Catholic Diocese of Columbus: Base Plan

Coverage Period: 01/01/2026 – 12/31/2026 Coverage for: Individual and Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>Join.Surest.com</u>, Surest mobile app or call Surest Member Services at 1-866-683-6440. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copay</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>Healthcare.gov/sbc-glossary/</u> or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive Care</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copay</u> or <u>coinsurance</u> may apply. For example, this plan covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>Healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the out-of-pocket limit for	For <u>network providers</u> : \$5,500 individual / \$11,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services.
this plan?	For <u>out-of-network providers</u> : \$11,000 individual / \$22,000 family	If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket</u> <u>limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums</u> , <u>balance billing</u> charges and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See <u>Join.Surest.com</u> or call 1-866-683-6440 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's charge</u> and what your <u>plan pays (balance billing)</u> . Be aware, your <u>network provider might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider before you get services</u>.</u>
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information*
If you visit	Primary care visit to treat an injury or illness	\$25 - \$130 <u>copay</u> /visit	\$215 <u>copay</u> /visit	Certain procedures performed in the office may have a higher office visit <u>copay</u> . <u>Copays</u> are listed as a range. <u>Providers</u> are assigned <u>copays</u> within the range based on treatment outcomes and cost information that identifies <u>network providers</u> that provide cost-
a health care provider's office or clinic	Specialist visit	\$25 - \$130 <u>copay</u> /visit	\$215 <u>copay</u> /visit	*Cost share applies to any other Telehealth service based on provider type. If you receive services in addition to office visit, additional copays may apply.
	Preventive care/screening/immunization	No charge	\$195 <u>copay</u> /visit	You may have to pay for services that are not <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you	Routine diagnostic test (e.g., x-ray, blood work) Non-routine diagnostic test (e.g., sleep study, genetic testing)	Routine diagnostic test: No charge Non-routine diagnostic test: \$25 - \$1,300 copay/visit	Routine diagnostic test: No charge Non-routine diagnostic test: Up to \$2,700 copay/visit	<u>Copays</u> are listed as a range. <u>Providers</u> are assigned <u>copays</u> within the range based on treatment outcomes and cost information that identifies <u>network providers</u> that provide cost-efficient care. <u>Prior authorization</u> is required for certain Non-routine <u>diagnostic tests</u> or there may be no coverage.
have a test	Imaging (CT/PET scans, MRIs) \$150 - \$2,000 copay/visit Up to \$5,700 copay/visit	<u>Copays</u> are listed as a range. <u>Providers</u> are assigned <u>copays</u> within the range based on treatment outcomes and cost information that identifies <u>network providers</u> that provide cost-efficient care. <u>Prior authorization</u> is required for certain imaging tests or there may be no coverage.		

^{*}For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>Join.Surest.com</u>.

	Services You May Need	What You Will Pay		Limitations Expontions 9 Other Important
Common Medical Event		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Preventive Pharmacy	Up to 90-Day Supply No charge	Not covered	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at Optumrx.com.	Tier 1 drugs	Up to 31-Day Supply \$10 copay Up to 90-Day Supply \$25 copay	Not covered	Certain Tier 1 drugs are available with no charge, including prescribed generic contraceptives and tobacco cessation
	Tier 2 drugs	Up to 31-Day Supply \$35 copay Up to 90-Day Supply \$88 copay	Not covered	medications. To learn more about drug tiers and about copays for specific drugs, visit Optumrx.com website. Prior authorization is required for certain drugs
	Tier 3 drugs	Up to 31-Day Supply \$70 copay Up to 90-Day Supply \$175 copay	Not covered	or there may be no coverage.
	Specialty drugs	Up to 31-Day Supply Tier 1: \$10 copay Tier 2: \$100 copay Tier 3: \$200 copay	Not covered	Specialty drugs are not covered at a 90-day supply. Prior authorization is required for certain specialty drugs or there may be no coverage.

