Knighton railway station to Knucklas railway station 7km

- 1. Leave Knighton Railway Station to walk up Station Road, passing the Horse and Jockey pub to a junction; the Knighton Hotel stands opposite. Go right into Broad Street to rise up to the Clock Tower. Those coming in from the Offa's Dyke Discovery Centre need to turn left from the entrance of the Centre to walk along West Street to the Clock Tower. From here you will be following Glyndŵr's Way out of town to Rookery Lane. This is a national trail so you will need to follow the Acorn trail waymarks; there will be no Heart of wales Line Trail roundels on this section.
- 2. From the Clock Tower head up High Street which leads into The Narrows, a steep pedestrian street up to a junction just beyond the Golden Lion pub in Castle Road. Go left here and in approximately 100 metres keep right. Just beyond the junction with Plough Road, descend a paved path on the left to cross Mill Road and drop down again to George Road. Keep right here to walk between cottages and waterside gardens. Continue ahead on a surfaced path near to the Wylcwm brook. This rises up to Mill Road. Cross over and climb by gardens and pass the end of a drive. Cross Penybont Road and proceed up a drive, but cut right to climb again by gardens up to Garth Lane.
- 3. Go right here for about 50 metres, then turn left on a track by cottages. The green track leads into woodland beneath Garth Hill. Go through a small gate, and follow the path as it bends to the right, dips a little and then rises up through the wood. Ignore paths and gates to the right down the hillside; keep ahead to leave the wood by way of a field gate and then along a green lane bordered by tall hedges. This gives out to Rookery Lane. Keep ahead up to the triangular junction.
- 4. Turn right here to leave Glyndŵr's Way along a road signposted to Llangunllo. Ignore the turning on the right to Craig-y-don, but keep ahead through a field gate by a cattle grid onto open access land, known as Racecourse Common or White Anthony. Leave the road to walk along a green track for about 700 metres. It peels off the lane to the right and runs near to the fence line until the far end where it cuts the corner but soon returns to the hedge line. Look for a finger post on the right. Go through a

field gate here and walk ahead to pass through a second gate. Once through, turn left to walk alongside a hedge and through a third field gate. Finally, climb a stile onto a lane.

5. Turn right to walk down the lane as it winds its way down for about a kilometre, dropping steeply into Knucklas. At the junction before the viaduct, go right and you'll see an interpretation board beneath the arches on the left. Continue ahead to reach a bridge spanning the Ffrwdwen Brook. Those continuing should keep left over the bridge.

Station Link: If you are heading for Knucklas railway station or bus stop then turn right before the bridge to pass by the Castle Inn. Continue ahead at the junction by the inn; there's a bus stop for buses to Knighton opposite the bus shelter. Turn next right into Glyndŵr for the railway station at the top of the hill.

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