



Life. Love. Legacy.™
220 Park Ave.
Thomasville, GA 31792 (229)
227-0880

YOUR LEADERSHIP TEAM



Cynthia Swaim
Executive Director



Betty Sawyer
Community
Ambassador



Hayley Pinkerton
Sales & Marketing
Director



Dana Bass, LPN
Clinical Coordinator



Lateshia Rooks
Resident Services
Director/Administrator
in Training



Kathy Dailey
Dining Services
Director



Jeana Sigsby
Business Office
Manager



Larry Harris
Chaplain



LEGACY VILLAGE AT PLANTATION MANOR

NEWSLETTER | SEPTEMBER 2026



A MESSAGE FROM YOUR EXECUTIVE DIRECTOR



There's a story woven into nearly every family: parents who spent years pouring themselves into their children—driving to lessons and games, cheering from the stands, making sure everyone had what they needed. As time goes on, those children grow up, start families of their own, and the days fill up with new responsibilities. Then come grandchildren, and even great-grandchildren, and life gets busier still. It's not that anyone means to drift apart, but as the seasons change, the parent who once held everything together can sometimes feel a little more alone.

That's why National Assisted Living Week holds such special meaning for us each September. Each year, the week begins on Grandparents Day and this year carries the theme "Shining through the Years"—a celebration of the many decades of memories, music, and experiences that our residents bring to our community. When someone who spent a lifetime caring for others joins us here, they find themselves surrounded by new friends, compassionate team members, and a sense of belonging that can quickly brighten even the quietest days.

Research shows that these daily interactions—sharing meals, swapping stories, simply greeting a neighbor—

don't just lift the spirit; they truly make a difference in health and happiness. Seniors who are socially connected are more likely to enjoy improved mood, better cognitive health, and a lasting sense of purpose. Even a single conversation can be a reminder that no one is ever truly alone.

As we mark National Assisted Living Week, we honor all those who have helped shape families and communities for generations. We thank you—residents, families, and team—for sharing your lives and legacies with us, and for allowing us to be part of your journey.

If you're curious about the celebrations or opportunities to connect this month, you'll find more information on our calendar or inside this newsletter. Whether you join us for a visit, a conversation, or simply a cup of coffee, you are always welcome.

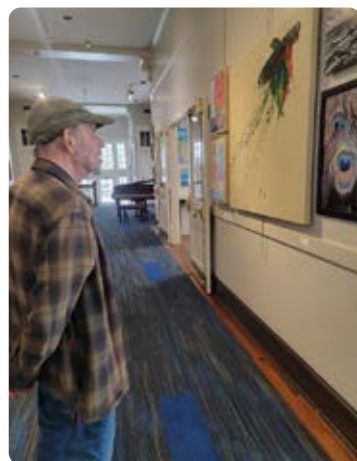
Thank you for allowing us to continue serving you and your loved ones. May God bless you with peace, joy, and the reminder that every stage of life is worthy of love, attention, and connection.

Sincerely,

Cynthia Swaim
Executive Director



Embracing PAST & PRESENT



THOMASVILLE CENTER FOR THE ARTS



THOMASVILLE HISTORICAL MUSEUM



Larry Harris
Chaplain

CHAPLAIN'S CORNER

Paul writes in Romans 8:18, *I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.*

Dealing with life every day is hard. Life doesn't always cooperate with us.

Why could Paul write these words? Paul believed in three biblical concepts that helped him deal with life's challenges. They will help us, too:

1. He believed in the sovereignty of God—meaning God is the chief ruler, the King of kings.
2. Paul had hope in God's glory—meaning one day we will be like Jesus and all things will be made new.
3. Paul trusted in God's presence—meaning God is always with us.

May all of us practice these three truths every day.

