



BROAD REACH
VICTORIAN ASSISTED LIVING

JANUARY
2026

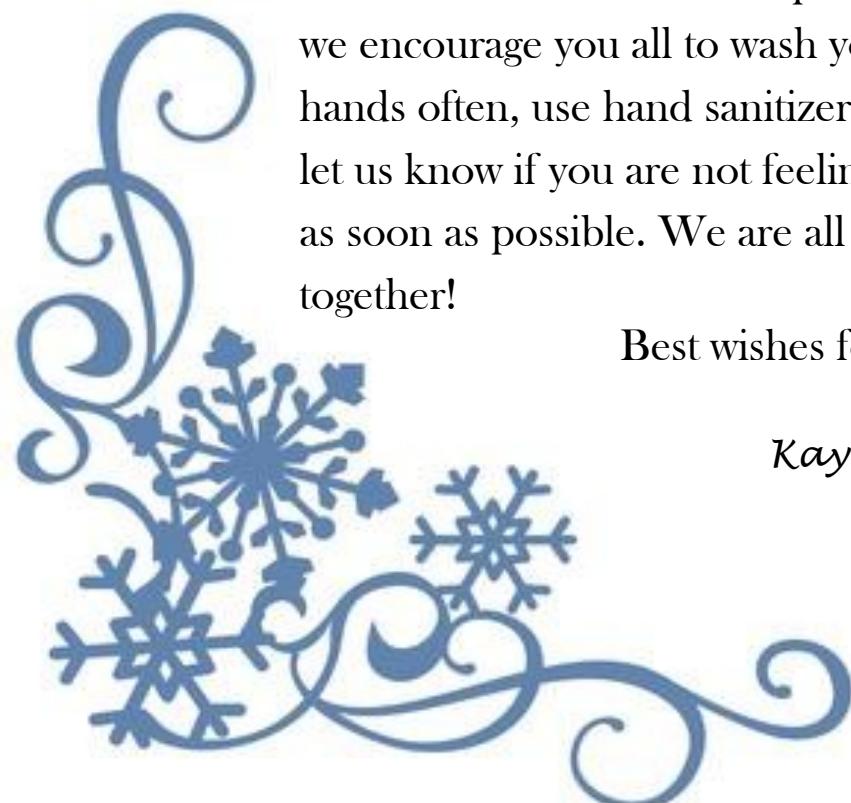
Hello, January!

Happy New Year! As we enter the New Year, we have much to be grateful for, especially for one another. We have much to look forward to in the year ahead! Here are some small goals that you could plan on doing in the new year: learn a new skill, break a bad habit, do a good deed, talk to someone new, read a difficult book, write & send a letter, try a new food, take a risk. Let us reflect on some things that we would like to accomplish in 2026.

New year, but same Covid and Flu season. While this time is upon us, we encourage you all to wash your hands often, use hand sanitizer, and let us know if you are not feeling well as soon as possible. We are all in this together!

Best wishes for 2026!

Kayla



DAILY SCHEDULE

7:00-9:00 am Breakfast

9:45 am Daily Devotion

9:50 am Wordle

10:30 am Brain Games

11:00 am Seated Exercise

12:00-1:00 pm: Lunch

1:30—3:30pm See Calendar

5:00-6:00pm: Dinner



CELEBRATING JANUARY

New Year's Day

January 1

Martin Luther King Day

January 19

COMMUNITY SERVICES

HAIRDRESSER

Wednesdays

SHOPPING

Tuesday morning errand to
CVS

TRANSPORTATION TO MEDICAL APPOINTMENTS

Appointments made *in advance* with Caroline, Joan or Marcia

CHURCH SERVICES

Sundays at 9:30 am to Our Lady of the Cape, Brewster

ON-SITE PODIATRIST

Every 2 months

MOBILE DENTAL

Every 6 months

HEARING LIFE

First Monday of each month
at 3:00 pm

Happy Birthday!

