

OYSTER POND WEST ACTIVITIES CALENDAR 2025						
Sundav	Mondav	Tuesdav	Wednesdav	Thursdav	Friday	Saturdav
C.					10:00 Chair Exercise 10:30 Daily Chronicle 11:00 What would you do if? 11:30 Soothing Music 1:00 Reminisce 1:30 Life Stories 2:30 Horse Racing 4:00 let's get moving	10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Sticker Art 11:30 Soothing Music 1:00 Folding, Relax Nail Painting 2:30 Art Group 4:00 let's get moving 6:30 After dinner chat
		VED.		T	6:30 After dinner chat 7:30 Walk&Roll	7:00 Hand Massage 7:30 Walk&Roll
3	4	5	6	7	8	ç
6:30 Alphabet Soup 7:00 Music and	10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Words that begin w/A 1:00 Folding, Puzzles 2:00 Spelling B 2:30 Balloon Ball 3:30 Music Relax 4:00 Reach & Strech 6:30 After dinner chat 7:00 Cape Cod Trivia 7:30 Walk&Roll	10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Trivia 11:30 Music 1:00 Folding, Puzzles 2:30 Word Game 4:00 let's get moving 6:30 Dean Martin Show 7:00 Chat w/ Friends 7:30 Walk&Roll	10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Cook Book 11:30 Soothing Sound 1:00 Folding, Puzzles and Relax 2:00 What Would <i>you do?</i> 4:00 let's get moving 6:30 Being Thankful 7:00 Game Show 7:30 Walk&Roll	10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Wordle 11:30 Music 1:00 Folding, Relax and Relax 2:30 Word Game 4:00 let's get moving 6:30 After dinner chat 7:30 Walk&Roll	10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Guessing game 11:30 Soothing Music 1:00 Folding, Puzzles and Relax 2:30 Yoga w/ Maureen 4:00 let's get moving 6:30 After dinner chat 7:30 Walk&Roll	2:30 Art Group
10	11	12	13	14	15	16
4:00 Noodleball	10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Word Game 11:30 Summer Chat 2:00 Catholic Mass 2:30 Target Ball 3:30 Music Relax 4:00 Reach & Strech 6:30 Sing a long 7:00 Cape Cod Trivia 7:30 Walk&Roll	10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Love it or Leave it 11:30 Music 2:30 Word Games 4:00 let's get moving 6:30 Dean Martin Show 7:00 Chat w/Friends 7:30 Walk&Roll	10:00 Chair Exercise 10:30 Daily Chronicles 11:00 I wish I could? 11:30 Cook Book 11:30 Soothing Sound 1:00 Folding, Puzzles 2:30 Julie Charland <i>on Guitar</i> 4:00 let's get moving 6:30 Short Story 7:00 Game Show 7:30 Walk&Roll	10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Price is Right 11:00 What in the Kitchen 1:00 Folding, Relax 2:30 Hang Man 4:00 let's get moving 6:30 Sing along 7:00 Reminisce 7:30 Walk&Roll	10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Trivia w/ Gail 11:30 Soothing Music 1:00 Folding, Puzzles and Relax 2:00 Painting 3:00 Story Telling 4:00 let's get moving 6:30 Name Five 7:00 Game Shows 7:30 Walk&Roll	10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Soar or Sweet 11:30 Soothing Music 1:00 Folding, Relax Nail Painting 2:30 Art Group 4:00 let's get moving 6:30 Stories and Reminisce 7:00 Hand Massage 7:30 Walk&Roll
17	18	19	20	21	22	23
6:30 Alphabet Soup 7:00 Music and Memories 7:30 Walk&Roll	11:30 Soothing Music 1:00 Puzzles 2:30 Balloon Toss 3:30 Music Relax 4:00 Reach &Strech 6:30 Sing a long 7:00 Cape Cod Trivia 7:30 Walk&Roll	10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Trivia 11:30 Soothing Music 1:00 Folding, Puzzles 2:30 Noodleball 4:00 Let's get moving 6:30 Dean Martin Show 7:00 Chat w/ Friends 7:30 Walk&Roll	10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Cook Book 11:30 Soothing Sound 1:00 Folding, Puzzles 2:30 Jim Consatine on piano 4:00 Let's get moving 6:30 Thankful List 7:00 Game Show 7:30 Walk&Roll	10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Fun Facts 11:30 Soothing Music 1:00 Folding, Relax 2:30 Spelling B 4:00 Let's get moving 6:00 Reminisce Magazine 7:30 Walk&Roll	10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Trivia w/ Gail 11:30 Soothing Music 1:00 Folding Puzzles 2:30 Stories-Trivia 4:00 Let's get moving 4:15 Sing a Long 6:30 Name Five 7:30 Walk&Roll	10:00 Chair Exerise 10:30 Daily Chronicle 11:00 Guessing Game 11:30 Soothing Music 1:00 Folding, Relax 2:30 Art Group 4:00 let's get moving 6:30 Stories and Reminisce 7:00 Hand Massage 7:30 Walk&Roll
24 10:00 Chair Exercise	25 10:00 Chair Exercise	26 10:00 Chair Exerise	27 10:00 Chair Exerise	28 10:00 Chair Exerise	29 Silver Stock	30 10:00 Chair Exerise
10:30 Daily Chronicle 11:00 Sunday Paper 1:00 Personal Visits 2:30 Ice CreamSocial 4:00 Noodleball 6:30 Cape Cod Trivia	10:30 Daily Chronicle 11:00 Price is Right 1:00 Folding, Puzzles 2:30 Balloon Toss	10:30 Daily Chronicle 11:00 Trivia 11:30 Soothing Music 1:00 Folding, Puzzles 2:30 Ring Toss 4:00 Let's get moving 6:30 Dean Martin Show 7:00 Chat w/Friends 7:30 Walk&Roll	10:30 Daily Chronicle 11:00 Cook Book 11:30 Soothing Sound 1:00 Folding, Puzzles 2:30 Paul Ashley <i>Birthday Celebration</i> 4:00 Let's get moving 6:30 Thankful List 7:00 Game Show 7:30 Walk&Roll	10:30 Daily Chronicle 11:00 Fun Facts 11:30 Soothing Music 1:00 Folding, Relax 2:30 Math Quiz 4:00 Let's get moving 6:00 Reminisce Magazine 7:30 Walk&Roll	Pitch Fork Norm Silver Jeffe lowe Band Mr. Gotcha Band Kalifornia Karl 4:15 Sing a Long 6:30 Name Five 7:10 Red Sox Game 7:30 Walk&Roll	10:30 Daily Chronicle 11:00 Guessing Game 11:30 Soothing Music 1:00 Folding, Relax 2:30 Art Group 4:00 let's get moving 6:30 Stories and Reminisce 7:00 Hand Massage 7:30 Walk&Roll