



Life. Love. Legacy.™  
220 Park Ave.  
Thomasville, GA 31792 (229)  
227-0880

## YOUR LEADERSHIP TEAM



Cynthia Swaim  
Executive Director



Betty Sawyer  
Community  
Ambassador



Hayley Pinkerton  
Sales & Marketing  
Director



Dana Bass, LPN  
Clinical Coordinator



Lateshia Rooks  
Resident Services  
Director



Kathy Dailey  
Dining Services  
Director



Melissa Williams  
Life Enrichment  
Director



Jeana Sigsby  
Business Office  
Manager



Larry Harris  
Chaplain



# LEGACY VILLAGE AT PLANTATION MANOR

NEWSLETTER | AUGUST 2026



## A MESSAGE FROM YOUR EXECUTIVE DIRECTOR

August brings its own kind of turning point. The sunsets come a little earlier, school buses make their rounds, and there's that unmistakable hum of routines returning. Yet even as summer lingers at the edges, this season seems to ask us to slow down and pay attention—not just to what's changing, but to the steady goodness that's always been here.

With National Senior Citizen Day on the horizon, I find myself grateful for the quiet strength and deep wisdom that fill our community. It isn't just the celebrations or big milestones that shape us—it's the everyday moments when someone offers a listening ear, a steady hand, or a word of encouragement just when it's needed most.

Most acts of kindness are woven into the fabric of daily life, easy to overlook because they feel so natural. But every now and then, someone does something truly unexpected—a gesture so genuine, so far beyond what's required, that it leaves a mark on everyone who witnesses it. These are the moments our Going the Extra Mile program was created to honor.

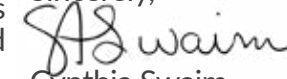
It's remarkable how these acts ripple outward. For the person on the receiving end, a single, unexpected kindness can create a sense of belonging that lingers long after. And for the giver, the reward is just as real—a quiet satisfaction, a reminder that compassion has a way of coming back around, even if there's no audience to applaud it.

The inspiration for Going the Extra Mile comes from the words of Jesus in the book of Matthew. In his time, it was law for Roman soldiers to ask civilians to carry their gear for a mile—a task no one relished. But Jesus urged, "If anyone forces you to go one mile, go with them two miles." Not out of obligation, but as an act of radical generosity. That's the spirit we celebrate: not just doing what's expected, but choosing to offer more, simply because you care.

If you catch someone in the act of true generosity—something that goes beyond the boundaries of their role or duty—I hope you'll consider sharing their story. Nomination forms can be found in the lobby, and every entry is a chance to shine a light on the quiet heroes who make this place feel like home. Each month, we recognize these acts, and at year's end, our honorees are considered for the Legacy Champion Award—a tribute to the legacy of kindness that defines us.

Thank you for letting us walk alongside you and serve this extraordinary community. Whether you're here for a visit, a story, or a smile, you are always welcome—and may this month bring you peace, joy, and the quiet blessings of belonging.

Sincerely,

  
Cynthia Swaim  
Executive Director





Between the Dandelions and the Library, Meet Amy Bozeman and Her Path of Family and Faith

Amy Okerson Bozeman's story begins on February 20, 1951, in Neptune, New Jersey, but her childhood took shape under the warm southern sun. When Amy was just two, her family moved to Saint Simons Island, Georgia, and a few years later, to Valdosta, where she would finish third grade and spend the rest of her growing-up years.

The youngest child and the only girl in a home with three older brothers, Amy remembers her childhood as wonderful, happy and filled with love. Dinner took place nightly with everyone seated around the table. The laughter was plentiful and the Okerson family genuinely enjoyed each other's company. Amy admits she was a bit spoiled as the family's only girl, something her parents delighted in and her brothers accepted with good-natured patience.

Animals played as big a role in Amy's life as her family did. There was Fluffy, her cherished dog, plus a parade of cats, a rescued horse, ducks and geese who all found their way into her heart and the family's backyard. Each animal added to the lively, loving atmosphere that defined Amy's early years.

After high school, Amy set her sights on the University of Arizona, studying Home Economics and Early Childhood Development. She dreamed of opening a nursery school, but when life nudged her in a different direction, she embraced a career

in education. That choice turned out to be the perfect path for her.

Amy spent six years teaching elementary school in Valdosta, guiding children in kindergarten, second, third, fourth and fifth grades. She found real joy in the classroom and loved being a part of her students' lives. Some of her favorite memories come from the overnight gatherings she hosted for her students—one weekend for the girls, another for the boys. It was a different time, when a teacher could welcome a houseful of children for a weekend of learning, bonding, fun and laughter. Amy still smiles thinking about the time the boys, in a sweet show of affection, presented her with every dandelion from her yard during their stay.

