

Social Care Nurses Empowerment Programme

A 4-day blended learning programme to empower nurses in care homes with the skills, confidence and leadership to deliver exceptional care.



ABOUT THE PROGRAMME

This 4-day empowerment programme is designed specifically for nurses working in social care. It builds coaching, leadership and wellbeing skills to support confident decision-making, stronger teams and exceptional, person-centred care.

The programme blends interactive learning with practical tools, leadership insights, and personal development support to help you thrive and lead with impact.



TRAINING DAYS



Monday 21st September

Face to Face
Epilepsy Society,
Gerrards Cross SL9 0RJ



Thursday 8th October

Microsoft Teams (Online)



Tuesday 13th October

Face to Face
Epilepsy Society,
Gerrards Cross SL9 0RJ



Tuesday 10th November

Microsoft Teams (Online)

Face to face sessions at the Epilepsy Society



PROGRAMME OVERVIEW

- ✓ Coaching Skills (TGROW)
- ✓ Self Awareness & Emotional Intelligence
- ✓ Mental Wellbeing
- ✓ Self Growth & Lifelong Beliefs
- ✓ What Makes a Real Team
- ✓ Effective Communication
- ✓ Building a Compassionate Workplace
- ✓ Leadership 360 Feedback
- ✓ 1-2-1 Coaching (up to 6 sessions)



4 FACILITATED DAYS

2 x Face to Face
2 x MS Teams



ADDITIONAL SUPPORT

6 x 1 hour coaching sessions
1 x Leadership 360



TOTAL LEARNING HOURS
37 HOURS

**SCAN TO APPLY
OR FIND OUT MORE**

Scan the QR code to apply or
click [here](#)



“ Empowering nurses in care homes is essential to delivering safe, compassionate, and high-quality care. ”