

# KEEP IT LOCAL MAINE

FALMOUTH, CUMBERLAND, & YARMOUTH

MID-DECEMBER 2025 - MID-FEBRUARY 2026 ★ ISSUE 24



## START YOUR FITNESS JOURNEY IN OUR AFFORDABLE LUXURY PORTLAND LOCATION!

SEE PAGE 3

### *Holiday Issue!*



#### IT'S COZY SEASON!

COASTAL BREEZE HEAT PUMPS  
offers installation, service, & more.

SEE PAGE 4

#### HOLIDAY SUSHI & SIZZLE!

KON ASIAN BISTRO is a fun  
night out any time of year.

SEE PAGE 7

#### CONFIDENT SMILES!

GREGOIRE ORTHODONTICS is  
where expertise makes beautiful smiles.

SEE PAGE 10

#### FLOORING SOLUTIONS!

EPOXY PROS OF NEW ENGLAND  
adds value & beauty to concrete floors.

SEE PAGE 14





"Clean and happy office, the people there really know their stuff and are very friendly. Made getting fillings as enjoyable as possible!" **MARINA T.**



"Very friendly community dentist office. They are always happy when you arrive."  
**KEVAN C.**



"Friendly, honest, transparent, helpful. Very nice facility, easy to access."  
**KIRK L.**



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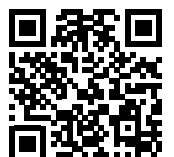
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"NXGen is a great gym. It's clean and well equipped with anything you can want for your fitness."

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**Flags may be dropped off anytime**

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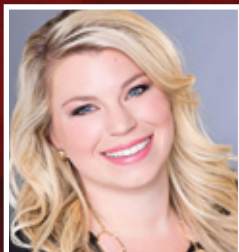




# MAINE'S PREMIER COLLEGE PLACEMENT ★ PRACTICE ★

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Senior College Consultant

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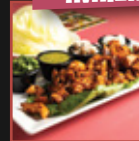
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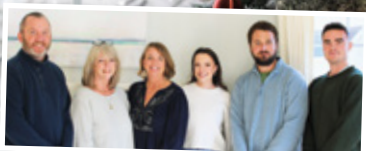
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15 YD



20 YD



30 YD

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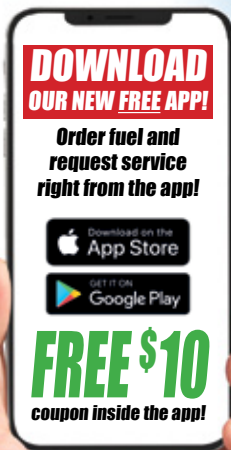
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7



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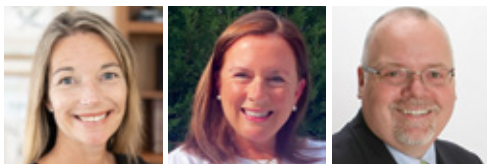
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Give us a call today amigo!

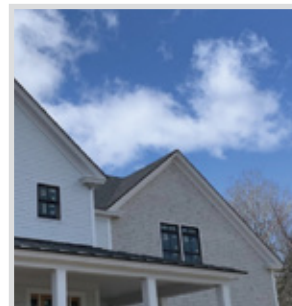
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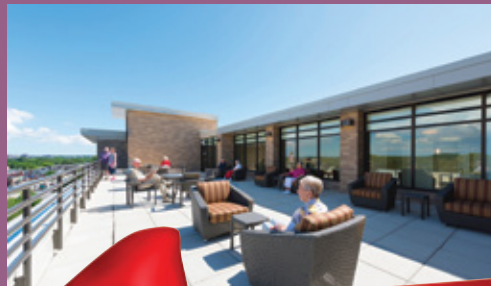


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"I had some concerns, as I suspect most people entering senior living may have, regarding our social lives and whether we would develop friends here. Not only have my wife and I been able to maintain existing relationships, but we have met several new people here ... people we now consider to be our friends. The life enrichment program is designed to nurture interaction between people. The hostess in the Main Dining Room seats new guests with compatible table mates and within days, individuals become neighbors and friends. The floor we live on has become our new neighborhood. The people living here seem to understand that all of us have been new to The Park Danforth at some point. Everyone is so friendly here. My wife and I could not feel more at home."

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FROM YOUR FRIENDS AT THE PARK DANFORTH



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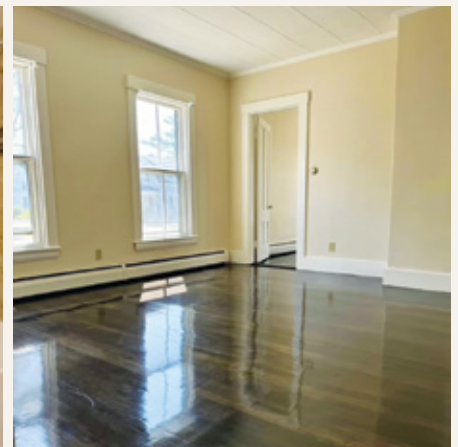
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peter@epoxyprosnewengland.com www.epoxyprosnewengland.com



# HELLO, OUR NAME IS...

## Keep It Local Maine



This is a magazine dreamed, designed, and done by people who live in Maine and who are passionate about local businesses. From start to finish, everything we do is designed, printed, and mailed right here in Maine. Our goal is to offer a high quality, memorable, beautiful, and economical way for people to promote their businesses. Each of our magazines is distributed to 13,000 mailboxes as well as placement in local businesses, available for download through our website, and posted on social media.



TODD & KIMBERLY REGOULINSKY  
PUBLISHERS OF KEEP IT LOCAL MAINE

Call (207) 934-0252 today  
or email [kim@keepitlocalmaine.com](mailto:kim@keepitlocalmaine.com)



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***"From the very start, particularly as we were remote, we needed to feel the connection; a mind meld so to speak. Even over the phone in the first conversation or two, we felt that they were easy to work with and understood the market very well."***

*Bob and Feriale M.  
Falmouth, Maine*

**Real estate transactions inevitably come with anxiety. With an expert in your corner, you can rest easy knowing that they know exactly what to do. When you find a Realtor® you trust, not only will you get a better financial outcome, but you will also save yourself stress along the way!**

### **Here's their story...**

Bob and Feriale had found themselves empty nesters nearing retirement. They were ready to escape the hot Dallas summers and Maine was appealing, as they wanted to be near the coast. The Portland area offered everything they were looking for, but they had one problem - they needed someone they could trust to guide them through the home-buying process.

Their online search for a Realtor led them to The Matt & Gena Team. *"They were either #1 or at the very top of every list we looked at,"* said Bob and Feriale, *"We made a phone call and the rest is history."*

Through conversation and listening to the wants and needs of the couple, The Matt & Gena Team was able to provide insight into area homes that would interest the couple, ultimately leading them to find their perfect Maine home!


**Moral of the story?** Their trust in the team was well-placed, and the service they received greatly exceeded their expectations. What is their one piece of advice to someone looking to buy or sell in the Greater Portland area?

***"Give The Matt & Gena Team a call, seriously!"***

## **Your TRUSTED Real Estate Experts**

*Where Experience Meets Heart...We don't just close deals; we create bonds. With decades of local expertise, we go above and beyond to make every transaction seamless, guiding your way home with unrivaled expertise and ease.*



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