Life brought changes after Amy's years teaching in Valdosta. She married and moved to Thomasville, Georgia. Though that marriage eventually ended, life brought her a second chance at love with someone she had known since her youth. Amy reconnected with Ronnie Bozeman, a friend she had known since her days in the 4-H Club. They married in 1981, and forty-four years later, their partnership is still going strong.

Family remained at the center of Amy's world as she and Ronnie raised their two children, Adam and Laura. Summers were a special time—filled with trips to the pool, family vacations, afternoons at the library, summer book clubs, cooking together, and all sorts of countless adventures that created lasting memories. Now, Amy and Ronnie are the

proud grandparents of five, and Amy treasures every moment spent with her grandchildren.

Amy's life is rich with hobbies and simple pleasures. She finds happiness in sewing, cross-stitch, baking, reading and working word-search puzzles. She and Ronnie share a love for travel, from car trips to cruises with their children, including a particularly memorable voyage to Alaska.

Throughout every season of her life, faith has been a steady companion. Amy is a dedicated member of the Presbyterian Church in Thomasville and was active in her church community in Valdosta as well. If she could offer advice to her younger self, she says she would keep it simple: "Go to church more often."

From a childhood surrounded by the love of family and animals, to her years as a devoted teacher, mother, grandmother and friend, Amy Bozeman's life is marked by gratitude, strong family ties, and a genuine appreciation for the people and experiences that have enriched her life.

IF YOU LOVE WHAT WE DO, PLEASE LEAVE A REVIEW!



legacythomasville.net/testimonies



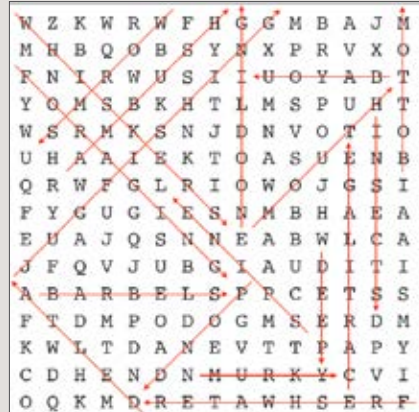
CHAPLAIN'S CORNER

I want to welcome our new Executive Director, Cynthia Swaim. Our prayers are with her as she provides leadership.

Many times in the Bible we are told to "pray for one another" and "bear one another's burdens." Praying for one another fosters empathy and strengthens relationships.

As we pray, let us remember all the residents and caregivers. Our prayers will encourage them as they perform their duties—so let them know you are praying for them.

My prayers are with all of you. Your Chaplain Larry Harris



KATHY'S CORNER DINING SERVICES DIRECTOR



STRAWBERRY MOUNDS BARS

INGREDIENTS:

- 2 cups sweetened shredded coconut
• 2 tablespoons strawberry jam
• 1 can sweetened condensed milk
• 1 1/2 cups dark chocolate chips, melted

DIRECTIONS:

- 1. Fold all together
2. Press into a deep parchment paper lined pan
3. Melt chocolate chips then pour over dark
4. Melted chocolate over the top
5. Cool for 30 minutes slice and enjoy!



ALZHEIMER'S SUPPORT SERVICES LEGACYSL.NET/ALZHEIMERS-SUPPORT



Volunteers visited with residents, gifted potted succulents for the courtyard patio & painted rocks for the garden.







Catherine Nipper, COTA/L  
Clinical Lead  
Select Rehabilitation, LLC

# THERAPY IDBITS

## AUGUST WELLNESS SPOTLIGHT: Stay Strong, Stay Safe, Stay Connected

As we enjoy the warm days of August, it's the perfect time to focus on staying active, hydrated, and connected with others. Small, healthy habits can make a big difference in maintaining independence and improving overall well-being.

### KEEP MOVING EVERY DAY

Regular movement helps improve strength, balance, flexibility, and endurance. Even a short walk, gentle stretching, or chair exercises can help reduce stiffness and lower the risk of falls. Remember, every step counts!

### BEAT THE HEAT

Summer temperatures can increase the risk of dehydration. Be sure to:

- Drink water throughout the day, even if you don't feel thirsty.
- Wear lightweight clothing when spending time outdoors.
- Take breaks in shaded or air-conditioned areas.
- Let a staff member know if you feel dizzy, weak, or overheated.

