

Leadership Mentor Bio's

Name: Emma Chamberlain

Job title: Ward sister



A little bit about me:

I live in Aylesbury with my Husband and my 2 teenage children, who keep me busy as a Taxi service! I have worked within the NHS for over 25 years in different roles.

A snapshot of my career:

I started working within the NHS as a phlebotomist and medical laboratory assistant soon realising that I enjoyed patient contact more than the scientific part of the role. I moved into phlebotomy and then commenced by Nursing Education and subsequent career. I have always worked within the acute sector specialising in Surgery, Critical Care, Gynaecology, Urology and Trauma and Orthopaedics. I have worked my way up from a Band 5 Staff Nurse to a Ward Sister of the Surgical Assessment Unit, a fast-paced environment covering multiple specialities and short stay beds. I have a diverse team of 25 staff.

I like to motivate others by:

Being a role model and leading by example.

A personal value I stand by is:

I always say "I would never ask someone to do something I would not be happy to do myself"

Honesty and humility can break down any barriers.

Others would say my best leadership quality is:

Being a fair manager who is responsive to the needs of her staff and is open and approachable.

My main strengths, skills and qualities that would benefit a mentee are:

Active listening and communication.

Wealth of experience in dealing with acute and emergency situations, debriefs and moving forward.

Experience of progressing a career along with family life and the complexities and conflicts that arise.

My interests outside of work include:

I enjoy reading a wide range of genres and attend a monthly 'book club' (some call it a wine & cheese evening!) I am a beginner at yoga but love how calm and centred I feel afterwards. As a family we enjoy partaking in various water sports, mainly to laugh at each other. I am a keen baker and my work family do very well out of it!

Anything else of interest:

I had been involved with school PTAs for many years whilst my children were at primary school and enjoy organising fun, silly events to fundraise.