NATIONAL FAMILY CAREGIVER MONTH GIVEAWAY!

“Our mission is to support individuals, family members, and caregivers facing the challenges of dementia.” “We are an organization that deeply values the wisdom and experiences of older adults.”

Family Caregiver Awareness Message — Dignify Dementia

This month, we honor the quiet heroes. Family caregivers are the steady hands, the patient hearts, and the unwavering advocates who show up day after day for their loved ones living with dementia. You carry stories, memories, and responsibilities that few ever see — and you do it with courage, tenderness, and resilience that deserves to be recognized.

At Dignify Dementia, everything we do is rooted in the belief that caregivers are essential partners in preserving dignity, independence, and quality of life. Your devotion reflects the very spirit that inspired our organization — the desire to help “other people like him and other families like ours.” Your strength is the backbone of this community, and your compassion shapes the future we envision: one where every person living with dementia experiences structure, empowerment, and a life filled with meaning.

You are not alone. You are seen. And you are deeply appreciated.

A Special Gift for Caregivers in the Denver Metro Area

To celebrate Family Caregiver Awareness Month, we’re thrilled to announce a special drawing exclusively for caregivers in the Denver Metro Area.

Thanks to the generosity of **Catherine Hupp, LMT**, owner of **INsight BodyWorks (6795 E. Tennessee Ave., Denver, CO 80224)**, one lucky caregiver will win a **free 1-hour massage** — either in-home or in-office. This gift is meant to honor your hard work, restore your energy, and remind you that your wellbeing matters too.

How to Enter

Simply visit our website and sign up for our quarterly newsletter: 👉 https://www.dignifydementia.org/contact

Every caregiver who signs up between now and **November 30** will be entered into the drawing. The winner **MUST LIVE IN THE DENVER METRO AREA** and will be selected at random on 11/30.

And because your story matters, **the winner will be featured on our social media**, helping us shine a light on the real experiences of caregiving — the love, the challenges, the triumphs, and the humanity.

To Every Caregiver: Thank You

Your dedication shapes lives. Your advocacy protects dignity. Your love creates safety and connection in moments that can feel overwhelming. We honor you today and every day.

Let this month be a reminder: You deserve rest. You deserve recognition. You deserve support. And you deserve to be celebrated.