### PROTECT YOUR BALANCE

Falls are one of the leading causes of injury for older adults. Help keep yourself safe by:

- Wearing supportive, non-slip shoes.
- Using your walker or cane as recommended.
- Keeping walkways free of clutter.
- Standing up slowly to avoid dizziness.

If you've noticed changes in your balance or walking, talk with your therapy team. We are here to help you stay confident and safe.

### KEEP YOUR MIND ACTIVE

Mental wellness is just as important as physical health. Reading, puzzles, games, music, crafts, and conversations with friends can help keep your brain engaged while lifting your spirits.

### WE'RE HERE FOR YOU

Our therapy team is committed to helping every resident reach their highest level of independence. Whether you're recovering from an illness, working on improving your balance, or simply wanting to stay strong, we're here to support you every step of the way.

### AUGUST WELLNESS TIP

Set one small goal this month—take an extra walk, drink another glass of water each day, or participate in a group activity. Small changes often lead to big improvements!

Wishing everyone a healthy, happy, and active August!

— Your Therapy Team



## Celebrations & Milestones

Let's celebrate everyone marking a special moment this month!

### RESIDENT BIRTHDAYS

- Aug. 4: Jimmy Long
- Aug. 4: Sara Maddox
- Aug. 16: Cecil Mitchum

### TEAM MEMBER BIRTHDAYS

- Aug. 1: Kim Beverly
- Aug. 8: Kierra Jackson
- Aug. 9: Joekidia Sims
- Aug. 12: Natisha Cliett
- Aug. 14: Ebonee Butts
- Aug. 19: Meazhia Wilson

### RESIDENT ANNIVERSARIES

- Kim Holden – 7 yrs
- Andrew Poulos – 2 yrs
- Beadie Davison – 2 yrs
- Cherry Norman – 1 yr
- Faye Pitman – 1 yr
- Ruth Flowers – 1 yr

### TEAM ANNIVERSARIES

- Yvonne Spaulding – 6 yrs
- Melissa Williams – 5 yrs
- Precious Lurry – 3 yrs
- Dana Bass – 3 yrs
- Cetoria Howard – 2 yrs
- Tasha Brockington – 1 yr
- Myra Kelson – 1 yr

## AUGUST ACTIVITY Highlights

14<sup>th</sup> 2:00PM Dementia Simulation & Support hosted by Georgia Hospice Care







VFW MEMBERS  
RETIRE AND REPLACE  
OUR FLAG WITH HONOR



A Heartfelt Introduction:  
**BUSINESS OFFICE MANAGER JEANA SIGSBY**

My name is Jeana Costanzo-Sigsby, and my life has been shaped by service, faith, family, and resilience. Growing up as the daughter of a United States Marine who served for 11 years, I learned the importance of discipline, integrity, sacrifice, and commitment. Those values inspired me to pursue a life dedicated to serving others.

I spent more than 10 years serving in the United States Air Force as a Medical Logistics Customer Service and Acquisitions specialist. During my military career, I managed millions of dollars in medical supplies and pharmaceuticals, oversaw Government Purchase Card accounts, supported the deployment readiness of medical units, and ensured healthcare providers had the critical resources needed to care for service members and their families. My work required precision, accountability, and leadership, and I take great pride in knowing that my efforts directly contributed to the mission and the well-being of others. The experience strengthened my ability to lead under pressure, solve complex problems, and remain committed to excellence in every task.

Being part of a military family gave me the opportunity to live in Texas, Maryland, Georgia, Tennessee, Alaska, and Montana. Each move challenged me to adapt to new environments, embrace different cultures, and build meaningful relationships wherever I went. I am one of the oldest of five children and have a twin sister, experiences that taught me responsibility, teamwork, and the importance of supporting those around me. I was also raised in a Christian household, where faith became

the foundation of my character and instilled in me the values of compassion, humility, and service. Today, I am the proud mother of four children, who continue to inspire me to grow both personally and professionally. After my military career, I continued my passion for serving others by pursuing a career in healthcare. I have worked extensively in long-term care and assisted living communities, where I have had the privilege of caring for older adults and supporting them through every stage of aging. As a Certified Nursing Assistant, Certified Medication Aide, Activity Director, and Business Office Manager, I have administered medications, supervised and trained staff, coordinated resident care, managed daily operations, and worked closely with physicians, nurses, residents, and their families to ensure compassionate, high-quality care. My experience has taught me that long-term care is more than meeting physical needs—it is about preserving dignity, building trust, and creating an environment where residents feel respected, valued, and at home.

