



OYSTER POND ACTIVITIES CALENDAR 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>				<div>110:00 Chair Exercise10:30 Daily Chronicles11:00 January Facts1:00 Folding, Relax2:30 Noodleball4:00 Exercise6:30 Sing along7:00 Reminisce Group7:30 Walk&amp;Roll</div>	<div>210:00 Chair Exercise10:30 Daily Chronicles11:30 Soothing Music1:00 Folding, Puzzles and Relax2:30 Stories-Trivia4:00 Music and Streaching6:30 Name Five7:00 Game Shows7:30 Walk this Way</div>	<div>310:00 Chair Exercise10:30 Daily Chronicles11:30 Soothing Music1:00 Folding, Relax Nail Painting2:30 Crafts4:00 Sittercise6:30 Stories and Reminisce7:00 Hand Massage7:30 Walk&amp;Roll</div>
<div>410:00 Chair Exercise10:30 Daily Chronicles11:00 Sunday Paper1:00 Folding, Puzzles Relax Tine2:30 Social Sunday3:00 Reading&amp;Poetry6:30 Alphabet Soup7:00 Music Relax7:30 Walk&amp;Roll</div>	<div>510:00 Chair Exercise11:00 Daily Chronicles1:00 Folding, Puzzles2:30 Noodle Ball3:30 Music and Streaching6:30 Reminisce7:00 Smalltalk7:30 Walk&amp;Roll</div>	<div>610:00 Chair Exercise10:30 Daily Chronicles11:00 Cookie Making11:30 Music DVD2:30 Word Game with Cookies3:30Groving &amp; Moving6:30 Carol Burnett Show7:00 Chat and Hand7:30 Walk&amp;Roll</div>	<div>710:00 Chair Exercise10:30 Daily Chronicles11:00 Cook Book11:30 Soothing Sound1:00 Folding, Puzzles2:30 Music with Julie Charland4:00 Sittercise6:30 Short Story7:00 Game Show7:30 Walk&amp;Roll</div>	<div>810:00 Chair Exercise10:30 Daily Chronicles11:00 January Facts11:30 Soothing Sound1:00 Folding, Puzzles2:30 Balloon Volleyball4:00 Exercise6:30 Sing along7:00 Reminisce Group7:30 Walk&amp;Roll</div>	<div>910:00 Chair Exercise10:30 Daily Chronicles11:30 Soothing Music1:00 Folding, Puzzles and Relax2:30 Stories-Trivia4:00 Music and Streaching6:30 Name Five7:00 Game Shows7:30 Walk&amp;Roll</div>	<div>1010:00 Chair Exercise10:30 Daily Chronicles11:30 Soothing Music1:00 Folding, Puzzles and Relax2:30 Salty Paws Therapy Dogs4:00 Sittercise6:30 Horoscope Fun7:00 Hand Massage7:30 Walk&amp;Roll</div>
<div>1110:00 Chair Exercise10:30 Daily Chronicles11:00 Sunday Paper1:00 Folding, Puzzles Relax Tine2:30 Social Sunday3:00 Reading&amp;Poetry6:30 Alphabet Soup7:00 Music Relax7:30 Walk&amp;Roll</div>	<div>1210:00 Chair Exercise10:30 Daily Chronicles1:00 Folding, Puzzles2:00 Catholic Mass/Father Sullivan4:00 Music and Streaching6:30 Reminisce7:00 Cape Cod Trivia7:30 Walk&amp;Roll</div>	<div>1310:00 Chair Exercise10:30 Daily Chronicles11:00 Trivia11:30 Music DVD1:00 Folding, Puzzles2:30 Word Game with Cookies3:30Groving &amp; Moving6:30 Carol Burnett Show7:00 Chat and Hand7:30 Walk&amp;Roll</div>	<div>1410:00 Chair Exercise10:30 Daily Chronicles11:00 Cook Book11:30 Soothing Sound1:00 Folding, Puzzles and Relax2:00 The Jeff Lowe Show D/R4:00 Sittercise6:30 Short Story7:00 Game Show7:30 Walk&amp;Roll</div>	<div>1510:00 Chair Exercise10:30 Daily Chronicles11:00 January Facts11:30 Soothing Sound1:00 Folding, Puzzles and Relax2:30 Target Ball4:00 Exercise6:00 Reminisce Group7:30 Walk&amp;Roll</div>	<div>1610:00 Chair Exercise10:30 Daily Chronicles11:30 Soothing Music1:00 Folding, Puzzles and Relax2:30 Stories-Trivia4:00 Music and Streaching6:30 Name Five7:00 Game Shows7:30 Walk&amp;Roll</div>	<div>1710:00 Chair Exercise10:30 Daily Chronicles11:30 Soothing Music1:00 Folding, Relax Nail Painting2:30 Crafts4:00 Sittercise6:30 Stories and Reminisce7:00 Hand Massage7:30 Walk&amp;Roll</div>
