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Megan Wade, LPN
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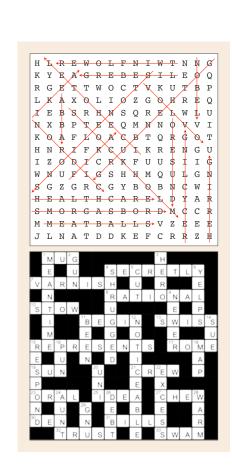
Sommer White, LPN Harbor Unit Coordinator



Amy Atkins
AL Life Enrichment



Michael Yates Chaplain





#### **LEGACY VILLAGE OF JACKSONVILLE**

#### NEWSLETTER | SEPTEMBER 2025



#### **Message From Your Executive Director**



It's September, and that means one of my favorite traditions is here: National Assisted Living Week! If you haven't heard the story, this week-long celebration was created nearly 30 years ago to honor the deep connections between residents, teams and families in

communities just like ours. Each year brings a new theme—this year, it's "Ageless Adventure" reminding us there's no expiration date on joy, curiosity, or a good laugh.

Here's a nugget of assisted living history you might not know: the very first modern assisted living facility in the country was Park Place in Portland, Oregon, opened by Dr. Karen Wilson in 1981. It was a game-changer—combining private rooms, around the clock care, community spaces, and real independence for residents. Oregon issued the first official assisted living license in 1988, so this whole movement isn't as old as you might think. But the heart of assisted living—respect, dignity, a sense of home—goes back much further.

That's always been our focus, too. When Barry Ray and Bryan Cook founded Legacy Senior Living,

they did it as a ministry, believing that every senior deserves to be treated like family, and served with honor, respect, faith and integrity.

We've got a full slate of fun planned for National Assisted Living Week, and you're invited to join us—not just for the week of festivities, but any day you want to stop by. Our doors are always open to family, friends, and anyone who wants to share in the adventure.

As we head into another month, thank you for the trust you place in us. It's a privilege to care for our residents and to share in the stories, smiles, and moments that make this community truly feel like home.

Here's to another month of living fully, loving deeply, and maybe learning something new along the way.

Sincerely,

Sasha Prough

Sasha Prough Executive Director





4th Sara Forbus



8th Alesia Waldrup



8th Dan Mason



10th Wayne Ginn



10th Susan Dalton



18th Mary Brown



19th Jean Garner



21st Mildred Burford



26th Frances Cooper



30th Sumiko George



30th Karen Drucker



**Team Birthdays** Lvnita Burns Sandra Barley Natasha Edwards



#### Chaplain's Corner

Here we are in the month

of September, only three months until Christmas. September is known as the month of harvest and the beginning of autumn. The seeds planted in the spring are now bearing fruit and are ready to be harvested.

Matthew 9:37 states "Then saith He unto His disciples. the Harvest truly is plenteous, but the laborers are few". In verse 38, "Pray ye therefore the Lord of the harvest truly that He will send forth laborers into His harvest."

Many times we might not be able to go unto the fields to labor, but we can pray for God to send those who can. Let us pray for one another that God will use us for His Glory.

May God Bless, Chaplain Mike



6 vrs Randall Woodrow



THANK YOU FOR BEING THE HEART OF

#### **ACROSS**

- 1. The picture taken when arrested is called a \_\_\_ shot.
- 4. Covertly
- 7. Glossy wood coating
- 8. Sensible
- 10. Pack away
- 11. Start
- 13. Cheese choice
- 15. Symbolizes, stands for
- 17. Where the Vatican is
- 19. Overhead light?
- 21. Workers on a boat or film set
- 23. Word-of-mouth
- 25. Concept
- 27. Prepare to swallow
- 30. Animal house
- 31. Invoices to pay
- 32. Believe in
- 33. Did laps, say

#### **DOWN**

- 1. Until then, in the
- 2. "Glue" or "staple" follower
- 3. "My \_\_\_!" (said to one who saved your kitten)
- 4. Raised shoulders to show lack of interest

H L R E W O L F N I W T N N G K Y E A G R E B E S I L E O Q

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N X B P T E E Q M N N O V V I