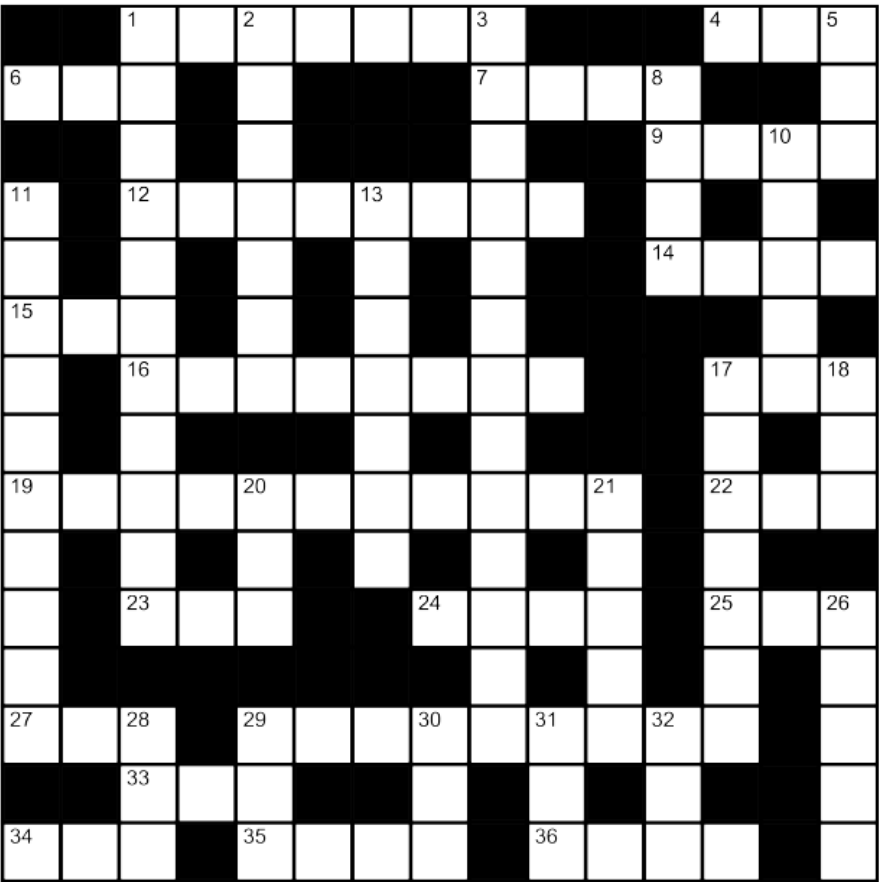
Looking back, I realize that every chapter of my life—from growing up in a military family, serving my country in the Air Force, raising four children, and building a career in long-term care—has prepared me to lead with integrity, compassion, and purpose. I believe that true leadership is rooted in service, whether serving my country, caring for older adults, or mentoring those around me. My faith, military service, and dedication to healthcare have shaped the person I am today, and I strive every day to make a meaningful difference in the lives of others while continuing to grow both personally and professionally.

**ACROSS**

- 1. Seized, grasped
- 4. Irrate
- 6. The Dynamic \_\_\_\_
- 7. Gave the once-over
- 9. Hideous
- 12. \_\_\_\_ by lethal injection
- 14. It ebbs and flows
- 15. Hold title to
- 16. Like copper, iron, or tin, for example
- 17. Morning moisture
- 19. Not required
- 22. Pen point
- 23. Boar's mate
- 24. In \_\_\_\_ of (replacing)
- 25. CPR expert
- 27. R. Kipling's Gunga \_\_\_\_
- 29. Firing on all \_\_\_\_
- 33. A long, distinct period of history
- 34. Small number
- 35. Yankee Doodle rode one
- 36. Ancient sorcerer

**DOWN**

- 1. Administrating bodies
- 2. Make an effort; try
- 3. Fortitude, resolve
- 5. Like some humor or wine
- 8. A two-singer act
- 10. Pigeon's perch
- 11. Noticeable, conspicuous
- 13. Of no value
- 17. Mules
- 18. Spider's trap
- 20. Bearer of good moos?
- 21. "\_\_\_\_ Lost That Loving Feeling," Righteous Brothers hit



