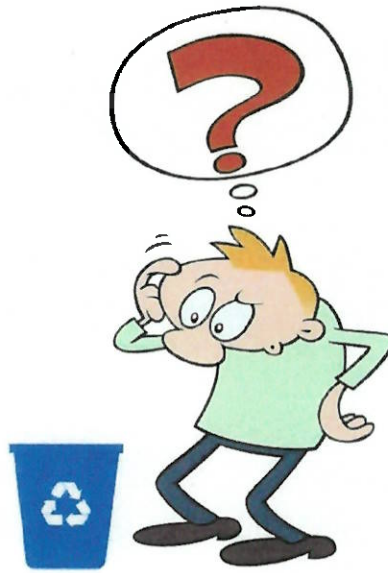


Visit [www.hrra.org](http://www.hrra.org) to learn more about waste reduction, reuse, recycling, composting, & hazardous waste disposal.

Composting and Recycling classes available. Visit website for details

HRRRA serves 11 municipalities in Western CT including, Bethel, Bridgewater, Brookfield, Danbury, Kent, New Fairfield, New Milford, Newtown, Redding, Ridgefield, and Sherman.

203.775.4539 or [info@hrra.org](mailto:info@hrra.org)



# What's IN? What's OUT?

## A Guide to Recycling

To make recycling easier, Connecticut now has a universal list of what belongs in your recycling bin and what doesn't.



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Recycling Guide: All items should be empty, rinsed, clean and open. Do not shred, box, bag or bundle items.

	PAPER		GLASS	METAL		PLASTIC	
<b>What's IN?</b>	Cardboard & boxboard	Magazines & newspaper inserts	Beverage bottles & jars	Aerosol containers (food grade only)	Cans & bottles	Plastic bottles (with or without caps attached)	Plastic one-use cups (no lids, no straws)
	Food & beverage cartons	Newsprint	Food bottles & jars	Aluminum foil	Foil containers	Plastic containers, tubs & lids	
	Junk mail	Office paper			Metal lids from cans & bottles		
		Pizza boxes					
<b>What's OUT?</b>	Gift wrap & gift bags	Shredded paper *	Ceramic mugs & plates	Aerosol containers (cleaners, pesticides, etc.)	Paint cans	Loose bottle caps	Single-use coffee containers
	Ice cream containers	Take-out food containers	Drinking glasses	Foil tops from yogurt containers	Pots & pans	Plastic bags & wrap	Styrofoam cups & containers
	Paper cups (hot & cold)	Tissue paper			Small pieces of scrap metal	Plastic plates, bowls & utensils	Water filters
					Spiral wound containers	Prescription bottles	

\* Shredded paper can be taken to participating transfer stations. Visit [HRRRA.org](http://HRRRA.org) to see if your local recycling center accepts shredded paper.

More Information:  
203.775.4539 or [info@hrra.org](mailto:info@hrra.org)  
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### Guía de Reciclaje

	Papel	Vidrio	Metal	Plástico
<b>SÍ</b>	Cartulinas y cartones Cartones de comidas y bebidas Correo basura Inserciones de periódicos y revistas Papel prensa Papeles de oficina Cajas de pizzas	Botellas y jarras de bebidas Botellas y jarras de comida	Contenedores de aerosol (sólo de comida) Papel de envoltura de aluminio Latas y botellas Contenedores de papel Tapas de metal de latas y botellas	Botellas de plástico (con o sin tapas adjuntas)
<b>NO</b>	Papel de regalo y bolsas de regalo Contenedores de helado Tazas de papel (frío y caliente) Papel triturado * Contenedores de comida para llevar Papeles de seda	Platos y tazones de cerámica Vasos para beber	Contenedores de aerosol (deodorizantes, limpiadores, pesticidas, etc.) Tapas de papel de contenedores de yogur Latas de pintura Ollas y sartenes Pequeñas piezas de metal chatarra Contenedores de enrollados en espiral	Tapas sueltas de botellas Envoltura y bolsas plásticas * Utensillos, tazones y platos plásticos Botellas de recetas médicas Contenedores de café de un solo uso Tazas de plastofor, contenedores y paquetes para maní