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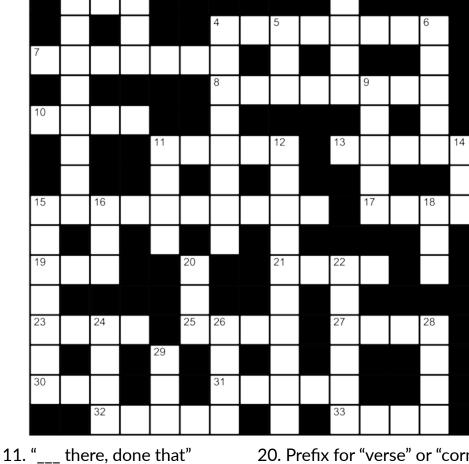
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J L N A T D D K E F C R R Z H

RIFKCUIKRENGU

TWOCTVKUTBP

- 5. Film director's cry
- 6. Reacts to a stubbed toe
- 9. More modern



- 12. Conspicuous, easily seen
- 14. Take to court
- 15. Give an answer
- 16. "Lettuce pray" is one
- 18. Navigator's need

- 20. Prefix for "verse" or "corn"
- 22. Surplus
- 24. Em, to Dorothy
- 26. Chapter 11 issue
- 28. Welcoming
- 29. African antelope

### Sojourn in Sweden

The words listed below can be found vertically. horizontally, diagonally, forward, and backward.





1YR Miarah Hardy

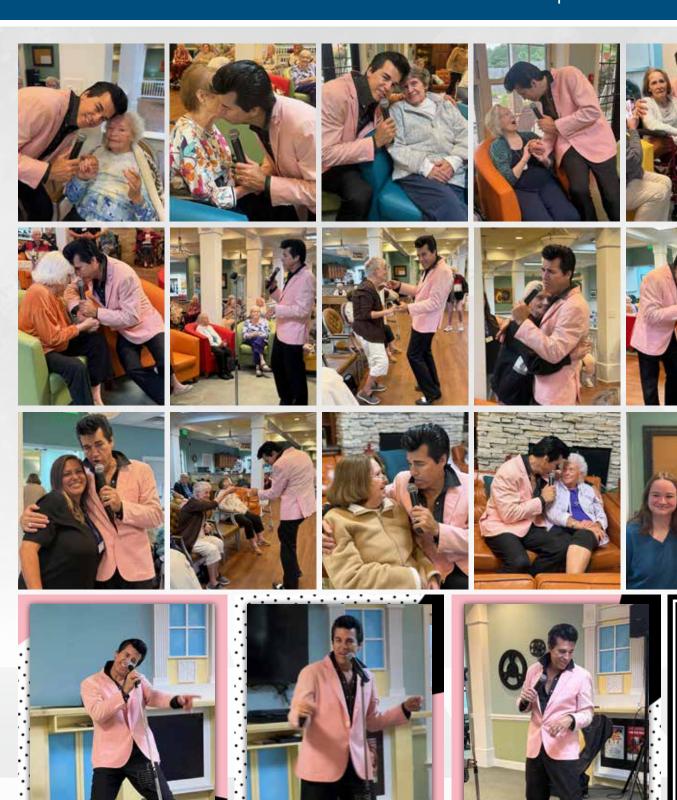
OUR COMMUNITY. WE APPRECIATE YOU.





The excitement in the room was contagious, and the comments from our residents were just as entertaining as the performance itself. Here's a sampling of what Life Enrichment Director Robbie Bell heard while Elvis danced his way through the crowd:

- up!
- That's my favorite song.
- I will hop right up outta this chair if he comes over here.
- Come to momma.
- I want to get my picture made with him.





#### THE KING LIVES ON: ELVIS MEMORIES & MUSIC AT LEGACY VILLAGE

There's something about Elvis Presley—his voice, his moves, his larger-than-life presence—that brings people together, no matter their age or where they grew up. Here at Legacy Village, the King's spirit found its way back into our halls with a show-stopping performance from an Elvis impersonator, sending toes tapping and smiles across the room.



