

Leadership Mentor Bio's

Name: Sue Green

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Job title: Head of Care & Support



A little bit about me:

I have worked in the adult social care sector for many years, and in a senior management position for the past 15 years. I am currently Head of Care & Support for a local social care provider employing over 100 employees.

I am passionate about sharing my knowledge and experience with people and welcome the opportunity to mentor people.

I am a mum, grandmother, and have a beautiful cheeky cat called Tommy. I am passionate about keeping active and regularly swim, and walking. I am a passionate foodie, I love finding new recipes to try out, and love trying new dishes.

I trained as a counsellor and volunteered for various charities over the years.

A snapshot of my career:

I began my career working for the local authority, as a team leader of a respite service for adults with learning disabilities and autism.

I worked with MIND in a training role. and this is where I really developed my passion for training and supporting individuals experiencing difficulties with their mental health into work and/or training.

Once funding for the role at MIND came to an end, I began working for a housing association in their social care team, managing accommodation for adults with a range of needs, including autism, mental health issues, and learning disabilities.

I have gained many qualifications across the years, including a diploma in working with people with personality disorders, I am also a positive behaviour support trainer, (NAPPI) and many others.

I have been in a senior leadership position for a few years, and I actively promote a Grow our own talent ethos within the company. I have a passion for mentoring people to enable them to progress within their careers.

I like to motivate others by: being genuine and authentic in my communication and to offer genuine praise and feedback. I lead by example, and I like to work collaboratively when setting people goals and expectations, ensuring we celebrate the wins, and complete a lesson learned if and when things don't go to plan.

A personal value I stand by is: Compassion.

Others would say my best leadership quality is: Integrity. I am honest and consistent, if I say I am going to do something I do it, and if for some reason I can't do it, I will ensure you know why and what my plan is.

My main strengths, skills and qualities that would benefit a mentee are:

I am a very patient person, and I can find a way to explain complex tasks in a way people seem to understand.

I have taught both my children to drive, and both successfully passed their tests 1st time. Both have completely different learning styles and temperaments!

I am a great listener, and I can read body language well, so I can often tune into what is NOT being said by the person.

I am extremely good at planning and organising, events, information and projects. I can also work in an open-minded way to explore solutions when there are challenges.

I have excellent time management skills and understand how to prioritise tasks when needed.

I am very passionate about mentoring people, and I am very committed to doing so.

I am a "glass half full" person, but can recognise that not every one sees their glass in this way, I have a strong sense of intuition and can support people in an empathic and compassionate way.

My interests outside of work include:

I love being out in nature, walking through woods, hiking up a mountain, or walking a coastal path, either with family and friends or on my own.

I am a passionate foodie, I adore travelling to new places and experiencing local cuisine, and I love cooking new recipes for family/friends.

I am a mum to 2 grown up children, and 3 beautiful grandchildren and I love spending time with them!

Anything else of interest:

I have supported teams through significant periods of change during my career, through redundancy consultation and through a large redevelopment programme. This really enabled me to develop my communication skills, and planning and organising skills. It also taught me to think outside of the "box" sometimes is needed to find solutions.

I have also had personal bereavement (I have gone through therapy for this) I do understand how loss can impact and derail someone in their life.

These events and experiences in my career, have helped me develop a real desire to support people and mentor them in their role.