**FAQ:**

**Q. Do I need to be in a clinical role to attend this course**

*A: This course is open to everyone, and you don’t have to have any previous experience in health or social care*

**Q: What materials are provided?**

*A: Course booklet and certificate of attendance*

**Q: Do I need prior experience?**

*A: No prior coaching experience is needed. This course is designed to be accessible and supportive, whether you’re new to health coaching or looking to refresh your skills.*

**Q: Will I get a certificate?**

*A: Yes, participants will receive a certificate or completion. While this course is not PCI accredited, it draws on key elements from our accredited programme 4 day Health coaching course.*

**Q: What should I bring or prepare?**

*A: Just bring yourself and be ready to engage. All materials are provided, and the sessions are designed to be practical and inclusive*