



# ARCHIPEL ONTARIO HEALTH ANNUAL REPORT

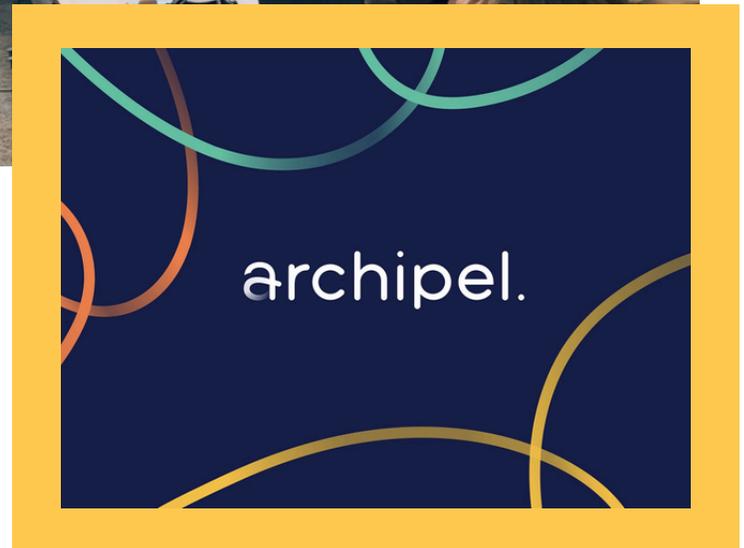
*Building an integrated, equitable, and human centred health care system together*

2024–2025



## OUR MISSION

**Coordinate multi-sectoral collaboration and co-design with clients** to optimize equitable access to a continuum of care and services that meet the needs of our population in **both official languages.**



## OUR VALUES

Equity  
Respect for the individual  
Interdependence  
Integrity  
Agility  
Collective impact

## OUR SHARED VISION

A trusted community network that is diverse, inclusive and equitable, able to respond to the varied and evolving needs of its population, so that each individual can reach their full potential for health and well-being throughout their lives.

# HIGHLIGHTS

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## Recognized Francophone Community Leadership

**BPSO Designation Achieved:** Archipel earned the BPSO designation—the first Francophone recognition in the East from RNAO—showcasing the excellence of its practices.

Official Visit by **Doris Grinspun:** Doris Grinspun, CEO of RNAO, visited Montfort to honor its exemplary nursing care.

**Winning Strategies:** Archipel actively championed the Winning Strategies, enhancing access to French-language services for all Francophones.



*Les membres du groupe OVPE d'Archipel posant fièrement avec l'accréditation officielle de l'ESO. De gauche à droite : Shariène Clarke (Archipel), Stéphanie Bonenfant (MRI), Gasline Ternier (Montfort), Natalie Rozon (SPO/OPH), Dania Versailles (ACSM-O/CMHA-O), Natalie Ladouceur (Montfort) et Steve Vachon (MRI).*

# EQUITABLE MENTAL HEALTH CARE

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During the 2024–2025 year, Archipel strengthened its **leadership in mental health and equitable care** by engaging its partners, client partners, and the Mental Health and Substance Use Working Group (MHA), led by Charlène Clarke, to develop inclusive and equitable initiatives.

Through a call for proposals issued by Vulnerability, Trauma, Resilience and Culture (**V-TRaC**, University of Ottawa), four organizations joined forces to submit an application on behalf of Archipel, which was accepted. This funding enabled **over 200** Ontario Health Team professionals to participate free of charge in the training “**How to Provide AntiRacist Mental Health Care**”, offered by the V-TRaC Research Lab at the University of Ottawa. Training sessions will continue into the next fiscal year.

The opening of the **Mental Health Emergency Zone (MHEZ)** at Montfort established a new regional pillar for mental health care, complemented by the launch of monthly **information sessions** by Archipel’s MHA working group, designed for partners and the broader community.

Archipel also enhanced its mental health initiatives through an Equity, Diversity, and Inclusion (EDI) lens and population-based analysis to support equitable care planning. Ten clinical staff members were trained in the latest wave of **Reconsolidation Therapy**, focusing on vulnerable populations.

Finally, Archipel implemented inclusive practices during meetings and events, including the use of personal **pronouns** and team-wide **EDI training**, ensuring that care planning remains equitable and person-centred.

These actions demonstrate Archipel’s commitment to providing accessible, inclusive, and equitable mental health care while maintaining high standards of quality and innovation..

