Awareness & Values

How do my personal values and biases influence the way I perceive safeguarding concerns?

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Awareness & Values

When have I felt uncertain about a safeguarding issue, and what guided my decision-making?

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Awareness & Values

What does “safe” truly mean for the people I support, from their perspective rather than mine?

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Awareness & Values

How confident am I in recognising subtle or non-obvious signs of harm or neglect?

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Observation & Curiosity

What patterns or changes in behaviour might I be overlooking or normalising?

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Observation & Curiosity

How do I distinguish between risk, vulnerability, and resilience in those I work with?

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Observation & Curiosity

When something “doesn’t feel right,” how do I explore that intuition professionally?

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Observation & Curiosity

What questions am I not asking that could uncover hidden safeguarding concerns?

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Communication & Relationships

How effectively do I create environments where individuals feel safe to disclose concerns?

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Communication & Relationships

When someone shares a concern, how do I balance empathy with professional boundaries?

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Communication & Relationships

How do power dynamics affect people's willingness to speak up—and my ability to hear them?

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Communication & Relationships

In what ways do I ensure that the voice of the individual remains central in safeguarding decisions?

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Decision-Making & Accountability

How do I decide when to escalate a concern versus continuing to monitor a situation?

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Decision-Making & Accountability

What factors might cause me to hesitate in taking safeguarding action, and how do I address them?

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Decision-Making & Accountability

How well do I understand and apply safeguarding policies in complex or ambiguous situations?

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Decision-Making & Accountability

When have I challenged a decision related to safeguarding, and what did I learn from it?

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Reflection & Learning

What safeguarding situation has had the greatest impact on me, and how has it shaped my practice?

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Reflection & Learning

How do I process the emotional impact of safeguarding work while maintaining effectiveness?

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Reflection & Learning

What feedback have I received about my safeguarding practice, and how have I acted on it?

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Reflection & Learning

What is one aspect of safeguarding practice I need to strengthen, and what steps will I take next?

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