

PLAYERS AND PARENTS HANDBOOK

PARENT HANDBOOK & PLAYERS CONTRACT

WELCOME

WeareexcitedtowelcomeyoualltoGoldenVolleyballClub.Thepurposeofthis Handbook is to familiarize both parents and players with Golden Volleyball Club (GVC), and to create expectations for the GVC experience.For our program to be successful, the rules of this Handbook must be followed and will be enforced.We want to be known as one of the finest youth volleyball programs in our area.To help us reach that goal, we have policies in place, as well as a Players', Parents', and Coaches' Code of Conduct that lay the foundation for our success.We hope thisHandbookwillanswermanyofthequestionsthatyoumayhave.Ifyouhavequestionsorconcerns that are not addressed in this Handbook, please contact either Coach Jose or Team Representative Francy.

GoldenVolleyballMissionStatement

At Golden Volleyball Club, we existtomake positive impact in the livesofour players. Our vision is that players will be given the opportunity to learn the game of volleyball at the highest possible level, while simultaneously learning important lifelong positive character traits, such as teamwork, commitment, timemanagement, sportsmanship, and dependability. We are committed to providing the best possible environment for our volleyball players to reach their maximum playing potential through excellence in coaching and community support. Our players will be challenged to excel not only for their own personal growth but also for the betterment of their team, the organization, and their communities.

CoachingPhilosophy

GVCemploysmanycoachingandcounselingtechniquesthataredesignedtoeffectivelyaccomplish our training goals. In general, these techniques fall into the following main methods:

- Instruction Learning to play volleyball, or any sport, requires the guidance of an
 experienced
 coachingstaffwhocancommunicatewiththeplayerstohelpthemdeveloptheirfundamentaland
 advanced skills in the sport.
- Repetition We believe that repetition of skills is necessary to master the sport. Our training techniqueslooktoincludeeveryplayerextensivelyineachdrilltoincreasethenumberoftouches that they get each practice.
- Feedback—Webelievethatplayerdevelopmentisenhancedwhencoachesinteractwiththe
 players by providing feedback. This feedback cancome in many forms and may include
 both constructive criticism and positive reinforcement.
- Competition We believe our players must compete. Whether it be to make the program, the team, earn a starting position or simply competing on their own team. Competition is at the core of what we do. We provide many opportunities to compete in practice and have an extensive tournamentscheduleforeach program.

 Playersmustearntheirplayingtimethroughcompetitionfor their spot. Players are given opportunities every day to compete and learn valuable life lessons as well.

OurGoals

Develop the individual player. This is accomplished in several ways. First, we strive to develop complete volleyball players that are taught all the skills of the sport. Second, we also focus on the developmentofself-discipline,dedication,andconfidenceineachathlete,qualitiesthatwillassistthem as they grow into young women of character.

Develop our teams. We believe that learning how to function in a positive team environment is one of themostusefullifeskillsaplayercandevelop. Wewantourteamstocompeteat ahighlevelrelativeto their program andhavethem competenot onlyintournament play, but also in the training environment. Teaching our players to compete within a team environment will help them in learn how to both work with different personalities, and figure out how to be a productive member of teams they serve on in their lives.

Prepare our players for the next level. We excel in preparing those players that have the desire, athleticabilityandacademicstandingtoplayatthehighschoolandcollegiatelevel. Whatevertheir goals may be, we know that we will strive every day to help them take it to the next level.

GeneralClub Communication

There are several ways GVC will communicate information with our players and their families throughout these as on. These may change during these as on. Below finde a chmethod with examples of the type of communication.

Website

Goldenvolley.org

E-MailCommunicationthroughPlaymetrics

Our administrative staff will use email/text to communicate the following throughout these as on:

- 1) ClubAnnouncements
- 2) Dues/Uniform/TravelInvoices
- 3) Payment Reminders
- 4) GeneralPractice/ScheduleAnnouncements

Coaches&Parent/PlayerscanusethePlaymetrics Apptohandleteam specific communication. ThePlaymetricswillbeusefulonceteamsareformedandposted. ThePlaymetrics App can be found in your App Store (iPhone or Android) and accessed on any handheld device. You should set your notification settings to receive text alerts, email alerts, etc.

SocialMedia

GVChasaSocialMediapresence.WewillhighlightthingshappeninginGVCandshowappreciationto our Sponsors.Please follow us on Facebook and Instagram.

