



## hello ♡ FALL

And just like that, summer falls into September!

This is my favorite month on beautiful Cape Cod...and in general! There are still some beach days left but I'm looking forward to the cool evenings as autumn approaches.

This month, we'll be celebrating National Assisted Living week with virtual trips across the world, a special dinner trip, and a mystery outing!

It is never too late to have an adventure!

-Kayla

### DAILY SCHEDULE

**7:00-9:00 Breakfast**

**9:45 Daily Devotion**

**9:50 Morning Huddle/The  
Daily Chronicle**

**10:00 Wordle**

**10:30 Morning Exercise**

**11:00 Brain Exercise**

**12:00-1:00 Lunch**

**1:30—3:00 See Calendar**

**5:00-6:00 Dinner**



### CELEBRATING SEPTEMBER

**Labor Day**

*September 1st*

**Grandparents' Day**

*September 7th*

**Assisted Living Week**

*Sept 7th thru 13th*

## COMMUNITY SERVICES

### HAIRDRESSER

Wednesdays

### MANICURES

Every other Tuesday

### SHOPPING/BANKING

Tuesdays to CVS, local banks

### TRANSPORATION TO MEDICAL APPOINTMENTS

Appointments made *in  
advance* with Marcia, Joan or  
Kayla

### CHURCH SERVICES

Sundays at 9:30 am to Our  
Lady of the Cape, Brewster

### ON-SITE PODIATRIST

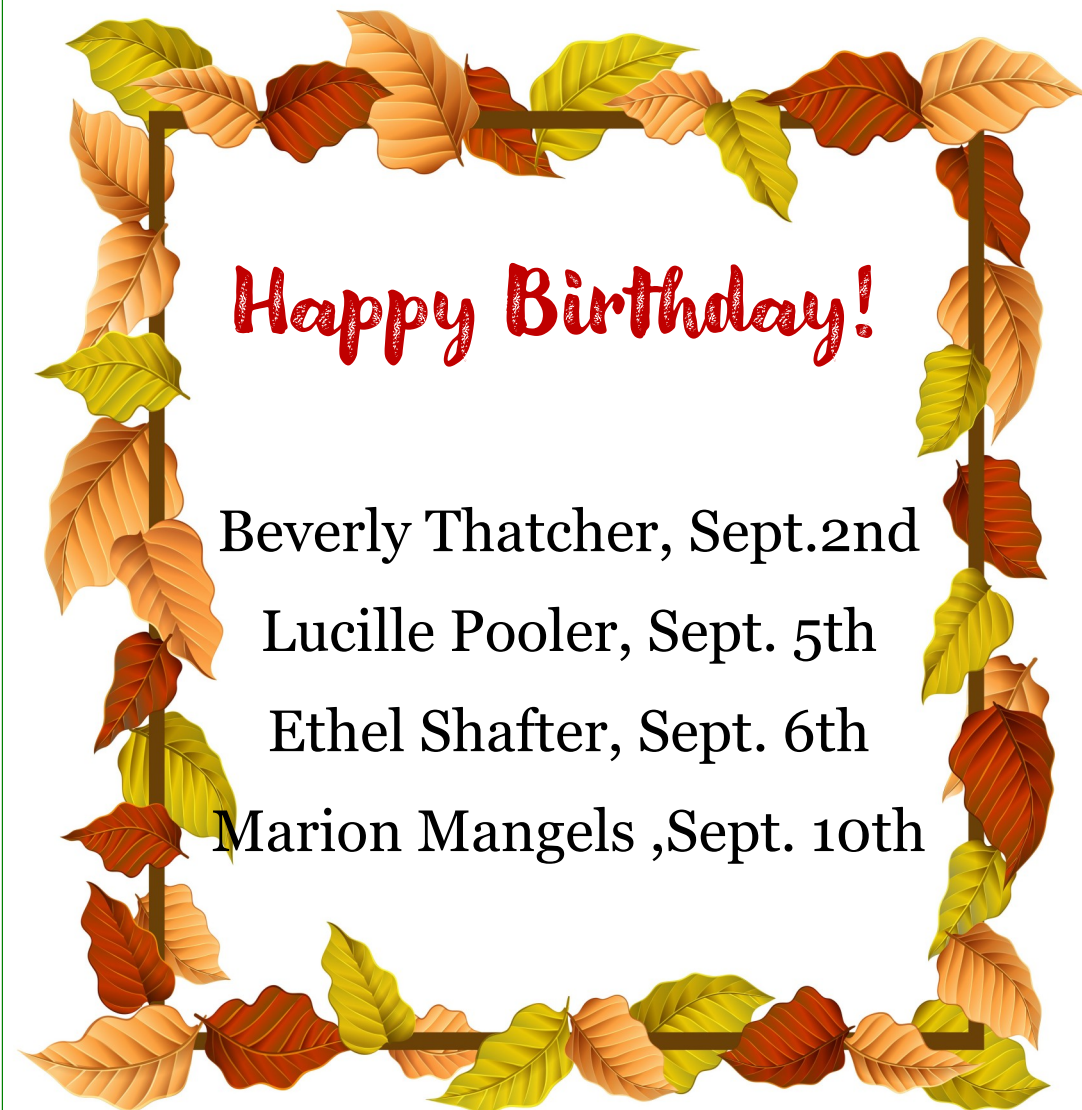
Every 2 months

### MOBILE DENTAL

Every 6 months

### HEARING LIFE

First Monday of each month  
at 3:00 pm



# September EVENTS

## Community Meeting Tuesday, September 2nd at 12:45

Stick around after lunch for a quick community meeting and resident council. This is your time get answers to your questions and offer helpful suggestions!

## Trip to the New Bedford Whaling Museum Wednesday, September 17th

Join us for a fun day off Cape at the museum. Lunch to be followed at Cisco!

## Shopping Trip to TJ Maxx Tuesday, September 23

Hop on the bus at 10:00 AM to enjoy a morning of shopping!

