



hello FALL

And just like that, summer falls into September!

This is my favorite month on beautiful Cape Cod...and in general! There are still some beach days left but I'm looking forward to the cool evenings as autumn approaches.

This month, we'll be celebrating National Assisted Living week with the theme: Shining Through The Years. We have many fun activities planned!

It is never too late to have an adventure!

-Kayla

DAILY SCHEDULE

7:00-9:00 Breakfast

9:45 Daily Devotion

9:50 The Daily Chronicle

10:00 Wordle

10:30 Morning Exercise

11:00 Brain Exercise

12:00-1:00 Lunch

1:30—3:00 See Calendar

5:00-6:00 Dinner



CELEBRATING SEPTEMBER

Labor Day

September 7th

Grandparents' Day

September 13th

Assisted Living Week

Sept. 13th - Sept. 19th

COMMUNITY SERVICES

HAIRDRESSER

Wednesdays

SHOPPING/BANKING

Tuesdays to CVS

TRANSPORATION TO MEDICAL APPOINTMENTS

Appointments made *in
advance* with Caroline

CHURCH SERVICES

Sundays at 9:15am to Our
Lady of the Cape

ON-SITE PODIATRIST

September 8th

MOBILE DENTAL

September 21st

HEARING LIFE

First Monday of each
month at 3:00 pm



Happy Birthday!

Mark Larchez –9/1

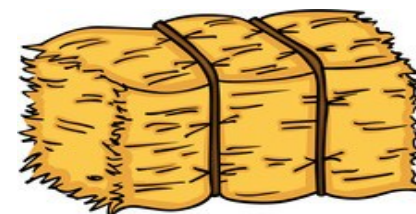
Beverly Thacher –9/2

Susan Porter –9/8

Christine Dupuy –9/13

Sara Vasquez –9/15

Marion Mangels –9/16



September EVENTS

Big Rock Oyster Tasting Thursday, September 3rd

Join us to learn about Cape Cod's oyster farming industry and enjoy some oysters!

Shopping Trip to Walmart & Lunch at Knots Landing, Wareham Tuesday, September 29th

The van will be leaving at 9:00 AM to enjoy a morning of shopping followed by lunch.

Assisted Living Week Cookout Friday, September 18th

Burgers and dogs will be served outside on the patio to culminate ASL Week.

Red Sox & Patriots Games See Calendar

The Red Sox and Patriots will be on the big screen! Check the calendar for days and times. Wear your Red Sox & Pats gear and cheer them on!



September 7th *Labor Day* *Luncheon*

Welcome Back the Monomoy SAIL Students!

**Our friends from the SAIL
program at Monomoy
Regional High School will be
returning every Wednesday
at 10:30
for fun and games!**





WELCOME NEW RESIDENTS

Sandy Young

Sue & Ric Porter

"BIG ROCK OYSTER TASTING WITH CHRIS

Thursday, September, 3rd at 2:00

Chris, from Big Rock Oyster, will be here to teach us about the oyster farming industry along with an oyster tasting!



Autumn

Word Search

B U G U N T L C Z M A D A O F
M Q A E A T Y I Q U R P E A L
E T A U H S P S T K P E M G F
A C N A N A N U E L O I W N E
Y J N Z Y R M I E R L I G F T
S K G V O N D C P Y O G Z U A
S M X C M Y I D S U X M B V T
H Y A K S D S C D A M O S E X
J E R Q E H A G B L E P U C U
C K G R L R W S I L M A K S W
K R U X E J I K K E B V E I J
J U M C V V D D C A O Q S P N
S T R K A C D P D V T J O S X
O O B O N F I R E E L U T A I
W E D I R Y A H R S S O M D U

ACORN
APPLE CIDER
AUTUMN
BONFIRE

FAMILY
HAYRIDE
LEAVES
PUMPKIN

SCARECROW
SMORES
TURKEY
THANKS