WebsiteInformation&PlayerProfiles

GVCwillattempttousethewebsiteasamainsourceof informationthroughouttheseason. Schedules, rosters, basic player profiles and more are maintained on a daily basis. In addition, players will have their individualpictures displayed on their profile/team page. Aspart of our Parent/Player Contract, you will agree to allow GVC to publish the information on your athlete's player profile.

ClubCosts, PaymentObligations&RefundPolicy

A schedule for season fees for all teams is posted on our website and can be downloaded and printed foryourconvenience.

BycommittingtoGVCbysigningthecontractpostedattheendofthisdocument, you are entering a financial contract with the club. This contract must be upheld entirely or further participation will not be allowed. In addition, failure to complete payments, resulting in a breach of contract, may force the club to take legal action.

Payment Schedule

- Paymentsaretobepaidontimeandinfullbythedatespostedonour website.
- Account delinquency of (5 days) will result in a late fee of \$50, player ineligibility for practices and tournaments as well as the potential for information being sent to collection agencies and our lawyer and a parent meeting with the GVC staff.
- Pleasecommunicateinadvanceifthereareanticipatedproblemswithmakingtimelypayments.
 We want to work with you in order to keep your player playing.

RefundPolicy

Itisanunderstoodcommitmentwith GoldenVolleyballClubthatagreeingtoparticipateinthe club includes fulfillment of financial responsibility for the entire season. Therefore, with a possible medicalexception,NOrefundswillbegiven.Athleteswithanoutstandingbalancewillnotbereleased to another club.

PlayingTimePolicy

GVC does not <u>guarantee</u> playing time to any player. However, we do believe players are entitled to knowwhat isaffecting playtimeaswellgiveninstructiononhowtoincreasetheirplaying time. Weask that players approach their coach with these questions whenever there might be an issue or concern.

We knowthat all playerswant toplay andthevastmajority of concernsbyplayers andparents involve theamountofplayingtimethatisallocatedtotheplayer. The following outlines our general philosophy on playing time.

- Weagreethatallathletesshouldplay.
- Playingtimeisnotguaranteed,isnotequalandmustbeearned.
- Playingtimeisbasedontheplayer'sperformanceatpracticeandinmatches, aswellastheflowof set/match.
- Yourcoachandtheflowofthegamewilldeterminewhoplaysandhowmuch. Theywilltakeinto account many factors in coming to that decision, but the decision is theirs.

PracticeArrival&Preparation

Playersshouldplanonarrivingatthefacilitynomorethan10minutespriortoascheduledpracticetime and then follow all check in procedures. Players MUST wear one of their official practice t-shirts and knee pads along with bottoms of their choice to all practices. Head coaches are allowed to createadditional policies, suchaswearingthe same colort-shirt onan individual team basis. Additional practice t-shirts may be purchased throughout the season if necessary from our team website.

PracticeAttendance

Practicesare MANDATORY and aplayer's attendance is EXPECTED. Practice attendance will factor in determining a players' role on the team. Attendance will be kept throughout the season. All absences will be considered unexcused with the following exceptions:

- FamilyEmergency
- Illness/Injury(ADr.notemayberequested)
- SchoolSport(inseason)/ActivityConflict(Supplyascheduletothecoach)
- CollegeEntranceExam
- ReligiousEducation
- AllottedHomeworkDay(seesectionbelow)

Shouldaplayerhave3+ormoreunexcusedabsencesthefollowingconsequencesareinplace:

- 1) 3unexcusedabsenceswillresultinaplayerbeingheldoutofonematchina tournament(with attendance required)
- 2) 4unexcusedabsenceswillresultinaplayerbeingheldoutofanentiretournament(with attendance required)
- 3) Iftheplayerhas5 ormoreunexcusedabsences, ameetingwillbeheldwiththeplayer and her family to determine how to proceed.

Finally, while <u>excused</u> absences do not have any direct consequences, we want players and parents to understand that the player's role <u>may be affected</u> if they miss significant time training with their team.

Missingopportunitiestoworkwithintheteam'ssystemanddevelopthetimingandchemistrynecessary to compete may or may not affect how the player is used in tournaments. We anticipate that our coaching staff will work closely with those players to communicate where the coach stands on the situation and ensure that the player is fully aware of the circumstances dictating any such decision.