## Red Sox & Patriots Games See Calendar

The Red Sox and Patriots will be on the big screen in the Pub! Check the calendar for days and times. Wear your Red Sox & Pats gear and cheer them on!



## September 1st Labor Day Lobster Roll Luncheon

Author, Lecturer, Screenplay  
Writer

**Janet Uhler**

presents

Joseph Warren:

‘Had He Lived, the Name of  
Washington Might be Obscure’

Sept. 17th at 3pm

In the lobby





Sept. 3rd The Harper and The  
Minstrel

Sept. 9th Mike Dardis

Sept. 10th Richie Burns

Sept. 17th Mark Borgmann

Sept. 24th Ken Badger

Sept. 30th Janet Edmonson



*Coming next month...*

*Prost! It's Oktoberfest! We will be celebrating with traditional German food, beer, and wonderful music on the accordion with Sal!*

*Happy Halloween Party!*



Our special friends will be back to visit this month. Join the dogs in the lobby for a pat or a paw!

**September 21st at 2pm**

**September 22nd at 3pm**



# *October Evening Movies*

## Comedy Week

9/1 Dirty Rotten Scoundrels

9/3 Caddyshack

9/5 My Cousin Vinny

9/6 Steel Magnolias

## Drama Week

9/8 The Help

9/10 The Notebook

9/12 Saving Mr. Banks

9/13 A Beautiful Mind

## Disney Week

9/15 Cinderella

9/17 Snow White and the Seven Dwarfs

9/19 The Lion King

9/20 Pinocchio

## Classics Week

9/22 My Fair Lady

9/24th Charade

9/26th From Here to Eternity

9/27th One Flew Over the Cuckoo's Nest



# Autumn

## Word Search

B U G U N T L C Z M A D A O F  
M Q A E A T Y I Q U R P E A L  
E T A U H S P S T K P E M G F  
A C N A N A N U E L O I W N E  
Y J N Z Y R M I E R L I G F T  
S K G V O N D C P Y O G Z U A  
S M X C M Y I D S U X M B V T  
H Y A K S D S C D A M O S E X  
J E R Q E H A G B L E P U C U  
C K G R L R W S I L M A K S W  
K R U X E J I K K E B V E I J  
J U M C V V D D C A O Q S P N  
S T R K A C D P D V T J O S X  
O O B O N F I R E E L U T A I  
W E D I R Y A H R S S O M D U

ACORN  
APPLE CIDER  
AUTUMN  
BONFIRE

FAMILY  
HAYRIDE  
LEAVES  
PUMPKIN

SCARECROW  
SMORES  
TURKEY  
THANKS