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DAILY SCHEDULE

7:00-9:00 Breakfast

9:45 Daily Devotion
9:50 The Daily Chronicle
10:00 Wordle
10:30 Brain Games
11:00 Morning Exercise

12:00-1:00 Dinner

1:30 See Calendar

5:00-6:00 Supper



CELEBRATING DECEMBER

Hanukkah Begins at Sunset

December 14

1st Day of Winter

December 21

Christmas Day

December 25

COMMUNITY SERVICES

HAIRDRESSER

Wednesdays

SHOPPING/

Tuesdays we go to CVS in Chatham

TRANSPORATION TO MEDICAL APPOINTMENTS

Appointments made *in advance* with Caroline.

CHURCH SERVICES

Sundays at 9:15

Our Lady of the Cape

CURANA NURSE PRACTITIONER

Mondays as needed

ON-SITE PODIATRIST

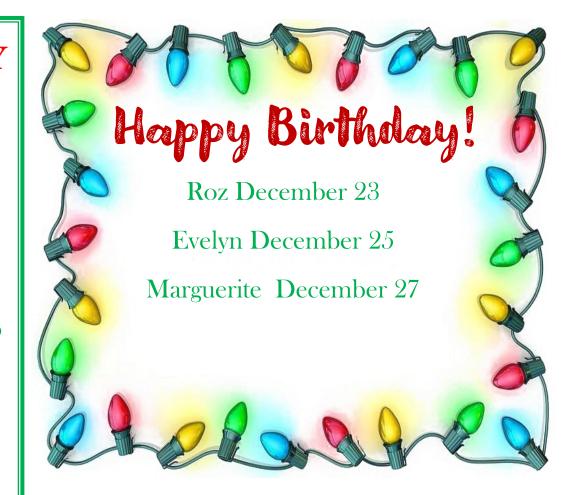
Every 2 months

MOBILE DENTAL

Every 6 months

HEARING LIFE

First Wednesday of each month at 3:00 pm







Community Meeting **Monday December 1st at 12:45 pm**

Stick around after lunch for a quick community meeting. Meet any new residents, get information about any changes and get your questions answered!

Lunch and Little Women Play Sunday December 7th

Join us for lunch at Codo followed by a performance of Little Women at the Chatham Drama Guild.

Breakfast at the Keltic Kitchen Tuesday December 9th

The bus will be departing at 9AM for a delicious breakfast at one of Yarmouth's favorites!

Resident and Staff Christmas Social Wednesday December at 2:00

Good food, good music, and good friends gather in the lobby to celebrate Christmas!

New Year's Eve Cheers! Wednesday December 31st at 3:30

3... 2... 1... Happy New Year! We will be ringing in 2026 (a little early!). Let's say goodbye to a wonderful 2025 and cheers to a happy, healthy 2026!





Holiday Cooking Creations every
Tuesday at 2:30 in
The Pub



Come and enjoy this months special music!

Dec. 3 Kalifornía Karl

Dec. 7 Lunch & Little Women Play

Dec. 8 The Notables

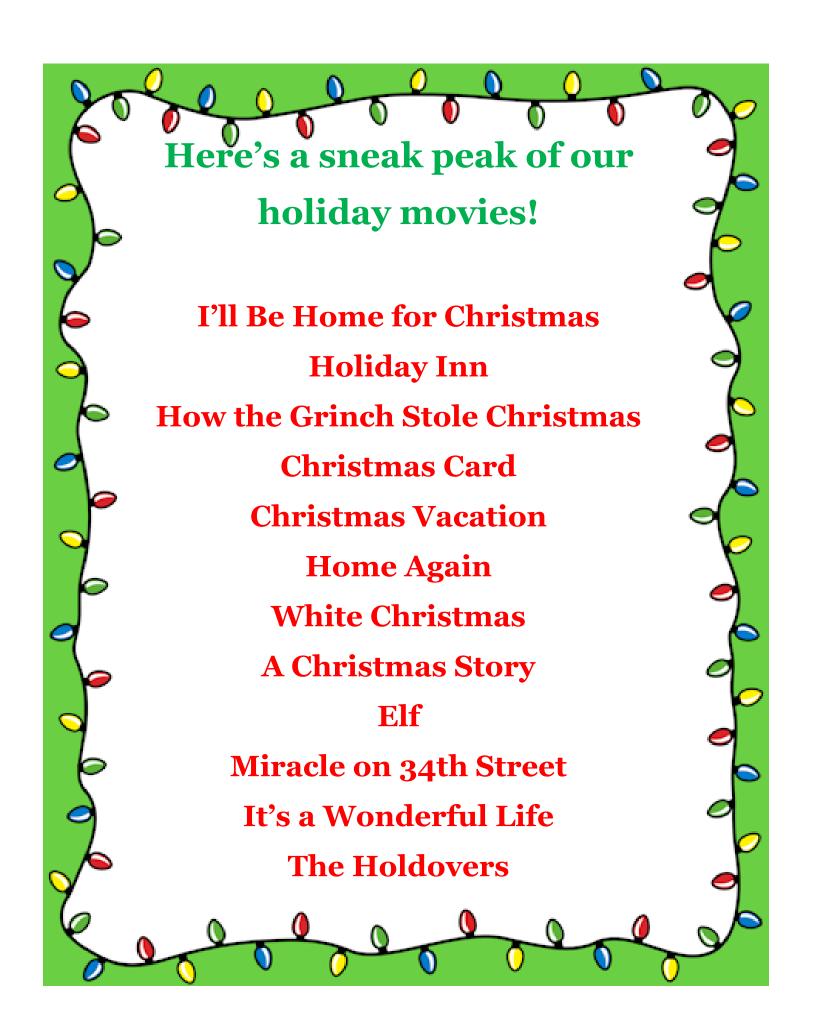
Dec. 10 Drum & Dance with Tara

Dec. 11 Pílgrím Congregatíonal Church

Dec. 15 Monomoy Middle School Chorus

Dec. 17 Dan McCarthy

Dec 29 Ken Badger



MERRY CHRISTMAS

K F A M I L Y T R N K B J L H Y M U T J C O R B S X G O J H Y U P L R C A R O L S I Y I F Y C M R R E Q N W E E V E N N L H F E E P E H D N D I J G O S R B T D S C S S Y W N G L R Y I Q M T Y E R C M C G S E T U S T O C K I N G S J A E I H U T L I G H T S T G S D N W P L M F L I O V S M S N J S E O K A V F X B I Z G I I G D T L B S R E B Z S L E I G H X C E F K Y O L Q H R N S N O W R U X N L R J F Z C D N D E X X V H S T A R W S A N T A T L V M

BOW **FAMILY** NORTH POLE SNOW CANDY CANE **GIVING PRESENTS** STAR **CAROLS JINGLE** REINDEER STOCKINGS **CHRISTMAS** SANTA **TREES** JOY LIGHTS SLEIGH ELF