<div>1810:00 Chair Exercise10:30 Daily Chronicles11:00 Sunday Paper1:00 Folding, Puzzles Relax Tine2:30 Social Sunday3:00 Reading&amp;Poetry6:30 Alphabet Soup7:00 Music Relax7:30 Walk&amp;Roll</div>	<div>1910:00 Chair Exercise11:00 Daily Chronicles1:00 Folding, Puzzles2:30 Noodleball4:00 Music and Streaching6:30 Reminisce7:00 Cape Cod Trivia7:30 Walk&amp;Roll</div>	<div>2010:00 Chair Exercise10:30 Daily Chronicles11:00 Trivia11:30 Music DVD2:30 Word Game with Melissa3:30 Lets get Moving6:30 Carol Burnett Show7:00 Chat and Hand7:30 Walk&amp;Roll</div>	<div>2110:00 Chair Exercise10:30 Daily Chronicles11:00 Cook Book11:30 Soothing Sound1:00 Folding, Puzzles2:30 Kalifornia Karl on Guitar4:00 Sittercise6:30 Short Story7:00 Game Show7:30 Walk&amp;Roll</div>	<div>2210:00 Chair Exercise10:30 Daily Chronicles11:00 January Facts11:30 Music1:00 Folding, Relax2:30 Balloon Toss3:30 Old Time TV6:30 Sing along7:00 Reminisce Magazine7:30 Walk&amp;Roll</div>	<div>2310:00 Chair Exercise10:30 Daily Chronicles11:30 Music1:00 Folding Sorting Relax group2:30 Noodle Ball4:00 Music and Streaching6:30 Name Five7:00 Game Shows7:30 Walk this Way</div>	<div>2410:00 Chair Exercise10:30 Daily Chronicles11:30 Soothing Music1:00 Folding, Relax Nail Painting2:30 Crafts4:00 Sittercise6:30 Stories and Reminisce7:00 Hand Massage7:30 Walk&amp;Roll</div>
<div>2510:00 Chair Exercise10:30 Daily Chronicles11:00 Sunday Paper1:00 Folding, Puzzles Relax Tine2:30 Social Sunday6:30 Alphabet Soup7:00 Music Relax7:30 Walk&amp;Roll</div>	<div>2610:00 Chair Exercise10:30 Daily Chronicles11:00 Name Five1:00 Folding, Puzzles2:30 Noodleball2:30 Bingo Mania4:00 Music and Streaching5:00 Dinner Group6:30 Reminisce7:00 Cape Cod Trivia7:30 OP Movers</div>	<div>2710:00 Chair Exercise10:30 Daily Chronicles11:00 Trivia11:30 Music DVD2:30 Word Game with Melissa3:30Groving &amp; Moving6:30 Carol Burnett Show7:00 Chat and Hand7:30 Walk&amp;Roll CAPE COD TECH</div>	<div>2810:00 Chair Exercise10:30 Daily Chronicles11:00 Crafty11:30 Soothing Sound1:00 Folding, Puzzles2:30 Birthday Party w/ Paul Ashley D/R4:00 Sittercise6:30 Short Story7:00 Game Show7:30 Walk&amp;Roll</div>	<div>2910:00 Chair Exercise10:30 Daily Chronicles11:00 Canvas craft11:30 Soothing Sound1:00 Folding, Puzzles and Relax2:30 Target Ball4:00 Exercise6:00 Reminisce Group7:30 Walk&amp;Roll CAPE COD TECH</div>	<div>3010:00 Chair Exercise10:30 Daily Chronicles11:00Soothing Music1:00 Folding, Puzzles and Relax1:30 Time w/ Teens2:30 Stories-Trivia4:00 Music and Streaching6:30 Name Five7:00 Game Shows7:30 Walk&amp;Roll</div>	<div>3110:00 Chair Exercise10:30 Daily Chronicles11:00 Soothing Music1:00 Folding, Relax Nail Painting2:30 Crafts4:00 Sittercise6:30 Stories and Reminisce7:00 Hand Massage7:30 Walk&amp;Roll</div>