My love and prayers,
Larry



KATHY'S CORNER DINING SERVICES DIRECTOR

BANANA PUDDING CUPS

INGREDIENTS:

- 8 bananas, sliced
- 1 box (11oz.) vanilla wafers
- 2 boxes (3.4 oz each) instant banana pudding
- 4 c. 2% milk, cold
- 1 container (16 oz.) whipped topping

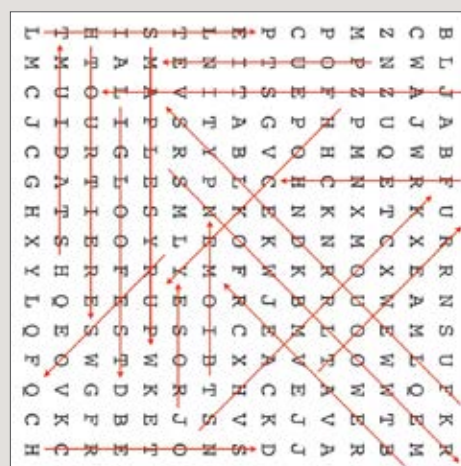
DIRECTIONS:

1. Mix pudding and milk till well blended.
2. Fold in the whipped topping and bananas.
3. Chill for about 30 minutes.
4. Add vanilla wafers and serve.

Optional: Top with whipped cream and a cherry for extra goodness!



ALZHEIMER'S SUPPORT SERVICES LEGACYSL.NET/ALZHEIMERS-SUPPORT



1. "Snap! Crackle! ____!"
2. "Please don't squeeze the ____."
3. "You can trust your car to the man who wears the ____."
4. "The best part of waking up is ____ in your cup."
5. "Don't leave home without ____."
6. "Where's the ____?"
7. "Like a good neighbor, ____ is there."
8. "Let your fingers do the ____."
9. "My bologna has a first name. It's ____."
10. "Betcha you can't eat just ____."
11. "____, take me away!"
12. "A little ____ 'll do ya!"
13. "See the USA in your ____"
14. "Nothing says lovin' like something from the ____."
15. "Gee, your hair smells ____!"



The answers can be found on one of the calendars.



Dana Bass, LPN
Clinical Coordinator

NURSE'S NOTES

SEPTEMBER: A FRESH START FOR YOUR HEALTH

September is a wonderful time to refocus on your health and create positive habits for the months ahead. As summer comes to an end and routines become busier, taking care of your physical and mental well-being should remain a priority.

Eating a balanced diet that includes fruits, vegetables, whole grains, and lean proteins can support your immune system and provide the energy you need throughout the day. Staying hydrated and getting regular physical activity can also improve your heart health, strength, sleep, and overall mood.

September is also a good time to schedule routine healthcare appointments, review medications, and make sure recommended screenings are up to date. Preventive care can help identify potential health concerns early and keep you on track.

Just as important is taking care of your mental health. Make time for rest, relaxation, meaningful connections, and activities you enjoy. Managing stress and getting enough quality sleep can have a positive impact on both your body and mind.

As we welcome a new season, let September be a reminder that small, healthy choices each day can make a lasting difference. Take care of yourself, stay informed, and make your health a priority.



NEW JOURNEY SINGERS

CAN YOU IDENTIFY THESE POPULAR 70S TOYS?

The answers can be found on one of the calendars.



GETTING READY FOR FAMILY NIGHT, RESIDENTS CRAFTED COLORFUL LANTERNS TO ADD A SPECIAL GLOW TO THE DINING ROOM LAST MONTH!

Congratulations!

Congrats are in order for the Winner of our Pie Bake-Off

CINDY STONE
ARCHBOLD HOME HEALTH



A Walk Down MEMORY LANE with Dottie Thompson

What was the name of your school? Central High School.

How did you get to school? My mom was a teacher and I rode with her.

Did you bring your lunch? No, I liked to go to cafeteria so I could see all the other students.

Did you have a favorite teacher? My mom was a teacher. Was your mom your favorite teacher? It's a beautiful day.

What was your favorite subject? I liked math and history.

Did you ever get in trouble at school? I'm trying to think about that. I was a pretty good kid.

What was your favorite part of the day? I liked going to lunch. And recess was always fun.

What games did you play at recess? We played chase.

Did you play any sports in school? I was a cheerleader.

What advice would you give students today? Slow down and enjoy everything.



MAKE SOMEONE SMILE DAY

Celebrations & Milestones

Welcome home!

