

## Builth Wells (The Groe) to Llanwrtyd Wells railway station

22.5km

Cut off at Llangammarch station

16km

1. From the main bus stop (The Groe) by the statue of a Welsh Black bull, turn left to walk along the tree lined promenade by the River Wye, part of the Wye Valley Walk. The path cuts left to follow the Afon Irfon to a footbridge. Do not go over the bridge but continue alongside the river for a short distance, where you leave the surfaced path to walk slightly right along a green track up to the A483 road. Cross over and proceed into Irfon Bridge Road.

2. The road rises to a corner and layby where you cut half right over a stile and footbridge to follow a charming path between gardens and the river. The path crosses a tributary stream and bends left upstream for a short narrow section, before turning right to run between fences to Nant-yr-Arian, where you'll pass by a line of cottages. Walk up to a junction and go right to leave the town.

3. Within a few metres, go left to cross a stile by a field gate. Climb up the field alongside the wood's edge with the stream below on your left, to cross a stile by a field gate into a green track. Continue ahead to cross a third stile and onward along the track; this gives out at a gate into a field. Follow the hedge on the left up to another field gate. Go left through it and climb up with a hedge now on your right. Ignore the first gate, but turn right through the second one to follow a track which bends left, through a gate, passing between stables and a bungalow at Lower Hall Stables.

4. Go left onto the road to walk up by a community hall and a church. Just past the church, the road then bends left and at this corner you turn right to walk along a track; there's a bungalow on the left. Keep ahead through three field gates and with a barn to the right. Continue along a corralled track and then follow the fence on the left down to the woodland, through a pasture where horses are often kept. The track sweeps slightly left through the wood and leads down to another field gate. Go through and

follow the hedge to your left down to another field gate. It now descends more steeply, over the Cneiddion brook, and through a final field gate.

5. Go left at the junction to climb up to a field gate leading into the yard of Brynbanedd Farm. Keep ahead on the track, through two more field gates to leave the farm behind. The clear track drops down left to a gully where it crosses a stream and rises up right through a field gate. The track continues to curve right, away from the stream and then bends to the left alongside a hedge. Go through another field gate and the track begins to level.

6. Proceed through a final gate to the open access hillside of Moelfre. Make sure to identify your route at this point! Once through the gate, leave the farm track at approximately 45 degrees (left) along a bridle path that is not well defined. Do not follow the main track which continues ahead and ignore the green track that goes straight up the hill parallel to the closed gate and fence to your left! Your route rises gently across the shoulder of Moelfre. It becomes more defined as you proceed. Ignore another green path up the hillside on the left; keep ahead through a field gate into a pasture. Proceed ahead along a slope to another gate by a small outcrop, quarried in recent times.

7. Once through the gate, go ahead over a track and pass a solitary oak, just inside an oval hard surface circuit. As you approach the opposite boundary fence turn right to walk parallel to it and through a field gate to the right of the corner. Proceed along the fence at first, but peel off left along a green track which curves right up the bank and then straightens and rises through an oak wood to another field gate. Go through it and walk ahead alongside a hedgerow of hawthorns. Proceed through a field gate then descend to another. Head down the field to a point to the left of the bottom right corner. Go through a small gate and ahead to another which leads onto a track.

8. Go left towards Pen-y-waun; the bridleway passes a stable and a drive leading off to the right. You, however, continue ahead through a field gate, turning immediately right on open access land. Proceed ahead near to the fence on the right where there are again good views across to the Cambrian Mountains. As the fence and another bridleway peels off right

you reach a junction. Keep ahead to rise up to a sunken track which curves slightly left through bracken and gorse to reach a junction, where you cut right to dip down to a stream and through a gate onto Ministry of Defence land where there's a red flag. Make sure you read the information provided, but be assured that it is possible to walk the Epynt Way even when training is in progress.

9. Go slightly right up a short sunken section beneath the finger post to a track known as Warren Road. Continue ahead along it. There is an artillery range a few miles away and there might also be army exercises nearer but do not be alarmed. The Epynt Way path is very well waymarked; each post is topped with a yellow cap.

10. Beyond a junction of tracks come to Post 131 and here you leave the track and ease slightly right down the hillside. The path then curves left and climbs up, just to the right of the coniferous plantation, and left of the ravine, Cwm Graig Ddu. You are heading to the viewpoint on the road ahead – with a red flag usually flying a little further down the road. Keep ahead through wet ground and to waymark Post 138. Now proceed very slightly right, climbing more steeply up to the viewpoint. Go right by picnic tables and left up steps to the road.

11. You leave the Epynt Way here and head right, alongside the B4519 road until it reaches a cattle grid, where there are other road signs warning traffic about the military training in the area. At the right hand corner, leave the road to walk ahead down a green path, which passes by a solitary sentry hut and then twists slightly right and left across wet moorland. Follow the path down the ridge, through a field gate. There are exceptional views down to Llangammarch and beyond. Descend more steeply down to pass through two field gates just before a dwelling, Troed-Rhiw Isaf, at the foot of the hill. Keep ahead on the track to pass to the left of the house and then walk down a tree lined lane.

12. Continue down this winding lane for 2 km or 1.2 miles right into Llangammarch Wells; it includes a right hand turn at a junction just before the village and it merges onto the main road by the village post office. Keep ahead for the bridge over the Afon Irfon. Head under the railway

bridge and turn right to reach the railway station or, for those walking on, go left to continue to Llanwrtyd Wells.

13. The route passes the Cammarch Hotel and follows the road out of the village, over a bridge, then rises up and over the hillside of Cefn Derwyn. At the first junction turn left, follow round a corner and onwards to the next crossroads. Take the narrow lane ahead, which is a no through road to leading to a small number of farms. This rises up to pass the entrance to Prysiau-fawr and then dips down where you take the gate ahead (leaving the lane) onto an unsurfaced track to Tyn y Rhos. Follow this track through a gate and onwards to another gate leading into open access land.

14. The line of the bridleway is not so clear on the ground here (this is, however, open access land). Head slightly left across the rough ground towards a pronounced gully, then walk on the near side of this to cross it before it gives out into a boggy area. Follow a stream to the right along one of several narrow paths through the rushes to find a footbridge over the infant Camddwr. Once across, walk slightly right to reach the gate (and leave the open access land).

15. Through the gate there is no clear path across the pasture but walk towards trees ahead on slightly higher ground. Continue beyond these and then aim very slightly left to drop down to a gate by a small stream. Go through it and keep ahead, slightly right alongside a line of hawthorns and gorse, then ahead over a gentle brow to a gate beyond which is a fenced-in track. You follow this attractive green tree lined bridleway through a series of gates all the way to the road. There's wetland to the right, the source of the Camddwr, which flows into the Afon Lrfon. Turn right on to the road and follow it towards Llanwrtyd Wells. At the junction, keep left for Llanwrtyd railway station.

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