NOTE: Missing practice for homework and studying (including finals) is not considered an excused absence. This is an important part of our student at hlete's time management skills. Exceptions may be made on a case-by-case basis, but are not encouraged. Academics are extremely important to us so we have added Homework Days for each player to use throughout the season.

Pleasecontactyourcoachinadvancewhenyouwillbemissingpractice.

HomeworkDays

HomeworkDaysareEXCUSEDabsencesthatcanbeusedthroughouttheseasonintheeventthata player needs to miss a practice for academic purposes.Some examples may be:

- 1) FinalExams
- 2) SchoolProject
- 3) ACT/SATPrep
- 4) Significanthomeworkload
- 5) NationalHonorSocietyevent
- 6) Privatetutoring

Thenumberofdaysare2days/season,andmustbecommunicatedinadvance. Anyadditionaldays taken for these reasons would be considered unexcused.

PracticeCancellations

Practice cancellations are rare. Practices may be cancelled due to inclement weather or scheduling conflicts with the use of the school gym. However, due to the fact that our players reside in many different

locations, we usually make every attempt to hold practice. Please check Playmetrics App& other team forms of communication after 2pm on such days for updates on practice status for the evening. Be sure to opt-in to the Text Messaging notifications through your Playmetrics. Appaccount on ceitis set up so that your eceivenotification stoyour mobile phone.

ScheduleReleasePolicy(Practice&Tournament)

Scheduling for our teams is a monumental task that requires balancing many factors each month and each season. We ask that our players and families understand our goals in releasing this information.

Weunderstandthatmanyofyouarebalancingseveralschedulesathomeandreceivingourschedules in a timely manner is important to maintain that balancing act.

Wewillreleasethemonthlypractice schedulesnolaterthantwoweekspriortotheupcomingmonth. Schedules will be made available online and will NOT be printed or available in hard copy form. A printable attachment will be posted on the webpage or emailed.

The season tournament schedule will be released as soon as possible, and will be made available onlineandwillNOTbeprintedoravailableinhardcopyform. Thescheduleissubjecttochangeatany time due to tournament cancellations and unforeseen conflicts.

Individual tournament information (start times, location, etc.) may not be available until the Wednesday or Thursday priortotheweekend. Manytournament directors are unableto releasethe informationin

timelymannerandweapologizefortheinconvenienceinadvance.Informationwillbereleasedassoon as we receive it on our website.

TournamentAttendance

Wewillprovidealistoftheevents, aswellasalistforpotential majorevents, assoonas possible. Please plan your schedules around these dates and when potential conflicts arise, contact your coachimmediately. In general, all majorevents should hold priority overother sports, activities, & vacations. Player's attendance is mandatory and they are responsible financially for these events, whether they attended not.

Tournamentattendanceisrequiredandnecessary.Ifaplayermissesaneventoramatch,a consequence of sitting a set, match or more will be considered by the coach.

If a player arrives late, the player's coach has the right to ask that player to sit out any portion of the tournamentday. The consequences are left to the discretion of the coach and may change on a case-by-case basis.

TransportationtoTournamentsandEvents

GVCplayersandtheirfamilieswillberesponsiblefortheir transportationtoalltournaments,localand outofstate,unlessexplicitlynotifiedtothecontrary. This includes transportation from the hotel to the playing venue(s).

- GROUNDTRAVEL:Playersmaycarpooltotournamentsasnecessaryandneedtobeat thegiven destination at the time stipulated by the coach. No individual member of GVC coaching staff can provide transportation to any event.
- AIR TRAVEL: For tournaments requiring air travel, the GVC coaching staff will advise parents
 on whichflightsourcoachingstaffwillbeusingtoallowparentstopurchaseticketsforthatsameflight.
 This would be necessary if a player was not traveling with her parents and would require
 supervision on the flight. NO AIRLINE TICKETS WILL BE PURCHASED BY THE CLUB FOR
 PLAYERORPARENTTRAVEL.Itisourexperiencethatparentsareabletopurchasetheticketsat a
 better rate through online deals and using miles than attempting to book group travel.