- Constance Hower

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- Sept. 17: Kim Holden
- Sept. 18: Catherine Wood
- Sept. 26: Beadie Davison

TEAM MEMBER BIRTHDAYS

- Sept. 11: Cindy Salyer
- Sept. 15: Tameka Sharp
- Sept. 25: Morgan Battle
- Sept. 30: Kacy Bryant

RESIDENT ANNIVERSARIES

- Winnette Stinson—2 yrs

TEAM ANNIVERSARIES

- Shannon Paterson—11 yrs
- Stella Williams—1 yr

Shining THROUGH THE YEARS
NATIONAL ASSISTED LIVING WEEK
SEPTEMBER 13-19

A DECADE A DAY!	
Mon., Sept. 14 th	40s
Tues., Sept. 15 th	50s
Wed., Sept. 16 th	60s
Thurs., Sept. 17 th	70s
Fri., Sept. 18 th	80s

DON'T MISS DISCO FAMILY NIGHT!
THURSDAY, SEPT. 17TH



GOING THE EXTRA MILE
EBONEE BUTTS
AUGUST WINNER

Recognizing those who go above and beyond is always special, and this month, the honor goes to Ebonee Butts. Her commitment shines through in everything she does for both the residents and our team. Whether it's staying late to make sure everyone is comfortable or showing up on her days off just to lend a hand, her dedication sets a powerful example.

Those who work alongside Ebonee know she's the first to offer assistance wherever it's needed. She pitches in with laundry, helps residents with showers, and never hesitates to take on extra tasks. Her excellent attendance and punctuality are just further proof of how much she cares about her role and the people she serves.

The connections Ebonee has built with residents are genuine and heartfelt. It's easy to see the trust and affection they have for her, and their gratitude is a reflection of the compassionate care she provides each day.

We are incredibly grateful to have someone so reliable, kind, and dedicated as part of our community. Ebonee, thank you for making a difference every day and for always going the extra mile.



ARTFULLY DELICIOUS:

PAINTING & SAVORING ICE CREAM



ACROSS

- 1. Trade Expansion Act, abbrev.
- 3. Incapable of being done
- 9. Paul Newman film, ___ Hand Luke
- 10. Extinct prehistoric reptiles
- 12. By way of contrast; relatively
- 16. Tablet or capsule, perhaps
- 17. Christmas and New Year's
- 20. To clear out or throw away unwanted items
- 23. Business magnate
- 24. It will end at midnight
- 26. Excursion
- 27. "What's gotten ___ you?"
- 28. Offensive line, abbrev.
- 29. Plum part
- 31. Glass house features; picture _____
- 34. Tom, Dick, or Harry
- 35. Individual Study Time, abbrev.
- 36. "Tasty!"

