

January

2026

"Let your hopes be stronger
than your fears"

SundayMondayTuesdayWednesdayThursdayFridaySaturday						
Happy New Year Activities Professional Week January 26-30 Join us for a week of special events				1 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Trivia 11:30 Residents Choice 1:00 Personal Visits 2:00 Bingo 3:30 Movie Matinee	2 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Word Game 11:30 Reminisce 2:00 Balloon Volley Ball 3:30 Movie Matinee	3 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 What am I 11:30 what would you do if ? 2:00 Noodleball 3:30 Movie Matinee
4 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Catholic TV Service 2:00 Ken Badger w/Hot Chocolate 3:30 Movie Matinee	5 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Word Game 1:00 Personal Visits 2:00 Bingo 3:30 Movie Musical	6 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 "Let's Get Crafty" 1:00 Small Group 2:00 Noodle Ball 3:30 Residents Choice	7 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Word Game 11:30 Trivia 2:30 Julie Charland on Guitar 3:30 Good Old Days TV Show	8 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Trivia 11:30 Residents Choice 1:00 Personal Visits 2:00 Bingo 3:30 Movie Matinee	9 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Word Game 11:30 Reminisce 1:30 Time w/ Teens 2:00 Basketball 3:30 Movie Matinee	10 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Heads Up 11:30 Price is Right 2:30 Salty Paws are back 3:30 Movie Matinee
11 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Catholic TV Service 2:00 Sunday Social 3:30 Movie Matinee	12 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Wordle 1:00 Personal Visits 2:00 Catholic Mass 2:00 Bingo 3:30 Movie Musical	13 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Let's Get Crafty 1:00 Small Group 2:00 Noodleball 3:30 Residents choice	14 10:00 Chair Exercise 10:30 Daily Chronicle 10:30 Worship Service w/ Wendy 11:30 Reminisce 2:30 Jeff Lowe on Piano 3:30 Good Old Days TV Show	15 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Word Game 11:30 Residents Choice 1:00 Personal Visits 2:00 Bingo 3:30 Movie Matinee	16 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Word Game 11:30 Reminisce 1:30 Tme W/Teens 2:30 Yoga W/Maureen 3:30 Movie Matinee	17 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Word Scramble 2:00 Bingo 3:30 Residents Choice
18 10:00 Chair Exercise 10:30 Daly Chronicle 11:00 Catholic TV Service 2:00 Bingo w/ Hot Chocolate 3:30 Movie Matinee	19 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Trivia 1:00 Personal Visits 2:00 Bingo 2:00 Companion Animals 3:30 Movie Musical	20 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 What would You do? 1:00 Small Group 2:00 Noodle Ball 3:30 Residents Choice	21 10:00 Chair Exercise 10:30 Daily Chronicle 10:30 St Christophers Worship Service 11:00 Trivia 11:30 Fun Facts 11:30 Reminisce 2:30 Kalifornia Karl 3:30 Good Old Days TV Show	22 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Word Game 11:30 Residents Choice 1:00 Personal Visits 2:00 Bingo 3:30 Movie Matinee	23 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Heads Up 11:30 Reminisce 1:30 Time w/ Teens 2:00 Balloon Volley Ball 3:30 Movie Matinee	24 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Stories 11:30 Where are you from 2:00 Noodleball 3:30 Movie Matinee
25 10:00 Exercise 10:30 Daily Chronicle 11:00 Catholic TV Service 2:00 Sunday Social 3:30 Movie Matinee	26 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Trivia 1:00 Personal Visits 2:00 Bingo Mania in the Dining Room 3:30 Movie Musical	27 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 "Let's Get Crafty Doing Some Tie Dye" 1:00 Small Group 2:00 Noodle Ball 3:30 Residents Choice Cape Cod Tech	28 10:00 Chair Exercise 10:30 Daily Chronicle 10:30 Worship Service 11:30 Jewelry Making 11:30 Reminisce 2:30 Paul Ashley Birthday celebration 3:30 Good Old Days TV Show	29 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Flowers on Canvas 11:30 Residents Choice 1:00 Personal Visits 2:00 Bingo 3:30 Movie Matinee Cape Cod Tech	30 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Word Game 11:30 Reminisce 1:30 Time w/ Teens Painting 2:00 Bowling 3:30 Movie Matinee	31 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Painting 2:00 Bingo 3:30 Movie Matinee