OvernightTravelPolicy

Foranyovernight event, the following policies are in effect **INADDITIONTO** our standard Tournament Guidelines:

- For our overnight tournaments, there are additional expenses that will be required by the families throughouttheseason. This includes hotelstays and all related expenses from traveling out of town with your player.
- 2) Parents/Guardianswilltransporttheirdaughterstoandfromthehostcity.
- 3) Playerswillstaywiththeirparentsinhotelsduringtheevent.GVCmaysecureanoptionalroom block at a hotel and parents will have the option to secure a room within the timelinesprovided.Otherwise,parentsarefreetosecurearoomatanyhotelinthehostcity.
- 4) Parents/Guardianswilltransporttheirdaughterstoandfromtheplayingvenueeachday.
- 5) Playersareaskedtoattendanyandallteamfunctionsoutsidetheplayingsite. The coaching staff or Team Mom is asked to communicate these activities in advance to allow for proper planning. These could include: teammeals, teambuilding activities, etc.

TournamentPreparation&ArrivalPLAYERSANDPARENTSPLEASEREADANDIMPLEMENTTHEFOLLOWING PROTOCOLS.

- 1) Weaskthatplayersprepareproperlyfortheirtournaments. Thisincludes gettingthepropernutrition and rest prior to a tournament day. Please allow for a full 8 hours of sleep prior to a tournament and be sure to eat healthy meals/snacks both the day before and the day of the tournament.
- 2) Playersshouldbringalluniforms/equipment provided to them to each event. Players are solely responsible to maintain their equipment throughout the tournament and season.
- 3) Playerswillweartheofficial GVCgeartoallevents. The first uniform for the day will be communicated in advance so players can arrive dressed and ready.
- 4) Players arrive courtside at the time designated by the coach at the facility. Please allow plenty of timetotravelespeciallyondayswhereweathermaybeafactor. If aplayer arrives late, the player's coach has the right to ask that player to sit out any portion of the tournament day. The consequences are left to the discretion of the coach and may change on a case by case basis. Generally, we ask that players arrive one hour prior to the first match if they are playing, and 30 minutes prior to the first match if they are the reefing team.
- 5) ALL players must remain with the team, even if they are not assigned a duty during the match. The entire team stays together until ALL plays are complete and a team meeting is held. We arrive as a team, and we leave as a team. Players are encouraged to support other GVC teams, scout their next opponent, and get food and drink in their time between matches.
- 6) Please adhere to any and all food policies at the host facilities. "No Food" in the building means exactly that. Failure to comply could mean a fine or removal from the tournament. We ask that playerseatandhydrateproperlybefore, during and aftereach competition day. Fastfood, junkfood and pop should be avoided so that the athlete can sustain a high level throughout the tournament.
- 7) Playersarenotallowedtoleavetheplayingfacilityatanytimeduringtheday.

- 8) Useofcellphones/tabletsforanyotherpurposebesidesmakingimportantoremergencycallsis not allowedwhileat aplayingsite. Each coach may used is cretion in allowing players to use phones to listen to music or take photos of their team during an event. However, if players are using their phones excessively and excluding themselves from team activities, the coach has the right to terminate all use of cell phones or tablets during an event.
- 9) DuringMulti-DayTournaments,coacheswillaholdabriefmeetingaftereachdaywithplayer& parents regarding instructions for the next day/round of competition.
- 10) At the completion of the day's competition, and only after the team's final match has been played, officiating duties fulfilled, watch other teams compete, and having been released by the head coach, aplayer may leave with their parents/guardians.
- 11) Please follow all rules and requests set forth by the Coach and/or Team Mom. These include but arenotlimitedto:roomcurfew,lightsout,morningmeetingtimes,teammeals,teammeetings,after tournament responsibilities, etc.
- 12) Weareproudof GVC,andyou,theplayer, areourbestrepresentation of ourclub. Weaskthat you follow these parameters when traveling to an overnight tournament whether it is at the hotel, playing venue or any other team activity:
 - a. Firstandforemost, youare, as noted above, our GVC representative, so any negative behavior is a reflection on our (your) club.
 - b. Incontrast, any positive behavior is also are flection on our (your) club.
- 13) Oncetheplayers are courts ideat the beginning of the irtournament/leagueday, they are under the supervision of the coachuntil released at the completion of the day. During that time, the players, parents, and guardians are subject to the following guidelines:
 - a. Weaskthatparentsdonotapproach,text, email,orcallthecoachesregardingteamplayor individual player play during the event.
 - ONLYifthereisanemergency,textorcallyour team'scoach.Wewillgetbackin touch with you as soon as we can.Remember sometimes the contact person is coaching a team. so don't expect immediate action.
 - Anynegativereportsofplayer, parent/guardian,orcoachbehaviorwillbedealtwith immediately.Repercussions to include suspension from single set or match play and/or removal from the team roster or from the club after a full review of the incident.
 - b. Weaskthatparentsarealways both supportive and positive regarding the team and all athletes. Please refrain from directing negative comments at the reefing crew, coaches and/or players within the club or other teams GVC is proud of our character and integrity and we realize that our parents are as important to that reputation as our players and coaching staff. Please represent your daughters in a manner that we can expect from our families.