But for some residents, Elvis isn't just a distant icon. He's woven into the soundtrack of their lives, from school gymnasiums to factory floors, from neighborhood streets in Memphis to concert halls across the South. This month, we're sharing two very special stories—memories of Elvis up close, and the remarkable lives that followed.

So grab a seat, enjoy the photos, and meet the neighbors who can say: "I remember when..."



#### MERRELL DIXON: WHEN ELVIS WAS JUST THE BOY NEXT DOOR

Merrell Dixon's story is woven with the music, memories, and magic of Memphis—and, yes, a brush with the King of Rock and Roll himself.

Born on February 21, 1932, at

John Gaston Hospital, Merrell grew up in the heart of Memphis, Tennessee, where rhythm and blues spilled out onto every street corner. At Central High School, Merrell experienced something her classmates would talk about for years: a young Elvis Presley, still just a local teenager, would come and perform for the students. Long before he became a legend, Elvis was simply "the neighbor boy" to Merrell's cousins, living just down the street. She remembers the thrill of those high school performances—his energy, his guitar, and that unmistakable spark that would soon ignite the whole country.

Elvis had just moved from Tupelo, Mississippi to Memphis in 1948, bringing with him his dreams and his music. Those early days—playing for high school crowds, winning over classmates—set the stage for everything that followed, and Merrell was there to watch it happen.

After graduating from Central High in 1950, Merrell followed her own calling, earning her degree at Memphis State University while working at Goldsmith's Department Store. She started teaching

first grade at Bethel Grove Elementary School, pouring her heart into nurturing young minds.

That same year, Merrell's life took another joyful turn when she met Robert "Jerry" Bryant through their church youth group. They married at Everett Memorial Methodist Church, beginning a partnership filled with adventure and devotion. When Jerry was drafted into the military, Merrell followed him across the country and to Anchorage, Alaska, where they welcomed their first child, Deborah. Along the way, Merrell continued teaching, touching lives wherever she went.

After years of travel, the Bryants settled in Jacksonville, Alabama, where Merrell spent fourteen years teaching at Johnston Elementary in Anniston. She retired in 1992, leaving behind a legacy of caring and encouragement.

Whether reminiscing about the days when Elvis was just a neighbor—strumming his guitar and chasing his dreams—or reflecting on decades spent helping children grow, Merrell's story is filled with warmth, music, and a faith that's guided her every step.

As Proverbs 3:5-6 reminds us:

Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight.

Spend a little time with Merrell, and you'll understand: her memories are living history, and her kindness is timeless.



## FRANK AND BARBARA MILES: A LOVE STORY WITH AN ELVIS SOUNDTRACK

Frank Miles and Barbara Saxon grew up just a few blocks from each other in Glencoe, Alabama. Their paths first crossed

at Glencoe High School, and it didn't take long for them to realize they'd found something special. Frank and Barbara married when Barbara was just in ninth grade—a bold move that would become the first of many adventures together.

Barbara always had a spark. By her junior year, she was crowned Homecoming Queen, capturing the hearts of her classmates. After graduation, Frank's brother Buster opened a car lot in Heflin, Alabama, and the young couple decided to start their next chapter in a new town. Working with Buster gave Frank a glimpse into the world of automobiles, and it wasn't long before he opened his own business—Frank Miles Auto Sales, which he ran with pride for nearly 68 years.

Barbara's first job was at the General Electric plant in Oxford, where she was introduced to something that would become a lifelong passion: the music of Elvis Presley. Elvis was everywhere at GE—his voice echoing through the factory, his songs giving Barbara energy during long shifts. She was hooked. Soon, she and Frank were hitting the road together, traveling to see Elvis live in concert in places like Montgomery, Huntsville, Macon, and, of course, Memphis. Every show was an event, a memory they'd share for years to come.

When Elvis passed away in August 1977, Barbara and Frank felt the loss deeply. Five years later, when Graceland opened its doors to fans, they made a pilgrimage to Memphis, touring the house and paying their respects at Elvis's final resting place. For Barbara, it was a dream come true—a chance to walk the same halls as the man whose music had been the soundtrack to her life.

