



Happy Holidays everyone, it's the most wonderful time of the year!

This December will be full of fun. We will be decorating cookies, having Christmas Tea, Christmas Light rides, and a Holiday Party!

As 2025 comes to a close, it is a time for reflection– a time to release old thoughts and welcome the new. Whatever has happened in the past year, the New Year brings fresh beginnings. Exciting new experiences await. Let us be thankful for the blessings of the past and the promise of the future!

I look forward to this New Year with each and every one of you!

Kayla

DAILY SCHEDULE

7:00-9:00 Breakfast

9:45 Daily Devotion

9:50 The Daily Chronicle

10:00 Wordle

10:30 Brain Games

11:00 Morning Exercise

12:00-1:00 Dinner

1:30 See Calendar

5:00-6:00 Supper



CELEBRATING DECEMBER

Hanukkah Begins at Sunset

December 14

1st Day of Winter

December 21

Christmas Day

December 25

COMMUNITY SERVICES

HAIRDRESSER

Wednesdays

SHOPPING/

Tuesdays we go to
CVS in Chatham

TRANSPORATION TO MEDICAL APPOINTMENTS

Appointments made *in
advance* with Caroline.

CHURCH SERVICES

Sundays at 9:15

Our Lady of the Cape

CURANA NURSE PRACTITIONER

Mondays as needed

ON-SITE PODIATRIST

Every 2 months

MOBILE DENTAL

Every 6 months

HEARING LIFE

First Wednesday of each
month at 3:00 pm

Happy Birthday!

Roz December 23

Evelyn December 25

Marguerite December 27



December EVENTS

Community Meeting **Monday December 1st at 12:45 pm**

Stick around after lunch for a quick community meeting. Meet any new residents, get information about any changes and get your questions answered!

Lunch and Little Women Play **Sunday December 7th**

Join us for lunch at Codo followed by a performance of Little Women at the Chatham Drama Guild.

Breakfast at the Keltic Kitchen **Tuesday December 9th**

The bus will be departing at 9AM for a delicious breakfast at one of Yarmouth's favorites!

Resident and Staff Christmas Social **Wednesday December at 2:00**

Good food, good music, and good friends gather in the lobby to celebrate Christmas!

New Year's Eve Cheers! **Wednesday December 31st at 3:30**

3... 2... 1... Happy New Year! We will be ringing in 2026 (a little early!). Let's say goodbye to a wonderful 2025 and cheers to a happy, healthy 2026!



**Holiday Cooking Creations every
Tuesday at 2:30 in
The Pub**



Sounds of the Season

*Come and enjoy this month's
special music!*

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|----------------|--------------------------------------|
| <i>Dec. 3</i> | <i>Kalifornia Karl</i> |
| <i>Dec. 7</i> | <i>Lunch & Little Women Play</i> |
| <i>Dec. 8</i> | <i>The Notables</i> |
| <i>Dec. 10</i> | <i>Drum & Dance with Tara</i> |
| <i>Dec. 11</i> | <i>Pilgrim Congregational Church</i> |
| <i>Dec. 15</i> | <i>Monomoy Middle School Chorus</i> |
| <i>Dec. 17</i> | <i>Dan McCarthy</i> |
| <i>Dec 29</i> | <i>Ken Badger</i> |



**Here's a sneak peak of our
holiday movies!**

I'll Be Home for Christmas

Holiday Inn

How the Grinch Stole Christmas

Christmas Card

Christmas Vacation

Home Again

White Christmas

A Christmas Story

Elf

Miracle on 34th Street

It's a Wonderful Life

The Holdovers

MERRY CHRISTMAS

K F A M I L Y T R N K B J L H
Y M U T J C O R B S X G O J H
Y U P L R C A R O L S I Y I F
Y C M R R E Q N W E E V E N N
L H F E E P E H D N D I J G O
S R B T D S C S S Y W N G L R
Y I Q M T Y E R C M C G S E T
U S T O C K I N G S J A E I H
U T L I G H T S T G S D N W P
L M F L I O V S M S N J S E O
K A V F X B I Z G I I G D T L
B S R E B Z S L E I G H X C E
F K Y O L Q H R N S N O W R U
X N L R J F Z C D N D E X X V
H S T A R W S A N T A T L V M

BOW	FAMILY	NORTH POLE	SNOW
CANDY CANE	GIVING	PRESENTS	STAR
CAROLS	JINGLE	REINDEER	STOCKINGS
CHRISTMAS	JOY	SANTA	TREES
ELF	LIGHTS	SLEIGH	