


OYSTER POND ACTIVITIES CALENDAR 2026

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<p>"Summertime is always the best of what might be" Charles Bowden</p>	1	2	3	4	5	6
<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 What Rhyme's w/ SPRING 1:00 Folding, Puzzles 2:30 Bowling 3:30 Music Relax 4:00 Reach &Stretch 6:30 After dinner chat 7:00 Cape Cod Trivia 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 What Rhyme's w/ SPRING 1:00 Folding, Puzzles 2:00 Catholic Mass 2:30 Steve Lyons Music 3:30 Music Relax 4:00 Reach &Stretch 6:30 After dinner chat 7:00 Cape Cod Trivia 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Knitting Group 11:30 Music DVD 1:00 Folding, Puzzles and Relax 2:30 Games 4:00 let's get moving 6:30 Dean Martin Show 7:00 Chat and Hand 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Trivia 11:30 Soothing Sound 11:30 Cookout w/ Jeff Lowe 1:00 Folding, Puzzles and Relax 4:00 let's get moving 6:30 Being Thankful 7:00 Game Show 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Words that start with J 11:30 Music 1:00 Folding, Puzzles and Relax 2:30 If I could I? 4:00 let's get moving 6:30 After dinner chat 7:30 Walk&Roll</p> <p style="text-align: center;">Monomoy Middle School</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Trivia 11:30 Soothing Music 1:00 Folding, Puzzles and Relax 2:30 Stories 4:00 let's get moving 6:30 After dinner chat 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Story Telling 11:30 Soothing Music 1:00 Folding, Puzzles and Relax 2:30 Art Group 4:00 let's get moving 6:30 After dinner chat 7:00 Hand Massage 7:30 Walk&Roll</p>
7	8	9	10	11	12	13
<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 TV Catholic Mass 11:00 Car Show 1:00 Personal Visits 2:30 Social Sunday 4:00 Noodleball 6:30 Alphabet Soup 7:00 Music and Memories 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 What Rhyme's w/ SPRING 1:00 Folding, Puzzles 2:00 Catholic Mass 2:30 Steve Lyons Music 3:30 Music Relax 4:00 Reach &Stretch 6:30 After dinner chat 7:00 Cape Cod Trivia 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Knitting Group 11:30 Music DVD 1:00 Folding, Puzzles and Relax 2:30 Games 4:00 let's get moving 6:30 Dean Martin Show 7:00 Chat and Hand 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Trivia 11:30 Soothing Sound 1:00 Folding, Puzzles and Relax 2:30 Summer Kick off w/ Pitchfork 4:00 let's get moving 6:30 Being Thankful 7:00 Game Show 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Words that start with J 11:30 Music 1:00 Folding, Relax and Relax 3:00 Stories w/ Tammy 4:00 let's get moving 6:30 After dinner chat 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Guessing game 11:30 Soothing Music 1:00 Folding, Puzzles and Relax 2:30 Yoga w/ Maureen 4:00 let's get moving 6:30 After dinner chat 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Name 5 11:30 Soothing Music 1:00 Folding, Relax Nail Painting 2:30 Salty Paws 2:30 Art Group 4:00 let's get moving 6:30 After dinner chat 7:00 Hand Massage 7:30 Walk&Roll</p>
14	15	16	17	18	19	20
<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 TV Catholic Mass 1:00 Personal Visits 2:00 Social Sunday w/ Ken Badger 4:00 Noodleball 6:30 Alphabet Soup 7:00 Music and Memories 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Word Game 11:30 Spring Trivia 1:00 Folding and sorting 2:00 Companion Animals 3:30 Music Relax 4:00 Reach &Stretch 6:30 Sing a long 7:00 Cape Cod Trivia 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Knitting Group 11:30 Music 2:30 Word Games 4:00 let's get moving 6:30 Dean Martin Show 7:00 Chat and Hand 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 What am I 11:30 Whats for Dinner 11:30 Soothing Sound 1:00 Folding, Puzzles 2:30 Liam Hempstead Entertains 4:00 let's get moving 6:30 Short Story 7:00 Game Show 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Gardening 11:30 Soothing Music 1:00 Folding, Relax 2:30 Whack A Mole 3:00 Stories w/ Tammy 4:00 let's get moving 6:30 Sing along 7:00 Reminisce 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Trivia 11:30 Juneteenth Cookout 1:00 Rest and Relax 2:30 Stories 4:00 let's get moving 6:30 Name Five 7:00 Game Shows 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Soar or Sweet 11:30 Soothing Music 1:00 Folding, Relax Nail Painting 2:30 Art Group 4:00 let's get moving 6:30 Stories and Reminisce 7:00 Hand Massage 7:30 Walk&Roll</p>
21	22	23	24	25	26	27
<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 TV Catholic Mass 1:00 Personal Visits 2:30 Entertainw/ Liam 4:00 Noodleball 6:30 Alphabet Soup 7:00 Music and Memories 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Name Five 11:30 Soothing Music 1:00 Puzzles 2:30 Companion Animals 3:30 Music Relax 4:00 Reach &Stretch 6:30 Sing a long 7:00 Cape Cod Trivia 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Knitting Group 11:30 Soothing Music 1:00 Folding, Puzzles 2:30 Word Game 4:00 Let's get moving 6:30 Dean Martin Show 7:00 Chat and Hand 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Word Game 11:30 Soothing Sound 1:00 Folding, Puzzles 2:30 Paul Ashley Birthday Celebration 4:00 Let's get moving 6:30 Thankful List 7:00 Game Show 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Fun Facts 11:30 Soothing Music 1:00 Folding, Relax 2:30 Word's that Begin w/ Letter "Y" 4:00 Let's get moving 6:00 Reminisce Magazine 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Trivia w/ Gail 11:30 Soothing Music 1:00 Folding, Relax 2:30 Stories 4:00 Let's get moving 4:15 Sing a Long 6:30 Name Five 7:10 Red Sox Game 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Guessing Game 11:30 Soothing Music 1:00 Folding, Relax 2:30 Art Group 4:00 let's get moving 6:30 Stories and Reminisce 7:00 Hand Massage 7:30 Walk&Roll</p>
28	29	30	<div style="text-align: center;"> <h1 style="color: red; text-decoration: underline;">June 2026</h1>  </div>			
<p>10:00 Chair Exercise 10:30 Daily Chat 11:00TV Catholic Mass 1:00 Personal Visits 2:00 Sing Along w/ Paul Kehoe 4:00 Noodleball 6:30 Cape Cod Trivia 7:00 Music and Memories 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Spelling Bee 1:00 Folding, Puzzles 2:30 Basketball 3:30 Music Relax 4:00 Reach &Stretch 6:30 Sing a long 7:00 Cape Cod Trivia 7:30 Walk&Roll</p>	<p>10:00 Chair Exercise 10:30 Daily Chat 11:00 Knitting Group 11:30 Soothing Music 1:00 Folding, Puzzles 2:30 Bingo Mania 4:00 Let's get moving 6:30 Dean Martin Show 7:00 Chat and Hand 7:30 Walk&Roll</p>				

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