**PROJETS RÉCENTS OU EN COURS**

**Santé mentale des communautés noires dans la Région de la Capitale Nationale : Évaluation, outils de prévention et d'intervention**

- une vingtaine d'article sur la SM des personnes noires au Canada
- Des événements et activités pour sensibiliser et mobiliser la communauté
- La création de formation et autre contenu éducatif

**Maladie à virus Ébola et santé mentale des communautés : Évaluation, prévention et intervention psychosociale**

- Évaluation des conséquences de la MVE sur la santé mentale des survivants et des communautés.
- Élaboration d'un guide d'intervention psychosociale.
- Élaboration d'un kit de prévention en concertation avec les organismes communautaires.

Université d'Ottawa

concertation avec les organismes communautaires

V-TRaCLAB

AW MT  
PB CP  
Canada

# SYSTEMIC INNOVATION, DATA, AND COMMUNITY ENGAGEMENT



Ongoing monitoring of **key performance indicators**—including emergency visits, ALC days, mental health service utilization, cancer screening rates, COPD diagnoses, and home telemonitoring—supports **data-driven decision-making** and equitable service planning within the Archipel OHT.

In 2024–2025, Archipel furthered systemic innovation and supported equitable care planning through strategic research partnerships, active patient engagement, and initiatives guided by data.

The **ICC Heart-Brain Project** supported the co-development of the **FRAME** intervention (Foundation, Recognition, Awareness, Management, and Engagement) in collaboration with partners and researchers, to enhance patient outcomes.

The **COPD Group** collected feedback from over **31 patients** and tested **digital screening tools across three clinics**, confirming **190 diagnoses through spirometry**, and will use these insights to guide future program planning.

The OHT-wide **sociodemographic survey** engaged over **67 active members**, providing essential insights for **inclusive recruitment and equitable planning**. Equity-focused reports identified systemic barriers and challenges faced by vulnerable populations, guiding targeted interventions and training opportunities for clinicians.

The **Francophone Postpartum Clinic** at Montfort successfully completed its pilot phase, providing support to women without a family doctor. A sustainability plan is now being developed to ensure the clinic's continued operation in the next fiscal year.

Archipel also maintained active community engagement, contributing to **CAPSA's Working on Wellness Festival**, the Black Mental Health Conference organized by **V-TRaC** at the University of Ottawa, and a presentation for the **Canadian Association of Perinatal and Women's Health Nurses (CAPWHN)**.

*These initiatives demonstrate Archipel's commitment to **co-designing innovative, data-driven, and community-informed solutions** to support its partners in **planning equitable, high-quality care for all populations served**.*

Top of page, left to right: My-An Auprix (Centre de recherche sur l'accès aux soins et l'équité); Krystal Kehoe MacLeod, (CCAER); Joël Assaouré, (Archipel).

Left to right: Nuradiin Mohamud (Santé publique d'Ottawa), Hodan Aden (SPO), Dania Versailles (ACSM Ottawa), Marie-Lou Meawasige (Archipel), Nancy Rouselle (ACSM Ottawa), Sharlene Clarke (Archipel)



# CONNECTING EXPERIENCES

On October 7, 2024, Archipel held its Partners' Assembly, bringing together **70 participants** from **East Ottawa and Prescott-Russell**. Unlike typical OHT meetings, this gathering focused on **dialogue, listening, and co-design, prioritizing lived experiences** to reflect on a more **inclusive and equitable health system**. Under the theme "**Connecting Experiences: From Story to Impact**," the event featured dynamic discussions, inspiring testimonies, and collaborative perspectives, reinforcing Archipel's commitment to its shared goals.

A highlight of the day was the moving testimony of Julie M., a client partner and volunteer with the MHA working group, which underscored the importance of **creating a safe space for those affected by mental health and substance use issues** and demonstrated how **meaningful participation can restore confidence and purpose**.

*« My views in this group have been accepted as valid and shown me I can make a difference, even in a different capacity... Being a patient partner has allowed me to restore hope for community engagement and break the cycle of isolation.»*

*- Julie M., volunteer and member of the MHA Working Group*



The leadership of **Diane Hupé**, client partner and outgoing co-chair of the Patient, Client, and Family Advisory Committee (PCFAC), was also recognized. Her **commitment over the past four years** has **advanced co-design with system users**, and Pierre Benoit, co-chair of the PCFAC, highlighted the importance of recruiting more individuals from diverse communities and backgrounds.