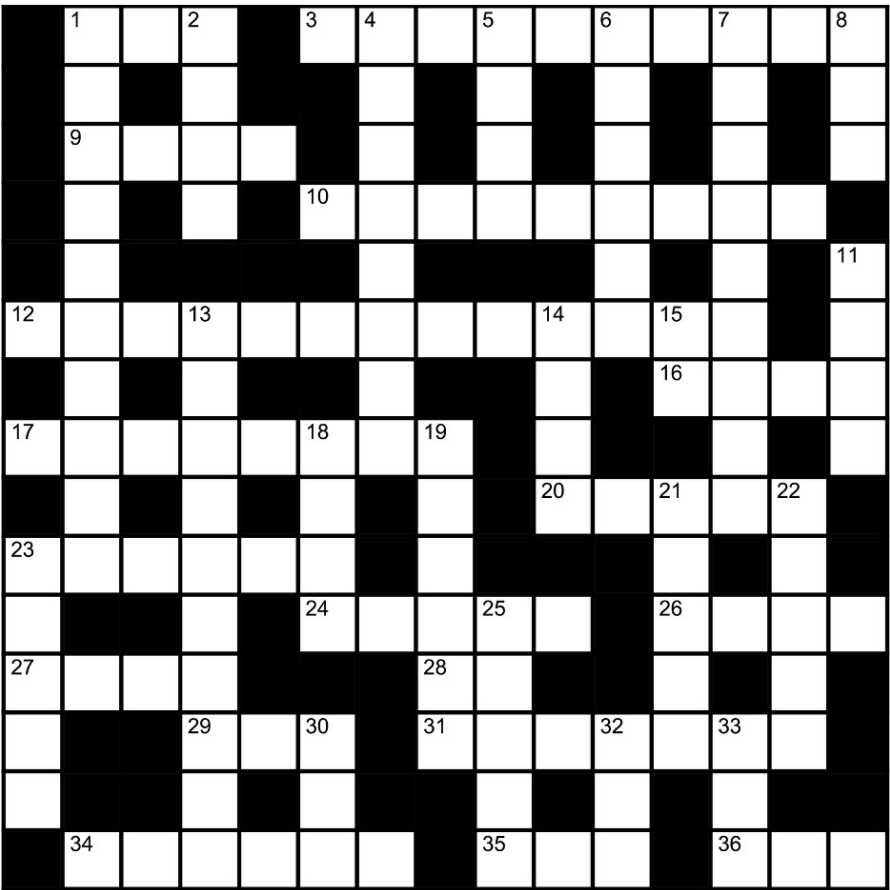
DOWN

- 1. The T in IT: Information ____
- 2. Molecule part
- 4. Of the armed forces
- 5. Butter alternative
- 6. Equal-sided rectangle
- 7. Double-crossing
- 8. Corn serving
- 11. Darkroom development
- 13. Study of the nature of existence and morality

- 14. A dangerous seductress
- 15. Vinyl record
- 18. Em, to Dorothy
- 19. Peter Pan lost his

- 21. 4:1, for example
- 22. Goes offstage
- 23. "I ___ I can, I ___ I can"
- 25. Cover story?

- 30. Roman numeral X = ____
- 32. Period
- 33. Kid's query



B	L	J	A	B	F	U	R	R	N	S	U	F	K	R
C	W	A	J	W	R	K	X	E	A	M	L	Q	E	M
Z	N	Z	U	Q	E	T	C	X	W	E	W	T	B	
M	P	Z	P	M	N	X	M	O	U	O	O	W	E	R
P	O	F	H	H	C	K	N	R	R	L	T	A	V	A
C	U	E	P	O	H	N	D	K	B	M	V	E	J	J
P	T	S	G	V	C	E	K	W	J	E	A	C	K	D
E	I	T	A	B	L	K	O	F	R	C	X	H	V	S
L	N	I	T	Y	P	N	E	M	O	I	B	T	S	N
T	E	V	S	R	S	M	L	Y	E	S	O	R	J	O
S	M	A	P	L	E	S	Y	R	U	P	W	K	E	T
I	A	L	I	G	L	O	O	F	E	S	T	D	B	E
H	T	O	U	R	T	I	E	R	E	S	W	G	F	R
T	M	U	I	D	A	T	S	H	Q	E	O	V	K	C
L	M	C	J	C	G	H	X	Y	L	Q	F	Q	C	H

MEET ME IN
Montreal

The words listed can be found vertically, horizontally, diagonally, forward, and backward.

- | | | |
|---------------|---------------|------------|
| BEAVER BIOME | IGLOOFEST | SHAMROCK |
| CRETONS | JAZZ FESTIVAL | SNOWBLOWER |
| FLEUR-DE-LYS | MAPLE SYRUP | STADIUM |
| FRENCH HOCKEY | POUTINE | THISTLE |
| | RESO | TOURTIÈRE |
| | ROSE | TOWER |



