

# KEEP IT LOCAL MAINE

SCARBOROUGH

FEBRUARY - MARCH 2026 ★ ISSUE 3



WHITE BARN  
CONSTRUCTION

*Creating Spaces  
That Matter!*

SEE PAGE 3



## COZY DINING!

PINE POINT GRILL is open all year long with great dinners & drinks.

SEE PAGE 4

## KEEP IT CLEAN!

Start the year off right with cleaning from DOMESTIKS.

SEE PAGE 6

## FRESH ALL THE TIME!

SEA SALT RESTAURANT has fresh seafood, chowders, & local beer.

SEE PAGE 10

## GET FIT IN '26!

NXGEN FITNESS CENTER is a great place to start your fitness journey.

SEE PAGE 15

# PawsApplause

Quality Pet Supplies & Grooming Salon

[www.pawsapplause.com](http://www.pawsapplause.com)

We specialize in  
happy, healthy  
pets!



Why Shop  
Locally  
With Us  
This Year?

- Maine's Largest Raw Pet Food Retailer
- Locally Owned & Operated
- Grooming For Dogs & Cats
- Toys, Treats, Food, & Accessories
- Holiday Gift Cards Available Now!

Oak Hill Plaza \* Scarborough \* 207.885.0077



**ARROW OIL**  
HEATING OIL & K-1

**FREE  
DELIVERY  
WITH 100 GALLONS  
OR MORE!**



- Quick & Reliable Delivery
- Deliveries of 50 Gallons & Up
- Free Delivery of 100 Gallons & More
- Serving Communities From Biddeford to Wells to South Portland
- 24/7 Delivery
- Automatic Delivery Service



"Fast, reliable, fair pricing, professional, and very friendly. Highly recommend."



"This guy was awesome! Responsive, polite, and most importantly, extremely reasonable!"

**207-286-1957**

For more information, visit [ArrowOilMaine.com](http://ArrowOilMaine.com)



## HAPPY HOUR!

MONDAY - THURSDAY 3-6PM  
APPETIZER, ENTREE, & DRINK SPECIALS!

\* No Happy Hour specials on holidays

**\$5 OFF** or **\$10 OFF**

YOUR PURCHASE OF \$30 OR MORE

YOUR PURCHASE OF \$60 OR MORE

Kobe Steakhouse & Sushi. Excludes holidays. Cannot be combined with other offers or discounts. Limit one per customer. No cash value. Expires 03/31/2026. KILM2602



**KoBe**  
japanese restaurant

380 GORHAM RD ♦ SOUTH PORTLAND, MAINE

PHONE ORDERS & HIBACHI RESERVATIONS:

**207.535.3822**

ONLINE ORDERS & HIBACHI RESERVATIONS:

**KOBEMaine.COM**



## WHITE BARN CONSTRUCTION

At White Barn Construction, we are more than your local builders and renovators; we are partners in creating spaces that matter to you and your family. Our mission is to build long lasting relationships and trust through remarkable service and craftsmanship.

Join us in our journey to renovate our beautiful state through relationship building, trust, and unparalleled craftsmanship. White Barn Construction is where your vision becomes reality, and our values shape the Maine construction industry for generations to come.

**\$500 off \$1,000 off** **Free**

Projects of \$5,000  
or more

Projects of \$10,000  
or more

Drafting on projects of  
\$25,000 or more

White Barn Construction. Cannot be combined with other discounts or offers - limit one per project. No cash value. Expires 03/31/2026. KILM2602

*Call today for a free  
estimate of your projects  
for this Spring & Summer!*

**207-730-0894**  
[www.whitebarnconstruction.com](http://www.whitebarnconstruction.com) [info@whitebarnconstruction.com](mailto:info@whitebarnconstruction.com)

## Interior Renovations

*As well as...*

Kitchen & Bathroom Renovations

Additions • Basement Remodels

Flooring • General Renovations

Interior & Exterior Painting

Roofs • Hardscaping • Masonry

Windows • Decks • Siding





**PINE  
POINT**  
GRILL

**EVERY SEASON  
IS OUR SEASON.**

FRESH SEAFOOD  
STEAKS • PASTA • PIZZA  
CRAFT BEERS & COCKTAILS

NOW DELIVERING WITH  




Mention  
this ad to receive  
**\$5 OFF**  
your purchase of  
\$30 or more! \*

**240 PINE POINT RD ★ SCARBOROUGH, ME**

OPEN WED - SAT 4:00-8:30PM HAPPY HOUR WED - SAT 4:00-5:00PM

Reservations by phone or online at:

(207) 883-8383 | [www.pinepointgrill.com](http://www.pinepointgrill.com)

\*Does not include alcohol. Some restrictions may apply.