*On the left, Pierre Benoit, Chair of the Patient, Client, and Family Advisory Committee (PCFAC), honors Diane Hupé (right), who receives flowers and thanks for her dedication and years of committed work with the OHT.*

Natalie Duchesne's presentation was a highlight of the day, reminding everyone of the importance of **equity and inclusion in collaboration**. Her message resonated beyond the assembly, **encouraging participants to reflect on their privileges, break down barriers, and actively contribute** to building a more just and inclusive health system.

# DATA AT A GLANCE



## Sociodemographic Characteristics of Active Archipel Members

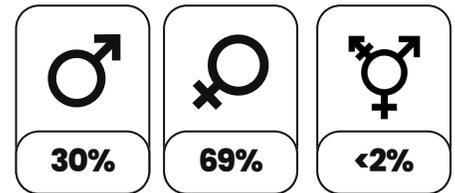
### Total Respondents

**67**

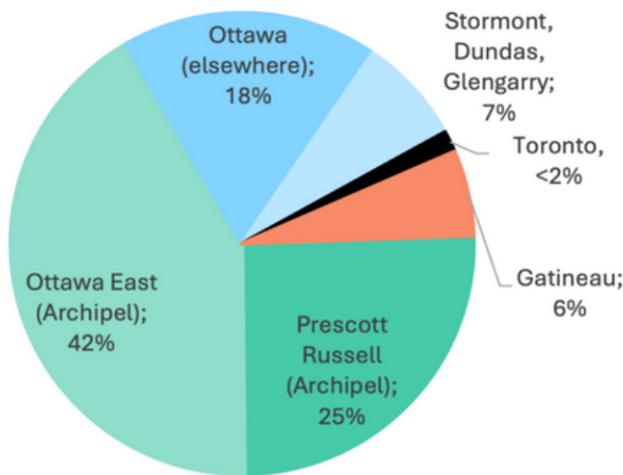
### Age Group



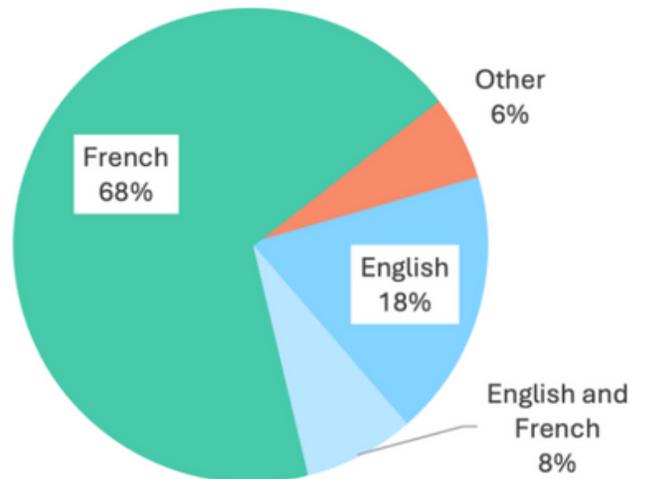
### Gender



### Place of Residence



### Mother Tongue



This symbol represents inclusivity and acknowledges individuals who identify outside the traditional female/male categories. Details are not disclosed due to the small sample size, to protect confidentiality.

# CONCLUSION

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We wish to express our deep gratitude to the **community**, our **partners**, all **active members**, the **co-chairs** of our groups and committees, and especially to **individuals with lived experience** and **caregivers** who, through their voices and engagement, help **shape our community** and **guide our actions**.

We also acknowledge that our work takes place on the **unceded territory of the Algonquin Anishinaabe Nation**. We sincerely thank the Indigenous partners with whom we have meaningful relationships and who guide us through **opportunities for learning and shared experiences**, helping us better understand the history, culture, and richness of Indigenous communities. We recognize that there is **still much to learn**, both from other communities and from diverse populations.

The 2024–2025 year has strengthened Archipel as a **strategic regional player**, proud of its **Francophone** roots and committed to **equity, cross-sector collaboration**, and **continuous improvement**. Thanks to communities, partners, professionals, and individuals with lived experience, we continue to build a **more human, just and connected health system together**.

**The Transformation Office Team**  
**Archipel Ontario Health Team, proudly Francophone**



 Get Involved

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 [LinkedIn](#)