

<div>Step 4</div> <div>Leading Teams</div> <div>Day 1 -2</div>		Definition		Team leadership refers to successfully managing and guiding a team of employees. Team leaders are often responsible for projects or operations within a company and achieving any related objectives. It's important for a company to achieve certain objectives to maintain the quality of its operations and promote continuous expansion and growth. Team leaders play a key role in achieving these goals. Strong team leaders can interact positively with their team, encouraging them to attain shared goals and maintain productivity. Companies often look for employees with strong leadership skills to promote into management positions.	
		Facilitated days		2	
		Guided learning hours		14	Face to face training
		Recommended additional reading/listening hours		7	The Five Dysfunctions of a Team by Patrick Lencioni
Learning Outcomes			Key Learning Points		Comments
1	To know what a real team is.		1.1	Understand where your team is in relation to a real or high-performance team.	
			1.2	Know the benefits of a group vs a team	
			1.3	Build the 5 functions of a team	
2	Systems Working		2.1	How to work better across teams	
			2.2	Who is in our system, and who should be in our system	

Learning Outcomes		Key Learning Points		Comments
3	Coaching Skills	3.1	Use TGROW and understand each element of the coaching cycle.	
		3.2	Practice mini coaching sessions with fellow delegates.	
4	Understand the 5 Steps to mental wellbeing	4.1	Know the acronym CAN-GT.	Connect, Active, New Skill, Give Back, Take Notice
		4.2	Use and explain the CAN-GT Stickperson of well-being.	
		4.3	Use effective questions to raise awareness around the Stickperson well-being.	
5	Building a compassionate workplace	5.1	Recognising barriers to compassion in the workplace.	
		5.2	Understanding the compassionate leadership behaviours.	
		5.3	How to build psychological safety within the team.	