

Leadership Mentor Bio's

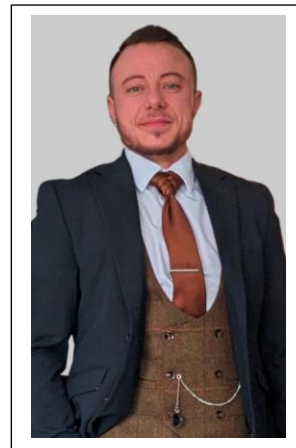
Name: Jamie Sewell

Email address: Jamie.sewell@nhs.net

Job title: Reporting Radiographer.

Specialist Clinical Practice Educator:

Radiology Training and Educational Lead.



A little bit about me: I am a passionate driven person, who always strives to do the very best I can in anything I apply myself to. I am dedicated to self-development and always actively reflect to ensure progression in this. I would describe myself as an emotive person, and I am not afraid to explore challenging concepts or discussions with an open mind so as to gain awareness and broaden understanding.

I get a lot of energy from helping others, and there is nothing I love more than being able to help someone move forward in some way.

A snapshot of my career: I qualified as a Diagnostic Radiographer in 2009 and started my career at the Luton and Dunstable Hospital, as a band 5 Radiographer. Here I gained rotational experience in X-ray, CT, and Fluoroscopy Radiology. During my time at Luton, I progressed into a Band 6 Senior Radiographer role, and I also completed a PgCert in Musculoskeletal X-ray Reporting in 2011. In 2014 I moved to Buckinghamshire Healthcare Trust as a Band 7 Senior Reporting Radiographer, and in 2020 I completed my Professional Graduate Certificate in Education (PGCE) for post compulsory sector teaching. I worked on the frontline with my amazing healthcare colleagues during the global pandemic, and when the worst of that had passed, I progressed into my current band 8a role as the Radiology Training and Educational Lead.

I like to motivate others by: Providing a process that facilitates person-centred insights and promotes empowerment within that helps to overcome obstacles and achieve the best of an individual's ability.

This could be Leading by example, Mentoring and/or Supporting growth, proving fun learning opportunities or by providing a platform of person-centred reflective discussion that allows an individual to find their own way.

A personal value I stand by is: No matter what our job title, educational status or financial capacity is, we are all at the core Human, and therefore equal.

This means we can all connect at some point on a level that is joined by the shared 'Human Experience'. To walk that experience is to encounter a spectrum of happenings that evoke the extremist of emotions and everything in between. You never quite know what others are carrying, and in a world where we can be anything, be kind.

Others would say my best leadership quality is: To answer this question I asked the members in my amazing teams, and these were the buzz words they replied with:

"Supportive; Understanding; Encouraging; Enthusiastic; Considerate; Energetic; Passionate; Empathetic; Individualistic; Thoughtful; Caring; Intelligent; Driven."

It brings me so much happiness to know my teams see me in this light.

My main strengths, skills and qualities that would benefit a mentee are:

Honesty; Integrity; Fairness; Equality; Intuition; Communication; Dedication; Openness; Professionalism; Training; Mentorship; Leadership; Management; Coaching; Empathy; Compassion; Organised; Listening; Non-Judgemental; Confidentiality.

My interests outside of work include: When I am not working, I love to spend time with my amazing family and friends, and I feel blessed for the amount of lovely people I have in my life. I enjoy being out and about in nature, and often go for walks, enjoying the lovely scenery that we are lucky to have in Herts, Beds and Bucks. I also enjoy fishing and camping, which are hobbies that allow me to get outside. I am quite a creative person and so I enjoy working with my hands to make things, such as wood carving and painting in my spare time. I am dedicated to my own health and wellbeing, as I believe prevention through a healthy lifestyle promotes longevity, so I engage in Meditation, Journalling, and Fitness at the gym.

Anything else of interest:

I once attended the Queen's Royal Garden Party at Buckingham Palace for my services as Guard Commander in the Dunstable Sea Cadets Corp.

I am also a Tarotist- providing a service for Intuitive Coaching using the medium of Tarot reading to initiate reflective discussion and enable valuable life insights for my clients.