



Candidate for 2026 President-Elect, American Psychoanalytic Association (APsA)

New Leadership. Your Voice. Our Future.
Forging a Stronger Psychoanalytic Community.

INTRODUCTION

From the start of my training, I was shaped by the conviction that psychoanalytic work must be grounded in listening — **deeply, sensitively, and with openness to the cultural and personal stories that shape each individual.** This conviction has guided me through intersecting paths as a child and adult psychiatrist, child and adult psychoanalyst, and organizational leader. My career has always sought to bridge individual treatment with broader community and societal contexts. Whether leading national associations, editing *Echoes of Childhood*, directing an institute, or developing humanitarian projects in times of crisis, I have sought to build communities that foster resilience and inclusivity.

These experiences now lead me to seek the president-elect of APsA, **where I will bring this listening stance to shaping our collective future.** Throughout my career, I have moved between clinical practice, organizational leadership, and community engagement — each strengthening the other. As a child and adult psychiatrist and supervising child and adult analyst, I carry a developmental perspective into my work with patients and trainees. In APsA, as Secretary and Executive Committee Director, I have helped guide our Association through times of challenge and change. As director of a 336-member institute that regularly reaches more than 55,000 colleagues worldwide through its global listserv, I have fostered growth and built pathways for emerging leaders. Through my academic appointments and editorial work, I have advanced scholarship, while internationally, I have led community-based and humanitarian projects recognized by the IPA.

These intersecting experiences equip me to bridge tradition and innovation, clinical practice and social context, local institutes and global networks — the kind of leadership APsA needs.



DRIVE INNOVATION & INTERGENERATIONAL RENEWAL

APsA and its Institutes face urgent succession challenges. The future of APsA depends on generational renewal. To remain vital, we must cultivate early-career analysts as tomorrow's leaders. One of the most rewarding parts of my career has been mentoring younger colleagues and watching them step into leadership. I have done this in practice by creating leadership pathways at my institute, where an Associate Faculty category now represents one-quarter of the faculty. I will bring this same focus to APsA, ensuring that our future is built on innovation, mentorship, and the cultivation of tomorrow's leaders.

APsA's vitality depends on cultivating tomorrow's leaders today.



PRESERVE & GROW MEMBERSHIP

APsA's membership has weathered profound upheavals, and many colleagues still feel the impact of fragmentation and loss of connection. Rebuilding trust and fostering belonging are essential to our future. As chair of the Psychoanalysis in the Community Committee, housed within APsA's Social Issues Department, I have supported committee members' projects that demonstrate the innovative application of psychoanalytic principles beyond the traditional consulting room to address critical societal challenges, while also advancing my own community based initiatives, including the International Town Hall Project and a Ukraine pilot project for frontline responders. These experiences have shown me that organizations grow not only through numbers, but through inclusivity and mutual respect. As President, I will work to ensure that APsA becomes a home where all members feel valued, connected, and part of a shared future.

APsA thrives when every member feels at home.

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> FOSTER CONSTRUCTIVE DIALOGUE

APsA must find new ways to move past polarization and foster dialogue that strengthens, rather than divides, our community. I have the will and the skills to reduce division, drawing on my experience leading more than 180 international town halls to create forums where colleagues can engage across differences with respect and depth. As President, I will work to build a culture of respect and inclusion that transforms conflict into deeper understanding and makes dialogue a source of growth and renewal for our Association.

Respectful dialogue will transform APsA toward a resilient future.

> INTEGRATE TECHNOLOGY WITH CORE PSYCHOANALYTIC VALUES

APsA has a 5-year window to demonstrate to the IPA the effectiveness of online training. This moment calls for leadership that understands both the possibilities and the concerns. I bring deep expertise in teleanalysis, virtual teaching, and hybrid international programming, but my goal is not to advocate uncritically. It is to lead a thoughtful and sophisticated dialogue about how technology can support — and sometimes challenge — our analytic work. As past chair of the International Teleanalysis Clinical Research Group, I will ensure that innovation always remains guided by our core values of connection, accessibility, and analytic integrity.

Technology must serve psychoanalysis, enhancing access while preserving its essence.

> BRIDGE PSYCHOANALYSIS & SOCIAL CONTEXT

Psychoanalysis must remain deeply connected to the social environments in which people live. This includes attention to families and communities as well as to issues of diversity and social change. As a child analyst, I have always been implicitly aware of the impact of social context on development and the unconscious. I have recently edited a volume, *"Echoes of Childhood: The Foundational Role of Child Analysis in Adult Analytic Work"* (in press, 2025) that illustrates how developmental perspectives enrich analytic work with adults. Building on this work, I have developed a four-month virtual book series, beginning in October, where the contributing authors and I will present our chapters in a creative effort to broaden the reach of developmental insights and invite a wider, more diverse audience into the conversation at a modest cost.

Equally central is my commitment to community psychoanalysis, which I have consistently put into practice. In my leadership role chairing the Psychoanalysis in the Community Committee, I have facilitated and led initiatives nationally and internationally that bring psychoanalysis to the front lines of social life. Since February 2022, I have led the International Town Hall Project, APsA's humanitarian response to the full-scale invasion of Ukraine. I am now working with a Ukrainian psychologist to recruit front-line responders for a community-based pilot project, furthering my commitment to linking psychoanalysis with urgent social realities.

By integrating developmental and community perspectives into APsA's curricula, training, and outreach, I will ensure that psychoanalysis remains relevant across the lifespan and responsive to the pressing realities of our time.

Psychoanalysis grows stronger when it engages with the world around it.

New Leadership. Your Voice. Our Future.

I am committed to guiding APsA with leadership that renews our Association through innovation, strengthens membership through inclusivity, fosters dialogue across differences, guides technology with our core values, and bridges psychoanalysis with the social contexts in which we live. Together, we can build an APsA that is renewed, united, relevant, and thriving.

I welcome your ideas and your partnership in shaping this future.

