

# KEEP IT LOCAL MAINE

SACO, BIDDEFORD, & OLD ORCHARD BEACH

MARCH - APRIL 2026 ★ ISSUE 5



WHITE BARN  
CONSTRUCTION

*Your Partners In  
Creating Spaces  
That Matter!*

SEE PAGE 3



## FRESH SEAFOOD!

SEA SALT LOBSTER RESTAURANT has lobster rolls, local beer, & more.

SEE PAGE 2

## YOUR LOCAL SOURCE!

APPLIANCE WAREHOUSE has the selection & prices that can't be beat.

SEE PAGE 7

## LOCAL SMILES!

SACO BAY DENTAL WELLNESS is now accepting new patients.

SEE PAGE 11

## ALL THAT SIZZLES!

KOBE JAPANESE RESTAURANT is a great choice for any night out.

SEE PAGE 14

# SEA SALT RESTAURANT

FRESH MAINE SEAFOOD



## MAINE BEER

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## FRESH SEAFOOD

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### SHOPPING HOURS:

Wednesday - Friday: 12pm - 4pm  
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5



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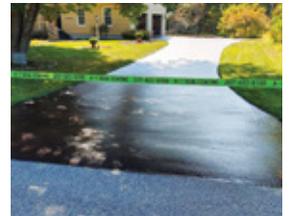
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**CONVENIENT LOCATION!**

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*"We hired Gerrish Remodeling & Design to turn our basement into a family room/play room with lots of built-in storage. They did an amazing job. From the start Rick was responsive and easy to communicate with. Throughout the process he kept us informed, him and his team were efficient, clean, and respectful, and the work they did was outstanding. Rick even gave us some ideas throughout the build to improve the design, and they turned into some of our favorite features of the basement! Without hesitation we would hire these guys again. Thanks for a space we love that will grow with us as a family."*

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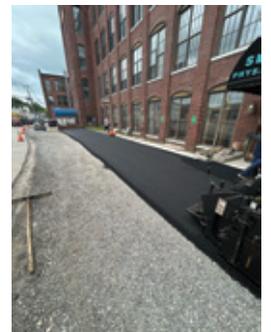
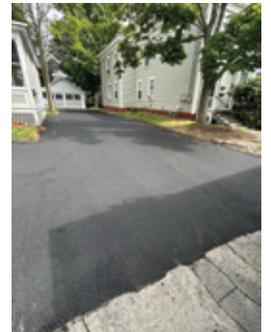
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PROJECTS  
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★★★★★

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# Welcome

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At Middle Path Health we provide affordable, compassionate and accessible healthcare via direct pay membership. Founded by Kathleen McKeon Nurse Practitioner, we serve Southern Maine with in-office visits, telehealth, and house calls. With over 20 years of experience, she will help find the right care for you at the right time and in the right place!



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# HELLO, OUR NAME IS...

## Keep It Local Maine



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SACO, BIDDEFORD, & OLD ORCHARD BEACH VOL 13, #5 MARCH - APRIL 2026

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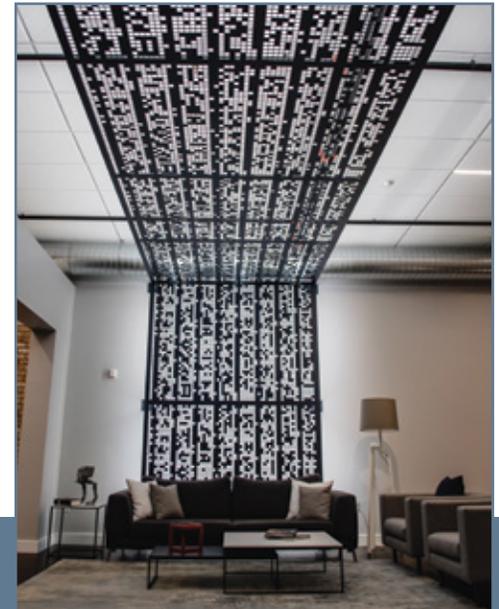
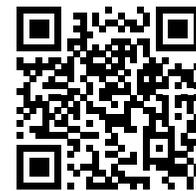


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