**PLACE  
YOUR AD  
HERE!**

Call (207) 934-0252 today  
or find us at [KeepItLocalMaine.com](http://KeepItLocalMaine.com)



Locally  
Owned &  
Operated  
Since 1974

**Selection & Knowledge That Can't Be Beat!**

Financing Available ★ Delivery Options Near You



When it comes to buying your next major appliance, there are a lot of choices out there, but there's only one that can match or beat any price (even from the big box stores) and is just a phone call away!



Stop in to see Tony or Cam to find the right deals, and then let Justin and Orion ensure your appliances are installed correctly and safely. With a 300,000 square foot central warehouse, \$600 million in buying power, availability of all major brands, and delivery options within a week or two on anything in stock, we know we're the right choice for you!

★★★★★  
"This place is a major step above going to big box stores. Not only are prices considerably less, but the customer service is insanely better. They even helped fill out rebate forms I didn't know I was entitled to. Highly recommend."

BARRY COLLINS



"I had used Appliance Warehouse 30 years ago when I built a house and had a great experience. Six months ago, we needed a new dishwasher and microwave. Again, a great experience. Ed, the installer for the microwave, was excellent.

I will never use anyone but Appliance Warehouse."

JULIE MORSE



"I've now bought a washer/dryer, dishwasher, and microwave from them over the past five years. Prompt service, very knowledgeable and the best prices in town. The guys who have delivered and installed everything have been great too."

STEVE SILVER

**MENTION THIS AD TO RECEIVE FREE REMOVAL OF YOUR OLD APPLIANCE!**

**411 Western Avenue**  
South Portland, Maine  
(207) 761-0000 [Sales@AWMaine.com](mailto:Sales@AWMaine.com)  
[www.maineappliancewarehouse.com](http://www.maineappliancewarehouse.com)



Start 2026 off with new windows & doors!  
Our team installs year round!



THE

# MAINE WINDOW COMPANY, LLC.

YOUR LOCAL SOURCE FOR WOOD OR VINYL WINDOWS & DOORS

- ★ Locally Owned & Operated
- ★ Energy Star Qualified Products
- ★ Manufacturer's & Workmanship Warranty Included
- ★ Over 60 Years of Combined Knowledge & Experience
- ★ A+ Rating with the BBB

**10% OFF**  
YOUR WINDOW OR  
DOOR PROJECT

Maine Window Company. Cannot be combined with other offers or discounts - one per household. Some restrictions may apply, please contact us for complete details. Offer expires 03/31/2026. KILM2602

FOR A FREE INDOOR OR OUTDOOR ESTIMATE, CALL LISA:

\*\*\* **207.712.3547** \*\*\*

1030 Portland Road  
Saco, Maine  
(207) 282-4844



WANT ROOM TO PARK IN THE GARAGE THIS WINTER? WE'VE GOT SPACE!

- ♦ Locally Owned & Operated
- ♦ Multiple Storage Options
- ♦ Sizes ranging from 5x5 to 15x20
- ♦ New Units Now Available!
- ♦ Fully Fenced & Well Lit Facility
- ♦ Safe & Secure with 24/7 Video Recording
- ♦ Climate Controlled Units Available
- ♦ 24/7 Access via Secured Gate Code
- ♦ Lighting Inside Units!
- ♦ Pay Online or Enroll in Auto Pay



WHETHER YOU'RE MOVING, RENTING, OR  
JUST NEED A LITTLE EXTRA SPACE...



WE'RE HERE TO HELP!