Roleofthe Parent

The role of the parent at GVC (in the most basic form) can be clearly defined. We ask that parents always provide support to both their daughter and the team. The success of our teams can be affected both positively and negatively bytherolethattheparents assumein the process. Parentsthat are supportive of their daughters and the team will assist inhelping create the positive atmosphere and chemistry that is a key ingredient to a team's ultimate success.

Parents that are disruptive and critical of either their daughter or members of the team (including coaches)canunfortunatelyhelptocreateadysfunctionalatmospherethatwillultimatelyhinderthe development of the team and individual players throughout the season.

Mostparentsandfamiliesofourplayershavebeenverysupportiveinthepast, andwe hope that support will continue to grow each year. We hope that parents support their athlete(s) by attending their matches and giving positive encouragement. We expect you to refrain from criticizing your child, their teammates, their coaches, or the officials.

GVC realizes the sacrifices that are made by all of our families and appreciates the time and commitment of the parents throughout their athletes' club careers. We have an open door policy with our families and encourage you to address any concerns you have with our staff under the guidelines

wehavesetforth. Weaskyoutohelpuscreate the positive environment necessary for our athletesto succeed both on and off the court.

TeamMomProgram

The GVC "Team Mom" will be avolunteer position for each GVC team. Some of the roles and responsibilities could be:

- Coordinatingtravel/carpoolingforparentsandplayerstoevents.
- Passingalonginformationtoteamparentsfromthecoachesduringevents.
- Takingphotos/videosduringevents.
- Coordinatingteamdinners/snackschedulesfortournaments.
- Helpingwithfundraisingevents.
- Serveasin-tournamentchaperoneattravelevents.

PLAYERCODEOFCONDUCT

Golden Volleyball Club is committed to all its players always exercising good sportsmanship. Our program philosophy is that our athletes should represent themselves, their family, their team and ourorganizationinapositiveandrespectfulmanner. To represent our athlete's commitment, we have developed the following Code of Conduct for our players:

- 1) Iwilladheretotherulesandpoliciesof GoldenVolleyballCluboutlinedinthis handbook.
- 2) I willadheretotherulesandpoliciessetforthbymyteamthatmaybeinadditiontotherulesand policies of the program.
- 3) I will focus on developing not only on the court, but off the court as well. This includes building character, maintaining high academic standards, and developing leaderships kills through the sport of volley ball.
- 4) I willnottransport,possess, ordrinkanyalcoholnortakeillegaldrugsofanykind;(iflamfoundto be using illegal drugs and/or drinking alcohol, I will be terminated immediately from the program).
- 5) I willmakeitmypersonalresponsibilitytomakegooddecisionsand notparticipateinactivitiesthe present higher risk to contract a virus or potentially spread it to others.
- 6) I willfollowallrulesandpoliciesof thehostfacilitywhenattournaments,hotelsorotherfunctions related to participating in Golden Volleyball Club related events.

