

SCIENCE AND THE ONE CONSCIOUSNESS

39. How are the One Consciousness and science related?

Where science addresses the material world through discrete data and perfect objectivity, spirituality addresses the world of mysticism, which cannot be completely understood by studying intellectual disciplines, but rather by direct experience. These two ways of knowing are not mutually exclusive, but rather capable of informing each other to answer the big questions we face. Science, for example, has the capacity to help us perceive a whole that isn't fragmented (the One Consciousness). In my book, I explain the healing effect of consciousness fields on body molecules. Taheri's research team in Canada has reported success in validating these healing effects using scientific data.

40. Do you believe in evolution?

Yes, I do. The fossil record provides compelling evidence for *natural selection*—that is, the process by which organisms better adapted to their environment tend to survive and reproduce. However, there is no compelling evidence for *genetic variation*—that is, each species having an equal probability of being chosen. This opens the possibility that evolution is an iterative process to reach certain goals. The astonishing richness of human life, our complex biological systems, and our ability to perceive and be aware, along with the divine revelations of ancient mystics from both East and West, suggest that an intentionality is at play at the root of the evolutionary process. Once *Homo sapiens* emerged, with physical bodies that contained both cognitive and emotional dimensions, it was time to be imbued with God's Soul, which originated from the One Consciousness, and the “personality blueprint”—both of which are eternal.