## FREE FIRST MONTH RENT

Southern Maine Storage. Tenant will receive their first month free of rent upon paying the 2nd month rent and \$25 deposit. Cannot be combined with other offers or discounts. Limit one per customer. Other restrictions may apply. No cash value. Expires 03/31/2026. KILM2602

SouthernMaineStorage.com

# PERRONE PROPERTY MANAGEMENT

**Don't Wait - Book Your  
Spring Projects Today!**

Full Service, Year Round for  
Residential & Commercial Clients

- ✓ Spring & Fall Clean Ups
- ✓ Landscape Projects
- ✓ Lawn Installation
- ✓ Mowing & Mulching
- ✓ Hedge Trimming
- ✓ Snow Plowing & Removal

**Call 207-281-2457 today!**

Dean.PPM@hotmail.com



Locally Owned & Operated  
Serving Scarborough to Wells



Follow Us:

**f** Perrone Property Management **@** @perrone\_propertymngmt



EXPERIENCE AUTHENTICITY,  
TASTE THE PASSION!

DAILY LUNCH SPECIALS  
GROUPS & PARTIES  
EVENT CATERING

**\$5 OFF**

YOUR PURCHASE OF \$30 OR MORE

EXCLUDES ALCOHOL

Guerrero Maya Mexican Restaurant Cannot be combined with other offers or discounts - limit one per check. No cash value. Expires 03/31/2026. KILM2602

449 Westbrook Street  
SOUTH PORTLAND • 207-747-5965



Classic Flooring

carpet • orientals • vinyl • ceramics • hardwood

ON-SITE WAREHOUSE

GREAT SALES STAFF

ON-TIME INSTALLATION

## THE CLASSIC DIFFERENCE!

We sell in all price ranges, allowing us to sell for less than the big box stores with 10 times the selection!

*"The selection & choices Classic Flooring has is spectacular. I compared prices & Classic had the best. Their installers showed up just when they said they would; they worked fast & did a perfect job."*

K. DENNIS - TOPSHAM, ME

429 US Route One • Scarborough, ME  
(800) 244-9541 • [www.classicflooring.com](http://www.classicflooring.com)

# domestiks

professional cleaning services

*You have better things  
to do... let  
Domestiks do it!*



BI-WEEKLY HOUSE CLEANING  
AS LOW AS

**\$145.00**  
PER VISIT

Domestiks Professional Cleaning Services. Cannot be combined with other offers. Limit one per customer per appointment. Residential cleaning only. No cash value. Expires 03/31/2026. KILM2602

HOME & OFFICE  
CLEANING  
CARPETS & FLOORS

**207.282.9955**

FOR A FREE ESTIMATE

[DOMESTIKSCLEANING.COM](http://DOMESTIKSCLEANING.COM)



### WE'LL KEEP THE LIGHT ON FOR YOU!

For all your electrical needs, large or small. We specialize in service calls for residential and commercial customers. All Phase Electric has the licensed, professional team to address the full spectrum of residential and commercial electrical needs to ensure your home or property is running correctly and safely.

#### SERVICES:

★ Interior and Exterior Lighting ★  
(Bucket Truck Available)

★ Main Electrical Service ★

★ Commercial Service Calls ★

★ Residential Service Calls ★

★ Kohler Whole House Generators ★

Call us today with your projects!

**207-284-8946**

[www.allphaseelectricme.com](http://www.allphaseelectricme.com)



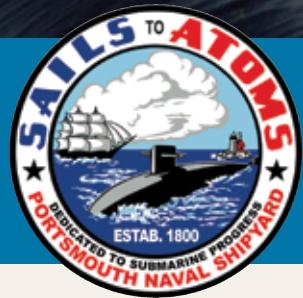


**START YOUR CIVILIAN CAREER  
AT THE NAVY'S PREMIER SUBMARINE  
MAINTENANCE FACILITY!**

**POSITIONS  
STARTING AT  
\$26/HR  
WITH FULL  
BENEFITS!**

**\$5,000  
STARTING BONUS  
FOR MOST  
POSITIONS!**

# PORTSMOUTH NAVAL SHIPYARD



Portsmouth Naval Shipyard employs a civilian workforce of top-tier professionals to safely overhaul, repair, and modernize the U.S. Navy's nuclear-powered attack submarine fleet, specifically *Los Angeles* and *Virginia*-class submarines. To learn more about the great civilian career opportunities available, visit one of our hiring events or email your resumé today!

Portsmouth Naval Shipyard is an equal opportunity employer.



## MONTHLY HIRING EVENTS:

**FIRST TUESDAY  
OF EVERY MONTH**

at the **Holiday Inn** ★ 2 - 5 pm  
300 Woodbury Avenue in Portsmouth, NH

## HIRING FOR EXPERIENCED

Painters ★ Pipefitters ★ Shipfitters  
Sheet Metal Workers ★ Fabric Workers  
Insulators ★ Machinery Mechanics  
Plastic Fabricators ★ And More!

