

Lent Weekly Reflection Questions 2026

February 22, 2026	<ol style="list-style-type: none">1. Jesus was led by the Spirit into the wilderness. Share an experience of a wilderness time in your life.2. Jesus and the devil both quote scripture. What are the differences? What are the implications for us?3. What does temptation look like in your life and what helps you resist temptation? What does this story of Jesus show us regarding our hope in the midst of our temptation?
March 1, 2026	<ol style="list-style-type: none">1. Nicodemus came at night to Jesus with his wilderness questions about who and what God is up to. What are some of your hard wilderness questions for Jesus?2. Jesus talks about being born of water and Spirit, and those born of the Spirit are like the wind. Share how you have experienced the Holy Spirit leading you or witnessed the Spirit leading someone else.3. Nicodemus was struggling with letting go of his old understandings and welcoming this new teaching that included the Son of Man being lifted up and God giving his only Son in order that the world might be saved through him. What are old understandings of God and salvation that you have had to let go of, or struggling to let go of right now?
March 8, 2026	<ol style="list-style-type: none">1. Share an experience of suffering from your own life, and how has that experience shaped you?2. Describe how you experienced God's presence in the midst of suffering?3. How does embracing the reality of God's grace revealed in this passage change how you relate to others or see yourself?
March 15, 2026	<ol style="list-style-type: none">1. In what areas of your life has Christ's light shined?2. The fruit of the light is found in all that is good, right, and true. How have you experienced the fruit of the light in your life, or where have you shared it?3. How do we help each other walk in the light?
March 22, 2026	<ol style="list-style-type: none">1. Where do you need to actively set your mind on the Spirit of life and peace?2. The promise is that the Spirit of him who raised Jesus dwells in you. How does this change how you understand your life?3. How are you experiencing resurrection in your life? (or where in your life do you need to experience a life of resurrection?)
March 29, 2026	<ol style="list-style-type: none">1. When Jesus entered Jerusalem they asked "Who is this?" How would you answer this question? And Why?2. How does answering "who is Jesus?" shape how you live?3. Having shared this season of Lent together, how have you

	grown as a disciple of Jesus?
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