

# January

# 2026

"Let your hopes be stronger  
than your fears"

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**3**

## Happy New Year

**Activities Professional Week**

**January 26-30 Join us for a week of special events**

10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Trivia  
11:30 Residents Choice  
1:00 Personal Visits  
2:00 Bingo  
3:30 Movie Matinee

10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Word Game  
11:30 Reminisce  
2:00 Balloon Volley Ball  
3:30 Movie Matinee

10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 What am I  
11:30 what would  
you do if?  
2:00 Noodleball  
3:30 Movie Matinee

**4**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Catholic  
TV Service  
2:00 Ken Badger  
w/Hot Chocolate  
3:30 Movie Matinee

**5**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Word Game  
1:00 Personal Visits  
2:00 Bingo  
3:30 Movie Musical

**6**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 "Let's Get Crafty"  
1:00 Small Group  
2:00 Noodle Ball  
3:30 Residents Choice

**7**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Word Game  
11:30 Trivia  
2:30 Julie Charland  
on Guitar  
3:30 Good Old Days  
TV Show

**8**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Trivia  
11:30 Residents Choice  
1:00 Personal Visits  
2:00 Bingo  
3:30 Movie Matinee

**9**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Word Game  
11:30 Reminisce  
1:30 Time w/ Teens  
2:00 Basketball  
3:30 Movie Matinee

**10**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Heads Up  
11:30 Price is Right  
2:30 Salty Paws  
are back  
3:30 Movie Matinee

**11**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Catholic  
TV Service  
2:00 Sunday Social  
3:30 Movie Matinee

**12**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Wordle  
1:00 Personal Visits  
2:00 Catholic Mass  
2:00 Bingo  
3:30 Movie  
Musical

**13**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Let's Get Crafty  
1:00 Small Group  
2:00 Noodleball  
3:30 Residents choice

**14**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
10:30 Worship Service  
w/ Wendy  
11:30 Reminisce  
2:30 Jeff Lowe  
on Piano  
3:30 Good Old Days  
TV Show

**15**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Word Game  
11:30 Residents Choice  
1:00 Personal Visits  
2:00 Bingo  
3:30 Movie Matinee

**16**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Word Game  
11:30 Reminisce  
1:30 Time W/Teens  
2:30 Yoga W/Maureen  
3:30 Movie Matinee

**17**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Word Scramble  
2:00 Bingo  
3:30 Residents  
Choice

**18**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Catholic TV  
Service  
2:00 Bingo w/  
Hot Chocolate  
3:30 Movie Matinee

**19**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Trivia  
1:00 Personal Visits  
2:00 Bingo  
2:00 Companion  
Animals  
3:30 Movie  
Musical

**20**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 What would  
You do?  
1:00 Small Group  
2:00 Noodle Ball  
3:30 Residents Choice

**21**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
10:30 St Christophers  
Worship Service  
11:00 Trivia  
11:30 Fun Facts  
11:30 Reminisce  
2:30 Kalifornia Karl  
3:30 Good Old Days  
TV Show

**22**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Word Game  
11:30 Residents Choice  
1:00 Personal Visits  
2:00 Bingo  
3:30 Movie Matinee

**23**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Heads Up  
11:30 Reminisce  
1:30 Time w/ Teens  
2:00 Balloon Volley Ball  
3:30 Movie Matinee

**24**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Stories  
11:30 Where are you from  
2:00 Noodleball  
3:30 Movie Matinee

**25**  
10:00 Exercise  
10:30 Daily Chronicle  
11:00 Catholic TV  
Service  
2:00 Sunday Social  
3:30 Movie Matinee

**26**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Trivia  
1:00 Personal Visits  
2:00 Bingo Mania  
in the Dining Room  
3:30 Movie  
Musical

**27**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 "Let's Get Crafty"  
Doing Some Tie Dye"  
1:00 Small Group  
2:00 Noodle Ball  
3:30 Residents Choice

**28**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
10:30 Worship Service  
11:30 Jewelry Making  
11:30 Reminisce  
2:30 Paul Ashley  
Birthday celebration  
3:30 Good Old Days  
TV Show

**29**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Flowers on Canvas  
11:30 Residents Choice  
1:00 Personal Visits  
2:00 Bingo  
3:30 Movie Matinee

**30**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Word Game  
11:30 Reminisce  
1:30 Time w/ Teens  
Painting  
2:00 Bowling  
3:30 Movie Matinee

**31**  
10:00 Chair Exercise  
10:30 Daily Chronicle  
11:00 Painting  
2:00 Bingo  
3:30 Movie Matinee