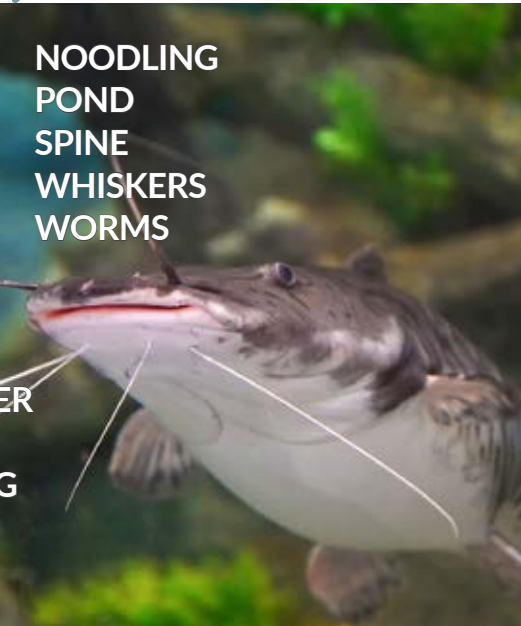
- 26. "One of \_\_\_\_ days, Alice..." (Hint: The Honeymooners)
- 28. Never been used
- 29. Type of toy gun
- 30. Batman foe: Poison \_\_\_\_
- 31. Beaver's work
- 32. Persian, for example

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| W | Z | K | W | R | W | F | H | G | G | M | B | A | J | M |
| M | H | B | Q | O | B | S | Y | N | X | P | R | V | X | O |
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Catching  
Catfish

The words listed can be found vertically, horizontally, diagonally, forward, and backward.

- AMBUSH
- BARBELS
- BAYOU
- BOTTOM
- CARTILAGE
- DEEP
- DELTA
- FORAGING
- FRESHWATER
- INSECTS
- JUG FISHING
- MOUTH
- MURKY
- NOODLING
- POND
- SPINE
- WHISKERS
- WORMS