On the Court

- 1) Iwillrespectthegameofvolleyballandgiveitmyallduringpracticeandgames.
- 2) I willacceptresponsibilityandbeaccountableformyeffort,focusandcommitmenttothegame,my team and myself.
- 3) I willalways demonstrate sportsmanship and fair play.lwillsetanexampleinthewayinwhichl conduct myself on the court. I understand those actions, good or bad, have a long-lasting effect on everyone around me.
- 4) I willalways treat the coaching staff respectfully. This includes not only myown coach, but any member of the coaching staff that takes the time to offer instruction throughout the season.
- 5) I will value the instruction of my coaches. Whether I think my coach is the best, the worst or somewhereinbetween,myjobis tolistentomycoaches,followinstruction,makechangesand trust that they are looking out for my best interests.
- 6) lwillberespectful, supportive and courte ous to my teammates.
- 7) I will appreciate my teammates. Every player onmy team has certain strengths and weaknesses. I will be patient with my teammates as they improve their games just as they will be patient with measlworkonmygame. Volleyballis ateamsport. Success canonly comewhentheentireteam works and plays well together both on and off the court.
- 8) IfIhaveaproblemwithateammate,I willaccepttheresponsibilitytoworkit out withthem.Iflam unable or uncomfortable, I will talk to the coaching staff to attempt to solve the problem.
- 9) I willputmyteammatesfirst at alltimes. I understandthat I amnotbiggerthantheteamnomatter what my role may be. I understand that if I do not, my playing time will be affected.
- 10) lunderstandthatpoorconductsuchasfoullanguage, physicalorverbalintimidationofany individual, fighting with other teams/players, vocal outbursts are not permitted.
- 11) I understandthat aredcardissuedtomeforpoorsportsmanshipwillimmediatelycausemy removal from the court for the remainder of the tournament. Poor sportsmanship will not be tolerated.
- 12) I willneverquestionanofficialorexpressmyfeelingsatacall. Officialsarepart ofthegame. I will never talk back or show up an official. This includes players that are performing officiating duties such as line judge or scorekeeping at an event.
- 13) I willtaketimetolearntherulesofthegame. I understandthat inordertomasterthesport, Imust understand the rules that we play by.
- 14) I will communicate. I will ask questions. I will express myself. I understand that in order to be successfullhavetounderstandhowtosucceed. Todothat Imust communicate with my coaches and teammates.
- 15) I willacceptfeedback.lunderstandthat allfeedbackand/orcriticismofmygameisdesigned to help me grow as a player.
- 16) I willhaveagrowthmindset. I willseeeachpracticeasanopportunitytogrow andhavetheheart of someone who loves to learn.

OfftheCourt

- 1) Iwillnotexhibitconductwhichisinappropriateasdeterminedby comparisontonormallyaccepted behavior.
- 2) Iwillberespectfulinpublicanddisplaygoodcharacterasarepresentativeof GoldenVolleyball Club.
- 3) I will be responsible when using theinternet andwill not submit anynegative informationregarding myteammates,teamorGVCwhileusingsocialnetworksorcommunicatingviaemail.lwillnotpost inappropriate comments, pictures or other content that would otherwise break any of the rules or policies set forth in this handbook/Code of Conduct.
- 4) I willaccepttheresponsibilitytomanagemytimetoparticipateat GVCwhilemaintaining balance and high standards with academics and family.

Players Name
Players Signature

PARENT CODEOF CONDUCT

Aswithourplayers, parents also represent Golden Volley ball Club. We expect parents to act with a higher of set of standards than we expect from our players. Parents are the role models.

Parentsshould read,understandandsign thisformpriortotheir childrenparticipating in our program. Anyparentguiltyofimproperconductatanymatch,tournament,practiceor GVCsponsoredeventwill be asked to leave the venue. Repeat violations may cause the season forfeiture of the privilege of attending all events or removal of the athlete from our program.

The essential elements of character-building and ethics in sports are embodied in the concept of sports manship and six core principles:

- Trustworthiness,
- Respect,
- Responsibility,
- Fairness,
- Caring, and
- Good Citizenship.

The highest potential of sports is a chieved when competition reflects these six pillars of character. I

therefore agree:

- 1) lwillnotforcemychildtoparticipateinGoldenVolleyballClub.
- 2) Iwillrememberthatchildrenparticipatetohavefunandthatthegameisfortheplayers,notadults.
- 3) I willinformthecoachofanyphysicalormentaldisabilityorailmentthatmayaffectthesafetyofmy child or the safety of others.

