

Leadership Mentor Bio's

Name: Gaynor Tyler

Job title: Neonatal Matron



A little bit about me:

Hi I'm Gaynor, I have worked in the NHS for nearly 40 years and over 30 of those years have been spent working at Stoke Mandeville Hospital in various roles. I live in Aylesbury and have 3 grown up children and 2 grandchildren.

A snapshot of my career:

I trained as a Registered Adult Nurse in London and started my career in general medicine. I relocated to Aylesbury in 1991 and started working at Stoke Mandeville as a bank nurse working in all areas around the hospital, this gave me an opportunity to experience all aspects of nursing and found my niche in neonatal nursing where I commenced in a permanent post in 1997 and have remained there. Over the years I have completed several specialist courses in neonatal care and healthcare management which led to me into the role of Practice Development Nurse before becoming the Matron on the unit about 4 years ago.

I like to motivate others by:

Sharing my love and enthusiasm for neonatal nursing and letting everyone know anything is possible if you are willing to put in the time and energy.

A personal value I stand by is:

Always being honest, approachable and fair. Adaptable to the changing needs of the service. Always willing to support staff in all aspects of care.

Others would say my best leadership quality is:

I am approachable and supportive and will listen to everybody's point of view before agreeing anything.

My main strengths, skills and qualities that would benefit a mentee are:

I am a knowledgeable and competent practitioner and often can find solutions to problems.

I am empathetic and a good listener.

My interests outside of work include:

I have been a member of a choir for many years now which leads to many performing opportunities all around the country in some stunning venues.

On cold winter evenings I love to sew and knit and recently taught myself to crochet.

I also love to travel and explore new places.

Anything else of interest:

I am a registered Resuscitation Council Neonatal Life Support Instructor.