

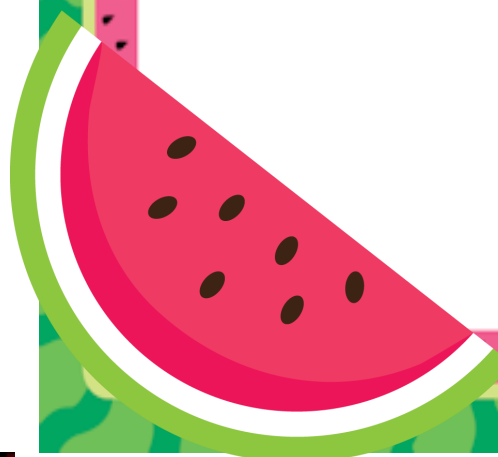
## Hello August!

Lazy Sunday afternoons, walks along the beach, cloudless skies and stars just out of reach, balmy evenings, hammocks in the shade...these are the simple pleasures of what August days are made.

How can it be August already?! I feel like we were just celebrating Memorial Day. I don't know about you but I'm trying to squeeze every ounce out of summer while we have it!

Be well, and enjoy the rest of another beautiful Cape Cod summer!

*Kayla*



### DAILY SCHEDULE

**7:00-9:00 am: Breakfast**

**9:45 am: Daily Devotion**

**9:50 Morning Huddle**

**10:00 Wordle**

**10:30 Exercise**

**11:00 Brain Fitness**

**12:00-1:00 pm: Lunch**

**See calendar for daily after-noon programming**

**5:00-6:00pm: Dinner**



### CELEBRATING AUGUST

**National Chocolate Chip  
Cookie Day August 4th**

## COMMUNITY SERVICES

### HAIRDRESSER

Wednesdays

### MANICURES

Every Tuesday

### SHOPPING/BANKING

Tuesdays to CVS, local banks

### TRANSPORATION TO MEDICAL APPOINTMENTS

Appointments made *in  
advance* with Marcia, Joan or  
Caroline

### CHURCH SERVICES

Sundays at 9:30 am to Our  
Lady of the Cape church

### ON-SITE PODIATRIST

Every 2 months

### MOBILE DENTAL

Every 6 months

### HEARING LIFE

First Wednesday of each  
month at 3:00 pm

# Happy Birthday!

Steve Austin

August 7th

Linda Goodspeed

August 13th

## Live Music This Month

August 4—Tom Telesmanick

August 11— Mike Dardis

August 20—Ken Badger

August 27—Dan McCarthy

# August EVENTS



## **Community Meeting/Resident Council** **Monday, August 4th at 12:45**

Stick around after lunch for a quick community meeting and resident council. Meet any new residents, get information about any changes and get your questions answered!

## **Game Nights** **Tuesdays at 6:30 pm**

Join Rick for a fun evening of games and trivia! Don't miss them! Every Tuesday after supper in the Lobby.

## **Old Fashion Ice Cream Making** **Tuesday the 12th at 2:00pm**

Join Kayla, ED and her mom Laurie for a fun filled afternoon making ice cream the old fashion way!

## **Residents' Choice Shopping Day**

Will it be TJ Maxx, Ocean State Job Lot, or somewhere else? You pick! Join us Tuesday the 19th for Residents' Choice Shopping Day.

## **Red Sox and Chatham A's Games**

The Red Sox/Chatham A's will be on the big screen in the Lobby! Check the calendar for days and times. Wear your Red Sox gear and cheer our boys on!



## **PODIATRIST**

Dr. Moore will be back this month!

## **August 19th**

No appointment necessary, we will come around to get

## **CRAFTERS' CORNER**

Join us in the pub on Wednesdays for DIY crafting fun!





## **WINE TASTING**

**We will be sampling delicious wines this month accompanied with light refreshments. Even if you don't drink wine, join us for the conversation!**

**Wednesday the 27th at 2:30**





# *This Month's Movies*

## Comedy Week

**8/4—Grumpy Old Men**

**8/6—Grumpier Old Men**

**8/8— City Slickers**

**8/9—The Money Pit**

## Biography Week

**8/11—The Kennedys**

**8/13—Miracle**

**8/15—The Music Man**

**8/16—Won't You Be My Neighbor**

## Musical Week

**8/18—Fiddler on the Roof**

**8/20—Oklahoma**

**8/22—West Side Story**

**8/23—The Greatest Showman**

## Classics Week

**8/25—The Wizar of Oz**

**8/27—Charade**

**8/29—Some Like It Hot**

**8/30—A Streetcar Named Desire**



**Join us each Friday at 4 pm  
for some cheer with  
friends and sing along to  
tunes with  
Sal and his Squeezebox!**

*Coming up next month...*

*Chatham Boat Ride Seal Watch*

*Trip to the Whaling Museum in New Bedford*





# SUMMER



## Word Scramble

Unscramble the ten summer themed words below.

1. SLCOPEIP \_\_\_\_\_

2. NCAOE \_\_\_\_\_

3. NUNYS \_\_\_\_\_

4. SWRRBAITSREE \_\_\_\_\_

5. SNSLSSAGUE \_\_\_\_\_

6. GRNSUIF \_\_\_\_\_

7. TWMISUSI \_\_\_\_\_

8. CMNAPGI \_\_\_\_\_

9. OTORODSU \_\_\_\_\_

10. ASELBBAL \_\_\_\_\_