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 ASSISTED LIVING		09:30-Stretch/Melissa 1 10:00-Devotion/sing 11:00-Table Hockey 01:00-Store Open 02:00-Activity/Judy 03:00-Coffee Break 04:00-Daily Chronicles	09:30-Exercise/Pam 2 10:00-Bible Study/Chris 10:30-Gospel Singing 11:00-Spa day! 01:30-Social Time 02:00-Pastor Larry 03:00-Newark Baptists 04:00-Daily Chronicle	09:30-Chair Yoga 3 10:00-Devotion/Sing 11:00-Bible Trivia 01:00-Store Open 02:00-Coke Floats 03:00-Amazing Escape Game 04:00-Daily Chronicles	09:00-Exercise/Pam 4 10:00-Devotion/Sing 10:30-Dollar General 01:30-Social Time 02:00-Resident Council 03:00-Price is Right/Plinko 04:00-Daily Chronicles	10:00-Devotion/Rusty 5 10:30-Exercise/Rian 11:00-Bingo 01:30-Board Games 02:30-Social Time 03:30-Movie 04:00-Daily Chronicle With Rusty 05:00-Supper
	6 09:30-Worship/Eastside 10:30 Social Time 01:30-Board Games 03:00-Sunday Service 05:00-Supper	7 09:30-Exercise/Pam 10:00-Devotional/Sing 11:00-Bible Trivia 01:30-Social Time 02:00-Minute to win it! 03:00-Tony Bennett 04:00-Daily Chronicles Labor Day	8 09:30-Stretch/Melissa 10:00-Devotion/Sing 11:00-Pin the Sideburns on Elvis 01:00-Store Open 02:00-Activity/Judy 03:00-Top 10 Changes 04:00-Daily Chronicles	9 09:30-Exercise/Pam 10:00-Bible Study/Chris 10:30-Gospel Singing 11:00-Bowling 01:30-Social Time 02:00-Pastor Larry 03:00-Chit Chat/Cynthia 04:00-Daily Chronicle	10 09:30-Chair Yoga 10:00-Devotion/Sing 11:00-Family Feud 01:00-Store Open 02:00-Car Wash 03:00-Craft 04:00-Daily Chronicles	11 09:00-Exercise/Pam 10:00-Taste of Honey Day Trip to Cheese Acres Farm 01:30-Social Time 02:00-Golf 03:00-Jeopardy 04:00-Daily Chronicles Rosh Hashanah Begins
	13 09:30-Worship/Eastside 10:30 Grandparents Day Grandma's Hug 01:30-Board Games 03:00-Sunday Service 05:00-Supper Grandparents Day	14 09:30-Exercise/Pam 10:00-Devotion/Sing 11:00-Buzz Word 01:30-Social Time 02:30-Name That Tune 03:00-Ring Toss 04:00-Daily Chronicles	15 09:30-Stretch/Melissa 10:00-Devotion/sing 10:30-Butterbean Auction 01:00-Store Open 02:00-Activity/Judy 03:00-Visiting Artist 04:00-Daily Chronicles	16 09:30-Exercise/Pam 10:00-Bible Study/Chris 11:00-Charades 01:30-Social Time 02:00-Drive In Movie 03:00-Shuffleboard 04:00-Daily Chronicles	17 09:30-Chair Yoga 10:00-Devotional/Sing 11:00-Summer Songs 01:00-Store Open 02:00-Disco Party 04:00-Daily Chronicles 05:00-Fabulous Family Night	18 09:00-Exercise/Pam 10:00-Devotion/Sing 11:00-Bingo 01:00-Social Time 02:00-Resident vs Staff 03:00-Volleyball 04:00-Daily Chronicles
	20 9:30-Worship/Eastside 11:00 Social Time 01:30-Board Games 03:00-Sunday Service 05:00-Supper Yom Kippur Begins	21 09:30-Exercise/Pam 10:00-Devotional/Sing 11:00-Would You Rather 01:30-Social Time 02:00-Pitch a Penny 03:00-Deaf Awareness 04:00-Daily Chronicles	22 09:30-Stretch/Melissa 10:00-Devotion/Sing 11:00-Keep Your Cool 01:00-Store Open 02:00-Tea-Time/Judy 03:00-Craft 04:00-Daily Chronicles Autumn Begins	23 09:30-Exercise/Pam 10:00-Bible Study/Chris 11:00-Jeopardy 01:30-Social Time 02:00-Golf 03:00-Chit Chat/Cynthia 04:00-Daily Chronicle	24 09:30- Exercise 10:00- Devotion/Sing 11:00-Eye Know 01:00-Store Open 02:00-Health Talk/Catherine 03:00-Miss Kitties 04:00-Daily Chronicles	25 09:00-Exercise/Pam 10:00-Devotion/Sing 10:30-Dollar General 01:30-Social Time 02:00-Movie/Sound Of Music 04:00-Daily Chronicles Sukkot Begins
	27 10:00-New Journey Singers 11:00 Social Time 01:30-Board Games 03:00-Sunday Service 05:00-Supper	28 09:30-Exercise/Pam 10:00-Devotional/Sing 11:00-Buzz Word 01:30-Social Time 02:00-Football 03:00-Table Games 04:00-Daily Chronicles	29 09:30-Stretch/Melissa 10:00-Devotion/Sing 11:00-Trivia 01:00-Store Open 02:00-Activity/Judy 03:00-Coffee Break 04:00-Daily Chronicles	30 09:30-Exercise/Pam 10:00-Bible Study/Chris 11:00-Jeopardy 01:30-Social Time 02:00-Pastor Larry 03:00- Happy Life with Betty Sawyer 04:00-Daily Chronicles	 September 2026	