| Sunday                                                                                                                                                                | Monday                                                                                                                                                                | Tuesday                                                                                                                                                                            | Wednesday                                                                                                                                                                                 | Thursday                                                                                                                                                                                       | Friday                                                                                                                                                                | Saturday                                                                                                      |
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|   |                                                                                                                                                                       |                                                                                                                                                                                    |                                                                                                                                                                                           |                                                                                                                                                                                                |                                                                                                                                                                       | 1<br>10:00-Rummikube<br>11:00-Bingo<br>01:30-Board Games<br>02:30-Social Time<br>03:30-Movie<br>05:00-Supper  |
| 2<br>09:30-Worship/Eastside<br>10:30 Social Time<br>01:30-Board Games<br>03:00-Sunday Service<br>05:00-Supper                                                         | 3<br>09:30-Exercise/Pam<br>10:00-Devotional/Sing<br>11:00-Bible Trivia<br>01:30-Social Time<br>02:00-Burton Brooks<br>03:00-Tony Bennett<br>04:00-Daily Chronicles    | 4<br>09:30-Stretch/Melissa<br>10:00-Devotion/Sing<br>11:00-My Life Rocks!<br>01:30-Social Time<br>02:00-Activity/Judy<br>03:00-Chocolate Chip Cookie Day<br>04:00-Daily Chronicles | 5<br>09:30-Exercise/Pam<br>10:00-Bible Study/Chris<br>10:30-Gospel Singing<br>11:00-Spa day!<br>01:30-Social Time<br>02:00-Pastor Larry<br>03:00-Newark Baptists<br>04:00-Daily Chronicle | 6<br>09:30-Chair Yoga<br>10:00-Devotion/Sing<br>11:00-Lucy!<br>01:30-Social Time<br>02:00-A&W Floats<br>03:00-Craft-Chinese Lanterns<br>04:00-Daily Chronicles                                 | 7<br>09:00-Exercise/Pam<br>10:00-Devotion/Sing<br>10:30-Dollar General<br>01:30-Social Time<br>02:00-Resident Council<br>03:00-Jeopardy<br>04:00-Daily Chronicles     | 8<br>10:00-Rummikube<br>11:00-Bingo<br>01:30-Board Games<br>02:30-Social Time<br>03:30-Movie<br>05:00-Supper  |
| 9<br>09:30-Worship/Eastside<br>10:30 Social Time<br>01:30-Board Games<br>03:00-Sunday Service<br>05:00-Supper                                                         | 10<br>09:30-Exercise/Pam<br>10:00-Devotion/Sing<br>11:00-Buzz Word<br>01:30-Social Time<br>02:30-Name That Tune<br>03:00-Ring Toss<br>04:00-Daily Chronicles          | 11<br>09:30-Stretch/Melissa<br>10:00-Devotion/sing<br>10:30-Belke<br>01:00-Social Time<br>02:00-Activity/Judy<br>03:00-Coffee Break<br>04:00-Daily Chronicles                      | 12<br>09:30-Exercise/Pam<br>10:00-Bible Study/Chris<br>11:00-Sewing Day/Quilts<br>01:30-Social Time<br>02:00-Pastor Larry<br>03:00-Chit Chat/Cynthia<br>04:00-Daily Chronicles            | 13<br>09:30-Chair Yoga<br>10:00-Devotional/Sing<br>11:00-Summer Songs<br>01:30-Social Time<br>02:00-Big Creek VBS<br>04:00-Daily Chronicles                                                    | 14<br>09:00-Exercise/Pam<br>10:00-Devotion/Sing<br>11:00-Bingo<br>01:00-Social Time<br>02:00-Dementia Support<br>03:00-Creamsicles<br>04:00-Daily Chronicles          | 15<br>10:00-Rummikube<br>11:00-Bingo<br>01:30-Board Games<br>02:30-Social Time<br>03:30-Movie<br>05:00-Supper |
| 16<br>9:30-Worship/Eastside<br>11:00 Social Time<br>01:30-Board Games<br>03:00-Sunday Service<br>05:00-Supper                                                         | 17<br>09:30-Exercise/Pam<br>10:00-Devotional/Sing<br>11:00-Would You Rather<br>01:30-Social Time<br>02:00-Thrift Store<br>03:00-Cupcake Day<br>04:00-Daily Chronicles | 18<br>09:30-Stretch/Melissa<br>10:00-Devotion/Sing<br>11:00-Keep Your Cool<br>01:00-Social Time<br>02:00-Activity/Judy<br>03:00-Chinese Fans<br>04:00-Daily Chronicles             | 19<br>09:30-Exercise/Pam<br>10:00-Bible Study/Chris<br>11:00-Family Feud<br>01:30-Social Time<br>02:00-Golf<br>03:00-Chit Chat/Cynthia<br>04:00-Daily Chronicle                           | 20<br>09:30-Exercise<br>10:00-Devotion/Sing<br>11:00-Eye Know<br>01:30-Social Time<br>02:00-Everett<br>03:00-Snow Whites/floats<br>04:00-Daily Chronicles<br>05:00-Family Night/Visit to China | 21<br>09:00-Exercise/Pam<br>10:00-Devotion/Sing<br>10:30-Dollar General<br>01:30-Social Time<br>02:00-Senior Citizens Day<br>03:00-Jeopardy<br>04:00-Daily Chronicles | 22<br>10:00-Rummikube<br>11:00-Bingo<br>01:30-Board Games<br>02:30-Social Time<br>03:30-Movie<br>05:00-Supper |
| 23<br>9:30-Worship/Eastside<br>11:00 Social Time<br>01:30-Board Games<br>03:00-Sunday Service<br>05:00-Supper                                                         | 24<br>09:30-Exercise/Pam<br>10:00-Devotional/Sing<br>11:00-Buzz Word<br>01:30-Social Time<br>02:00-Peach Pie Day!<br>03:00-Table Games<br>04:00-Daily Chronicles      | 25<br>09:30-Stretch/Melissa<br>10:00-Devotion/Sing<br>11:00-Trivia<br>01:30-Social Time<br>02:00-Activity/Judy<br>03:00-Wizard of Oz Movie<br>04:00-Daily Chronicles               | 26<br>09:30-Exercise/Pam<br>10:00-Bible Study/Chris<br>11:00-Jeopardy<br>01:30-Social Time<br>02:00-Pastor Larry<br>03:00-Happy Life with Betty Sawyer<br>04:00-Daily Chronicles          | 27<br>09:30-Chair Yoga<br>10:00-Devotion/Sing<br>11:00-Kindness Rocks<br>01:30-Social Time<br>02:00-Health Talk with Catherine<br>03:00-Bananas<br>04:00-Daily Chronicles                      | 28<br>09:00-Exercise/Pam<br>10:00-Devotion/Sing<br>11:00-Lunch Out<br>01:00-Social Time<br>02:00-Beach Day Fun!<br>03:00-Beach Party<br>04:00-Daily Chronicles        | 29<br>10:00-Rummikube<br>11:00-Bingo<br>01:30-Board Games<br>02:30-Social Time<br>03:30-Movie<br>05:00-Supper |
| 30<br>9:30-Worship/Eastside<br>11:00 Social Time<br>01:30-Board Games<br>03:00-Sunday Service<br>05:00-Supper                                                         | 31<br>09:30-Exercise/Pam<br>10:00-Devotion/Sing<br>11:00-Buzz Word<br>01:30-Social Time<br>02:00-Pretty Woman<br>03:00-Ring Toss<br>04:00-Daily Chronicles            |                                                                                                |                                                                                                                                                                                           |                                                                                                                                                                                                |                                                                                                                                                                       |                                                                                                               |