Back home, Frank and Barbara built a loving family with their daughter Robin and son Del. Barbara devoted herself to raising their children, cherishing every moment as a stay-at-home mom. As the kids grew, they pitched in at the car lot, learning the ropes from their dad and sharing in the family's hard work.

On their twenty-fifth wedding anniversary, Robin and Del surprised their parents with a cruise to the Bahamas—a well-deserved getaway that Frank and Barbara still talk about today.

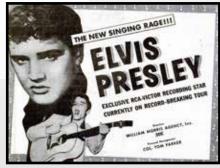
Their journey took them from Heflin to Macon, Georgia, where Frank tried his hand at radio, working at WCRY (an "easy listening" station that added another layer to their musical memories). Eventually, they found their way back to Calhoun County, settling in Jacksonville for fifteen years, then moving to the Indian Oaks community in Anniston's Saks area. After seven years there, Frank and Barbara made Legacy Village their home, bringing with them a lifetime of stories, laughter, and that unmistakable love for Elvis's music.

Ask Barbara about the King of Rock and Roll, and her eyes still light up. For her and Frank, Elvis isn't just a legend—he's part of the soundtrack to a beautiful life shared together.













Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:30 Morning Round-Up 11:00 Move it Monday W/ Select Rehab- WR 1:30 Chit Chat- Lobby 3:30 Mitch Monday Bingo - AR 3:30 One on Ones	8:30 Morning Round-Up 10:00 Devotion W/ Mike Yates- SR 11:00 Sittercise-WR 2:00 LCR- DR 3:00 UNO-DR 4:00 One on Ones	8:30 Morning Round-Up 10:00 – Bus Ride 2:00 Manicures- SR Afternoon Beauty Shop!	11:00 Tone it Up Thursday W/ Select Rehab – WR 2:00 – Healthy Living Series W/ Brad 2:30- BUNCO - AR 4:00 One on Ones		9:00 Hall Walkers 10:30 Self-Led Sittercise-WR 1:30 Chit-Chat 2:00 Saturday Cinema in the Sunroom 4:00 Lobby Lounging with friends
10:30 Self-Led Sittercise-WR 11:30 Communion w/ Evin - SR 2:00 Church on TV - SR			<b>9:45-12:15 – BOOK MOBILE</b> 2:00 Manicures- SR	11:00 Tone it Up Thursday W/ Select Rehab – WR 2:00- Activities W/ Brad - AR 4:00 One on Ones	11:00 Fitness Friday-WR 1:30- Chit Chat Lobby <b>2:00 Bingo W/ Mike Yates</b> -	9:00 Hall Walkers 13 10:30 Self-Led Sittercise-WR 1:30 Chit-Chat 2:00 Saturday Cinema in the Sunroom
3:00 Activity of Choice (Puzzles, Card Game etc.)- AR  Grandparents Day  9:00 Hall Walkers  14	Alesia Waldrup's Birthday!* Dan Mason's Birthday!* 8:30 Morning Round-Up 15	4:00 One on Ones	Afternoon Beauty Shop! 8:30 Morning Round-Up 17	Beauty Shop!		4:00 Lobby Lounging with friends 9:00 Hall Walkers 20
10:30 Self-Led Sittercise-WR 2:00 Worship w/ Connie Thompson - AR 3:00 Activity of Choice (Puzzles, Card Game etc.) AR	11:00 Move it Monday W/ Select Rehab- WR 1:30 Chit Chat- Lobby 3:30 Mitch Monday Bingo – AR 3:30 One on Ones	10:00 Devotion W/ Mike Yates - SR 11:00 Sittercise-WR 2:00 FBC - J'ville- Devotion & Hymns-AR 4:00 One on Ones	10:00 – Bus Ride 2:00 Manicures- SR  Afternoon Beauty Shop!	11:00 Tone it Up Thursday W/ Select Rehab – WR 2:30- Luau – Harbor	11:00 Chair Aerobics W/ Centerwell – WR  1:30- Chit Chat Lobby	10:30 Self-Led Sittercise-WR 1:30 Chit-Chat 2:00 Saturday Cinema in the Sunroom 4:00 Lobby Lounging with friends
				Mary Brown's Birthday!*	Jean Garner's Birthday!*	Oktoberfest Begins
9:00 Hall Walkers 10:30 Self-Led Sittercise-WR 2:00 Worship w/ Jacksonville Church of Christ - AR 3:00 Activity of Choice (Puzzles, Card Game etc.) AR	1:30 Chit Chat- Lobby	8:30 Morning Round-Up 10:00 Devotion W/ Mike Yates- SR 11:00 Sittercise-WR 2:00 LCR- DR 3:00 UNO-DR 4:00 One on Ones	8:30 Morning Round-Up 24 9:45-12:15 – BOOK MOBILE 2:00 Manicures- SR Afternoon Beauty Shop!	11:00 Tone it Up Thursday W/ Select Rehab – WR 2:30 – September Birthdays - AR	8:30 Morning Round-Up 10:00 Resident Council Meeting-AR 1:30- Chit Chat Lobby 2:00 - Bingo W/ Mike Yates - SR 4:00 One on Ones	9:00 Hall Walkers 10:30 Self-Led Sittercise-WR 1:30 Chit-Chat 2:00 Saturday Cinema in the Sunroom 4:00 Lobby Lounging with friends
Mildred Burford's Birthday!*	Rosh Hashanah Begins Autumn Begins			Beauty Shop!	Frances Cooper's Birthday!*	
10:30 Self-Led Sittercise-WR		8:30 Morning Round-Up 30 10:00 Devotion W/ Mike Yates- SR 11:00 Sittercise-WR	Carat	- 222 12 2	40.00.5	

