



Welcome Spring!

March is a month where the earth blushes in the warmth of Spring. Our spirits bloom in harmony with nature! Warmer days are coming to Cape Cod and so is the beauty of sunshine and longer days!

I wanted to thank everyone for their patience through the historic storm that we endured. I am hoping that the winter storms are behind us so we can start enjoying the sunshine again!

-Kayla

DAILY SCHEDULE

- 7:00-9:00: Breakfast**
- 9:45: Daily Devotion**
- 9:50: Daily Chronicle**
- 10:00 am: Wordle**
- 10:30 Brain Fitness**
- 11:00: Group Exercise**
- 12:00-1:00: Lunch**
- 1:30-3:30: See Calendar**
- 5:00-6:00: Dinner**



CELEBRATING MARCH

Daylight Savings Begins

March 8

St. Patrick's Day

March 17

1st Day of Spring

March 20

Palm Sunday

March 29

COMMUNITY SERVICES

Beauty/ Barber Shop
Wednesday mornings

SHOPPING/BANKING
Tuesdays to CVS in Chatham

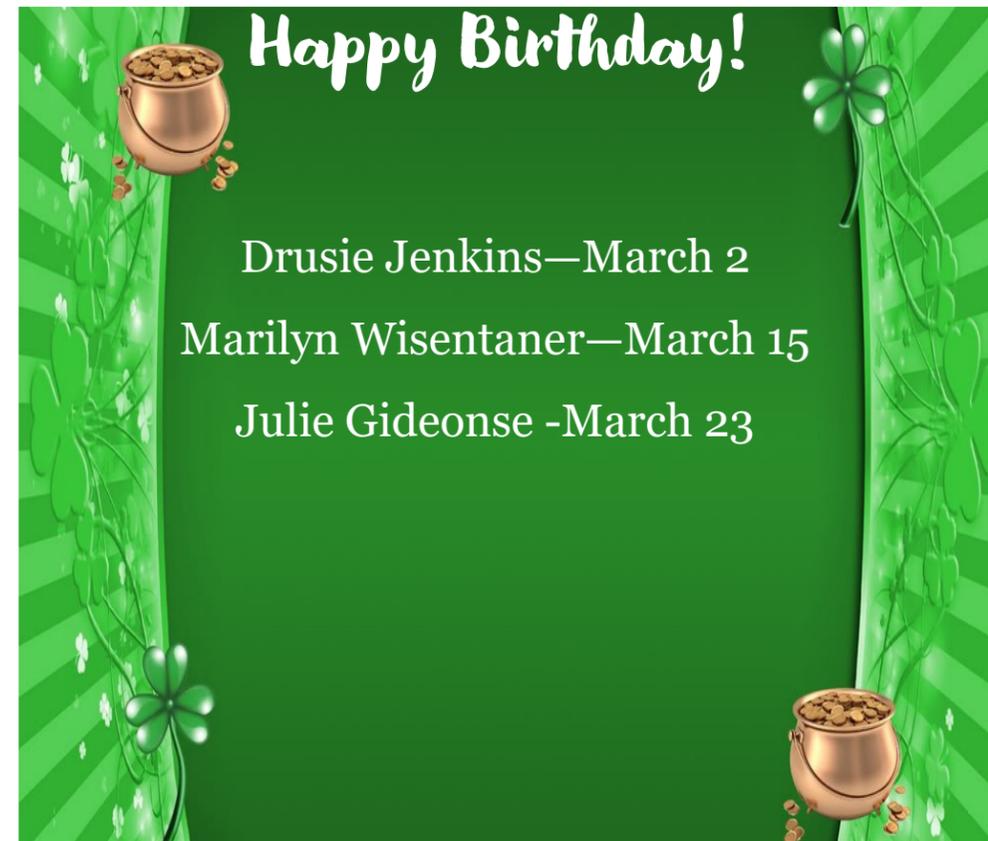
TRANSPORATION TO MEDICAL APPOINTMENTS
Appointments made *in advance* with Caroline or Joan

CHURCH SERVICES
Sundays at 9:30 am to area churches

ON-SITE PODIATRIST
Every 2 months

MOBILE DENTAL
March 27

HEARING LIFE
First Monday of each month
at 3:00 pm





Community Meeting
March 2nd. at 12:45 pm

Stick around after lunch for a quick community meeting. Meet any new residents, get information about any changes and get your questions answered.

Trip to Whydah Pirate Museum & Lunch at Captain Parker's
March 16th at 11:00am.

Join us on a trip to Captain Parker's for lunch followed by the Whydah Pirate Museum. The Whydah Museum houses the largest collection of pirate artifacts ever recovered from a single shipwreck!

Ocean State Job Lot Shopping Trip
March 24th at 9:30am.

Ocean State Job Lot has everything you're looking for! The van will be departing at 9:30 sharp!



LIVE MUSIC

Listen to some great live music this month!

3/4 The Harper and The Minstrel

3/11 Kalifornia Karl

3/18 Ken Badger

3/20 Julia Charland

3/25 Dan McCarthy





Join us for a festive St. Patrick's Day Lunch!

Enjoy delicious corned beef and cabbage!

Everyone is Irish on St. Paddy's Day!

Tuesday, March 17th at Noon



**Daylight Savings
begins **March 8th!****

**Don't forget to
"Spring" your clocks
forward an hour!**

St Patrick's Day

WORD SEARCH Search across, down, and diagonally



Find the following words:

LEPRECHAUN	RAINBOW	GOLD
ST PATRICK	CLOVER	LUCK
SHAMROCK	GREEN	
IRELAND	MARCH	