	Common Medical	Services You	What You Will Pay In-Network Provider Out-of-Network Provider		Limitations, Exceptions, & Other Important
	Event	May Need	(You will pay the least)	(You will pay the most)	Information*
	If you have	Facility fee (e.g., ambulatory surgery center)	\$40 - \$3,500 <u>copay</u> /visit	Up to \$10,000 <u>copay</u> /visit	<u>Copays</u> are listed as a range. <u>Providers</u> are assigned copays within the range based on treatment outcomes and cost information that
If you have outpatient surgery	Physician/surgeon fees	No charge	No charge	identifies network providers that provide costefficient care. Prior authorization is required for certain outpatient surgery or there may be no coverage.	
		Emergency room care	\$500 <u>copay</u> /visit	\$500 <u>copay</u> /visit	<u>Copay</u> is waived if admitted within 24 hours. <u>Outof-network emergency room care</u> visit <u>copay</u> applies to the <u>in-network out-of-pocket limit</u> .
	If you need immediate medical attention	Emergency medical transportation	\$500 <u>copay</u> /transport	\$500 <u>copay</u> /transport	Prior authorization is required for non-emergency medical transportation or there may be no coverage. Out-of-network emergency medical transportation copay applies to the in-network out-of-pocket limit.
		Urgent care	\$80 <u>copay</u> /visit	\$200 <u>copay</u> /visit	None
	If you have a	Facility fee (e.g., hospital room)	\$350 - \$3,500 <u>copay</u> /stay	Up to \$10,000 <u>copay</u> /stay	Copays are listed as a range. Providers are assigned copays within the range based on treatment outcomes and cost information that identifies network providers that provide cost-
	If you have a hospital stay	Physician/surgeon fees	No charge	No charge	efficient care. Prior authorization is required for non-emergency facility admissions and inpatient surgery or there may be no coverage.

^{*}For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>Join.Surest.com</u>.

Services You			u Will Pay	Limitations, Exceptions, & Other Important
Common Medical Event	May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
If you need mental health,	Outpatient services	Home/Office: \$25 copay/visit Outpatient Facility: \$170 copay/visit	Home/Office: \$195 copay/visit Outpatient Facility: \$510 copay/visit	Certain procedures/services in the outpatient setting may have a lower <u>copay</u> . <u>Prior authorization</u> is required for certain outpatient services or there may be no coverage.
behavioral health, or substance abuse services	Inpatient services	\$2,750 <u>copay</u> /stay	\$8,250 <u>copay</u> /stay	Certain procedures/services in the inpatient setting may have a lower <u>copay</u> . <u>Prior authorization</u> is required for certain inpatient services or there may be no coverage.
	Office visits	No charge	\$195 <u>copay</u> /visit	Cost sharing does not apply to preventive services with network providers. Depending on the type of service, a copay may apply.
	Childbirth/delivery professional services	No charge	No charge	One <u>copay</u> for all covered services related to childbirth/delivery, including the newborn, unless discharged after mother.
If you are pregnant	Childbirth/delivery facility services	\$1,300 - \$2,750 <u>copay</u> /stay	\$8,250 <u>copay</u> /stay	Copays are listed as a range. Providers are assigned copays within the range based on treatment outcomes and cost information that identifies network providers that provide costefficient care. Cost sharing does not apply to certain preventive services. Prior authorization is required for inpatient stays beyond 48 hours following a normal vaginal delivery or 96 hours following a cesarean section delivery or there may be no coverage.

