, onion, arugula and pistachio pesto

Mortadella _____ 12

Mortadella, stracciatella, arugula and pistachio pesto

Carpaccio _____ 13

Beef carpaccio, Parmigiano Reggiano, tomatoes, arugula, pine nuts and truffle mayonnaise

Polpette _____ 13

Meatballs, tomato sauce, mozzarella, arugula and basil

Vitello Tonnato _____ 13

Veal roast beef, capers, tomatoes, arugula and tuna mayonnaise

Picante _____ 13

*Nduja (spicy sausage), pepperoni, ham, stracciatella, padrón pepper, arugula and honey



Focaccia _____	7	Vitello Tonnato _____	13
Bread, olives, tomatoes and garlic oil		Veal roast beef, capers, tomatoes, arugula and tuna mayonnaise	
Arancini al pomodoro _____	10	Burrata _____	10
Tomato, mozzarella, Parmigiano Reggiano and pistachio pesto		Burrata, tomatoes, arugula, pistachios and balsamic vinegar	
Arancini al tartufo _____	10	Calamari _____	9
Truffle, mushrooms, Parmigiano Reggiano and truffle mayonnaise		Fried squid rings, arugula and aioli	
Bruschetta Pomodoro _____	9	Scampi's _____	10
Ciabatta, garlic, tomatoes, mozzarella, olive oil and balsamic vinegar		Prawns, 'nduja (spicy sausage), garlic oil and bread	
Bruschetta di Parma _____	10	Gnocchi _____	9
Ciabatta, garlic, burrata, Parma ham, figs and balsamic vinegar		Fried potato gnocchi, spinach, tomato sauce and mozzarella	
Bruschetta di Capra _____	9	Borrelplank _____	25
Ciabatta, goat cheese, walnuts, grapes and honey		Bread, Parma ham, mortadella, arugula, burrata, olives, grapes, tomatoes, cheese and olive oil	
Carpaccio _____	13		
Beef carpaccio, Parmigiano Reggiano, tomatoes, arugula, pine nuts and truffle mayonnaise			



Pizza

Pizza for Children _____	12	Tartufo e Funghi _____	18
Tomato sauce and mozzarella		Mascarpone, mozzarella, black pepper, mushrooms, arugula and crispy truffle parmesan	
Margherita _____	14	Parma _____	19
Tomato sauce, mozzarella and basil		Tomato sauce, mozzarella, Parma ham, arugula and crispy truffle parmesan	
Vegetariana _____	16	Mortadella _____	19
Tomato sauce, mozzarella, mushrooms, onion, aubergine, spinach, tomatoes and olives		Mascarpone, mozzarella, mortadella, burrata and pistachio pesto	
Quattro formaggi _____	16	Tonno _____	19
Tomato sauce, mozzarella, taleggio, gorgonzola and Parmigiano Reggiano		Tomato sauce, mozzarella, tuna, onion, capers and olives	
Pepperoni _____	16	Diavola _____	20
Tomato sauce, mozzarella, pepperoni, chili flakes and honey		Tomato sauce, mozzarella, 'nduja (spicy sausage), pepperoni, ham, stracciatella, padrón pepper and honey	
Pollo pesto _____	17	Salmone _____	20
Tomato sauce, mozzarella, chicken thighs, onion and pesto		Mascarpone, mozzarella, salmon, onion and spinach	
Quattro stagioni _____	17		
Tomato sauce, mozzarella, ham, artichoke, mushrooms and olives			

Pasta

Pasta for children _____ 12

Tomato sauce, Parmigiano Reggiano, parsley and basil

Al pomodoro _____ 14

Tomato sauce, Parmigiano Reggiano and basil

Melanzane alla pomodoro _____ 16

Tomato sauce, aubergine, Parmigiano Reggiano, mozzarella, chili flakes and basil

Quattro Formaggi _____ 16

Gorgonzola, taleggio, mozzarella and Parmigiano Reggiano

Pollo _____ 17

Cream sauce, chicken thighs, Parmigiano Reggiano, mushrooms, onion, pesto and basil

Carbonara _____ 17

Egg yolk, guanciale, onion, Parmigiano Reggiano and black pepper

Polpette al sugo _____ 17

Tomato sauce, meatballs, Parmigiano Reggiano and basil

Tartufo e Funghi _____ 18

Cream sauce, truffle tapenade, mushrooms, onion, Parmigiano Reggiano and crispy truffle parmesan

Gambroni _____ 18

Cream sauce, prawns, white wine, tomatoes, spinach, red chili and parsley

Alla scoglio _____ 18

Tomato sauce, clams, mussels, prawns, white wine, tomatoes, spinach and parsley

Salmone _____ 20

Tomato sauce, cream sauce, smoked salmon, mozzarella, white wine, capers and parsley

Choose your pasta: Rigatoni, Spaghetti or Tagliatelle



Risotto

Risotto con funghi _____ **16**

Truffle tapenade, mushrooms, Parmigiano Reggiano and crispy truffle parmesan

Risotto di mare _____ **18**

Tomato sauce, clams, mussels, prawns, white wine and parsley

Lasagna

Melanzane alla parmigiana _____ **16**

Grilled aubergine, tomato sauce, Parmigiano Reggiano, mozzarella and basil

Lasagna tradizionale _____ **18**

Pasta sheets, tomato sauce, beef ragù, béchamel sauce, Parmigiano Reggiano and mozzarella

Secondi

Rack di agnello _____ **29**

250 g rack of lamb, pistachio herb crust, mashed potatoes, seasonal vegetables and pepper sauce

Filetto di salmone _____ **28**

200 g salmon fillet, mashed potatoes, seasonal vegetables and white wine sauce

Dolci

Dessert

Tiramisu _____ **8**

Ladyfingers, mascarpone, espresso, amaretto and cocoa powder

Panna cotta _____ **9**

Creamy vanilla pudding, homemade topping and fruit

Cannoli _____ **9**

Crispy pastry rolls, ricotta cream, pistachios and chocolate

Chocolate affogato _____ **9**

Vanilla ice cream, espresso and chocolate

Ricotta cheesecake _____ **9**

Ricotta, Bastogne biscuit and fruit

Where your dinner ends... and desire begins.



La Dolce Vita
in the heart of Rotterdam



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