



THE ARK OF SC

POWERFUL TOOLS FOR CAREGIVERS IN-PERSON

CLASS FOR FAMILY CAREGIVERS

POWERFUL TOOLS FOR CAREGIVERS (PTC) CLASS SERIES IS AN IN-PERSON EDUCATIONAL PROGRAM DESIGNED TO HELP FAMILY CAREGIVERS TAKE CARE OF THEMSELVES WHILE CARING FOR A RELATIVE OR FRIEND WHO HAS A CHRONIC ILLNESS. YOU WILL BENEFIT FROM THIS CLASS WHETHER YOU ARE HELPING A PARENT, SPOUSE, OR FRIEND WHO LIVES AT HOME, IN A LONG-TERM CARE FACILITY, OR ACROSS THE COUNTRY.

THIS PTC CLASS SERIES MEETS WEEKLY ON FRIDAY FOR SIX WEEKS BEGINNING SEPTEMBER 18, 2026

DATE: FRIDAY, SEPT. 18, 25, OCT. 2, 9, 16, 23, 2026

TIMES: 10:00 - 11:30 AM

**LOCATION: WARING SENIOR CENTER
2001 HENRY TECKLENBURG DRIVE
CHARLESTON, SC 29414**

**TO REGISTER: FOR MORE INFORMATION OR
TO REGISTER, CALL THE WARING
SENIOR CENTER - 843-402-1990**



COST: WORKSHOP IS FREE

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