**Bring multiple copies of your detailed resumé and Birth Certificate or US Passport**

\*Resumés must be two pages or less \*

**If you cannot attend, submit resumes to: [PTNH-Jobs@navy.mil](mailto:PTNH-Jobs@navy.mil)**





## BUILDERS & GENERAL CONSTRUCTION

ROOFING-HARDSCAPING-HOME REMODELING-MASONRY

It's a great time to book your inside projects for Fall and Winter! We're here to help with bathroom and kitchen renovations, basement conversions, and much more!

✓ ROOFING	✓ DRYWALL
✓ SIDING	✓ KITCHENS
✓ PATIOS	✓ BATHROOMS
✓ MASONRY	✓ WINDOWS
✓ DECKS	✓ BASEMENTS
✓ FENCING	✓ REMODELS
✓ FLOORING	✓ CONSTRUCTION & ADDITIONS
✓ PAINTING	



### BOOK NOW & SAVE!

**\$500 OFF**

PROJECTS  
OVER  
\$5,000

**\$1,000 OFF**

PROJECTS  
OVER  
\$15,000

**\$2,000 OFF**

PROJECTS  
OVER  
\$25,000

Z Construction. Cannot be combined with other offers or discounts - limit one per household. No cash value. Expires 03/31/2026. KILM2602

*Call us today for a  
FREE estimate!*

**207-590-4322**



RESIDENTIAL & COMMERCIAL CONCRETE SOLUTIONS

Transform your space with premium epoxy flooring that is the perfect blend of style and durability while adding beauty and functionality.

*"Excellent experience! Quoting process was simple, communication and scheduling went well. Finished product looks great. Peter and team were very professional. Thank you!" JAMES M.*

CALL US TODAY TO SCHEDULE A FREE QUOTE!

**207-351-6220**

mailto: peter@epoxyprosofnewengland.com [www.epoxyprosofnewengland.com](http://www.epoxyprosofnewengland.com)



#### **SERVICES:**

**Garage Floor Epoxy**

**Flake & Quartz  
Epoxy Flooring**

**Concrete Grinding**

**Metallic Reflector Floors**

**Self-Leveling Overlays**

**Concrete Sealing**

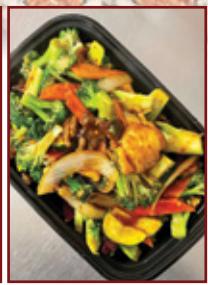


**Sushi & Hibachi**

426 US Route One  
Scarborough, ME

*Lunch & Dinner*

**f** @kirinsushihibachi



**\$5 OFF**

*Your purchase of \$30 or more  
on phone or in-person orders only*

Kirin Sushi & Hibachi. In store only - not valid for online orders. Cannot be combined with other offers or discounts - limit one per customer. No cash value. Expires 03/31/2026. KILM2602

**207.303.0063**

**KIRINSCARBOROUGH.COM**



Serving York & Cumberland County

Residential & Commercial

Driveway and Parking Lot Needs

**PAVING PATCHING  
SEALCOATING  
FREE ESTIMATES!**



**CALL NOW  
FOR SPRING  
& SUMMER  
PROJECTS!**

**1-877-961-8733  
207-459-0869**

**COMMUNITYASPHALTMAINTENANCE.COM**

FOLLOW US AT: **f @KEEPITLOCALMAINE**

**@KEEPITLOCALMAINE**

**@KEEPITLOCALMAINE**

*Call for your  
appointment today!* **207.890.8304**

800 Technology Way • Studio 1 • Scarborough ME

**Annette Papanikolaou**



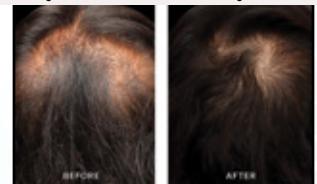
**HAIR STUDIO**

**BALAYAGE SPECIALIST**

**MASTER COLORIST**

**HAND-TIED  
EXTENSIONS**

*Do you have thinning hair?*



*Look what six weeks can do!  
Book a consultation today!*

**FREE**  
DEEP CONDITIONING  
STEAM TREATMENT  
WITH YOUR FIRST COLOR SERVICE  
A \$40 VALUE!

Cannot be combined with other offers or discounts - limit one per customer. No cash value. Expires 03/31/2026. KILM2602

# SEA SALT RESTAURANT

FRESH MAINE SEAFOOD

## MAINE BEER

LOCAL BREWS ON TAP – JOIN OUR MUG CLUB!

