

September 2026

OYSTER POND ACTIVITIES CALENDAR 2026						
Sundav	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Trivia 11:30 Soothing Sounds 1:00 Folding, Puzzles and relax 2:30 Word Game 4:00 let's get moving 6:30 After dinner chat 7:00 Chat and Hand 7:30 Walk&Roll	2 10:00 Chair Exercise 10:30 Daily Chronicles 11:00 Cook Book 11:30 Soothing Sound 1:00 Folding, Puzzles and Relax 2:30 Liam Hempstead Entertains 4:00 let's get moving 6:30 After dinner chat 7:00 Game Show 7:30 Walk&Roll	3 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Price is Right 11:30 Soothing Sound 1:00 Folding, Puzzles and Relax 2:30 Word Game 4:00 let's get moving 6:30 Resident Choice 7:30 Walk&Roll	4 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 What would you do? 11:30 Soothing Sounds 1:00 Folding,Relax and Puzzles 2:30 Volley Ball 4:00 let's get moving 6:30 After dinner chat 7:30 Walk&Roll	5 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Words that Begin w/ S 11:30 Soothing Sounds 1:00 Folding, Relax and Puzzles 2:30 Painting 4:00 let's get moving 6:30 After dinner chat 7:00 Hand Massage 7:30 Walk&Roll
	6 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Sunday Paper 1:00 Personal Visits 3:00 Harp Player 4:00 Noodleball 6:30 Alphabet Soup 7:00 Music and Memories 7:30 Walk&Roll	7 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 What Rhyme's w/ Fall 1:00 Folding, Puzzles 2:30 Balloon Ball 3:30 Music Relax 4:00 Reach &Strech 6:30 After dinner chat 7:00 Cape Cod Trivia 7:30 Walk&Roll	8 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Animal Trivia 11:30 Rymes w/ Fall 1:00 Folding, Puzzles 2:30 Painting the R Revolution 4:00 let's get moving 6:30 Dean Martin Show 7:00 Soothing Sounds 7:30 Walk&Roll	9 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Ingredients 11:30 Soothing Sounds 1:00 Folding, Puzzles and Relax 2:30 Jeff Lowe Entertains 4:00 let's get moving 6:30 Being Thankful 7:00 Game Show 7:30 Walk&Roll	10 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Words that start with S 11:30 Soothing Sounds 1:00 Folding, Relax and Relax 2:30 Word Game 4:00 let's get moving 6:30 After dinner chat 7:30 Walk&Roll	11 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Guessing game 11:30 Documentary 1:00 Folding, Puzzles and Relax 2:30 Yoga w/ Maureen 4:00 let's get moving 6:30 After dinner chat 7:30 Walk&Roll
	13 10:00 Chair Exercise 10:30 Daly Chronicle 11:00 Remembering 11:30 Story Telling 2:30 Fall Fun 4:00 Noodleball 6:30 Reminisce 7:00 Music and Memories 7:30 Walk&Roll	14 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Word Game 11:30 Fall Trivia 2:00 Catholic Mass 2:30 Target Ball 4:00 Reach &Strech 6:30 Sing a long 7:00 Cape Cod Trivia 7:30 Walk&Roll	15 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Love it or Leave it 11:30 Music 2:30 Bird Watching Presentation 4:00 let's get moving 6:30 Dean Martin Show 7:00 Soothing Sounds 7:30 Walk&Roll	16 10:00 Chair Exercise 10:30 Daily Chronicles 11:00 Heads Up 11:30 Cook Book 11:30 Soothing Sound 1:00 Folding, Puzzles 2:30 Julie Charland on Guitar 4:00 let's get moving 6:30 Short Story 7:00 Game Show 7:30 Walk&Roll	17 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Price is Right 11:30 Conversation Cards 1:00 Folding, Relax 2:30 Hang Man 4:00 let's get moving 6:30 Sing along 7:00 Reminisce 7:30 Walk&Roll	18 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Trivia 11:30 Soothing Music 1:00 Folding, Puzzles and Relax 2:30 Basket Ball 4:00 let's get moving 6:30 Name Five 7:00 Game Shows 7:30 Walk&Roll
	20 10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Sunday News 1:00 Personal Visits 2:00 Sunday Fun Day 4:00 Noodleball 6:30 Alphabet Soup 7:00 Music and Memories 7:30 Walk&Roll	21 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Name Five 11:30 Soothing Sound 1:00 Puzzles 2:30 Balloon Toss 3:30 Music Relax 4:00 Reach &Strech 6:30 Sing a long 7:00 Cape Cod Trivia 7:30 Walk&Roll	22 10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Trivia 11:30 Soothing Sound 1:00 Folding, Puzzles 2:30 Let's get Crafty 4:00 Let's get moving 6:30 Dean Martin Show 7:00 Soothing Sounds 7:30 Walk&Roll	23 10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Cook Book 11:30 Soothing Sound 1:00 Folding, Puzzles 2:30 Norm Silver Music 4:00 Let's get moving 6:30 Thankful List 7:00 Game Show 7:30 Walk&Roll	24 10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Fun Facts 11:30 Soothing Sound 1:00 Folding, Relax 2:30 Window Clings 4:00 Let's get moving 6:00 Reminisce Magazine 7:30 Walk&Roll	25 10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Trivia w/ Gail 11:30 Soothing Sound 1:00 Folding Puzzles 2:30 Corn Hole 4:15 Sing a Long 6:30 After Dinner Reminisce 7:30 Walk&Roll
	27 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Sunday Paper 1:00 Personal Visits 2:00 Fall Social 4:00 Noodleball 6:30 Cape Cod Trivia 7:00 Music and Memories 7:30 Walk&Roll	28 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Price is Right 1:00 Folding, Puzzles 2:30 Balloon Toss 3:30 Music Relax 4:00 Reach & Strech 6:30 Sing a long 7:00 Cape Cod Trivia 7:30 Walk&Roll	29 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Trivia 11:30 Soothing Sound 1:00 Folding, Puzzles 2:30 Roulette 4:00 Let's get moving 6:30 Dean Martin Show 7:00 Soothing Sounds 7:30 Walk&Roll	30 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Cook Book 11:30 Soothing Sound 1:00 Folding, Puzzles 2:30 Paul Ashley Birthday Party 4:00 Let's get moving 6:30 Thankful List 7:00 Game Show 7:30 Walk&Roll	<i>"Life starts all over again when it gets crisp in the fall"</i> <i>- F.S. Fitzgerald -</i>	