| Sunday                                                                                                                                                                                                                                                       | Monday                                                                                                                                                                                                                                                  | Tuesday                                                                                                                                                                                                                                                       | Wednesday                                                                                                                                                                                                                                             | Thursday                                                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                                                      | Saturday                                                                                                                                                                                            |
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|  <h1>August 2026</h1> <h2>THE HARBOR</h2>                                                                                                                                  |                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                             |                                                                                                                                                                                                     |
| 09:00-Meet and Greet<br>09:30-Morning Service<br>10:00-Snack<br>10:30-Ring Toss<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Trivia<br>02:00-Snack<br>02:30-Bean Bag Toss<br>03:00-Sunday Service<br>04:30-Dinner                   | 2<br>09:00-Devotion<br>09:30-Walking Club<br>10:00-Chain Reaction<br>10:30-Football<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Trivia<br>02:00-Burton Brooks<br>02:30-Painting<br>03:00-Bean Bag Toss<br>04:00-Aroma Therapy | 3<br>09:00-Devotion<br>09:30-Chair Fitness<br>10:00-Hangman<br>10:30-Bean Bag Toss<br>11:00-Simple C<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Memory Jukebox<br>02:00-National Chocolate Cookie Day<br>03:00-Trivia<br>04:30-Dinner                    | 4<br>09:00-Devotion<br>09:30-Walking Club<br>10:00-Hang Man<br>10:30-Parachute Ball<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Let's Chat<br>01:30-Word Games<br>02:00-Simple C<br>02:30-Balloon Ball<br>03:00-Art<br>04:30-Dinner                 | 5<br>09:00-Devotion<br>09:30-Chair Fitness<br>10:00-Let's Chat<br>10:30-Spa Day<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Simple C<br>02:00-Rootbeer Float Day<br>03:00-Coloring<br>04:00-Aroma Therapy<br>04:30-Dinner             | 6<br>09:30-Devotion/Nola<br>10:00-Football<br>10:30-Let's Chat<br>11:00-Hot Potato<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Simple C<br>02:00-Snack<br>02:30-Cornhole<br>03:00-Trivia<br>04:30-Dinner                                | 7<br>09:00-Devotion<br>09:30-Chair Fitness<br>10:00-Snack<br>10:30-Coloring<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Simple C<br>02:00-Bowling<br>03:00-Balloon Ball<br>04:30-Dinner           |
| 9<br>09:00-Meet and Greet<br>09:30-Morning Service<br>10:00-Snack<br>10:30-Balloon Ball<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Armchair Travels<br>02:00-Snack<br>02:30-Bean Bag Toss<br>03:00-Sunday Service<br>04:30-Dinner | 10<br>09:00-Devotion<br>09:30-Walking Club<br>10:00-Buzz Word<br>10:30-Ring Toss<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-National Smores Day<br>02:30-Name That Tune<br>03:00-Let's Chat<br>04:00-Coloring<br>04:30-Dinner                        | 11<br>09:00-Devotion<br>09:30-Chair Fitness<br>10:00-Balloon Ball<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Coloring<br>02:00-Story Time on the Patio<br>03:30-Family Feud<br>04:00-Aroma therapy<br>04:30-Dinner                 | 12<br>09:00-Devotion<br>09:30-Walking Club<br>10:00-Snack<br>10:30-Alphabet Soup<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Trivia<br>02:00-Puzzles<br>02:30-Balloon Ball<br>03:00-Art<br>04:30-Dinner                     | 13<br>09:00-Devotion<br>09:30-Chair Stretches<br>10:00-Simple C<br>10:30-Sitting on the Patio<br>11:00-Sit and Paint<br>11:30-Lunch<br>01:30-Alphabet Soup<br>02:00-Big Creek VBS<br>04:00-Aroma Therapy<br>04:30-Dinner                                        | 14<br>09:30-Devotion/Nola<br>10:00-Ring Toss<br>10:30-Story Time<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Hangman<br>02:00-Creamsicles<br>02:30-Simple C<br>03:30-Sing-along<br>04:30-Dinner                   | 15<br>09:00-Devotion<br>09:30-Chair Fitness<br>10:00-Snack<br>10:30-Noodle Ball<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Simple C<br>02:00-Movie & Popcorn<br>03:30-Sing-along<br>04:30-Dinner |