## FRESH SEAFOOD

FIVE ICONIC LOBSTER ROLLS & DAILY SPECIALS!

## COMFORT FOOD

CHOWDERS, SOUPS, BURGERS, & LOTS MORE!

**\$5 OFF**

YOUR PURCHASE OF \$30 OR MORE

Sea Salt Lobster Restaurant. Cannot be combined with other offers - limit one per table. Valid only for restaurant purchases. No cash value. Expires 03/31/2026. KILM2602



660 MAIN STREET ★ SACO, MAINE

SCAN THE CODE FOR ONLINE ORDERING FOR TAKEOUT & DELIVERY OR VISIT:

[SEASALTLOBSTERRESTAURANT.COM](http://SEASALTLOBSTERRESTAURANT.COM)



LOCALLY OWNED & OPERATED

RESIDENTIAL & COMMERCIAL

LAWN CARE & MAINTENANCE

LANDSCAPING & HARDSCAPING

SOD INSTALLATION & HYDROSEEDING

DRAINAGE SOLUTIONS & GRADING

MULCHING, EDGING, & PLANTING

CALL FOR A FREE ESTIMATE ON YOUR SPRING & SUMMER PROJECTS!

**207-632-8555**

[LITTLEFIELDLAWNANDSNOW.COM](http://LITTLEFIELDLAWNANDSNOW.COM)



Maine Windows + Doors Special

**10 Vinyl Replacement Windows Installed\***

- Energy Efficient
- Affordable
- Built-to-Last
- Financing Available
- We offer Andersen, Pella, Interstate, Trimline & Casco Industries Window Brands
- Mention This Ad To Receive an Additional 5% off.

**\$7,590**

\*Call for details on special

**CALL TODAY!**  
**(207) 712-0133**

[WWW.MAINEWINDOWSANDDOORS.COM](http://WWW.MAINEWINDOWSANDDOORS.COM)



# Choose Your Tomorrow at The Park Danforth

"I had some concerns, as I suspect most people entering senior living may have, regarding our social lives and whether we would develop friends here. Not only have my wife and I been able to maintain existing relationships, but we have met several new people here ... people we now consider to be our friends. The life enrichment program is designed to nurture interaction between people. The hostess in the Main Dining Room seats new guests with compatible table mates and within days, individuals become neighbors and friends. The floor we live on has become our new neighborhood. The people living here seem to understand that all of us have been new to The Park Danforth at some point. Everyone is so friendly here. My wife and I could not feel more at home."



## INDEPENDENT LIVING • ASSISTED LIVING • SUBSIDIZED HOUSING



### THE RIGHT PLACE WITH THE RIGHT SERVICES:

- Convenient location
- Life Enrichment activities
- Health and wellness programs
- Flexible dining options
- Emergency call system
- Warm and welcoming staff

SCAN THE CODE TO  
LEARN MORE OR VISIT  
[PARKDANFORTH.COM](http://PARKDANFORTH.COM)



A LOCAL NON-PROFIT COMMUNITY SINCE 1881



**The Park Danforth**  
THE RIGHT PLACE. THE RIGHT CHOICE.

CALL TO SCHEDULE YOUR TOUR TODAY!

**207.797.7710**

# **E**ASTERN CARPET & UPHOLSTERY CLEANING



Call us to schedule pick-up service  
Or drop-off Monday-Friday 8:00am - 4:30Pm at  
63 Pleasant Hill Road in Scarborough, Maine

Book your  
cleaning today... **207.885.1499**



[EASTERNCARPETCLEANING.COM](http://EASTERNCARPETCLEANING.COM)

## Want to grow your business?!



We can help!!!



Promote **YOUR** business to **THOUSANDS** of  
people in & around your community with us!

**Call (207) 934-0252 today**  
or find us at [KeepItLocalMaine.com](http://KeepItLocalMaine.com)



Gerrish Remodeling & Design, expertly led by Rick Gerrish, is a premier home improvement company based in Saco, Maine,

serving all surrounding areas. With 15 years of industry experience, we specialize in basement remodeling, siding, and deck construction. Renowned for our exceptional one-on-one customer communication and commitment to quick, on-time service, our locally owned and operated business is dedicated to transforming your living spaces into your dream home with unparalleled professionalism and attention to detail.