Jan Liska January 7th

Jim Buckley January 7th

Diana Goodwin January 24th

Nikki Todis January 30th

LIVE MUSIC

Julie Charland - January 7th

Tom Telesmanick - January 14th

Kalifornia Karl - January 21st

Dan McCarthy - January 28th

Rob & Marco - January 29th

January Events

Community Meeting - January 2nd

Stick around after lunch for a quick community meeting. Meet any new residents, get information about any changes and get your questions answered!

Janet Uhlar Lecture - January 8th

We welcome back Janet Uhlar this month. Janet will be presenting the second part her American Revolution lecture, *Freedom's Cost: The Story of Nathanael Greene*.

Breakfast at the Keltic Kitchen January 20th

The van will be departing at 8:30 where we will head to the Keltic Kitchen in Yarmouth for a delicious breakfast!

Bowling and Lunch at The Alley January 30th

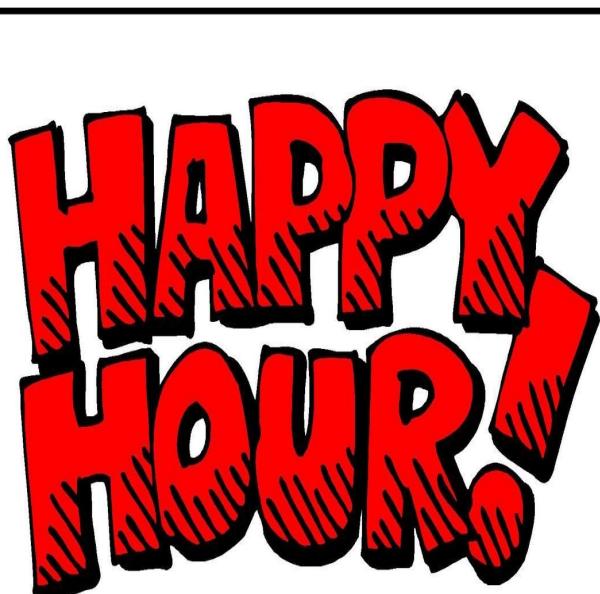
Bowling and lunch at The Alley in Orleans! Hop on the van and join us for some friendly competition and good food!

