

# AVALANCHE SOCCER CLUB

*Welcome back!*

We hope you had a great summer and that you are settling into the new school year. We're excited for lots of great soccer this season and we hope you are too!

# AVALANCHE SOCCER CLUB

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Mark your calendars:

- August 23- November 9: League games (Competitive teams)
- September 5- First "Find Your Game" Friday (see flyer)
- September 8: Avalanche night at DU Men's Soccer 6 pm Buy tickets [here](#)
- September 6- November 2: League games (Academy teams)
- October 2: Avalanche night at DU Women's Soccer 7 pm Buy tickets [here](#)
- October 19: Black and White Ball 1 pm

# MEET LEVI ROSSI, OUR NEW DIRECTOR OF COACHING FOR COMPETITIVE TEAMS!



HELP US WELCOME LEVI WHEN HE JOINS US ON THE FIELDS STARTING IN SEPTEMBER!

Levi is a Colorado native with a passion for building self-awareness, leadership, confidence, and life skills through the game and the club environment.

Levi has been involved in the game since he was three. It's allowed him to meet people from all over the world and every walk of life. Captaining the University of New Mexico soccer team where they reached the #1 Ranking in D2 men's soccer. He also was a two-time Academic-All American and Male Lobo Student athlete of the year. He then had the opportunity to go play in New Zealand for a year where his coaching career began at Ole Football academy working with some of the best players in New Zealand and many future national team players.

Upon his return to the United States he immediately started coaching at the University of Denver. He had the chance to learn from some of the best coaches in the country during his 9 years with the Men's and Women's program. During his time there he won 9 conference championships in 9 years. As well as helping the Men's team win their first ever NCAA game and eventually go to the final four. Along with their on-field success both programs achieved the number 1 GPA in the country during his time working at DU.

He then took over as USL2 head coach for Flatirons FC in Superior where he was able to help them win their first ever conference championship in his first season.

Levi has worked with 50+ professional players both men's and women's and continues to mentor many of these athletes as a mindset/performance coach. He is RYT-200 certified as a yoga instructor and brings many of the mental and physical aspects of this practice onto the field and with the players he works with.

Levi, his wife Brogan and three children-Leoneila, Pryor and Everton live in Wheat Ridge. You will find him spending his time off the field playing with them, working in his garden, and enjoying time with friends and family.



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Communication is so important as a member of a sports club (as it is in much of everything we do!) *Please* read all emails from the club, coaches, and managers. Also, be sure to mark your availability in Playmetrics. When you need to talk to your child's coach or club staff, be respectful.

Visit our website [avalanchesoccer.org](http://avalanchesoccer.org)



Follow us on Instagram [@wravalanchesoccer](https://www.instagram.com/wravalanchesoccer).

Liking and sharing our posts helps us spread the word about our club!

Thank you!

It's not about building the perfect athlete- it's about building a confident, resilient human who happens to play sports.

Here are some suggestions from CSA on how to be a great soccer parent:

#### Before the Game

##### **To Do:**

- Remind your child to:
  - Get a good night's sleep
  - Hydrate the night before
  - Eat 2-hours before the game
- Help your child pack both uniforms, water, and sunscreen
- Take time to educate yourself about the game

#### During the Game

##### **To Do:**

- Be respectful of the referee(s)
- Be respectful of the opponents
- Know the Laws of the Game and playing format for your child's age group
- Let the coach do his job and coach the game
- Let the referees do their job and ref the game
- Promote fair play by leading by example
- Display supportive and positive sideline behavior
  - Cheer for the Players' and team's effort
  - Show encouragement and praise
  - Show attentive silence

#### After the Game

##### **To Do:**

- Thank the referees
- Thank the opponents
- Thank your coaches
- Pick up your trash
- Talk about the positives of the game in general
- Make car ride home pleasant and free from any type of criticism toward your player, other players, the coach, or the referees
- Use encouraging words and tell your player just a few simple things:
  - "I loved watching you play today"
  - "Did you have fun?"
  - "What do you want to eat?"

#### Please Avoid

- Telling your child how to play and what they should do in a game
- Coaching your child or other players from the sideline
- Getting angry at other team, coaches, or referees
- Addressing the referee(s) at all
- Yelling at players, referees, coaches, or other parents from the sidelines
- Complaining about the game
- Telling your child what they did wrong
- Continuing to talk about your child's mistakes
- Talking about what teammates and coaches did wrong
- Analyzing the game with your child



**We would like to say thank you to all of our team managers!  
We're grateful for everything you do and for the time you spend helping our  
coaches and teams!**



## **Would you like to be more involved with the club?**

**We have an opening for a board member for 2025/26. If you would like more information, please email Jamie Cornell at [jamie@avalanchesoccer.org](mailto:jamie@avalanchesoccer.org). The board meets once a month and strives to bring the best soccer experiences to our players and community and supports our incredible, hardworking staff and coaches.**

**We would also like to thank Dave Frankel and Thomas Sponseller for their service on the board, and welcome Jake Parsell to the board!**



## **Black and White Ball**

**Join us on Sunday, October 19 from 1-4 at Anderson Park  
for the Avalanche Soccer Club's annual fundraiser- Black and  
White Ball!**

**The event includes a fun and competitive game between our  
dedicated and talented coaches as they compete to see who  
can raise the most money to support our scholarship fund.**

**We will also have activities for kids  
and food and drinks for the community.**

**Watch for more information from your team. Enjoy a fun day  
with the whole club and help provide opportunities  
for players in our club!**



# FIND YOUR GAME FRIDAYS

## LET'S COME TOGETHER



**STARTS SEPT. 5, 2025**  
**05:00 PM - 06:30 PM**  
**ANDERSON PARK**

4355 Field St, Wheat Ridge, CO 80033



## Event Highlights

### About Our Event!

Join us for a high-energy training experience built to challenge players, strengthen skills, and connect our soccer community. These sessions will be run by our DOC, Levi Rossi, and are designed to help players discover their game from technical strengths to creative play while building friendships and confidence along the way. Families and coaches are part of the journey too, making Find Your Game Fridays a true club-wide experience.

This is a weekly event open to all ages, \$15/player/week and registration is required. Register through the QR code below or through your PlayMetrics account.

Questions? [levi@avalanchesoccer.org](mailto:levi@avalanchesoccer.org)



Register Here

### Player Experience ◀

Each 90-minute session includes a standardized warmup, technical development, directional rondos, and game-like activities — with opportunities for mentorship between older and younger players.

### Coach Experience ◀

Once a month, join us during the session for in-person parent education covering topics like referee understanding, laws of the game, sideline behavior, and club updates.

### Parent Experience ◀

Coaches are encouraged to attend every other session to observe, learn, and collaborate with Levi's session planning and execution.



**Website**  
[avalanchesoccer.org](http://avalanchesoccer.org)