# September 2025

Assisted Living Calendar.

1:30 Chit Chat- Lobby

3:30 One on Ones

AR

3:30 Mitch Monday Bingo -

Mike Yates - AR

AR

3:00 Activity of Choice

(Puzzles, Card Game etc.)

11:00 Sittercise-WR

4:00 One on Ones

Sumiko George's Birthday!\*

Karen Drucker's Birthday!\*

2:00 LCR- DR

3:00 UNO-DR

		416						
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
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1		2:30 Snack Cart	2:00 Tuesday Trivia	11:00 Courtyard 2:00 Movie & Manicures	2:00 Board Games 2:30 Sara Forbus Bday party	2:00 Scrabble / Name 3 2:30 Friday Social	2:30 Snack Cart	
	play ballin	4:00 Vintage TV	2:30 Snack & Book Club 3:00 Cards Games, Puzzles,	2:30 Snack Cart	3:00 Cards & LCR	3:00 Bingo	3:00 One-on-Ones 4:00 Bingo	
			Sensory Play & Fidget Quilts	3:00 Movie & Manicures cont'd	4:00 Game Show	4:00 Vintage TV		
		Labor Day						
			*** Harbor Beauty Shop Day	9 *** Harbor Beauty Shop-AM10	9:30 Gaithers	9:30 Gaithers	12 9:30 Gaithers	13
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		3:00 Bingo	2:30 Susan Dalton's Bday	2:00 Movie & Manicures 2:30 Wayne Ginn's Bday party	3:00 Cards & LCR 4:00 Game Show	2:30 Friday Social 3:00 Bingo	3:00 One-on-Ones	
	4:00 Ones-on-Ones *National Assisted Living Week	4:00 Vintage TV	party(9/10) 3:00 Cards Games, Puzzles,	(9/10)	4.00 Game Show	4:00 Vintage TV	4:00 Bingo	
	(Sept. 7 <sup>th</sup> – 13 <sup>th</sup> )		Sensory Play & Fidget Quilts	3:00 Movie & Manicures cont'd	*9/11 Remembrance			
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		2:30 Snack Cart/Book Club 3:00 Bingo	2:00 Tuesday Trivia 2:30 Snack & Book Club	2:00 Movie & Manicures	2:30 Snack Cart/Book Club	2:30 Friday Social	2:30 Snack Cart 3:00 One-on-Ones	
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4		Rosh Hashanah Begins	Sensory Play & Fidget Quilts	3:00 Movie & Manicures cont'd	4:00 Game Show	4:00 Vintage TV		
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