


September

OYSTER POND ACTIVITIES CALENDAR 2025							
<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	
	1 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Story Telling 11:30 Soothing Music 1:00 Folding, Puzzles 2:30 Balloon Ball 3:30 Music Relax 4:00 Reach &Strech 6:30 After dinner chat 7:00 Cape Cod Trivia 7:30 Walk&Roll	2 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Trivia 11:30 Music DVD 1:00 Folding, Puzzles and relax 2:30 Word Game 4:00 let's get moving 6:30 After dinner chat 7:00 Chat and Hand 7:30 Walk&Roll	3 10:00 Chair Exercise 10:30 Daily Chronicles 11:00 Cook Book 11:30 Soothing Sound 1:00 Folding, Puzzles and Relax 2:30 Wordle 4:00 let's get moving 6:30 After dinner chat 7:00 Game Show 7:30 Walk&Roll	4 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Price is Right 11:30 Soothing Sound 1:00 Folding, Puzzles and Relax 2:30 Word Game 4:00 let's get moving 6:30 Resident Choice 7:30 Walk&Roll	5 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 What would you do? 11:30 Soothing Music 1:00 Folding,Relax and Puzzles 2:30 Volley Ball 4:00 let's get moving 6:30 After dinner chat 7:30 Walk&Roll	6 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Words that Begin w/ S 11:30 Soothing Music 1:00 Folding, Relax and Puzzles 2:30 Painting 4:00 let's get moving 6:30 After dinner chat 7:00 Hand Massage 7:30 Walk&Roll	
	7 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Sunday Paper 1:00 Personal Visits 2:30 Ice CreamSocial 4:00 Noodleball 6:30 Alphabet Soup 7:00 Music and Memories 7:30 Walk&Roll	8 10:00 Drum Circle w/Tara 11:00 What Rhyme's w/ Monday 1:00 Folding, Puzzles 2:00 Catholic Mass 2:30 Balloon Ball 3:30 Music Relax 4:00 Reach &Strech 6:30 After dinner chat 7:00 Cape Cod Trivia 7:30 Walk&Roll	9 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Animal Trivia 11:30 Music DVD 1:00 Folding, Puzzles 2:30 Let's get Crafty 4:00 let's get moving 6:30 Dean Martin Show 7:00 Chat and Hand 7:30 Walk&Roll	10 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Cook Book 11:30 Soothing Sound 1:00 Folding, Puzzles and Relax 2:30 Music w/ Jeff Lowe 4:00 let's get moving 6:30 Being Thankful 7:00 Game Show 7:30 Walk&Roll	11 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Words that start with A 11:30 Music 1:00 Folding, Relax and Relax 2:30 Word Game 4:00 let's get moving 6:30 After dinner chat 7:30 Walk&Roll	12 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Guessing game 11:30 Travel Video 1:00 Folding, Puzzles and Relax 2:30 Ring Toss 4:00 let's get moving 6:30 After dinner chat 7:30 Walk&Roll	13 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 If I could I would? 11:30 Soothing Music 1:00 Folding, Relax Nail Painting 2:30 Art Group 4:00 let's get moving 6:30 After dinner chat 7:00 Hand Massage 7:30 Walk&Roll
	14 10:00 Chair Exercise 10:30 Daly Chronicle 11:00 Remembering 11:30 Story Telling 2:30 Wordle 4:00 Noodleball 6:30 Reminisce 7:00 Music and Memories 7:30 Walk&Roll	15 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Word Game 11:30 Fall Trivia 2:00 Companion Animals 2:30 Target Ball 3:30 Music Relax 4:00 Reach &Strech 6:30 Sing a long 7:00 Cape Cod Trivia 7:30 Walk&Roll	16 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Love it or Leave it 11:30 Music 2:30 Osprey Speaker 4:00 let's get moving 6:30 Dean Martin Show 7:00 Chat and Hand 7:30 Walk&Roll	17 10:00 Chair Exercise 10:30 Daily Chronicles 11:00 Heads Up 11:30 Cook Book 11:30 Soothing Sound 1:00 Folding, Puzzles 2:30 Rich Hunt and Curly 4:00 let's get moving 6:30 Short Story 7:00 Game Show 7:30 Walk&Roll	18 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Price is Right 11:30 Conversation Cards 1:00 Folding, Relax 2:30 Hang Man 4:00 let's get moving 6:30 Sing along 7:00 Reminisce 7:30 Walk&Roll	19 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Trivia w/ Gail 11:30 Soothing Music 1:00 Folding, Puzzles and Relax 2:30 Painting with Gayle 4:00 let's get moving 6:30 Name Five 7:00 Game Shows 7:30 Walk&Roll	20 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Soar or Sweet 11:30 Soothing Music 1:00 Folding, Relax Nail Painting 2:30 Art Group 4:00 let's get moving 6:30 Stories and Reminisce 7:00 Hand Massage 7:30 Walk&Roll
	21 10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Sunday News 1:00 Personal Visits 2:30 Ice CreamSocial 4:00 Noodleball 6:30 Alphabet Soup 7:00 Music and Memories 7:30 Walk&Roll	22 10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Name Five 11:30 Soothing Music 1:00 Puzzles 2:30 Balloon Toss 3:30 Music Relax 4:00 Reach &Strech 6:30 Sing a long 7:00 Cape Cod Trivia 7:30 Walk&Roll	23 10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Trivia 11:30 Soothing Music 1:00 Folding, Puzzles 2:30 Let's get Crafty 4:00 Let's get moving 6:30 Dean Martin Show 7:00 Chat and Hand 7:30 Walk&Roll	24 10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Cook Book 11:30 Soothing Sound 1:00 Folding, Puzzles 2:30 Paul Ashley Birthday Party 4:00 Let's get moving 6:30 Thankful List 7:00 Game Show 7:30 Walk&Roll	25 10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Fun Facts 11:30 Soothing Music 1:00 Folding, Relax 2:30 Window Clings 4:00 Let's get moving 6:00 Reminisce Magazine 7:30 Walk&Roll	26 10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Trivia w/ Gail 11:30 Soothing Music 1:00 Folding Puzzles 2:30 Yoga w/ Maureen 4:15 Sing a Long 6:30 Name Five 7:10 Red Sox Game 7:30 Walk&Roll	27 10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Guessing Game 11:30 Soothing Music 1:00 Folding, Relax 2:30 Art Group 4:00 let's get moving 6:30 Stories and Reminisce 7:00 Hand Massage 7:30 Walk&Roll
	28 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Sunday Paper 1:00 Personal Visits 2:30 Ice CreamSocial 4:00 Noodleball 6:30 Cape Cod Trivia 7:00 Music and Memories 7:30 Walk&Roll	29 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Price is Right 1:00 Folding, Puzzles 2:30 Balloon Toss 3:30 Music Relax 4:00 Reach &Strech 6:30 Sing a long 7:00 Cape Cod Trivia 7:30 Walk&Roll	30 10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Trivia 11:30 Soothing Music 1:00 Folding, Puzzles 2:30 Roulette 4:00 Let's get moving 6:30 Dean Martin Show 7:00 Chat and Hand 7:30 Walk&Roll	<div>The Best Preperation for tomorrow is doing your best today</div> <div>Harriet Jackson Brown Jr</div> 