Rose Bowl

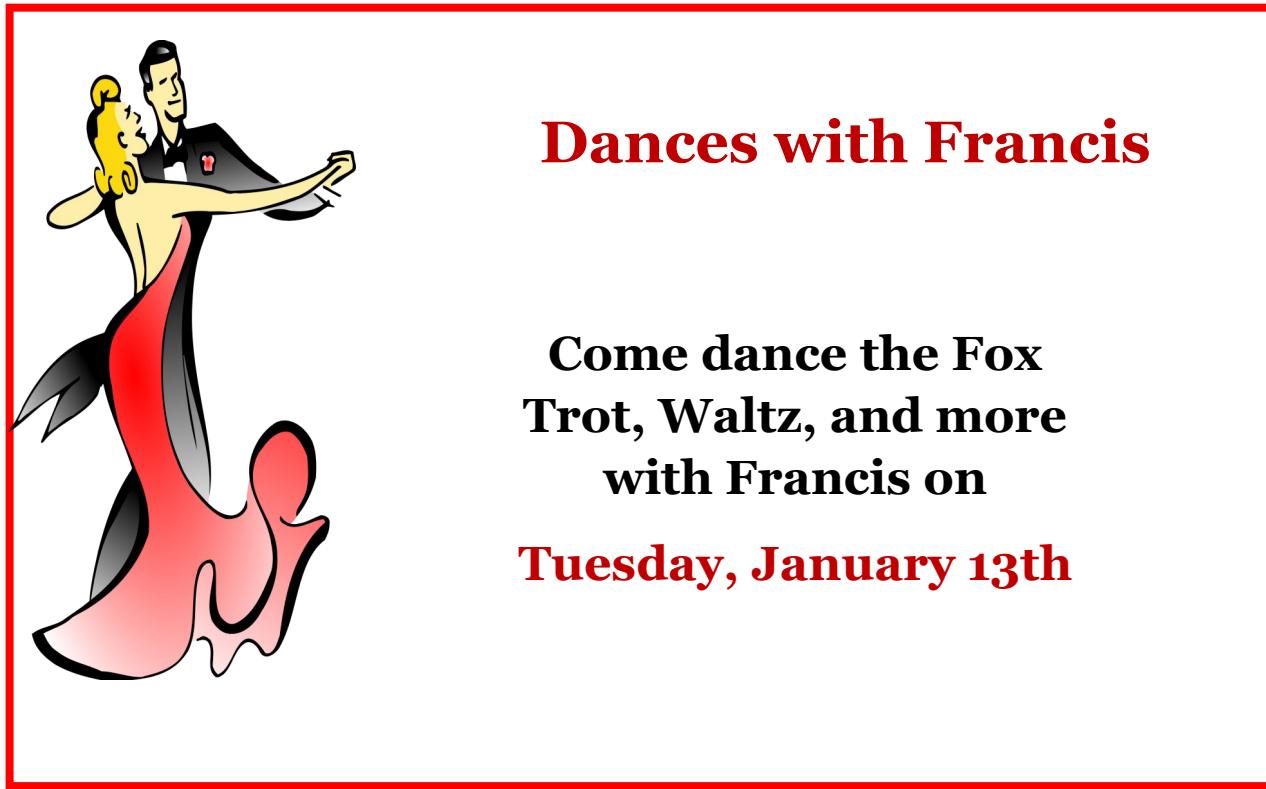
Join us in the Lobby for the Rose Bowl

Parade at 9am and then the Rose Bowl Game

at 1pm!



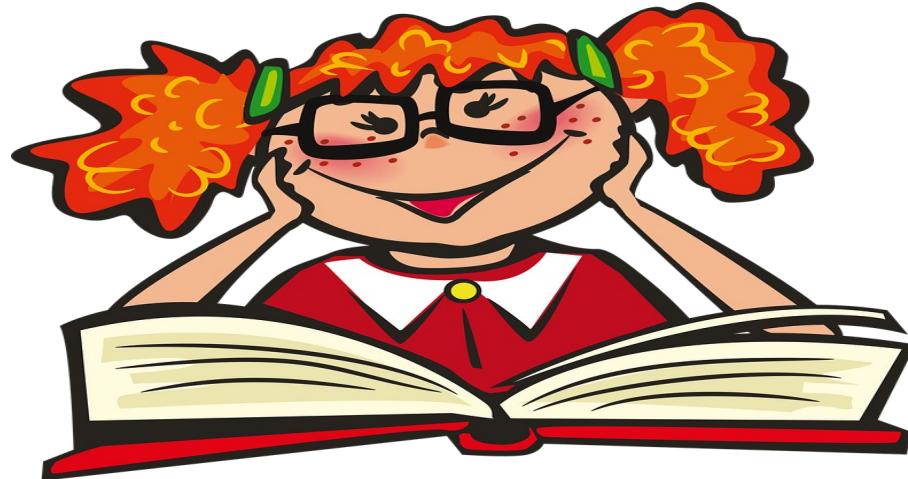
**Libations and live
music every
Friday at 4:00 with
our very own Sal on
his accordion!**



ADVENTURES WITH MIKE

Hop on the van and enjoy a scenic drive with Mike!

Every Friday departing at 1:30



An Afternoon with Janet Uhlar

Thursday, January 8th at 3:00

Author, lecturer, and screenplay writer, Janet's genre is rarely seen. She is the author of two books on forgotten heroes of the American Revolution: *Liberty's Martyr: The Story of Dr. Joseph Warren* and *Freedom's Cost: The Story of General Nathanael Greene*.

Join us in welcoming back Janet for her lecture

***Freedom's Cost:
The Story of Nathanael Greene***

HAPPY NEW YEAR!



Countdown
Confetti
Midnight
Balloons

Celebration
Fireworks
January
Happy

New Year
Clock
Cheers
Goals

Party Poppers
Noisemaker
Resolution
Sparklers