"We hired Gerrish Remodeling & Design to turn our basement into a family room/play room with lots of built-in storage. They did an amazing job. From the start Rick was responsive and easy to communicate with. Throughout the process he kept us informed, him and his team were efficient, clean, and respectful, and the work they did was outstanding. Rick even gave us some ideas throughout the build to improve the design, and they turned into some of our favorite features of the basement! Without hesitation we would hire these guys again.

Thanks for a space we love that will grow with us as a family."

Call today to book your Spring & Summer projects!

# **207-391-3360**

[www.gerrishremodeling.com](http://www.gerrishremodeling.com)





UNIQUE HAND-CURATED SELECTION OF GIFTS AND DECOR ALL YEAR!

- NEW ENGLAND & MAINE COLLECTIONS
- SOAPS, CANDLES, TOWELS
- KIDS BOOKS & TOYS

ONLY AVAILABLE AT

OAK HILL ACE HARDWARE  
29 GORHAM RD  
SCARBOROUGH, ME

MON-FRI 7A-6P | SAT-SUN 8A-5P



**20% OFF**  
ALL GIFT ITEMS

NOW THRU  
FEBRUARY 28, 2026



SOME EXCLUSIONS APPLY. SEE STORE FOR DETAILS.

**NEW YEAR...  
NEW SPACE!**



**PRIDE** STORAGE  
SOLUTIONS

**207-800-5917**

**192 INNOVATION WAY  
SCARBOROUGH, MAINE**

LOCATED AT **THE  
DOWNS**

BOOK ONLINE AT: [PRIDESSTORAGESOLUTIONS.COM](http://PRIDESSTORAGESOLUTIONS.COM)



- ★ Locally Owned & Operated
- ★ Climate-Controlled & Traditional Units
- ★ All Ground-Floor, Drive-Up Access
- ★ 24/7 Access via Mobile App
- ★ Discounts & Referral Program Available
- ★ Office Hours: Mon-Fri 9am-3pm | Sat 10am-2pm



## Experience the tallow difference!

Locally sourced  
grass-fed tallow  
skincare products



**Shop Local or Shop Online!**  
Available at 9 locations throughout Southern Maine

whipped lotions  
sunblock  
deodorant  
lip balms  
body butter

10% Off  
using code  
**THANKYOU**  
online!



WHITE PINE TALLOW

Learn more and order at

[whitepinetallow.com](http://whitepinetallow.com)

@whitepinetallow





Bringing your dream space to life  
through personalized service and  
design expertise!



Whether building a new house or remodeling your current home, we can guide you through the entire process with design services, counter tops, cabinets, and hardware. We have been serving homeowners and contractors in Southern Maine since 1977!

*Visit our showroom!*

197 US Route One in Scarborough, Maine

*Call* (207) 883-5562 *Online at* [www.indisco.com](http://www.indisco.com)



★★★★★  
"We have been very pleased through all the phases of planning and completing our kitchen and baths projects with Indisco. They were professional and offered great assistance with options and choices during the process."

SCARBOROUGH VOL 13, #3 - FEBRUARY - MARCH 2026

©2014 - 2026 by Steadfast Marketing & Keep It Local Maine Cover photo by Jay Zubiate

DISCLAIMER: Opinions expressed in ads or advertorials are not to be considered official expressions of Keep It Local Maine or Steadfast Marketing. The publisher and Keep It Local Maine assume no responsibility for errors and omissions within. The publisher and Keep It Local Maine reserve the right to accept or reject all editorial and advertising matter without explanation. Neither the publisher nor Keep It Local Maine assumes any liability for unsolicited manuscripts, photographs, artwork, or electronic files.

★★★ PROUDLY DESIGNED & PRINTED IN MAINE ★★★

KEEP IT LOCAL MAINE™ ★ SCARBOROUGH ★ PRINT OFFERS AT: [KEEPITLOCALMAINE.COM](http://KEEPITLOCALMAINE.COM)

**JOSH CARBONE**  
LAWN & YARD MAINTENANCE  
A-1 SEALCOATING LLC

Call today for all your  
landscape & hardscape needs!