- 4) Iwilllearntherulesofthegameandthepoliciesof GoldenVolleyballClub.
- 5) I (and my guests) will be a positive role model for my child and encourage sportsmanship by showingrespectandcourtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
- 6) I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, orparentsuchasbooingandtaunting;refusingtoshakehands;orusingprofanelanguage or gestures.
- 7) I willnot encourageanybehaviorsorpracticesthatwouldendangerthehealthandwell-beingofthe athletes.
- 8) I willteachmychildtoplaybytherulesandtoresolveconflictswithoutresortingtohostilityor violence (verbal or physical).
- 9) lwilldemandthatmychildtreatotherplayers,coaches,officialsandspectatorswithrespect regardless of race, creed, color, sex or ability.
- 10) I willteachmychildthatdoingone'sbestismoreimportantthanwinning;sothatmychildwillnever feel defeated by the outcome of a game or his/her performance.
- 11) I willpraisemychildforcompetingfairlyandtryinghard, andmakemychildfeellikeawinner every time.
- 12) I willneverridiculeoryellatmychildorotherparticipantsformakingamistakeorlosinga competition.
- 13) I willemphasizeskilldevelopment and practices and how they benefit mychildover winning. I will also de-emphasize matches and competition in the lower age groups.
- 14) I willpromotetheemotionalandphysicalwellbeingoftheathletesaheadof anypersonaldesirel may have for my child to win.
- 15) I willrespecttheofficialsandtheirauthorityduringmatchesandwillneverquestion, discuss, or confront coaches at a tournament, and will follow the communication protocol outlined in this handbook.
- 16) I willdemandasportsenvironmentformychildthatisfreefromdrugs,tobacco, andalcoholandl will refrain from their use at all sports events.
- 17) I willrefrainfromcoachingmychildorotherplayersduringgamesandpractices, unless I amoneof the official coaches of the team.

Bysigningthisagreement,lamsigningonbehalfofbothparents/guardiansofourathlete.						
PlayerName						
Parent/GuardianName						
Parent/GuardianSignature						

GOLDENVOLLEYBALLCLUB PARENT/PLAYERCONTRACT

PLEASEINITIALATEACHCORRECTSPOT.BYINITIALINGYOUAREAGREEINGTHATYOU COMPLETELY UNDERSTAND AND AGREE TO EACH STATEMENT.

PLEASEREADEVERYTHINGBEFOREINITIALINGANDSIGNING					
Initial: I understand that there aredues and fees (see Financial Agreement) associated tomy athleteinordertoplayfor GVC.lagreethatlwillpay theassociatedcostsinfullandunderstand that once I sign the contract that no refunds are given. The only exception may be in the case of a season ending injury. I understand that failure to pay the dues/fees on time will result with my athlete not being allowed to participate in team practice, tournaments or any GVC events until my account is brought current.					
Initial: I understand that we need to turn in the Waiver/ Medical Release, Copy of Birth Certificate, Parent/Player Contract, and Financial Agreement. I understand that if I do not meet the obligationsdefinedabovemyathletewillnot be abletoparticipateinteampractice,tournamentsorany GVC events.					
Initial:lacknowledge thatI haveread and discussedwithmy athletethePlayer Code of Conduct.lunderstandandagreetohavemyathleteabidebyallofthestandards outlinedinthePlayer Code of Conduct.					
Initial: lacknowledgethatIhavereadanddiscussedwithmyathletetheParentCodeof Conduct. I understand and agree to abide by all of the standards outlined in the Parent Code of Conduct.					

(USAVand/orAAU)inordertop order to have my athlete prop	tand my athlete must be registered with a National Governing Body rticipatewith GVC. lagreethatlwillcompleteallthenecessarysteps in erly registered for the season and that GVC has my permission to alf in order to complete the registration process.
with commitmentandproduction.lu	tand that playing time is not guaranteed and must be earned iderstandthatGVCfullyexpectsthateachathleteunderstandstheir ommunicated to clearly by their coach.
that when more than one tea evaluation process is comple	andthat GVChasfulldiscretiononplacementofplayersontoteamsand is formed in an age group, placement will not take place until an ed the first several weeks of the season. I understand that GVC ring players up or down from one team to the other throughout the
not follow the Player Code of	andthat GVCcanrelocate,replaceordismissaplayerifaplayerdoes Conduct, which includes, but is not limited to, meeting the ons in attendance, commitment and/or production.