| 16<br>09:00-Meet and Greet<br>09:30-Morning Service<br>10:00-Snack<br>10:30-Cornhole<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Opposites<br>02:00-Snack<br>02:30-Bean Bag Toss<br>03:30-Sunday Service<br>04:30-Dinner           | 17<br>09:00-Devotion<br>09:30-Walking Club<br>10:00-Snack<br>10:30-Hot Potato<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Hula Hoop Roll<br>02:00-Cup Cake Day<br>03:00-Table Tennis<br>04:00-Aroma Therapy<br>04:30-Dinner   | 18<br>09:00-Devotion<br>09:30-Chair Fitness<br>10:00-Trivia<br>10:00-Alphabet Soup<br>10:30-Bean Bag Toss<br>11:00-Story Time<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Coloring<br>02:00-Golf<br>03:30-Simple C<br>04:00-Aroma therapy<br>04:30-Dinner | 19<br>09:00-Devotion<br>09:30-Walking Club<br>10:00-Story Time<br>10:30-Kickball<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Simple C<br>02:00-National Soft Ice-cream Day<br>02:30-Story Time<br>03:00-Art<br>04:30-Dinner | 20<br>09:00-Devotion<br>09:30-Chair Fitness<br>10:00-Sit and Paint<br>10:30-Football<br>11:00-Games<br>11:30-Lunch<br>02:00-Everett<br>03:00-Snow White Floats<br>03:30-Hot Potato<br>04:00-Aroma Therapy<br>05:00-Family Night/Visit to China                  | 21<br>09:30-Devotion/Nola<br>10:00-Walking Club<br>10:30-Simple C<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Let's Chat<br>02:00-National Senior Citizen Day<br>02:30-Trivia<br>03:30-Sing w/ Me<br>04:30-Dinner | 22<br>09:00-Devotion<br>09:30-Chair Fitness<br>10:00-Snack<br>10:30-Cornhole<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Simple C<br>02:00-Movie and popcorn<br>03:30-Sing-along<br>04:30-Dinner  |
| 23<br>09:00-Meet and Greet<br>09:30-Morning Service<br>10:00-Snack<br>10:30-Balloon Ball<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Opposites<br>02:00-Bowling<br>03:30-Sunday Service<br>04:30-Dinner                            | 24<br>09:00-Devotion<br>09:30-Walking Club<br>10:00-Buzz Word<br>10:30-Ring Toss<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Sit & Paint<br>02:00-Peach Pie Day<br>03:00-Let's Chat<br>04:00-Coloring<br>04:30-Dinner                                 | 25<br>09:00-Devotion<br>09:30-Chair Fitness<br>10:00-Balloon Ball<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Bowling<br>02:00-Story Time on the Patio<br>03:30-Family Feud<br>04:00-Aroma therapy<br>04:30-Dinner                  | 26<br>09:00-Devotion<br>09:30-Chair Fitness<br>10:00-Sit and Paint<br>10:30-Math Flash<br>11:00-Games<br>11:30-Lunch<br>02:00-National Dog Day<br>03:00-Chain Reaction<br>03:30-Hot Potato<br>04:00-Aroma Therapy<br>04:30-Dinner                     | 27<br>09:00-Devotion<br>09:30-Chair Fitness<br>10:00-Trivia<br>10:00-Alphabet Soup<br>10:30-Ring Toss<br>11:00-Story Time<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Coloring<br>02:00-Volleyball<br>03:30-Simple C<br>04:00-Aroma therapy<br>04:30-Dinner | 28<br>09:30-Devotion/Nola<br>10:00-Ring Toss<br>10:30-Story Time<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Hangman<br>02:00-Beach Party<br>02:30-Games<br>03:30-Sing-along<br>04:30-Dinner                      | 29<br>09:00-Devotion<br>09:30-Chair Fitness<br>10:00-Snack<br>10:30-Noodle Ball<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Simple C<br>02:00-Movie & Popcorn<br>03:30-Sing-along<br>04:30-Dinner |
| 30<br>09:00-Meet and Greet<br>09:30-Morning Service<br>10:00-Snack<br>10:30-Balloon Ball<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Hangman<br>02:00-Snack<br>02:30-Bean Bag Toss<br>03:30-Sunday Service<br>04:30-Dinner         | 31<br>09:00-Devotion<br>09:30-Walking Club<br>10:00-Snack<br>10:30-Hot Potato<br>11:00-EZ Listening<br>11:30-Lunch<br>01:00-Mid Day Mingle<br>01:30-Hula Hoop Roll<br>02:00-Simple C<br>03:00-Table Tennis<br>04:00-Aroma Therapy<br>04:30-Dinner       |                                                                                                                                                                           |                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                             |                                                                                                                                                                                                     |