Lawn Installs & Repair

Edging, Mulching, Pruning,  
& Planting

Hardscape Installation:  
Walkways, Patios, & Walls

Drainage Installs

Landscape Restoration

Landscape Design & Install

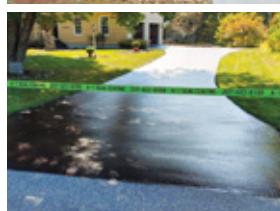
Sealcoating & Crack Filling

Full Insured ★ Free Estimates

**207.423.6100**

Owner on site for all jobs

[WWW.JCARBONEYARDMAINTENANCE.COM](http://WWW.JCARBONEYARDMAINTENANCE.COM)



## HELLO, OUR NAME IS...

Keep It Local Maine



TODD & KIMBERLY REGOULNSKY  
PUBLISHERS OF KEEP IT LOCAL MAINE

This is a magazine dreamed, designed, and done by people who live in Maine and who are passionate about local businesses. From start to finish, everything we do is designed, printed, and mailed right here in Maine. Our goal is to offer a high quality, memorable, beautiful, and economical way for people to promote their businesses. Each of our magazines is distributed to 13,000 mailboxes as well as placement in local businesses, available for download through our website, and posted on social media.

Call (207) 934-0252 today  
or email [kim@keepitlocalmaine.com](mailto:kim@keepitlocalmaine.com)



[www.KeepItLocalMaine.com](http://www.KeepItLocalMaine.com)

[@keepitlocalmaine](https://www.facebook.com/keepitlocalmaine)

[@keepitlocalmaine](https://www.instagram.com/keepitlocalmaine)



**Stewart Smith Photography**

15 Holly Street Scarborough, Me.  
207-939-6834 [ssphoto@rocketmail.com](mailto:ssphoto@rocketmail.com)



Instagram



Specializing in:  
Headshots – Weddings – Modeling Portfolios – Families  
High School Seniors – Maternity – Fitness – Events & More



# SCARBOROUGH

RENOVATIONS  
COMPLETE!  
ALL NEW CARDIO  
EQUIPMENT AND  
MAIN FLOOR  
REMODEL!



# PORTLAND

## TWO LOCATIONS, ONE MEMBERSHIP, ZERO FEES.

- ★ ALL MEMBERSHIPS INCLUDE **ACCESS TO BOTH LOCATIONS** & **ALL CLASSES** (INDOOR CYCLING, YOGA, ETC.)
- ★ FREE CONSULTATION WITH A PERSONAL TRAINER
- ★ PERSONAL TRAINING AS LOW AS \$33/HOUR!
- ★ SPECIAL FUSION ROOM FEATURING CYCLING & KETTLEBELL CLASSES (**PORTLAND**)
- ★ LIFE FITNESS IC7 COACH BY COLOR CYCLING BIKES
- ★ CUSTOM MATRIX CARDIO & STRENGTH EQUIPMENT, & CUSTOM HAMMER STRENGTH EQUIPMENT (**PORTLAND**)
- ★ LUXURIOUS LOCKER ROOMS WITH SAUNAS & HEATED FLOORS
- ★ RED LIGHT THERAPY BOOTH (**PORTLAND & COMING TO SCARBOROUGH IN 2026**)
- ★ NXGEN EATS CAFE & SMOOTHIE BAR AT BOTH LOCATIONS
- ★ NXGEN STRONG SMALL GROUP TRAINING (**PORTLAND**)



"NXGen is a great gym. It's clean and well equipped with anything you can want for your fitness."

JEAN CLAUDE



29 PLEASANT HILL ROAD  
SCARBOROUGH

75 NORTHPORT DRIVE  
PORTLAND

Sign up online at: [nxgenfitness.com](http://nxgenfitness.com)

@nxgenfitness

@nxgenfitness



Don't be  
nervous...  
**CALL  
PURVIS!**

"Shawn was great, from coming out to giving us a quote and getting the job done timely. Stuck to original estimate and was very professional from start to finish. Will be definitely using Purvis for my next roofing project. Highly recommend giving them a chance!!!"

JASON H. ★★★★★ Google Reviews



*Exterior Home Service & Repair:* Roofing • Gutters • Siding • And More!

*U.S. Route One in Saco, Maine*

207-408-3057 • [PurvisRoofingMaine.com](http://PurvisRoofingMaine.com)