Parent/GuardianSignature	
Player Name	Parent/GuardianName
newsletters. We also issue press re we maintainPlayerProfilesforourath	d training classes on our website, social media outlets and eleases throughout the year to local media outlets.In addition, letesthatcontaininformationusedbycollegecoachesforrecruiting al purposes. By signing below you give GVC the right to post
Parent/GuardianSignature	
PlayerNameParent/GuardianName	
	ntract,CopyofBirthCertificate,WaiverandMedicalRelease, e of Conduct, and Parent Code of Conduct.
the informationinthePlayer/ParentH and agree to abide by the rules of t	nat I have received, read and discussed with my son/daughter landbook.lunderstandallofthepoliciesasoutlinedinthehandbook the organization. A player may not begin his/her season with gned and submitted to the Administrative Staff.
PARENT/PLAYERHANDBOOKAG	CCEPTANCEAGREEMENT
tournament. Tournamentschedules,gymlocation	ament schedules, gym locations, and cancellation of the nsandcancellationswillbecommunicatedtoallparentsassoonas /tournamentprovides arefund backto theteam,thisrefund will be fill not be refunded to my account.
Initial: lunderstandtl	hatalltournamentsheldoutsideoftheGVCprogramareoutof
email/web site or other announce siteon	hat communications withtheteam will be donethrough dplatforms. It isthe parent's responsibility to checkemail/web aregular primaryformofcommunication.Documentswillbereleasedin the can be downloaded and printed.

GOLDENCLUBVOLLEYBALL RELEASEPOLICY

Ifanathlete/familydecidestodepart **GoldenVolleyballClub**duringtherespectiveseason,the following steps must take place:

ReleasePolicy:

STEP1-Theathlete/familyinquestionmustsubmitawrittenrequestforreleasetotheClubDirector, **Jose Duprey**, at the club's email address: <u>Goldenvolleyclb@gmail.com</u> and to the Florida Region at <u>register@FloridaVolleyball.org</u>stating the reason for the request.

STEP2-Clubwillreleasetheathleteimmediatelyoncethefollowingitem(s)havebeencompleted:

- 1. Athletereturnsallclubgearprovidedtoathletethisseason.
- 2. Membermustremitallfinancialobligationsagreeduponcontractually.PaymentOption Member pays full cost of season.

Transfer Policy: A player can represent only one club during the Season. A change in geographical locationofthefamilyduetoachangeinjob,military,scholasticorinner-collegiatestatusmayreceive special consideration. No player may participate in different Qualifying events with different clubs/teams.Proof of residency must be provided by the family at the time of the release/transfer request.

Onceanathletehasparticipatedin **aNationalQualifierEvent(RegionalorNQ)** theymaynotbe released for the rest of the season to another club. Please refer to the USA Volleyball

(USAV)ChampionshipManualonreleasesforathletesthatparticipateinregionalornational qualifying/bid events.

ParentName(Print)ParentSignature			
Date			

GOLDENCLUBVOLLEYBALL DISPUTE/GRIEVANCE PROCEDURE

Golden Volleyball Club fully comprehends the value of parent involvement and encourages our parents to offer feedback whether positive or negative, but to do so in a respectful way. The below procedure is designed to help athletes and parents with questions, concerns, or problems that may occurduring the course of these as on. It ensures open and honest communication between all parties involved.

- 24-hourrule:Ifthe athlete orparent hasaconcern arisingfrom atournament or practicethat needs to be addressed, they must wait at least 24 hours after the conclusion of the event to discuss the issue with the head coach. We trust that parents will be timely in communicating with coaches regardingpotentialissuesthatwoulddistractthatcoachfromtheirprimaryobjectiveofcoachi ngthe team.
- 2) Donot approachthecoachimmediatelypriortothestartofpractice, asthecoachmustfocusonthe athletes' and the training required during practice.
- 3) The athlete must first ask for a meeting with the coach to discuss the issue at hand. In the case of playerson13'soryoungerteams,theparentsmayrequestthemeetinginwhichtheathlete, parent and coach must be present.
- 4) If the issue is unresolved, the parents may ask for a meeting between themselves, the athlete, and thecoachtodiscusstheissue. Themeetingshouldtakeplaceat alocationconsideredadequatefor a private discussion agreed upon by both the parent and coach NOT at a tournament and/or practice.
- 5) If the issue is unresolved, the parent may ask for a meeting with the club director, the head coach, and the athlete. The meeting should take place at a location considered adequate for private discussion, agreeduponbytheparent,coach, anddirectorandduringascheduledtimeawayfrom practice or a tournament is appropriate. The decision of the club director at this point is **FINAL**.

Itisessentialthat ourparentsserveasasupportsystemforourclub,playersandcoaches. Toaskthis, we, as the club director, staff, and coaches need to be available to empower parents and athletes with information and ensure understanding. When all parties share time together, the potential conflict creates a greater opportunity to learn from each other different strategies in how all parties can communicate effectively and be more congruent in cultivating a positive experience for our athletes.

Thank You to our Sponsors





