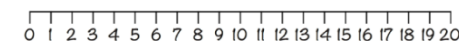




Suggestions on ways to support children at home

- Read the school newsletter
- Look at Curriculum Overviews on website and ask children questions about them
- Take part in real life experiences from the Curriculum Overview
- Colour/paint/create something
- Give them a balanced diet
- Talk to them about their day - something that made them proud/happy/how they may have helped someone
- Encourage exercise/fresh air/nature walks
- Cook with them
- Discuss an age-appropriate world event
- Encourage them to write
 - Writing shopping lists
 - Write in different styles e.g. comics, lists, newspaper
 - Encourage them to write on a line using lined paper
 - Encourage correct pencil grip
 - Practise spellings - look cover write check
- Daily reading with/to your child
 - Say the sounds read the word
 - Read different genres
- Practise developing Maths skills
 - Complete Times Tables Rockstars/Numbots expectations with/to your child
 - Use readily available items (e.g. fingers/buttons/Lego/pasta) to support with Maths questions - there is no need to buy expensive resources
 - Play online Maths games e.g. Purple Mash/Maths Frame/Top Marks
 - Play board games e.g. Monopoly (teach them to accept losing and encourage turn taking)
 - Make your own 100s squares and/or number lines with items such as scrap paper/post its
 - Show them and use “real” money
 - Tell the time/using an analogue clock

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100





- **Encourage independence/Develop resilience**
 - **Make sure they have everything they need for the day e.g. pencil case, drinks bottles**
 - **Promote the importance of a “good” morning routine e.g. having breakfast/brushing teeth etc.**
 - **Teach them to tidy up**
 - **Promote good manners**
 - **Teach them to use an alarm clock**
 - **Teach them to look after things and recognise the value of them**
 - **Teach them to tie shoes laces/do zips and buttons**
 - **Promote the importance of a good sleep routine**
 - **Help them to get “PE” ready e.g. hair tied back and being able to take their own earrings out**
 - **Limit phone use**
 - **Teach them how to peel fruit or eat a whole piece of fruit**