Common	Services You	What Yo	u Will Pay	Limitationa Expantiona & Other Important
Medical Event	May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information*
	Home health care	\$70 <u>copay</u> /visit	\$210 <u>copay</u> /visit	120 visit limit - combination of network providers and out-of-network providers per person per plan year. Prior authorization is required for certain home health care services or there may be no coverage.
If you need help recovering	Rehabilitation services	\$15 - \$165 <u>copay</u> /visit	Up to \$300 <u>copay</u> /visit	60 visit limit for occupational therapy 60 visit limit for physical therapy 60 visit limit for speech therapy Visit limits are a combination of network providers and out-of-network providers per person per plan
or have other special health needs	Habilitation services \$15 - \$165 copay/visit	Up to \$300 <u>copay</u> /visit	year. <u>Copays</u> are listed as a range. <u>Providers</u> are assigned <u>copays</u> within the range based on treatment outcomes and cost information that identifies <u>network providers</u> that provide costefficient care.	
	Skilled nursing care	\$2,000 <u>copay</u> /stay	\$6,000 <u>copay</u> /stay	120 day limit per person per <u>plan</u> year. <u>Prior authorization</u> is required or there may be no coverage.
	Durable medical equipment	\$0 - \$1,000 copay/equipment based on DME tier	Up to \$2,000 copay/equipment based on DME tier	<u>Prior authorization</u> is required for certain <u>DME</u> or there may be no coverage.
	Hospice services	Home: \$70 copay/visit Inpatient: \$2,750 copay/stay	Home: \$210 copay/visit Inpatient: \$8,250 copay/stay	None
If your child	Children's eye exam	No charge	\$215 <u>copay</u> /visit	One exam per person per <u>plan</u> year.
needs	Children's glasses	Not covered	Not covered	None
dental or eye care	Children's dental check-up	Not covered	Not covered	None

^{*}For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>Join.Surest.com</u>.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your plan document for more information and a list of any other excluded services.)

Bariatric surgery

Infertility treatment

• Non-emergency care when traveling outside the U.S.

Cosmetic surgery

Long term care

Private duty nursing

Dental care (Adult)

Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (60 visit limit per person per plan year)
- Hearing aids (limitations apply)

Routine foot care (for certain conditions)

- Chiropractic care (60 visit limit per person per plan year)
- Routine eye care (Adult) (limited to one exam per person per plan year.)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for the agency is the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 877-267-2323 x61565 or www.cms.gov/cciio. You may also contact Surest Member Services at 1-866-683-6440. Other coverage options may be available to you too, including buying individual insurance coverage through the Health-Insurance Marketplace. For more information about the Marketplace, visit Health-Care.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Surest Member Services at 1-866-683-6440.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al [1-866-633-2446].

Traditional Chinese (中文): 如果需要中文的幫助, 請撥打這個號碼 [1-866-633-2446].

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' [1-866-633-2446].

Pennsylvania Dutch (Deitsch): Fer Hilf griege in Deitsch, ruf [1-866-633-2446] uff.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa [1-866-633-2446].

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni [1-866-633-2446].

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye [1-866-633-2446].

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, a'gang [1-866-633-2446].

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments, and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

\$0

Peg is Having a Baby
(9 months of in-network pre-natal care
and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$25 - \$130
Hospital (facility) <u>copayment</u>	\$350 - \$3,500
Other <u>coinsurance</u>	\$0

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

Specialist copayment	\$25 - \$130
Hospital (facility) <u>copayment</u>	\$350 - \$3,500
Other <u>coinsurance</u>	\$0

Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$25 - \$130
Hospital (facility) <u>copayment</u>	\$350 - \$3,500
Other coinsurance	\$0

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services

Diagnostic tests (ultrasounds and blood work)

Specialist visit (anesthesia)

This EXAMPLE event includes services like: Primary care physician office visits (including

disease education)

Diagnostic tests (blood work)

■ The plan's overall deductible

Prescription drugs

Durable medical equipment (glucose meter)

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic tests (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$12,700			
In this example, Peg would pay:				
Cost sharing				
<u>Deductibles</u>	\$0			
<u>Copayments</u>	\$1,300			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$60			
The total Peg would pay is	\$1,360			

Total Example Cost	\$5,600			
In this example, Joe would pay:				
Cost sharing				
<u>Deductibles</u>	\$0			
<u>Copayments</u>	\$1,200			
<u>Coinsurance</u>	\$0			
What isn't covered				
Limits or exclusions	\$0			
The total Joe would pay is \$1,20				

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$1,200
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,200

The <u>plan</u> would be responsible for the other costs of these **EXAMPLE** covered services.