20s Toys: 1. Eich A Sketch; 2. Stretch Armstrong; 3. Simon; 4. Slinky; 5. Operation; 6. Speak & Spell; 7. Six Million Dollar Man; 8. Weeble Wobble; 9. Pet Rock; 10. Spirograph; 11. Merlin; 12. Lite-Brite

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 VINTAGE ADS 1. Pop-Rice Krispies; 2. Charmin; 3. Star-Texaco Star; 4. Folgers; 5. It-American Express; 6. Beef-Wendy's; 7. State Farm; 8. Walking-Yellow Pages; 9. O-S-C-A-R-Oscar Mayer Bologna; 10. One-Lay's Potato Chips; 11. Calgon; 12. dab-Brylcreem; 13. Chevrolet; 14. oven-Pillsbury; 15. terrific-Gee Your Hair Smells Terrific Shampoo						
09:00-Meet and Greet 09:30-Morning Service 10:00-Snack 10:30-Ring Toss 11:00-EZ Listening 11:30-Lunch 01:00-Mid Day Mingle 01:30-Trivia 02:00-Snack 02:30-Bean Bag Toss 03:00-Sunday Service 04:30-Dinner	09:00-Devotion 09:30-Exercise/Pam 10:00-Chain Reaction 10:30-Football 11:00-EZ Listening 11:30-Lunch 01:00-Mid Day Mingle 01:30-Trivia 02:00-Hot Potato 02:30-Painting 03:00-Bean Bag Toss 04:00-Aroma Therapy Labor Day	09:00-Devotion 09:30-Chair Fitness 10:00-Hangman 10:30-Bean Bag Toss 11:00-Simple C 11:30-Lunch 01:00-Mid Day Mingle 01:30-Memory Jukebox 02:00-Bounce It In 03:00-Trivia 04:30-Dinner	09:00-Devotion 09:30-Exercise/Pam 10:00-Hang Man 10:30-Basket-Ball 11:00-EZ Listening 11:30-Lunch 01:00-Let's Chat 01:30-Word Games 02:00-Country Ride 02:30-Balloon Ball 03:00-Art 04:30-Dinner	09:00-Devotion 09:30-Chair Fitness 10:00-Let's Chat 10:30-Noodle Ball 11:00-EZ Listening 11:30-Lunch 01:00-Mid Day Mingle 01:30-Simple C 02:00-Car Wash 03:00-Coloring 04:00-Aroma Therapy 04:30-Dinner	09:30-Exercise/Pam 10:00-Devotion 10:30-Golf 11:00-Armchair Travels 11:30-Lunch 01:00-Mid Day Mingle 01:30-Simple C 02:00-Snack 02:30-Cornhole 03:00-Trivia 04:30-Dinner Rosh Hashanah Begins	09:00-Devotion 09:30-Chair Fitness 10:00-Snack 10:30-Coloring 11:00-EZ Listening 11:30-Lunch 01:00-Simple C 02:00-Bowling 03:00-Balloon Ball 04:30-Dinner
09:00-Meet and Greet 09:30-Morning Service 10:00-Snack 10:30-Balloon Ball 11:00-EZ Listening 11:30-Lunch 01:00-Mid Day Mingle 01:30-Armchair Travels 02:00-Snack 02:30-Bean Bag Toss 03:00-Sunday Service 04:30-Dinner Grandparents Day	09:00-Devotion 09:30-Exercise/Pam 10:00-Buzz Word 10:30-Ring Toss 11:00-EZ Listening 11:30-Lunch 01:00-Let's Chat 02:30-Name That Tune 03:00-Balloon Activity 04:00-Coloring 04:30-Dinner	09:00-Devotion 09:30-Chair Fitness 10:00-Balloon Ball 10:30-Butterbean Auction 11:30-Lunch 01:00-Mid Day Mingle 01:30-Coloring 02:00-Minute to Win It 03:30-Family Feud 04:00-Aroma therapy 04:30-Dinner	09:00-Devotion 09:30-Exercise/Pam 10:00-Snack 10:30-Alphabet Soup 11:00-EZ Listening 11:30-Lunch 01:00-Mid Day Mingle 01:30-Trivia 02:00-Drive in Movie 02:30-Balloon Ball 03:00-Art 04:30-Dinner	09:00-Devotion 09:30-Chair Stretches 10:00-Simple C 10:30-70's Coloring 11:30-Lunch 01:30-Alphabet Soup 02:00-Disco Party 04:00-Aroma Therapy 04:30-Dinner 05:00-Family Night	09:30-Exercise/Pam 10:00-Ring Toss 10:30-Story Time 11:00-EZ Listening 11:30-Lunch 01:00-Mid Day Mingle 01:30-Hangman 02:00-Resident vs Staff 02:30-Simple C 03:30-Sing-along 04:30-Dinner	09:00-Devotion 09:30-Chair Fitness 10:00-Snack 10:30-Noodle Ball 11:00-EZ Listening 11:30-Lunch 01:00-Simple C 02:00-Movie & Popcorn 03:30-Sing-along 04:30-Dinner Oktoberfest Begins
09:00-Meet and Greet 09:30-Morning Service 10:00-Snack 10:30-Cornhole 11:00-EZ Listening 11:30-Lunch 01:00-Mid Day Mingle 01:30-Opposites 02:00-Snack 02:30-Bean Bag Toss 03:30-Sunday Service 04:30-Dinner Yom Kippur Begins	09:00-Devotion 09:30-Exercise/Pam 10:00-Snack 10:30-Hot Potato 11:00-EZ Listening 11:30-Lunch 01:00-Mid Day Mingle 01:30-Finish the Phrase 02:00-Pitch a Penny 03:00-Table Tennis 04:00-Aroma Therapy 04:30-Dinner	09:00-Devotion 09:30-Chair Fitness 10:00-Trivia 10:00-Alphabet Soup 10:30-Bean Bag Toss 11:00-Story Time 11:30-Lunch 01:00-Mid Day Mingle 01:30-Coloring 02:00-Tea-Time 03:30-Simple C 04:00-Aroma therapy 04:30-Dinner Autumn Begins	09:00-Devotion 09:30-Exercise/Pam 10:00-Story Time 10:30-Kickball 11:00-EZ Listening 11:30-Lunch 01:00-Mid Day Mingle 01:30-Simple C 02:00-Country Ride 02:30-Story Time 03:00-Art 04:30-Dinner	09:00-Devotion 09:30-Chair Fitness 10:00-Sit and Paint 10:30-Football 11:00-Games 11:30-Lunch 02:00-Health Talk 03:00-Hot Potato 03:30-Simple C 04:00-Aroma Therapy	09:30-Exercise/Pam 10:00-Walking Club 10:30-Simple C 11:00-EZ Listening 11:30-Lunch 01:00-Mid Day Mingle 01:30-Let's Chat 02:00-Sound of Music 03:30-Sing w/ Me 04:30-Dinner Sukkot Begins	09:00-Devotion 09:30-Chair Fitness 10:00-Snack 10:30-Cornhole 11:00-EZ Listening 11:30-Lunch 01:00-Simple C 02:00-Movie and popcorn 03:30-Sing-along 04:30-Dinner
09:00-Meet and Greet 09:30-Morning Service 10:00-Snack 10:30-Balloon Ball 11:00-EZ Listening 11:30-Lunch 01:00-Mid Day Mingle 01:30-Opposites 02:00-Bowling 03:30-Sunday Service 04:30-Dinner	09:00-Devotion 09:30-Walking Club 10:00-Buzz Word 10:30-Ring Toss 11:00-EZ Listening 11:30-Lunch 01:00-Sit & Paint 02:00-Football 03:00-Let's Chat 04:00-Coloring 04:30-Dinner	09:00-Devotion 09:30-Chair Fitness 10:00-Balloon Ball 11:00-EZ Listening 11:30-Lunch 01:00-Mid Day Mingle 01:30-Bowling 02:00-Story Time on the Patio 03:30-Family Feud 04:00-Aroma therapy 04:30-Dinner	09:00-Devotion 09:30-Chair Fitness 10:00-Sit and Paint 10:30-Math Flash 11:00-Games 11:30-Lunch 02:00-Country Ride 03:00-Chain Reaction 03:30-Hot Potato 04:00-Aroma Therapy 04:30-Dinner			